

UNIVERSITY GRANTS COMMISSION, NEW DELHI

ANNUAL PROGRESS REPORT

(To be submitted annually to the UGC by each CPE/ CE college)

1. Name and Address of the college : Smt. Maniben M. P. Shah Women's College of Arts & Commerce, 338, R. A. Kidwai Road, Matunga Mumbai -19
2. Name of the Principal of the College : Dr. Leena Raje
3. Period of the Progress Report : 2017-2018
4. Activities taken up During the year 2017-2018 under CPE Recurring Grant :

Laboratory Consumables

In order to ensure efficient working of the computer and food laboratories in college, purchase of related consumables are necessary. Purchases were made keeping in mind the need of the faculty for conducting not just Teaching-Learning activities but also activities aligned towards quality sustenance in college.

Software

Purchasing and installing latest quality softwares improve quality, reduce costs indirectly, increases efficiency and improves profitability. Use of the latest versions of software increases technical knowhow, improves efficiency, productivity and results in smooth collaboration. Also data on educational institution sites and computers need to be safeguarded from the dangers of the cyber space thus Anti-virus software can deny unwanted entry to the computer system and block attempts to install irritants.

Internet Services

Internet in educational institutes has been incredibly useful as it facilitates both information and communication. The Internet has increased the accessibility of education at all levels and has turned out to be a giant repository of knowledge. The college provides free internet services to all faculty members and administrative staff for official use. Students have also been given free access to internet services for learning purposes. The Computer Laboratories are

equipped with high speed internet services for conducting its classes and other official usage.

Maintenance of Equipments

Proper maintenance of equipment is of utmost importance. Maintenance of all machinery including computers and computer peripherals are done on a regular basis to ensure the even functioning of the equipments. This also ensures longevity and productivity of the machines. The college has Annual Maintenance Contracts (AMC) with Porwal Systems and Services to provide maintenance services.

Enrichment of teachers & students: Throughout the year various activities are conducted which help in enrichment of staff and students. This year also we conducted activities such as visits for students to academic /industrial places, arrangement of Add-on courses, calling eminent experts in various fields etc. Some of the activities

A. Students Industrial visits and study tours

Department of Sociology

- Around 60 sociology students across the entire three medium visited Anutai Wagh Tribal School, Kosbad on 22nd February 2018 with 3 teachers. Our students were greatly inspired by Anutai Wagh who has been working in this field for the past 80 years for the upliftment of the tribals at Kosbad. In the school they had made a model of planetarium to explain about stars to their students. Warli painting workshop was organized for our students. Our students got an opportunity to interact with the tribal's in this visit.

Department of Commerce

The Third Year B Com Students were taken on Industrial visit to devlali (Nashik Road) on 18th 19th 20th January 2018. They visited Mahindra & Mahindra Plant 1, VIP Industries Ltd and Sula Vine Yards Ltd. They were taken on this visit to get an insight

into practical aspects of theories studied in classroom by showing them the working of corporate departments like Finance, Marketing, HR/ Admin etc

The students got a broad idea of the corporate working and work culture and manufacturing set-up. At Sula Vineyards Ltd they were shown the wine making process and the marketing strategies adopted. Over all they were motivated to strive for successful corporate careers after their graduation.

Department of Psychology

Session on ‘Pre Marital Counseling’

A session on Pre Marital Counseling by Dr. Rajan Bhonsle, a senior Consultant in Sexual Medicine and Counselor from Mumbai, practicing for 23 years, was arranged by the department of Psychology on 17th February, 2018 which was attended by all students of the department of Psychology. In his session he eloquently covered a range of topics within a short span of time like, the history and need for pre- marital counseling, He enlightened the students on Sexual health, Pre marital sex, Marital Rape and Sexual ignorance and research about it.

B COUNSELLING SESSIONS FOR SPORTS &NSS STUDENTS

The Department of Psychology organized a series of sessions for Sports and NCC students as a part of Athlete Management Programme. The objective of it was to facilitate better sports performance and to impart information on physical and mental fitness of sports students to provide nutritional, psychological and career needs of sports students.

