



वागीश्वरी

Issue No. 31 E - issue 1

2017 - 18



NAAC Accredited A Grade
CGPA 3.61/4

Recipient of Best College Award
2017 - 18

UGC Status
College with Potential for Excellence

Seva Mandal Education Society's

Smt. Maniben M.P. Shah Women's College of Arts & Commerce

Shri M.P. Shah Junior College of Arts & Commerce for Women

Smt. Kamalaben Gambhirchand Shah Depts. of Management Studies & Mass Media

Smt. Parmeshwaridesi Gordhandas Garodia Educational Complex

118, R.A. Kidwai Road, Matunga, Mumbai - 19

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From the Principal Desk

I experience extreme happiness as we complete 60 years of women empowerment. Ours being the first affiliated college in SNDTWU we are doing this noble work of making women competent, self reliant and responsible citizens of the country. As we enter the new Era of advanced Technology and up gradation of our country's Economy at the Global level we have to be on our toes and compete with institutions offering professional courses in various fields.

While working tirelessly and systematically we have tried to cross new milestones day by day and our efforts have brought us splendid laurels and accolades this year.

- Hosting two international Conferences in the subjects of economics & Sociology
- National seminar in Hindi Gazal
- Certificate course in Modi Script to our T.Y B.A Marathi students
- Bringing in lot of infrastructural up gradations through our CPE grant from UGC
- Obtaining Ranks in University Examinations in BAFI, BMS & BAMB
- Arranging a very successful NCC summer camp at our campus (2018)
- To top it up being adjudged as Best College (2017-2018) by SNDTWU

We have now entered in the new Academic year and are about to begin 3 new programmes

- 1) Training Center for MPSC, UPSC and other staff Selection Examinations
- 2) Sports Psychology
- 3) Diploma in Gerontology in joint collaboration with TISS.

We have established placement cell which is very active. Through collaboration with TechServe and Antarang Foundation we have been able to enhance employability skills of our students and make them more employable and suitable for today's job market. We have set up Academic Advancement Center to help our academically weak students to improve their performance and good students to excel in their studies.

This is a very crucial year for us as we have to undergo an important process of NAAC Accreditation. Marching towards Autonomy is also our dream for this academic year. With rock solid support of our management and their participative and democratic approach it is not difficult to excel in all our endeavors. With full support of my dedicated teachers and other support staff and sincere and hard working students I am sure to turn all our dreams into reality.

Dr. Leena Raje
Principal

Vision

Empowerment of Women through Quality Education to make them Competent, Self-reliant and Responsible Homemakers, Professionals and Citizens

Mission

Education for a living and for making a better living

Quality Policy

We aim to make higher education available to women students belonging to all socio-economic strata of society. While maintaining excellent teaching quality, we make learning need-based, skill-based and value-based, improving our students' all-round performance. We believe that true academic training, which adapts to the changing times, will make our students competent, self-reliant and responsible citizens. At the core of our institution's governance, we place transparency; for aboveboard academic and administrative work will eventually withstand the challenges posed by the new competitive era.

MEMBERS OF MANAGING COUNCIL FO SEVA MANDAL EDUCATION SOCIETY

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Ms. Jayashree T. Ganatra
Shri Jitendra M. Gala
Shri Jitendra S. Shah
Smt. Krishna C. Soni
Shri Lalji D. Shah
Shri Vipin M. Shah

Co-opted Members

Dr. Vatsala Trivedi

Dr. Leena Raje
Principal

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Women's College of
Arts & Commerce
Shri M.P. Shah
Jr. College of Arts
& Commerce for Women

Dr. Shilpa Charankar
Principal

Dr. B.M.N. College of Home Science
Smt. H.M.N. Jr. College of
of Home Science
Smt. S.C.N.I. of Polytechnic

Ms. Jyotsana Pandit
Principal

SMES College of Nursing

Ms. Anjali Katdare
Principal

Mr. T. M. Jethani
Principal

Smr. K.G. Shah Law School

Chairman

Dr. Ashok V. Mehta

Shri Mahesh G. Garodia

Shri Pravin G. Shah

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Shri Kanu G. Shah
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Smt Shruti Garodia
Shri Sharadchandra T. Mehta
Dr. Suresh R. Shah
Shri Uday C. Nanavati

Executive Secretary

Shri Narendra R. Dani

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DEPARTMENTAL REPORTS

DEPARTMENT OF ACCOUNTANCY

Curricular Aspects:

Students of FYB Com were oriented in July 2017 on the three subjects of Accountancy for the 3 years. Students were also guided about the exam pattern and various infrastructure facilities available in the campus. Orientation on the new syllabus of SY BCom which is effective from academic year 2017-18 onwards was given to students.

Teaching, Learning and Evaluation

(A) Innovative Teaching & Evaluation:

Methodology	Date	Class	Theme/ Topic
Group Discussions	30/7/2017	FY BCom	Discussion on Capital and Revenue Expenditure and Income
	7th September 2017	TY BCom	Annual reports of corporates Various types of budget specimens
Debates	26th June 2017	TY BCom	Women as finance minister of the country.
Role Play	10th August 2017	TY BCom	Role of Accountant and Auditor
Guest Lectures & presentation by external faculty and industry experts	18.7.2017	SY Bcom	Work Shop on Campus to Corporate by Dr Navin Punjabi, HR College
	22.1.2018	SY BCom	Guest lecture by CS Charul Patel from SIES college on 'Redemption of Preference Shares'
	24.01.2018	TY BCom	Guest Lecture on Capital Gains by CA Bhavana Bhinwani, Asst Prof – CHM College
	2.02.2018	TY BCom	Guest Lecture on Corporate Auditing by Avin Shah, Asst Prof – SIES College
Bright Students Batch	Jan & Feb 18	TY B Com	Meritorious and Bright students were selected on basis of aptitude and past academic performance. Separate sessions were conducted for them in order to coach them for achieving better results and aim for becoming university toppers.
Reference books list distributed	23/7/2017	SY BCom & TY BCom	As per Accountancy syllabus and topics
Group Presentation	6/2/2018	TY BCom	Financial scams
		SY BCom	Automobile industry and Textile Industry

Co-operative learning	21/7/2017	SY BCom	Comparative study of financial statements
Guest lecture Session by Alumni	22.07.2017	TY BCom	Guidance & motivation for University Exams by alumni Bhuvnesh Wari and Pragati Mishra
Topic Related Videos followed by Discussions	24/01/2018	TY Bcom	Auditing – Procedure, Methods and Techniques. Videos on Auditing shown to students
Projects Assignments	16t/08/2017	SY Bcom	Book review form library
Home assignment & preparatory notes for problem based learning	On different dates	FY B.Com SY Bcom TY BCom	<p>Concepts and conventions of Accounts</p> <p>Departmental accounts</p> <p>Branch accounts</p> <p>Manufacturing Accounts</p> <p>Capital & Revenue Expenditure</p> <p>Depreciation</p> <p>Consignment accounts</p> <p>Single Entry</p> <p>Conversion of Partnership Firm into Company</p> <p>Hire Purchase and Installment Purchase</p> <p>Single entry sums</p> <p>Reading of ledger accounts</p> <p>Final accounts new format sums'</p> <p>Redemption of preference shares</p> <p>Ratio analysis</p> <p>Valuation of goodwill</p> <p>Budget</p> <p>Hire purchase</p> <p>Working capital</p> <p>Valuation of shares</p> <p>Fund flow statements</p> <p>Amalgamation and absorption of companies</p>
Power point presentations in teaching-ICT	July, 2017 06.08.2017 16.02.2017 12.08.2017 02.02.2017	FY BCom SY BCom SY BCom TY BCom TY BCom	<p>Concepts and Conventions</p> <p>Company final accounts-vertical new format 2013.</p> <p>Redemption of preference shares</p> <p>Ratio Analysis</p> <p>Working Capital</p>
PPT projects by students	January, 2018 24.01.2017 20.02.2017	FY BCom SY BCom TY BCom	<p>Financial Analysis of Corporate</p> <p>Comparative balance sheet analysis of industries</p> <p>Financial scams of India</p>

Guidance by -expository learning	14 to 16.09.2017	SYBCom	Practical Accounts writing- journal entries and then preparing ledger and final accounts
Participative learning	Feb 2018	SY BCom	Company final accounts new format Fund flow statements
	Jan 2018	TY BCom	
Case studies	25.06.2017	TY BCom	Ratio Analysis and interpretation of final statements
Elocution	02.08.2017	TY BCom	Start-up business strategies
Movie Screening	16.12.2017	SY BCom	Newton in AV room.
Field Visit	07.12.2017	FY BCOM & SY BCOM	Science Exhibition "Prithvi" At SIES High School
Field Visit	16.12.2017	FY BCOM & SY BCOM	Sion Carnival Trade and Cultural Exhibition (Near Sion Fort.)
Field Visit	11.02.2018	SY BCOM	Kala Ghoda Arts Festival.
Field visit	22.07.2017	TY BCOM	Mobile Science Exhibition – "Science Express" at Mumbai CST.
Industrial Visit	22.07.2017	SY BCOM	Industrial Visit to Navneet Industries and Arihant Plastics Ltd.
Field Visit to Consumer Court	21.07.2017	SY BCOM	15 Students of S.Y. B.Com Colleges went to Bhoiwada Consumer Court to witness live proceedings of the proceedings.
Industrial Visit	18 to 20.01.2018	TY BCOM	66 students of TY BCom went on industrial Visit to Mahindra & Mahindra-Plant1 (Nasik) VIP Industries Limited(Nasik Rd) Sula Vine Yards, at Nashik, Devlali.

Innovative Evaluation techniques

1. Students are evaluated on basis of group-wise and individual performance during Class presentations
2. Book review assignments of atleast 4 books from library done by students of SY BCom.
3. Inter-class debate and elocution performance of students

(B) **Workshops:** Give details of: seminars, workshops, conferences organized by department.

