

**Smt. Maniben M. P. Shah Women's College of Arts & Commerce**  
**Matunga-400019**

**M.A -Counselling Psychology**

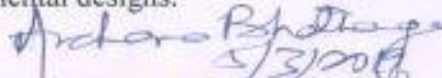
**Objectives:**

1. To introduce the concepts of neurological foundations of behavior.
2. To help students learn research methodology and statistical analysis and equip them in using software for inferential statistics.
3. To train students in psychological testing and assessment and various cognitive practical through experiential learning
4. To train students in psychological assessment, diagnosis and psychotherapy through field-based practicum
5. To introduce various psychological disorders and their symptoms to students.
6. To train and motivate students for research dissertation projects through explanation on basics of research methods and instilling research skills among them.
7. To prepare students for pursuing NET/SET, MPhil, PhD
8. To help students attain jobs as counselors in hospitals, colleges, schools, corporate and public service sectors.

**Program Outcomes:**

**At the end of the 2 years Degree programme**

1. The students will be acquainted with the various domains in Cognitive Psychology.
2. The students will be thorough in their understanding of significance of Cognitive Psychology / Neuroscience as well as various models & Theories of Cognitive Psychology.
3. Students will have very clear understanding of different theories of personality and critically evaluate them and will be able to apply them to real life situations.
4. Students will be able to conduct research independently with proper conceptual understanding of statistical methods and their utility for empirical research.
5. Students will be able to use psychological testing effectively and to develop Competence in Test Construction in scientific manner.
6. Students will have sound understanding of historical perspective and current status of cognitive neuropsychology as well as the function of neurons and neurotransmitters.
7. Students will be acquainted with different areas of experimentation in the field of Cognitive Processes and will be familiarized with skills of preparing experimental designs.

  
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8. Students will have better understanding of assumptions, goals and themes of positive psychology
9. Students will be acquainted with recent development in Applied Social Psychology
10. Students will be clear of various concepts of mental health and sensitized on various maladaptive behaviors across life span.
11. Students will develop an understanding of assessment for various populations- infant, child and adolescent, adult and geriatric, differently abled groups
12. Students will be clear in concepts of personality, creativity, interest, aptitude and learning disability assessment
13. Students will be equipped with an understanding of process, techniques and application of Behavioral and Cognitive therapies
14. Students will understand the role of professional counsellor pertaining to various issues and various settings.
15. Students will be oriented in various therapeutic approaches and equipped with an understanding of process, techniques and application of various therapeutic approaches
16. Students will be able to deal with emotional and behavioral problems across different age groups and exhibit counselling skills, Case History taking, in school or counselling setup.
17. Students will be able to conduct various psychological assessment and design Intervention strategies on the basis of case conceptualization.

*Aradhana Bhadaniya*  
5/3/2019.

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