The following sessions were conducted

Sr. No	Topic	Resource Person	Date
1	Anxiety Management	Ms. Vaishnavi Verma	6/3/2018
2	Team Building/ Cohesion	Ms. Shreya Mehta	7/3/2018
3	Careers In Sports	Ms Ankita Dandekar	28/2/2018
4	Imagery, Visualization And Mental Practice	Dr. Neeta Tatke	26/2/2018
5	Art Of Self Talk	Ms. Snehal Subramanian	3/3/2018
6	Ethics In Sports	Ms. Reshma Murali	8/3/2018

7	Importance of Nutrition in Sports	Ms. Amrita Behel	10/3/2018
8	Fitness a way of Life	Mrs Kavita Kholgade	12/03/2018

C Field Visits:

The students of Department of Psychology visited Yerwada Mental Hospital, Muktangan Centre and abnormal Home, Pune on 18, 19, 20 January, 2018.

Yerwada Mental Hospital:

Students observed acute patients or those capable of harming one self or other, Criminals who are mentally unfit for trial are treated in a separate, highly secured ward. Students also observed 6 sessions of Electro Convulsive Therapy to manic patients who are resistant to drugs and to patients of Schizophrenia.

Muktangan Rehabilitation Centre:

This rehabilitation centre goes beyond simply aiding the de-addiction of alcohol and drug addicted patients. Their 30 day intensive program is given on a residential basis. It involves even supporting families and caretakers- to prevent relapse. Regular follow-ups can occur at any of the widely spread centers across all the states and union territories. The centre itself has a capacity of over 200 beds currently. Post recovery, clients are connected to NGOs to encourage them to find jobs.

AB- Normal Center:

The quaint set up of bamboo surrounded classrooms, so thoughtfully and tastefully constructed, makes for a therapeutic setting. Minimal furniture is kept to enable children's free movement. The beautiful personalized bond experienced between teacher and child due to the 1:3 ratio, enables learning. The tailored Individual Education Plans (IEP) showed how respectfully children are viewed. It portrayed an environment of true growth.

D MENTAL HEALTH WEEK

The Mental Health Week by the Department of Psychology was arranged on the theme 'Mental Health in Workplace'. Students prepared slogans trying to break the myth around mental illness and the stigma attached to it. Students from the department made charts pertaining to the theme of the year. As a part of the mental health celebration the department organized sessions on 'Animal Assisted Therapy', organized a seminar on 'School Psychiatry –Handling Adolescence'.



E Participation of teachers in seminar and conferences and Paper presentations

Sr. No	Objectives	Activities Undertaken	Outcomes
2	To encourage research culture among students	Workshops through the Research Cell	
	To encourage research culture among students	Practical Approaches to Research	Dr Arvind Dhond, Faculty of Commerce, St. Xavier's College
	To enhance methodological output	How to Write a Good Research Paper	Dr. Satish Pandey, HOD Hindi, K.J.Somaiya College
	To enhance analytical skills	How to Write a Good Research Paper	Dr. Savitri Kulkarni, Assistant Dean, Management Development Center, Welingkar College of Management, Development and Research
		Guiding Students Research using SPSS	Ms Manisha Pandey, Assistant Professor, Joshi Bedekar College
3	To enhance teaching and evaluation skills of the teachers	Teachers Enrichment Workshops	
	To encourage teachers to apply contemporary teaching and evaluation aids.	Teaching Learning and Contemporary Evaluation methods	Dr. Geeta Shetty, Associate Professor, St Xavier's Institute of Education
	To impart information on various copyright laws	Intellectual Property Rights	Dr Sameena Hasan, Practicing Lawyer.
			Teachers are more aware about copyright laws Teachers are able to develop rubrics for evaluation purposes Teachers are able to identify learning needs of students and customize their teaching skills

F Sports Coaching

We have many students who have good abilities in various sports but are not able to perform well due to lack of guidance and inability to bring out their maximum potentials. To overcome this problem coaches were appointed for the sports like Yoga & Rope Mallakhamb, Kabbadi, Badminton, Chess, Kho-Kho & Athletics, Table Tennis & Boxing etc. to motivate and guide students in a proper structured method. With this thought we have appointed many coaches this year. Under their guidance students have participated in many events at University and State level and performed better.