Workshop Title	"Campus To Corporate"
Date	18.07.2017
Venue	Smt. MMP Shah College, Matunga
Class	SYBCOM
Sponsored by	College Management (as part of MOU between MMP Shah & Maniben Nanavati College)
State/National/ International level	College Level

Workshops: Give details of: seminars, workshops, conferences attended by the students

Level	No of students	Title of seminar/workshop/conference Date, venue, sponsor	Title of Paper presented
College	8 Students 15 Students	Corporate grooming and Etiquettes & Money Management Session 19th June, 2017 Peninsula Business Park. Organized by Board of Industry –Academia Partnership S.Y. BCom students from our college and 15 students from Maniben Nanvati College attended seminar organized by our college titled “ Campus to Corporate” & “Dream Building, Interpersonal skill & emotional Intelligence” on 17th July, 2017. Sessions were conducted by Dr. Navin Punjabi, HR. College & Ms. Staffi from Techno Serve.	
	15 Students	15 students of S.Y.B.com attended a Workshop on Corporate Etiquette Titled “Put Your Best Foot Forward” organized by Maniben Nanvati College on 19.07.2017	
	11 Students	11 students participated in Nehru Yuva Kendra Sangathan, Maharashtra & Pune Zilla Prashasan (Swachh Sankalp Se Swachh Siddhi Essay Competition)	
	6 students	6 students from FY BCom & SY BCom Students attended a workshop titled “Fun with Finance” organized by BMS Dept. on 12th Dec 2017.	
National	02	Participated in a National Level Conference on “Communication Skills & Soft Skills Development” held at Nagindas Khandwala College, Malad on 10th February 2018.	
International	40 students of S.Y.B.com & F.Y.B.com	International conference of Economic department on 28th Feb, 2018 at Smt. Maniben M. P. Shah Women’s college of Arts & Commerce.	

(A) Guest Lectures:

Guest Lectures & presentation by external faculty and industry experts.	18.7.2017	SY Bcom	Workshop on Campus to Corporate by Dr Navin Punjabi, HR College
	22.1.2018	SY BCom	Guest lecture by CS Charul Patel from SIES college on 'Redemption of Preference Shares'
	24.1.2018	TY BCom	Guest Lecture on Capital Gains by CA Bhavana Bhinwani, Asst Prof – CHM College.
	2.2.2018	TY BCom	Guest Lecture on Corporate Auditing by Avin Shah, Asst Prof – SIES College.

(B) Laurels won :

FY BCOM	Ms. Neha Rajesh Gharat	Self Defence training given in SNDT, BMS, Dr. Babasaheb Ambetkar College (Chembur)
FY BCOM	Ms. Neha Rajesh Gharat	Senior Volunteer in Mission Sahasi session (Wadala)
FY BCOM	Ms. Neha Rajesh Gharat	For social work at Tata Memorial Cancer Hospital. She received the award from Esha ma'am Founder of DD National channel

Students' Achievements:

Name of student	Class	Activity, Date, Venue	Prize won
Ms. Shifa Kaji	SY BCOM	Hindi Elocution Regional Youth Festival 2017-18 15/09/2017 PN Doshi College, Ghatkopar	3rd
		1st Prize in BCOM I. Awarded by College. CL Prabhatji	1st Prize (Overall)
		1st Prize in BCOM I – Statistics Paper Awarded by College	1st Prize (Statistics)
		1st Prize in BCOM I – Accountancy Paper Awarded by College – Champakben Seth.	1st Prize (Accountancy)
Ms. Ghare Sabah Munaf	TY BCOM	Overall Topper Highest in Accountancy Subject	1st Prize

Ms. Anjum Bano Sirajjudin	TY BCOM	Highest in Law Subject	1st Prize
Ms. Rubina Shaikh	TY B COM	Best All Rounder Student Award for 2017-2018, Awarded by Smt. MMP Shah College	1st Prize
		Theatre Event 2017-18 SKIT Regional Youth Festival 2017-18 15/09/2017 PN Doshi College, Ghatkopar	2nd Prize
1.Kale Pallavi Ramesh 2.Aiwale Pratibha Arjun 3.Dhangat Pooja Sudhir 4.Dait Ankita Chandrak Ant 5.Kurane Kajal Dilip 6.Chawan Aarti Kashinath 7.Ms. Singh Priyanka	F.Y.B.COM F.Y.B.COM F.Y.B.COM F.Y.B.COM F.Y.B.COM F.Y.B.COM T.Y.B.COM	Folk Dance Regional Youth Festival 2017-18 15/09/2017 PN Doshi College, Ghatkopar	Consolation
Ms. Neha Rajesh Gharat	F.Y.B.COM	1.Sr. Inter-collegiate Judo competition Bronze medal (Aurangabad) 2.For Social Work in Tata Memorial Cancer Hospital. She received the award by Esha ma'am, Founder of DD National channel	Bronze Medal
Ms. Zeal Nagda	F.Y.B.COM	1) 1st in price Make-Up Competition held in SNDT Wadala on 20 Dec 2017 2) 3rd prize in Hairstyle Competitions held in SNDT Ville Parle on 3rd Feb 2018 3) 1ST prize in Makeup Competition held in SNDT Ville Parle on 3rd Feb 2018 4) 1st prize in Hairstyle Competition held in Anjuman-I-Islam's on 15th feb 2018 5) 2nd prize in Make up Competition held in Anjuman-I-Islam's 6) Participated in SIES College SION for Halloween makeup	1st 3rd 1st 1st 2nd Consolation

(C) Seminars/ Conferences attended by Faculty Members:

(D) Participation in Seminar, Conference, Workshops, Summer Institute, Special Training Programmes etc.

Title of Seminar, Conference, Workshops, Summer Institute, Special Training Programmes	Organised by and Venue	Date	National/Internal/State/Regional/Institute level	Title of Paper presented	Award/Grade achieved
Intellectual Property Rights Workshop	IQAC, MMP Shah College, Matunga	05/03/18	Internal Workshop	N/a	
Teaching, Learning & Evaluation Workshop	IQAC, MMP Shah College, Matunga	20/03/18	Workshop	N/a	
ICT Training Faculty development programme	MMP Shah College, Matunga	08/01/18 to 13/01/18	Workshop	N/a	
Content analysis workshop	PN DOSHI college	22/7/2017	Workshop		
PROFESSIONAL BODIES -ICAI	WIRC – Institute of Chartered Accountants of India	VARIOUS DATES 22-01-2016 01-03-2016 02-03-2016 05-03-2016 30-04-2016 16-12-2016 17-12-2016	National level	Personal Enhancement through Mind Programming Finance Act, 2016 - Direct Tax Penalty Provision Sec. 271(1)(c) Lecture Meeting on Union Budget Changes in Income tax return Seminar on Personality Development AS TO IND AS	

Participation in Seminar, Conference, Workshops, Summer Institute, Special Training Programmes

Title of Seminar, Conference, Workshops, Summer Institute, Special Training Programmes	Organised by and Venue	Date	National/Internal/State/Regional/Institute level	Title of Paper presented	Award/Grade achieved
Sustainable Development – Issues & Challenges	Sree Narayana Guru College of Commerce	17/02/2018	National	Smart Cities –The Drivers of economic growth and sustainable development	
Opportunities & Challenges in Service Sector in Global Era	Smt. MMP Shah Women's College of Arts & Commerce	28.02.2018	International	A Study on Transformational Trends in Indian Transport Sector	
Role of Teachers in 21st Century – opportunities and Challenges	Smt. MMP Shah Women's College of Arts & Commerce	21.04.2018	International	Role of Educators in Moral Value & Social Responsibility Education	
6 Days Seminar on GST	WIRC – Institute of Chartered Accountants of India	09/06/2017 to 24/06/2017	National	N/A	
Lecture on Stress Management & Communications Skills	WIRC – Institute of Chartered Accountants of India	28/12/2017	National	N/A	
Seminar on Redevelopment of Co-op. Hsg. including Conveyance / Deemed Conveyance	WIRC – Institute of Chartered Accountants of India	14/01/2017	National	N/A	
Lecture Meeting on The Finance Bill 2018	Lecture Meeting on The Finance Bill 2018	03/02/2018	National	N/A	
Curriculum Design & Evaluation	K.J. Somaiya College, Vidya Vihar	12/01/18 & 13/01/18	National	N/A	
Intellectual Property Rights	IQAC, MMP Shah College, Matunga	05/03/18	Internal Workshop	N/A	
Teaching, Learning & Evaluation	IQAC, MMP Shah College, Matunga	20/03/18	Internal Workshop	N/A	
ICT Training	MMP Shah College, Matunga	08/01/18 to 13/01/18	Internal Workshop	N/A	

Ms. Sapna Shah

- Participation in Seminar, Conference, Workshops, Summer Institute, Special Training Programmes etc.
- Attended ICT training workshop organized IQAC and Computer Department.
- Attended workshop on “IPR” conducted by IQAC and Library Committee.
- Attended workshop on “Contemporary Teaching and Learning” organized by IQAC.

Criterion 3: Research Consultancy and Extension:

(A) Research Papers Presented

Date	Name of Faculty	Title of paper presented	Title of Conference / Seminar	Organised by	Whether Intl/National/State/Regional/College / University	No. of co-authors	Main author?
17.02.18	Soumya Nichani	Smart Cities –The Drivers of economic growth and sustainable development	Sustainable Development – Issues & Challenges	Sree Narayana Guru College of Commerce	National	NIL	YES
28.02.18	Soumya Nichani	A Study on Transformational Trends in Indian Transport Sector	Opportunities & Challenges in Service Sector in Global Era	Smt. MMP Shah Women’s College of Arts & Commerce	Intl	NIL	YES
21.04.18	Soumya Nichani	Role of Educators in Moral Value & Social Responsibility Education	Role of Teachers in 21st Century – opportunities and Challenges	Smt. MMP Shah Women’s College of Arts & Commerce	Intl	NIL	YES

Details of Publication:

Name of Faculty	Date	Title with page no	Name of Journal	Chapter in Book	ISSN/ ISBN	Whether peer-reviewed, impact Factor(if any)	No. of co-authors	Main author?
Ms. Soumya Nichani	17.02.18	Smart Cities –The Drivers of economic growth and sustainable development (page No. 34-42)	INTERNATIONAL JOURNAL OF RESEARCH CULTURE SOCIETY (UGC Approved Journal No: 64291)		ISSN: 2456-6683	YES Impact Factor: 3.449	NIL	YES

Ms. Soumya Nichani	28.02.18	A Study On Transformational Trends In Indian Transport Sector	Ajanta (Journal No. 40776)		ISSN: 2277-5730	Impact Factor:4.205	NIL	YES
Ms. Soumya Nichani	21.04.18	Role Of Educators In Moral & Social Responsibility Education (Pg 55-63)	Ajanta (Journal No. 40776)		ISSN: 2277-5730	Impact Factor: 5.2	NIL	YES
Dr(CA) seema Gosher	30-1-2018	Internal and External analysis of JIO Pg43-48	Aarhat multi-disciplinary INTERNATIONAL Education research journal Journal no.48178,48818		ISSN: 2278-5655	Impact factor 5.18		YES
Dr(CA) seema Gosher	28-2-2018	PNB Reforms & Auditng Reforms in banking sector PG 12-18	Ajanta (Journal No. 40776) vloume – vii,issue –I part -I Impact Factor:5.2		ISSN: 2277-5730	Impact factor 5.2		YES
Dr(CA) seema Gosher	24-3-2018	Make in India: A case study of Lijjat Papad and Women Entrepreneurship			ISSN:	IMPACT FACTOR		YES
Dr(CA) seema Gosher	21-4-2018	A study regarding the fact about how the parents and children act to education in international board and national board	Ajanta (Journal No. 40776) Impact Factor: 5.2 Vol. VII Issue –II English part –II		ISSN: 2277-5730	Impact factor 5.2		YES

(B) Faculty Invited as Resource Person/Judge

Name of Faculty	Invited by	Topic	Date
Soumya Nichani	BA- Food & Nutrition Dept.	Break-Even Analysis	19.01.2017
Soumya Nichani	BA- Food & Nutrition Dept.	Books of Accounts	02.02.2017
Dr.Seema Gosher	BA-Home Economics	Banking and Loan Facilities for women	July 2016
Dr. Seema Gosher	MCom	Removal of fear for the subject of Accountancy	12.08.2017

Infrastructure and Learning Resources: nil

1. Classrooms:2,4,11,13,17,24.
2. Departmental library: Established in 2015. Total reference resources available: 34
3. Cupboards and lockers: 04

Student Support and Progression**(A) Student Extra-Curricular Activities:**

Students of SY and FY BCom are active participants in NSS activities of the college.

3 Students from TY BCom have won 1st prize at the SNTDT Regional Youth Festival on 1st and 2nd Sept 17 in elocution and debate.

(B) Number of Students pursuing further studies 2017-18

Number of students	PG, BEd, MEd, Diploma courses/ any other training	SAT, GATE, UPSC, MPSC, NET/SLET, Any other competitive exam	Entrepreneurship	Service
18				Banking & Finance
05	BEd			
30		Competitive Exams		
45	MCom.			
20	Other training			

Governance, Leadership and Management

Designation	Name of the Faculty	College Committees	University Committees	Any other affiliations
Asst. Prof	Dr. Seema Gosher	1. Attendance Committee. 2. University Reports & Website Committee. 3. Commerce & Economics Association 4. Women's Cell. 5. Co-curricular Committee. 6. Discipline Committee. 7. KRA – 4 Infrastructure & Learning Resources 8 Dance Selection Committee for Annual Day. 9.Criteria –III for NAAC committee	1.Adhoc BOS of Accountancy 2. Syllabus Restructuring Committee at University. 3.Paper Setting Committee, University	1.Member of Institute of Chartered Accountants of India 2.Member of Bombay Chartered Accountants Society 3.Member of Indian Association Of Commerce 4. Member of Chamber of tax Consultants 5.Member of forum of free enterprise
Asst. Prof	Ms. Soumya Nichani	1. Students Council 2.Freeships& Scholarships 3. PTA & Alumni Committee 3. NAAC – Criterion I 4. KRA – A1 (Curricular Aspects)		1.Member of Institute of Chartered Accountants of India 2. Member of Institute of Cost & Works Accountants of India
	Ms. Sapna Shah	1. Sports Day- Relay 2. Annual Day – Discipline 3. PTA & Alumni Committee 4. NAAC – Criterion 4		

Innovations and Best Practices

1. Departmental Library books on accountancy and finance subjects for convenience of students.
2. Providing preparatory study material to students.
3. Periodic class tests, projects and assignment throughout the year for continuous evaluation
4. Remedial Lectures for academically weak and vernacular medium students for providing individual attention.
5. Bright Students batch formed for focussing on academically bright students for motivating them to use their skills to the best.
6. Utilization of smart class room for lectures

7. Invitation of Alumni for providing guidance and motivation to third year students.
8. Providing practice of past 5 years university question papers during class for increasing exam-preparedness.
9. Periodic Departmental meetings for mutual decision making and efficient future plans.

DEPARTMENT OF ACCOUNTS, FINANCE AND INSURANCE

Curricular Aspects

- FYBCom – AFI students were oriented on 18th August, 2018 on Accountancy, Finance & Insurance, on the exam pattern and various infrastructure & facilities available in the campus.

Teaching, Learning and Evaluation

(A) Innovative Teaching & Evaluation:

- Library visit, case studies, Intra class power point presentations, home assignments, annual report discussion, group discussion on current topics were some of the evaluation methods employed.
1. Brain storming:
 - We arranged brain storming method on various issues related banking, finance and insurance.
 - We generally give a real life situation or practical question and take various solutions from girls for the same problem or issue. Thought brain storming girls could get various solutions or answer for 1 problem.
 2. Discussions:
 - We are arranging discussion on weekly basis with respect to current financial situation, Economics, Foreign Exchange and political situation in world economy.
 - This discussion gives practical relevance to the girls from the point of view of theoretical knowledge.
 3. Intra class competitions:
 - PowerPoint Presentation on various subjects like Railway Budget, Union Budget, Cashless transaction, Unified Payment Interface.
 - Power Point presentation and reports submission on Industrial Visits like Yusuf Meherally Centre, Nasik – Saputara Industrial Visit Special Rolling Trophy Given by Department to Best Three Groups.
 - Practical for B.Com-AFI- I on Information Technology in Sem – I on topics like Word, Excel, Power Point, HTML for which students have to do assignments and submission are done online.

Methodology	Date	Class	Theme/ Topic
Brain storming	Weekly	B.Com-AFI	Discussing various Issues related to Banking, Finance and Insurance
Discussions	Daily	FYB.Com-AFI	News on Finance, Economics, Foreign Exchange
Debates	07/01/2017	F.Y.BCom - AFI	Impact of Demonetisation
	14/01/2017	S.Y.BCom – AFI	Impact of Demonetisation
	24/01/2017	F.Y.BCom - AFI	Implementation of GST
Role Play	25/07/2017	S.Y.BCom – AFI	Insurance Call

Any other- Specify PowerPoint Presentation	26/11/2017	FYB.Com-AFI	Yusuf Meherally Centre - Small Scale Industry
	28/1/2018	F.Y.B.Com-AFI	Unified Payment Interface
	28/1/2018	S.Y.B.Com-AFI	Health Insurance
	2/2/2018	F.Y.B.Com-AFI	Union Budget
	4/2/2018	S.Y.B.Com-AFI	Women Empowerment

(B) Book Discussions :

- Library visit was followed by discussion on various books on accountancy to help students to get various topics in Accountancy and future references
- Special session for various Magazine discussions. It includes magazine on finance, women empowerment, Indian economy and Indian Politics.
- Use of ICT in Teaching: Smart Classrooms are used for advance learning LCD Projector used for lectures and guest lectures for showing PowerPoint Presentation and conducting Practical Sessions.

Class	Teaching	Learning	Evaluation
FYB.Com-AFI	Explaining assignments and topics practically on computer	Students practice on computer with the help of given assignments	Practical Exams, and submission of PowerPoint Presentation
FYB.Com-AFI	Taking lectures with the help of PowerPoint Presentation		
SYB.Com-AFI & TYB.Com-AFI	Taking lectures with the help of PowerPoint Presentation		
SYB.Com-AFI & TYB.Com-AFI	Students are shown videos on related to topics	Students get practical knowledge on their topics	
TYB.Com-AFI			Student go for Internship in companies to get practical Training

(A) Field visits:

Date	Venue	Class
27/08/18 to 29/08/2018	RBI Monetary Museum	B.COM-AFI
06/09/2018	Yusuf Meherally Centre, Panvel	F.Y.B.COM-AFI
04/01/2018 to 06/01/2018	Nashik & Saputara Sula Vineyard Industry Meta Forge Industry Neelay Industry Samsonite Industry	B.COM-AFI

(B) Workshop Organised:

	Seminars, workshops, conferences		
Title	“Micro, Small & Medium Enterprise”	Opportunities and Challenges in Services sector in Global Era	Workshop on Interview Technique
Date	16th January, 2018	28th February, 2018	21st December, 2017
Venue	Room No- 28	Auditorium	Room. 13
Sponsored by		College	College
State/National/ International level			International

(C) Guest Lectures Organised

Date	Class	Speaker	Organisation	Topic	Use of AV
21st August, 2017	Room No. 13	Mr. Pramod Thorat	Religare Health Insurance	Health Insurance	Yes
12th March, 2018	Room No. 13	Ms. Kavita Singh	Global King Shipping & Logistics Pvt. Ltd.	Women Empowerment	Yes
9th January, 2018	Room No. 27		Times Pro Learning	Career in Banking	
21st December, 2017	Room No. 13	Debita Chatterjee	DC Consultant	Interview Technique & Mock Interview	Yes
7th September, 2017	Room No. 13		Bombay Stock Exchange	BSE Investor's Protection Fund	Yes
31st January, 2018	Room No.8		Endeavour	How to crack CAT & CET for MBA	Yes

(A) Students Activities:

Teacher's Activities & Achievement:

Mr. Dattatray Gawade

- Mr. Dattatray Gawade had delivered lecture to promote College and BAFI Course in Pioneer High School & Junior College on 4th December, 2018.
- Mr. Dattatray Gawade had delivered lecture to promote college and Course BAFI in Vocational Department of our College on 24th December, 2017.
- Attended “Enhancing Use of ICT for effective Teaching & Learning” organized by IQAC, Computer Training Center & BCA Dept. (BMN College from 8th to 13th Jan. 2018).
- Attended Guest Lecture on “Intellectual Property Rights” by Mrs. Sameena Hasan organized by IQAC and Library on 5th March, 2018.
- Attended Guest Lecture on “Contemporary Teaching & Learning” by Dr. Geeta Shetty organized by IQAC and Dept. of Psychology on 20th March, 2018.
- Mr. Dattatray Gawade was selected as Examiner & Moderator for University Examination in April, 2018.