G Conduction of National Seminar by Hindi department on “Hindi Gazal: Dushyant aur unke bad”.

- One day National Seminar on Hindi Gazals titled “ Dushyant Aur Unke Baad” in collaboration with Dept. of Hindi SNDT Women’s University, Mumbai was organized on 16th March 2018. Chief Guest for the function was Dr. Satyadev Tripathi, an eminent Hindi scholar. Dr. Jeevan Singh a well -known critic from Alvar delivered the Key Note Address. Shri .Suryabhan Gupta, Dr. Vinay Mishra, and Shri. Alok Tyagi distinguished poets from the realm of Hindi literature graced the seminar with their presence.



H Organization of International conference by economics department on "Opportunity & Challenges in Service Sector in Global Era"

One day International conference on the theme “Opportunities and Challenges in Service Sector in Global Era” on 28th February, 2018 was organized by Department of Economics. The objective of this conference was to provide opportunities for academics to share their research and to provide opportunities to participate in informal in-depth feedback through discussions and to enable them to establish contact with other academics and professional. Over 65 papers were presented in the conference. These papers were published in U G C recognized journal.

I Purchase of sports equipments, Uniforms and Sports accessories for students

To develop better sports facilities at the campus we have purchased sports equipments as per the requirement of sports department. Since we cater to economically weaker section of the society our students are not in a position to purchase uniform and accessories for themselves. Hence utilizing these funds we have provided uniforms and accessories to our participating students.

B. Conduction of programmes under Academic Advancement Center for students

Academic Advancement center aims at optimizing the scholastic skills of the students by providing them additional inputs in their academics apart from their curriculum. It strived to help students with weak as well as better academic backgrounds. To achieve the set objectives Academic Advancement Center conducted a number of activities as follows:

A. Activities conducted for students with academically weak performance:

- A Remedial Language Program was conducted for FYB.Com students on 7th Feb. 2018 from 11.30am -12.30pm in the AV Room. Mrs. Usha Kumar successfully delivered the session. Topics covered were the importance and benefits of learning the English language, knowledge of articles: a, an, the, comprehension, pronunciation and Memorizing.

- A series of sessions were organized for SYB.Com students. Details of the sessions are as follows:-
 - i. 5th February, 2018 - Self Introduction
 - ii. 7th February,2018- Time Management
 - iii. 9th February,2018- Reading & Presentation skills

Sessions were scheduled from 11:30 to 12:30 on all the above given days. Mrs. Pranita Pagare conducted all these sessions at scheduled time & students benefited from the same.

B. Activities conducted for students with academically better performance:

- Academic Advancement Centre in association with Growth Centre organized Academic Enrichment Program & Personal Enrichment Program for students of SYBA (44 students) & TYBA (38students) respectively on 13th December 2017, Wednesday in Room no. 14 & 24 from 9.30am to 11.30am.
- Review/Feedback session of both the programs Academic Enrichment Program & Personal Enrichment Program was done by Growth Centre on 10th Jan. 2018 Monday from 10.30 am to 12.30 pm in AV room & Room no 24 selected students of SYBA & TYBA were made to participate in these programs.
- Organized a guest lecture for the students of SYB.Com (Sem IV) for the subject of Commerce and for giving helpful insights for University exams. Lecture was held on 3rd Mar. 2018 at 9.00 am. Resource person for the lecture was Dr. Anita Jacob, Assistant Professor, B. M. Ruia College.