Mr. Mohd. Shahid Ansari

- Mr. Shahid Ansari was selected as Examiner for University Examination in January 2018.
- Mr. Shahid Ansari had delivered lecture to promote College and BAFI Course in Pioneer High School & Junior College on 4th December, 2018.
- Mr. Shahid Ansari had delivered lecture to promote college and Course BAFI in Vocational Department of our College on 24th December, 2017.
- Attended “Enhancing Use of ICT for effective Teaching & Learning” organized by IQAC, Computer Training Center & BCA Dept. (BMN College from 8th to 13th Jan. 2018).
- Attended Guest Lecture on “Intellectual Property Rights” by Mrs. Sameena Hasan organized by IQAC and Library on 5th March, 2018.
- Attended Guest Lecture on “Contemporary Teaching & Learning” by Dr. Geeta Shetty organized by IQAC and Dept. of Psychology on 20th March, 2018.
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- Attended Guest Lecture on “Contemporary Teaching & Learning” by Dr. Geeta Shetty organized by IQAC and Dept. of Psychology on 20th March, 2018.

Student Support and Progression

Students Achievement:

Rank holder at the University for 2017 – 18

Rank	Seat No	Name of the student	Grade
1st	60186	Shaikh Afrin Jalaluddin Bano	O
2nd	60197	Solanki Rinku Jitaram	A+
rd	60191	Sharma Jully Jaychand	A+
4th	60172	Patel Hetal Ramesh	A+
35th	60120	Chaudhary Babita Ramprasad	A+

Placement:

Batch size	Academic year	Placed Number	Trainer
102	2017-18	76	Techno Serve

Company Name	Salary offered (Rs.)
ICICI Bank	1,68,000
Sutherland	1,40,000 - 1,80,000
ICICI Prudential	2,40,000
Datamatics	1, 40,000 - 1,80,000
Andromeda	1, 62,000
HERE Solutions	2, 20, 000
Bajaj Allianz General Insurance	2, 40, 000
Reliance Digital	2,40,000
Kotak Mahindra Bank	2,40,000
Many more	

Governance, Leadership and Management

Mr. Dattatray Gawade

- Member of College Committees – Placement Cell, NSS, Criteria V – Student Support & Progression

Mr. Shahid Ansari

- Member of College Committees – Students Council, Criteria IV – Infrastructure & Learning Resources

Innovations and Best Practices

- Add on courses English Speaking, Business Correspondence and Corporate etiquette, GST, Tally ERP, Advance Excel, Income tax Filling and accounting in excel has initiated by the department.
- Organizing Intra Department Competitions for the students and the winners are awarded with the rolling trophy.
- Participation of students in Intercollegiate Competition and winning prizes every year
- Chapter wise test for each subject in each and every unit.
- Girls are doing group wise presentation on various issues which has direct or indirect impact on our economy on monthly basis.
- Using Wats App Groups for each class by teachers to inform students about the class activities and tests, solving doubts and posting the solutions to problems online.

DEPARTMENT OF CHILD DEVELOPMENT

Teaching, Learning and Evaluation

Field Work:

BA II students successfully completed their field work in various pre-schools.

Project work:

BA I

- Students prepared scrapbook from newspaper and magazine articles covering different topics related to child and adolescent development, education and welfare and presented one article in the class
- Students prepared and presented projects on various topics related to child and adolescent development with the help of charts, PPT etc.

BA II

Students prepared following projects, files and charts as a part of their practical work:

- Creative Art File
- Readiness file
- Music File
- Visual Aids for Story telling
- Charts for picture talk, concept, festivals, rhymes/songs etc
- Students prepared and presented a project on 'Planning to start a Child/Youth Centre' as an entrepreneurial opportunity with the help of charts, floor plan, PPT etc.
- Students prepared and presented projects on various topics related to Early Childhood Education
- Students collected information on loan and bank facilities available for women entrepreneurs
- Students prepared and presented a project on different types of centres for children

Film Screening:

Students attended film screening of the following movies:

- Daddy Day Care- 28th February, 2018
- Kindergarten Cop- 3rd March, 2018
- Matilda- 5th March, 2018

Visits:

BA II

- Unnati Toy Library, Dadar on 23rd January, 2018
- Pannalal Lohe Day Care Centre, Vile Parle on 31st January, 2018
- Cosmikids International Pre-School and Day Care, Santacruz on 2nd February, 2018
- Sweta's Sunshine Mother Toddler Centre, Matunga on 3rd February, 2018

BA III

- Shree Manav Seva Sangh, Matunga on 26th July, 2017
- Shree Shradhananda Mahila Ashram, Matunga on 3rd August, 2017
- Meera Vidyalaya School for Mentally Challenged Children, Matunga on 11th August, 2017
- Kamala Mehta School for the Blind, Dadar on 22nd August, 2017
- Vikas Vidyalaya School for Deaf and Mute, Dadar on 23rd August, 2016

BA III

- Students prepared assignments on numerous topics related to special children and marriage and family relations

Guest Lecture/Workshop for students:

- A guest lecture was organized for BA II students on 'Budgeting and Loan Facilities for Women' on 15th January, 2018
- TYBA Child Development students attended a guest lecture on pursuing BEd in Special Education (Autism Spectrum Disorder) organized by Department of psychology on 8th February, 2018
- FY/SY/TY child development students attended a session on 'Pre-Marital Counselling' organized by the Department of Psychology on 17th February, 2018

Seminars/Conferences attended by Students:

- 9 TYBA (CD) students attended a National Seminar titled "Revolutionizing Early Childhood Education in India" under Shreemati Kamalatai Kakodkar Endowment Fund organized by the University Department of Human Development, S.N.D.T. Women's University, Juhu Campus on 16-17 September, 2017.
- 4 TYBA (CD) students attended a one day seminar titled "Being in for Inclusion" organized by Child Development Department of Maniben Nanavati Women's College, Vile Parle in collaboration with Dr. Bhanuben Nanavati Career Development Centre on 7th October, 2017. The venue for the seminar was Maniben Nanavati Women's College, Vile Parle
- 16 FYBA (CD) students attended a one day seminar titled "Adolescence: Changes & Challenges" organized by Department of Child Care of Shri. M.D Shah Mahila College of Arts & Commerce, Malad on 17th January, 2018 .

Students' Achievements:

- Ms. Bhakti Choksi FYBA Child Development student won 3rd prize in Slogan Writing Competition organized by Department of Child Care at Shri. M.D. Shah Mahila College of Arts & Commerce, Malad on 17th Jan, 2018

Research Consultancy and Extension:

Dr. Sarita Kasaralkar

- Completed PhD in Home Science in December, 2017.
- Attended a 2 day National Conference on "Status of Home Science Education in the 21st Century: Vision 2020" organized by Post Graduate Department of Human Development, S.N.D.T. Women's University on 13th-14th September, 2017 at Juhu Campus.
- Attended a 2 day National Conference on "Revolutionizing Early Childhood Education in India" organized by Post graduate Department of Human Development, S.N.D.T. Women's University, Juhu Campus on 16th -17th September, 2017
- Published a paper titled " Day Care Centre: A Boon for Working Parents in the City of Mumbai, in Ajanta (UGC Approved Journal), February 2018; ISSN 2277-5730, Impact Factor- 4.205
- Presented and Published a Paper titled "ICT: A Tool to Enhance Learning Experiences in Early Childhood Classrooms" at an International Conference titled Role of Teachers in 21st Century: Opportunities and Challenges (an Interdisciplinary approach) organized by the Department of Sociology, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga on 21st April, 2018. The paper was published in UGC Approved journal AJANTA, Vol 7, Issue II, April- June 2018, ISSN 2277-5730, Impact Factor 5.2, pp- 146-152.
- Validated Questionnaire of M.Sc. Human Development student from Post Graduate Department of

Human Development, Juhu Campus on the research topic “Assessing School Readiness of Marginalised Children Age 3 to 5 years” in October, 2017.

- Attended ICT Training Program organized by IQAC of Smt. M.M.P. Shah Women’s College of Arts & Commerce from 8th- 13th January, 2018

Governance Leadership and Management:

Dr. Sarita Kasaralkar :

- PTA and Alumni- Convenor
- Students’ Attendance Report and Discipline- Convenor
- Placement Cell- Member
- Steering Committee Criterion V (Student Support and Progression)- Member

Other duties:

- Admission Duty in college

Innovations and Best Practices:

International Breast Feeding Week Celebration

Dept. of Home Economics (CD + FN) organized a Demonstration of recipes on Complimentary feeding as well as displayed slogans and posters on advantages of breast feeding to the baby and the mother prepared by students of SYBA at Milind Nagar Community Primary Health Centre at Sakinaka, Andheri .

The students were then taken for a visit to L& T Health Care Centre, Andheri. This activity was a part the syllabus and also social work / Extension work component carried out by the department.

DEPARTMENT OF ECONOMICS

Today our Indian economy has drastically changed. The economics majors in B.A. and economics in B.Com both provide a traditional foundation in liberal arts and sciences. Students in these programs learn a way of thinking that facilitates problem solving and enables them to explore issues related to economics, finance, politics and life in general, in an organized and productive manner.

With this scenario, it is our duty to develop over all personality of our students. Here we present brief report of our activities for academic year 2017-18

Curricular Aspect:

- For the academic year 2017-2018, Economics in English medium was started.
- The students of FYBA → English and Gujarati medium and FY B.Com were oriented for their subjects in the course.
- Study material for FYBA English medium was prepared, list of reference books were given to students.
- Students were taken to Library to show various reference books, periodical, journals, magazine and other papers and E-Resources available for them.

Teaching, Learning & Evaluation:

- 8 students attended International Conference on “Opportunities and Challenges in Service Sectors in Global Era” on 28th February 2018, organized by the Economics, M.Com & BAFI Department of Smt. M.M.P.Shah Women’s College of Arts and Commerce and B.M.Amalani College of Commerce.
- Poster making on Indian Demography was organized by all Gujarati Medium students on 11th July 2017 and a talk on Indian Demography was delivered to all students.

- A brain storming session on 'Selection of Research Topic' was held for TY BA on 16th September 2017
- RBI Monetary Museum study tour was organized for B.A. and SYB.com students as a part of their syllabus in Money and Banking on 11th August 2017.
- Discussions were held on GST, Cashless Transaction, Budget 2018, and food security by B.A and B.Com.
- Debates were held on GST, Direct V/s Indirect Tax in Sept and Brain drain v/s brain gain, demonetization, Small /big industries etc in January for B.A students.
- Elocution competition was organized on diverse topics like banking sector, unemployment, saving and investment trends during the 2nd semester.
- Newspaper project on economic current affairs in India was given to BA students which was followed by a PPT Presentation by them.
- All Gujarati Medium students visited Valsad on 12th and 13th Jan-2018. This helped them study socio-economic status of tribes.
- 2 students participated in educational visit at Kosbad to study socio-economic background of tribal on 22nd Feb 2018.
- Dabba Party was organized by FY BA students to understand the concept of Food Security in second semester.
- Debate on Banking Sector in India and Agriculture Sector was conducted on 13th and 14th December 2017 by FY B.Com students
- Skit on Demonetization, Poverty and Problems of Indian Farmers was organized by TY B.Com students in January 2018.
- Power Point Presentation on Free Trade Policy was organized by SY B.Com students on 22 January 2018.
- Quiz on General Knowledge and Current Affairs was organized on 26th July 2017 for FY, SY and TY B.Com students. 60 students participated in the event
- Documentary Screening on various topics such as Demonetization, Time Management in Studies, Planning and Organization in Business, Importance of cultural values in our life and Responsible parenthood was arranged for our Gujarati medium students.
- Department had organized a Workshop on "West out Best" on 5th October 2017. It was conducted by our Alumina, Miss Harshita Solanki.

Guest Lecture:

- Mr. Ajay Singh was invited to deliver a talk on "Dry Waste Management on 14th July 2017.
- Mrs. Geeta Shah, Ex BOS Chair Person was invited to give a talk on GST issues and challenges in India on 8th September 2017 for BA Students.

A. Seminar/Conference/Workshop Attended By Faculty

- Mrs. Renuka Parajapati attended an International workshop on 'Revised Accreditation Framework by NAAC' organized by Dalmia College Mumbai University.
- Mrs. Renuka Prajapati and Dr. Jyostana Lal, attended NSS program officers meeting cum orientation organized by NSS Cell, DSW at SNDT Women's University on 21st July 2017.
- Mrs. Renuka Prajapati, Dr. Daksha Dave and Dr. Jyotsana Lal attended a workshop on 'Intellectual Property Rights workshop' organized by IQAC attended on 5th March 2018.
- Mrs. Renuka Prajapati, Dr. Daksha Dave and Dr. Jyotsana Lal attended a workshop on 'Teaching, Learning and Contemporary Evaluation Methods', organized by IQAC in association with Department of Psychology on 20th March 2018.
- Mrs. Renuka Prajapati, Dr. Daksha Dave and Dr. Jyotsana Lal attended a workshop on 'Enhancing use of ICT for effective Teaching & Learning' organized by IQAC with Computer Department from 8th Jan to 15th Jan 2018
- Mrs. Renuka Prajapati attended NSS PO's Meeting regarding Public Finance management system organized by NSS Cell SNDT Women's University On 23rd March 2018,

- Mrs Renuka Prajapati and Dr. Jyotsana Lal attended International conference on “Role of Teachers in 21st Century: Opportunities and Challenges” organized by Sociology Department of Smt. MMP Shah Women’s College on 21st April 2018.

B. Research related Paper Presentation and Publication by Faculty

Ms. Renuka Prajapati

- On 19th Jan. 2018, presented a paper on “New emerging Indian Women and her role in family decision making.” This paper was published in Journal under the title of Recent Advance in women studies e-ISBN 978-93-5268-833-3 organized by KPB Hinduja College at an International Level.
- Presented a paper on 12th – 13th Jan. 2018 during National Conference on “Impact of Cooperative Learning Approach” and published it in Students’ Academic Performance in India ISBN No.: 978.935291-343 organized by KJ Somaiya College of Science and Commerce.
- On 28th Feb. 2018, presented a paper on “A study on customer retention program- A case study of specialty store.” “Crossword” and “Impact of banking sector reform: A study on Indian Public Sector banks” at International Conference organized by Economics, M.com & BAFI Department of MMP Shah Women’s College. This paper was published in Ajanta Multidisciplinary Quarterly Research Journal under the topic of Opportunities and Challenges in Service Sector in Global era Peer Reviewed impact 5.2. Pg.No. 43-51

Dr. Daksha Dave

- On 17th Jan. 2018, presented and published paper on “An Analytical Study of PMKVY” ISBN:978-93-87656-25-3 organized by Shri M. D. Shah Mahila College Malad.
- On 19th Jan 2018, presented and published paper on “The Emerging Sports Women’s issues and Challenges” in E- Proceeding E- ISBN: 978-93-5268-833-3 organized by KPB Hinduja College Churni Road.
- On 28th Feb. 2018, presented and published paper on “Managing Non- Performing assets in Public Sector Bank: Issues and Challenges” in Ajanta Multidisciplinary Quarterly Research Journal ISSN: 2277-5730 under Impact factor 5.2 Peer Reviewed.
- On 21st April 2018, presented and published paper on “The Role of Teachers in all Round Developments of Students” in Ajanta Multidisciplinary Quarterly Research Journal with ISSN: 2277-5730 with Impact factor 5.2 peer reviewed.
- In April 2018, published a paper on “GST and Retail sector: Issues and Challenges” in Concept – Multi-disciplinary Annual Research Journal with ISSN – 2394-8922 peer reviewed

Dr. Jyotsana Lal

- On 28th Feb. 2018, presented and published paper on “A study on Participation of Women in Indian Banking Sector” in Peer Reviewed Ajanta Multidisciplinary Quarterly Research Journal ISSN : 2277-5730, Impact factor 5.2 organized by Smt. MMP Shah College of Arts & Commerce.
- Presented a paper “A study on Female Workforce Participation India” during the International conference on 19th January 2018 held at K.P.B.Hinduja College.
- Wrote a research paper on “A study on Female Workforce Participation India ” which was published in e-ISBN978-93-5268-8333-3
- Wrote a research paper on “ Human Development Index: A Comparative Study of India among Developing Countries” which was published in CONCEPT, College Research Journal.

Research Consultancy and Extension

- Renuka Prajapati: Is a NSS Programme Officer and organized many extension programmes in college as well as in adopted urban area and rural village.
- Member of Chandika Annapurna Mandal, Juchandra village as an advisor.
- Member of Lions club, Sion, Manav Ekta Mission and Satsang Foundation Mumbai.
- Dr. Daksh Dave: Provides social consultancy in BAPS and was awarded "A" grade for extension work.

Extension Activities of Department

- On 8th August 2017, our past student Sabiha Anasari organized a fun activity for our students and got free cup of soup.
- All Gujarati medium students participated in 'Campus Cleaning Program' under Swatch Bharat Abhiyan.
- All Gujarati medium students participated in Tree Plantation Project under Van Mahotsav Program of Government of India.
- All BA students participated in Consumer Awareness Projects.

Student Support and Progration

- Ms. Jadeja Urvashiba Vanrajsinh (SYBA) : Won the following Prizes.
 1. Won 1st prize in debate in Regional and Final Yuva Mahotsav and participated in poetry recitation competition.
 2. Won 1st prize on essay competition on Mahatma Ghandhi Organized by Vardha Mahatma Gandhi central university on 7th October 2017.
 3. Received consolation prize for Shrigra vakrutva spardha organized by Gujarathi department.
 4. Won 1st prize in Acharya Amrutlal Yagnik Essay competition.
 5. Kinnari Khandor (SYBA): Won 1st prize in Regional Yuva Mahotsav and 3rd prize in Essay Competition.
- Shruti Pokur (SYBA) : Participated in Rangoli Competition in Yuva Mahotsav
- Vaishali Parekh (TYBA) : Participated in Dance Competition in Yuva Mahotsav
- Damayanti Kapaya (FYBA): Received appreciation certificate in intercollegiate essay competition organized by our college and swajan on 7th October 2017.
- Mehar Kapadia (FYBA, English Medium): Won 3rd prize in cooking competition on 20th December 2017 organized by college student council.
- Miss Jetal and Nikita (FYBA Gujarati Medium): Participated in valentine's day program with senior citizen organized by Help Age India and Sociology Department of our college
- On 15th Sep. 2017, Ms. Shifa Kaji (SYBcom), participated and won 3rd prize in Hindi Elocution Regional Youth Festival 2017-18 organized by PN Doshi College, Ghatkoparand
- On 15th Sep. 2017, Ms. Rubina Shaikh (TYBcom) participated and won 2nd prize in Theatre Event and SKIT Regional Youth Festival organized by PN Doshi College, Ghatkopar.
- On 15th Sep. 2017, Ms. Kale Pallavi Ramesh, Ms. Aiwale Pratibha Arjun, Ms. Dhangat Pooja Sudhir, Ms. Dait Ankita Chandrakant, Ms. Kurane Kajal Dilip, Ms. Chawan Aarti Kashinath, Ms. Singh Priyanka won Consolation prizes in Folk Dance Regional Youth Festival (2017-18) organized by PN Doshi College, Ghatkopar.