C. Conducting add-on programme on Modi Lipi and Educational Tour to Pustakanche Gao (Village of Books) for TYBA students

Modi Lipi:

Objective:

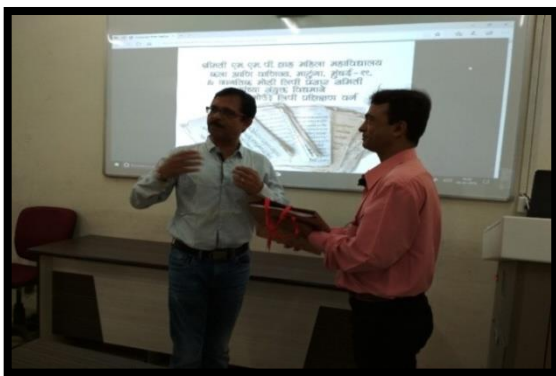
- To ensure the ancient script of great historical & cultural significance – Modi; is introduced to our Students.



- This would enable them to read & understand historical documents in this script.
- Students will have an opportunity to monetize this newly acquired skill.

Details of the Course:

- Was conducted by Mr. Rajesh Khillari, founder of “Jagati Modi Prasar Samiti”, Mumbai.
- Total Duration of the course was 30 hrs.
- 2 Hour long sessions were conducted every Monday, Thursday & Saturday, from 3rd Feb 2018 till 10th March 2018
- 46 students of TYBA underwent through the course & after successful completion received their certificates, which were handed over by Prin.Dr. Leena Raje.
- Teaching methodology included, Facilitator led Lectures / Discussions & projects / presentations by students.
- Printed notes / study material was provided to every enrolled student.
- Students were taught about the script from 2 era’s – Peshwa Era & Shiv Era.



Outcome:

- Students are now able to read documents in Modi script.
- 5 – 6 Students immediately received assignments for translating documents in Modi script to other languages, post completion of this course.
- Students will now be able to monetize this newly acquired skill.

Pustakanche Gao (Village of Books):

Objective:

- To visit the Village of Bhillari, Satara Dist, Maharashtra; which is more popularly known as Pustakanche Gao (Village of Books) – an initiative of Govt. Of Maharashtra.
- To ensure proliferation of a reading culture amongst our students.

Details of the Educational Visit:

- The objective of initiating this venture by the State Govt. & the villagers of Bhillari was to inculcate the habit of reading amongst the new generations & give access of maximum books to book lovers. A total of 25 houses in the village of Bhillari have been chosen, each to house 1000 books of a particular genre. 25000 books are available for book lovers in the entire village. This is the first of its kind of initiative in the entire country.
- 35 Students of TYBA & 3 Asst. Prof. visited Bhillari village from 5th to 7th March 2018.
- They were able to browse through numerous books across genres.

Outcome:

- Students are now aware of the great initiatives taken State Govt. to popularize reading & bringing readers close to various literary classics across genres.
- Students are now aware of multiple reference books wrt syllabus.



D. Conduction of programme on mental health and premarital counseling

The Department of Psychology was instrumental in having Dr. Rajan Bhonsle at the college for a guest lecture on Pre Marital Counseling, on 17th February, 2018. The lecture was attended by graduate students from the department of Psychology Dr. Rajan Bhonsle, M.D., is the Founder Director of Heart To Heart Counseling Centre and Dean of the Institute of Human Technology (India). He is a senior Consultant in Sexual Medicine & Counselor from Mumbai, practicing for 23 years.

He eloquently covered a range of topics within a short span of time like, the history and need for pre- marital counseling, the four aspects he covers in his own practice at the Heart to Heart Counseling Centre at Byculla, along with his wife. He enlightened us on topics such as Sexual health, Pre marital sex, Marital Rape and Sexual ignorance and research about it. He was also instrumental in connecting these topics to cases in India.

5. Utilization of grants during the year:
6. Specific Outcome:
7. Difficulties encountered in implementation, if any :


CERTIFICATE

This is to certify that the data / information presented in this Annual Progress Report are true and correct to the best of my knowledge and belief and the required documents will be provided to the UGC, as and when the same are called for.

Place: Matunga

Date: October 6, 2018



Signature with Seal  of the College
Smt. M. M. P. Shah Women's
College of Arts & Commerce