Progression of alumni of previous year

- 02 Students are currently completing MA, 01 Student has enrolled for a Banking Course and around 50

students are working with various institutions and Companies.

- 45 students are currently completing M.COM and 5 students are completing B.ED.

Governance, Leadership and Management

Mrs. RenukaPrajapati

- Appointed as a Vice Principal of the College.
- One Month appointed as an officiating Principal.
- Convener of International Conference organized by Department of Economics, M.com & BAFI
- NSS Zonal coordinator at SNDTWU and Member of NSS advisory Board at various Colleges.
- BOS-special invitee, Judge for Tejaswini, Sports department-inter college competition
- Member of all the committees in college as a vice principal and member of governing council of SMES.

Dr.Daksha Dave

- BOS Member for the year 2018.
- Convener of Publication Committee
- Member of College development Cell, Member of PTA, Member of Women Cell, Member of Economics and Commerce Association
- Convener of International Conference organized by Department of Economics, M.Com & BAFI

Mrs. Jyotsana Lal

- IQAC and NAAC Steering Committee
- NSS
- Member of Organizing committee of International Conference organized by Department of Economics, M.com & BAFI

Faculty Achievements

Mrs. RenukaPrajapati

- Took additional charge of Vice Principal at Smt. MMP Shah Women College of Arts and Commerce since 3rd July 2017.
- Appointed as officiating Principal of Smt. MMP Shah Women college of arts and Commerce from 21st December 2017 – 20th Jan 2018.
- Awarded Samman Patra for contribution as a yoga guru for Youth and Sports Department of Mantralaya, Govt. of India and Nehru Yuva Kendra Shangathan on 21st June 2017. She also gave a talk on Importance of Yoga.
- Received Certificate of Participation in the Principals meet – “Students of the future – changing paradigms of education” at IBS Mumbai –ICFAI business school on 6th October 2017.
- Was Nodal officer for election awareness and registration activities in college 180 Wadala Vidhanshabha Election Commission for the year 2017-18.
- Nominated by VC for NSS Accounts and Reports committee for the year 2017-18 by NSS CELL SNDT. Women’s University on 7th April 18.
- Received certificate for attending youth gathering on ‘Say no to drugs’ organized by Nashabhandi Mandal Maharashtra Rajya Mumbai unit on 28th June 2017.
- Was a convener for organizing youth parliament by Nehru Yuva Kendra Mumbai, Minister of youth af-

fairs of India on 24th Feb 2018.

- 3 NSS Voluntaries trained for university level Pre RD Selection Camp Organized by NSS cell.
- Convener for District level essay competition on 'SwachhSnaklap Se Swachh Siddhi' organized by NSS unit with Nehru Yuva Kendra Mumbai Ministry of Youth Affairs and Sports GOI as per instruction on 20thSeptember .
- Part of road safety workshop organized by United Way Mumbai on 24thjuly 2017.
- Honored with State level Best program officer appreciation award which was received from Maharashtra state for the year 2015-16, organized at Mumbai university convocation hall on 24th September 2017.
- Paper setting and exam work shop at ParikshahBhavan on 12th September 2017.

Dr. Daksha Dave

- Guided a research project of Dr. Arvind Dhond titled "A Study of Seasonal Migration of the Pawara Adivasi of tribal of Shirpur Causes, Consequence and Future Direction" Master of Rural Studies from Annamalai University .
- Invited as a Chair Person, to chair the technical session in international conference titled "Way Forward for The 21st Century" held on 17th January 2018 at Shri.M.D.Shah Women's College Malad.
- Invited as an external examiner, for M.A. Research Dissertation Review, at Shri M.D. Shah Women's College on 4thMay 2018.
- Awarded A grade for contribution in BAPS activities.

Dr. Jyotsana Lal

- Awarded Doctoral Degree by Mumbai University
- Completed Refresher Course with 'A' grade
- Guided 8 students of M.Com in their Research Dissertation

Invited as Resource Person/Judge

Mrs. RenukaParajapati

- On 30th Jan 2018, invited to conduct extempore speech at SNTD Women's University for Tejashvini Contest 2017-18.
- On 22nd May 2017, invited as a resource person for the youth training camp (STATE LEVEL) for Preparing youth for future challenges.
- On 26th April 2017), invited as an external examiner for the internship viva of Mcom students at MD Shah Mahila College, Malad.
- On 30th Dec.2017, invited as a guest of honor in valedictory function of NSS special camp by NSS cell of BMN College of home science Matunga.
- Invited as a Guest of Honour as an honorary doctorate Academy of Universal Global peace (inter.Govt.) Ph.D 2018 ceremony organized by AN Consultancy India on 3rd June 2018.

Dr. Daksha Dave

- On 16th Jan 2018, invited as a judge by LJNJ Mahila Mahavidhyalay for Research Paper Competition.
- On 5th May 2018, invited as External Examiner by Shri M.D. Shah Women's College for MA Dissertations Viva.
- On 8th March 2018, invited by Prajapati Bhrmakumari for Women Empowerment. Organizing committee member of International economics conference-28.02.2018,

Dr. Jyotsana Lal

- Guided 8 students of M.COM II for their Research Dissertation.
- Organizing committee member of International economics conference-28.02.2018, Opportunities and Challenges in Service Sector in Global era conducted by Economics Department with M.COM and BAFI in collaboration with BL Amlani college at Smt. M.M.P. Shah Women's College of Arts and Science.

Innovation and Best Practices

Name of the Practice: Live current Parliament Budget

Objective: Make students aware regarding Government current fiscal and financial status

Date of start of Practice: 1st February 2018

Process: Telecasting the live budget session and economic survey in smart class rooms, computer lab and foyer Television

Outcome: Students were updated about the Indian economy status

Challenges faced: Technical network problem

Further support required: Supportive material in hard copy

DEPARTMENT OF NUTRITIONAL AND MEAL MANAGEMENT

Teaching, Learning and Evaluation

- This year the Breast-Feeding week was organised in association with L&T Health Centre. Ms. Rucha Patki, the Project Manager at the center and our alumni helped in organising the event. SYBA students conducted 2 activities: Role Play talking about the Importance of Breast Milk for the Infant and a Demonstration of Complementary Feed Recipes for a group of young mothers at the L& T adopted area at Milind Nagar, Powai on 11-8-2018. The students also visited the new L&T Health Center to see the facilities available at the center.
- An Awareness lecture on "Diet for Adolescents" by Ms. Anuradha Mitra, Faculty, Nirmala Niketan College of Home Science and in association with NSI (Mumbai Chapter) was organised for all FY and SY students alongwith Foundation Courses Department on 25-1-2018. Testing for body composition was also arranged for students on 18-7- 2017.
- Guest lecture by Mr. Dattatray Gawde for TYBA students on Book keeping and Break-even Analysis was organised on 25 and 27 January 2018.
- Madhavi Sathe, Assistant Professor, participated in a national seminar on Integrative Ayurveda- Govidya, Go-chikitsa and Panchagavya organised at SNTD Women's University, Juhu on 13-11-2017.
- She also participated in a National seminar on "Opportunities in Health Foods" organised by ZanTech in association with the Indian Dietetic Association (Mumbai Chapter) on 17 February 2018 at Hotel Kohi-

noor Continental, Andheri east

Research, Consultancy, Extension

- Madhavi Sathe is a Nutrition Consultant with Committed Communities Development Trust, an NGO working with HIV/AIDS infected and affected women and Children. She was invited for a meeting by the Family Planning Association of India to give suggestions for their new project on Supplementary Nutrition Programme for children under 6 years on 16-11-2017 at Bajaj Bhavan.
- Her paper on Opportunities for starting a Home-based Tiffin Service was published in Proceedings of International Conference Ajanta, VII (1), Jan-March 2018, ISSN 2277-5730, Impact Factor 5.2 (www.sjifactor.com).
- She is a guide for 4 MSc (Clinical Nutrition & Dietetics) students from Dr. BMN College of Home Science and PGSR, FSN, SNDTWU.

Infrastructure and Learning Resources

- A new refrigerator was added to the Food lab. The department received a laptop from the UGC XII Plan Grant.

Student Support and Progression

- Ms. Sailee Jadhav SYBA-FN won the first prize, Ms. Mansi Makwana SYBA-FN, second prize and Ms. Swaleha Kadri, FYBA- FN, consolation prize in the Winter Recipes Cookery Contest organised by the College Student Council on 20 December 2017.
- Ms. Komal Bhatt and Ms. Sana Shaikh, BA III (Nutrition & Meal Management) participated in the Inter collegiate ZanQuest Product Development Competition organised by ZanTech in association with the PG Dept of Food Science and Nutrition at SNDT Women's University, Juhu. They were a part of the 15 finalists in the competition held on 9 February 2018.

Governance, Leadership and Management

- Madhavi Sathe is Coordinator of IQAC-Utthaan. She has also been appointed as NAAC Coordinator for the third cycle. She is convenor of the UGC Grants and Funds Committee. She is member of the Planning Committee for the SMES-SAS CSR project. She is a member of the College Development Committee, Magazine Committee, Library Committee and Sports Committee. A nutrition support programme was undertaken for the sports students where supplementary nutrition was provided to 60 sports students to enhance their stamina and endurance.

Innovations and Best Practices

- Every year, the TYBA students use programmes such as CorelDraw, InDesign, Microsoft Excel for designing Menu Cards, Food Labels and for data analysis which forms a part of their practical in Food Entrepreneurship.
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Ms. Madhavi Sathe
Assistant Professor

DEPARTMENT OF FOUNDATION COURSES

Teaching, Learning and Evaluation

Group discussions:

Students were divided into small groups, so they could share, discuss, debate their views and opinions on given topics.

Class	Theme
B.A. II(Eng)	Notion of Human Rights
B.A.I (Eng)	Women's status in India
B.A.I (Eng)	India's cultural heritage
B.A.I (Guj)	India's cultural heritage
B.A. I(Eng)	University Song Motto
B.A.I (Eng)	University Song Motto
B.A. II(Eng)	Human Rights Violations
B.A.II (Eng)	Case studies of HR violations
B.A.I (Guj)	Linguistic diversity in India
B.A. II(Eng,Guj)	Children's Rights
B.A. II(Eng,Guj)	Causes and Effects of Population Growth in India
B.A.II (Eng)	Women's Rights
B.A. I(Guj)	Themes in Indian Cinema
B.A. I(Eng)	Problems of working women in India
B.A.I (Guj)	Impact of Science and Technology
B.A. II(Eng)	Effects of Regionalism, Linguism, Casteism
B.A. I(Eng)	Factors affecting Personality Development

B.A.II (Guj)	Issues of physical and Mental Handicap
B.A. II(Eng)	Causes and effects of population growth in India
B.A. I(Eng)	Stress relieving techniques
B.A. I(Eng)	Motivation and morals in Individual Development
B.A. II(Eng)	Causes of Farmer's Suicide
B.A. II(Eng)	Issues of Elderly
B.A. I(Eng)	Time Management

FILM SCREENING:

Films were screened as a part of teaching/learning and evaluation for students, so they get a deeper understanding of the issues and concerns studied in the syllabus.

Class, Film & Documentary	Theme
B.A.II- Manjhi- The Mountain Man	Communal and caste disparities
B.A.I(Eng,Guj)Bombay	Communalism, Casteism
B.A.I(Guj)	Ecosystems
B.A.II(Eng)-Water	Women and Girl Trafficking
B.A.II(Eng, Guj)	Farmers suicide
B.A.II(Eng,Guj)	Matrubhumi Gender disparity
B.A.II(Eng, Guj)	Youth suicide
B.A.II(Guj)	Effects of drug addiction,Alcoholism, tobacco
B.A.I(Guj)	Global Warming
B.A.II(Guj,Eng)-Provoked	Domestic Violence
B.A.I(Guj)	Acid Rain
B.A.II(Eng)-My Brother Nikhil	HIV/Aids

B.A.I (Eng)	Positive Thinking, Career Planning
B.A.I (Eng)-Bhopal, Hiroshima Nagasaki Bombings	Man-made Disasters
B.A.II(Eng,Guj)	26/11 Terrorism
B.A.II(Eng,Guj)-Neerja	Terrorism

DEBATE

Class	Theme
B.A. I (Eng)	Language and politics
B.A.II(Eng)	Women and Law
B.A.II(Eng)	Issues of poverty
B.A. I (Eng)	Should women work?
B.A. II (Eng)	Impact of medical technology
B.A. II(Eng, Guj)	Conflicts, communal issues

FIELD VISITS

Class	Venue
B.A.I	Nehru Centre
B.A.I	Shivaji Museum
B.A.I	Mahim Nature Park

GUEST LECTURES

Class	Theme	Guest Speaker
B.A.II (Eng,Guj)	Youth Suicide	Ms.Snehal S
B.A.I(Eng)	Presentation skills	Ms.Gouri Mohan
B.A.I(Eng)	Stress Management	Ms.Reshma Murali
B.A.I(Eng,Guj)	Aptitude Testing and Personality Development	Ms.Reshma Murali
B.A.II (Eng,Guj)	Issues of Mentally Challenged	Ms. Vaishnavi Verma
B.A.II (Eng,Guj)	Women,Health and Nutrition	Ms.Madhavi Sathe

B.A.I(Eng,Guj)	Workshop on 'Making of Paper Bags'	B.A III students
B.A.II (Eng,Guj)	'Globalization- Challenges to India'	Mrs. Renuka Prajapati

POSTER PRESENTATION AND DISPLAY

Class	Theme
B.A.II(Eng)	Social evils and problems
B.A.I(Eng, Guj)	Envmntal issues

DISCUSSIONS ON PAPER CUTTINGS, NEWS ARTICLES

Class	Theme
B.A.II (Eng)	Issues of H.R.
B.A.II(Guj)	Case studies violation of women's rights
B.A.II (Eng)	Communalism
B.A.II(Guj)	Communalism
B.A.II (Eng,Guj)	Regionalism
B.A.I (Eng,Guj)	Environmental issues
B.A.II (Eng)	Elderly issues, Farmer's Suicide, Drug abuse, AIDS,Terrorism

Role play

Class	Theme
B.A.II(Eng)	Current concerns in India
B.A.II(Eng)	Women Trafficking
B.A.I (Eng)	Personality Development topics

Research Consultancy and Extension

- Mrs. Darshana Buch,Assistant Professor and HoD, Foundation Courses presented a paper on 'Bringing Bharatnatyam from Home to Global Stage-Doyenne Rukmini Arundale' at a National Seminar held at Smt. P.N Doshi College, Ghatkopar on 1st October, 2016.
- Mrs. Darshana Buch, Assistant Professor, HOD Foundation Courses, Ms. Archana Patki, Vice-Principal, HOD, Psychology, and Ms. Reshma Murali, Assistant Professor, P.G. Department of Psychology attended a National Conference on Innovative Teaching Practices at Ramniranjan Jhunjhunwala College on 17th and 18th February 2017. They presented a paper on "Innovative Assessment and Evaluation Techniques: A Case Study of Departments of Psychology and Foundation Courses".

Governance, Leadership and Management

Ms. Darshana Buch

Designation	Committees
Convenor	Gujarati Sahityik Sanskrutik Mandal
Member	IQAC
Member	University and website update committee
Member	Magazine committee
Member	Anti Ragging cell
Member	Scholarships and Freeships committee

Innovations and Best Practices

- The department continued the Mentoring Programme for B.A.I English Medium Students.
- Flipped Classroom teaching for B.A. II English Medium students was continued as a part of innovative teaching learning and evaluation method. Students watched online lectures and videos. They were then divided into groups and were asked to collaborate in carrying out research at home and engage in concepts in the classroom with the guidance of their teacher/ mentor. In-class time was devoted to exercises, projects, or discussions. Class time was spent doing Student-led interactive activities and communication among students became the determining factor in some sessions devoted to learning through hands-on work. The flip particularly brought about a change in teaching learning pattern, wherein the students presented their research study on a given topic, in various methods like skit, role play, chart presentations, survey, interview method, videos, etc. Oral feedback was then taken from students as to how did the flipped classroom method proved beneficial to them.
- The Department organised 'COHESION OF CULTURES' under which the students of BA I English and Gujarati Medium represent and discuss about different communities through food, dress, folk songs, folk dances etc. this activity is started so as to sensitise students about the rich cultural legacy of Indian culture and how can they be helpful in promoting communal harmony and peace.

DEPARTMENT OF HINDI

The Department of Hindi is one of the departments under CPE. The department believes in imparting quality education through innovative methods and competitive approach like Paper presentations, Story-telling and Power Point presentations. There is an increase in the Enrollment to the UG and PG courses this year.

The Academic year began with a lecture on "Emotional Intelligence & Human Competence" by Prof. Girishwar Misra, Vice Chancellor of Mahatma Gandhi Anterrashtriya Hindi Vishwa Vidyayal, Wardha organized in with collaboration the Psychology Department on 12th August 2017. A Seminar on "Hindi Sahitya ka Itihas -Madhyakaal" was held on 17 February 2018. Students from SNTD and Mumbai Universities participated in the seminar. Total 48 students attended a seminar and 28 Students presented papers.

Hindi Divas was celebrated with a lot of activities for students this year too. Hindi Saptah was inaugurated by Mr. Yunus Khan (R.J Vividh Bharti Mumbai). Under this programme, Poetry recitation competition, Folk song competition, Essay writing competition, Elocution competition, Solo Play competition etc. were organized. The Hindi Saptah ended on 16th September 2017 with a Kavi Sammelan (Famous poets Mr. Hridayesh

Mayank, Pandit Kiran Mishr and Mrs. Chitra Desai were in attendance). The Department also organized a guest lecture on “Srujan Aur Shabd Chitra” on 21 August 2017. Guest speaker for the lecture was Dr. Padma-ja Sharma from Jodhpur, Rajasthan. A guest lecture on “Rojgaar aur Hindi” on 24th August 2017 with guest speaker Dr. Dayanand Tiwari was also organized.

The department also organized a guest lecture on “Tugalak kaleen parivesh aur Rangmancheeyata kee drush-ti se Tugalak natak” on 22 March 2018. Guest speaker was Prof. Satydev Tripathi, Former HOD, SNTDWU, Mumbai.

Department organized an introductory lecture for add on course on “Importance of Translation and Journal-ism” by Sh. Bhuvendra Tyagi on 15/07/2017.

Department organized a Workshop on ‘NET-SET Exam’ by Dr. Sadanand Bhosale, HOD of Hindi Depart-ment Pune, Vishwavidyalaya, on 12 October 2017. 35 students from Joshi Bedekar College, Thane, Birla College, Kalyan, R.J College, Ghatkopar, R.K.T College, Ullhasnagar had participated in this workshop.

The Dept. also screens films relevant to the syllabus for film discussions with students.

Dr. Kiran Singh, Dr. Usha Mishra & Mr. Prashant Deshpande have presented several papers at National & International seminars.

Students of the department participated and won prizes at Yuva Mahotsav and various competitions at differ-ent colleges.

Our PG Students presented three papers at a National Seminar held at Poona College Arts, Commerce & Sci-ence, Pune, Maharashtra. They also presented four papers in a college level seminar organized by Smt. MMP Shah College, Matunga.

Under-Graduate

Teaching, Learning and Evaluation:

Curricular Aspect:

Department of Hindi organized an introductory lecture for add on course “Important of Translation and Journalism” by Shree Bhuvendra Tyagi on 15 July 2017.

Hindi Divas celebrated as Hindi Pakhawada:

- Department of Hindi celebrated Hindi Pakhwada from 9th to 16th September 2017 with a variety of pro-grammes and competitions. Interclass competitions were organized in Poetry recitation, Debate, Elocu-tion, Essay, Folk song, Ekal Nrutya competition and Story Telling. Given below are the prize winners of the competitions held:

Name of student	Class	Activity, Date, Venue	Prize won
Ms. Nasreen Khan	B.A. I	Elocution Competition on 12 Sept 2017, Department of Hindi, Smt. MMP Shah Women's College	1st Prize
Ms. Gazala Ansari	B.A. I	Elocution competition on 12 Sept 2017, Department of Hindi, Smt. MMP Shah Women's College	2nd Prize

Ms. Nazma Hashmi	B.A. I	Poetry Recitation Competition on 13 Sept 2017, Department of Hindi, Smt. MMP Shah Women's College	1st Prize
Ms. Komal Yadav	11th Commerce	Poetry Recitation Competition on 13 Sept 2017, Shree MP Shah Junior College	2nd Prize
Ms. Shahin Khan	12th Arts	Poetry Recitation Competition on 13 Sept 2017, Shree MP Shah Junior College	Consolation
Ms. Darshana Tiwari	B.A.II	Folk Song competition on 13 Sept 2017, Department of Hindi, Smt. MMP Shah Women's College	1st Prize
Ms. Nitu Vishwakarma	MA.II	Folk Song competition on 13 Sept 2017, Department of Hindi, Smt. MMP Shah Women's College	2nd Prize
Ms. Nikita Chaubey	11th Commerce	Solo play competition on 13 Sept 2017, Shree MP Shah Junior College	1st Prize
Ms. Vanshika Nangare	11th Junior College Categori	Essay Writing Competition on 14 Sept 2017, Shree MP Shah Junior College	1st Prize
Ms. Rohini Laxman Jagdale	B.A.II Sinor College Categori	Department of Marathi, Smt. MMP Shah Women's College	1st Prize
Ms. Sonali Ganvankar	BA. II	Department of Marathi, Smt. MMP Shah Women's College	2nd Prize
Ms. Dipika Jaiswal	B.COM.III	Smt. MMP Shah Women's College	3rd Prize
Ms. Deepa Bhandari	BA. I	Smt. MMP Shah Women's College	Consolation

- Hindi Saptah was inaugurated by Mr. Yunus Khan (R.J. Vividh Bharti, Mumbai) on 09 September 2017.
- As part of the Pakhwada, Department of Hindi also organized a “Kavi Sammelan” on 16 September 2017. Following Poets recited their poetry- Pandit Kiran Mishra, Shri.Hridayesh Mayank, and Ms. Chitra Desai.
- Department of Hindi organized a One-day Seminar for Students on “Hindi Sahitya Ka Itihas- Madhyakal”. SNDT University and University of Mumbai’s 48 students participated in the seminar and 28 students presented paper in the seminar. Following students got Prizes: Ms. Komal Shukla won the 1st prize (Shri MD Shah Mahila College, Malad), Ms. Priya Pandey won 2nd (Birla Mahavidyalaya, Kalyan), Ms. Nitu Vishwakarma won 3rd Prize (Smt. MMP Shah Women’s College) and Ms. Ranjana Prajapati won consolation Prize (RJ College, Ghatkopar) at PG level and Ms. Swati Shukla won 1st prize (BM Ruia Girls College), Ms. Arshi Shaikh won 2nd (Maharashtra College) at UG level.

Guest Lecture:

- Dept. of Hindi organized a guest lecture on “Srujan Aur Shabd Chitra” on 21 August 2017. Guest speaker Dr. Padmaja Sharma, Jodhpur, Rajasthan.
- Department of Hindi organized a guest lecture “Hindi main rojgar kee sambhaavanayen” on 24 September 2017 by Dr. Dayanand Tiwari.
- Guest lecture on “Emotional Intelligence & Human Competence” by Prof. Girishwar Misra, Vice Chancellor of Mahatma Gandhi Anterrashtriya Hindi Vishwa Vidyalay, Wardha.

Innovative Teaching & Evaluation:

- Students of SYBA and TYBA gave power point presentations as part of their internal assessment.
- SYBA students underwent Viva Voce to prepare for their internal assessment.
- SYBA students performed skits related to their syllabus
- FYBA students presented stories written by different writers
- SYBA students presented papers related to their syllabus as part of their internal assessment.

Film Screening and Discussion:

The following Films were screened for the B.A Students. These films are related to their academic syllabus. Discussions are held in the class to give the students a wider perspective.

Title	Date	Evaluation
Mohandas	2nd January 2018	Comparison between textbook and film
Poos ki raat	12th August 2017	
Kafan	7th September 2017	
Ek or Dronacharya	12th July 2017	
Mahabharat	January 2017	

Guest lectures/Seminar/Competitions attended and Participated by students:

Name of student	Class	Activity, Date, Venue	Paper Presentation/Workshop/Seminar /Competition	Prize won
Ms. Nasreen Khan	BA I	On 12 September 2017 Smt. MMP Shah Women's College, Department of Hindi	Elocution competition	1st Prize
Ms. Gazala Ansari	BA I	On 12 September 2017 Smt. MMP Shah Women's College, Department of Hindi	Elocution competition	2nd Prize
Ms. Nazma Hashmi		13 September 2017 Smt. MMP Shah Women's College, Department of Hindi	Poetry recitation Competition	1st prize
Ms. Pooja Tigya	BA.II	14th September 2017 in R.J College, Ghatkopar	Own poetry recitation competition	Participated
		15th September 2017 in regional Yuva Mahotsav	Own poetry recitation competition	3rd prize
		27th September 2017 in Bhartiya bhashayi Mumbai Pustak Mela, 2017	Own poetry recitation competition	3rd prize
		28th September 2017 in Grand finale Yuva Mahotsav competition.	Own poetry recitation competition	Participated
Ms. Anjali Vishwakarma	BA.II	15th September 2017 in regional Yuva Mahotsav	Essay writing	Participated
Ms. Sonu Tiwari	BA.II	18th September 2017 in Maharashtra College	Elocution competition	Participated

Ms. Shilpa Vaishya	BA.II	18th September 2017 in Maharashtra College	Elocution competition	Participated
Ms. Jinisha Verma		5th to 12th October 2017 in collaboration between Kendriya Hindi Nideshalay and Bidla College, Kalyan.	'Hindi navlekan shibir'	Attended
Ms. Darshana Tiwari		5th to 12th October 2017 in collaboration between Kendriya Hindi Nideshalay and Bidla College, Kalyan.	'Hindi navlekan shibir'	Attended
		13th September 2017 in Smt. Maniben M. P. Shah Women's of Arts and Commerce, Matunga	Lok Geet Pratiyogita	1st Prize
		27 Jan 2018 organized in RJ College, Ghatkopar.	Geet pratiyogita	Participated
Ms. Manisha Kahar		5th to 12th October 2017 in collaboration between Kendriya Hindi Nideshalay and Bidla College, Kalyan.	'Hindi navlekan shibir'	Attended
Ms. Yasmin Ansari		5th to 12th October 2017 in collaboration between Kendriya Hindi Nideshalay and Birla College, Kalyan.	'Hindi navlekan shibir'	Attended
Ms. Gazala Shaikh		30th Jan,2018 in MD Shah Mahila Mahavidyalaya, Malad	Ashubhashan pratiyogita	Participated
Ms. Jainab Shaikh		30th Jan 2018 in MD Shah Mahila Mahavidyalaya, Malad	Ashubhashan pratiyogita	3rd prize

Seminar/ Conference/Workshops attended by Faculty:

Publication

Name of Faculty	Date	Name of Journal	Chapter in Book	ISSN/ / ISBN no.	Whether peer reviewed. Impact Factor, if any	Main author
Dr. Usha Mishra	2017	Pustak sanskrut par Gaharaataa Sankat	Sahee Pustaken Pathakon tak pahunche	Bodhi Prakaashan. Jaipur, ISBN NO.978-93-87078-69-7	---	Self

Paper Presentation

Name of Faculty	Title of the Paper presented	Title of Conference / Seminar	Organized by	Level	Presentation Date
Dr. Kiran Singh	Shiksha Banaam Ek Aur Dronaachaarya	Ek Aur Dronaachaarya: Vividh Pariprekshya	B.M Ruia Girl's College	National	11/10/2017
	Chaayavadee kavy main naree chhavi	Chhayavad aur chhayavadi kaviyon kee kavya drushti	Rajkey Mahavidyaalay Solan, Himachal Pradesh	National	31/08/2017
.....		Bharteey Bhashaayee Sanvardhan Pustak Mela, 2017	Kalyannyaas.com, Hindi Welfare Trust	National	27/09/2017

Dr. Usha Mishra	Nav Jagaran Aur Mahadevi Varma	Adhunik Hindi Sahitya Kee Vaicharik Prushth Bhumi	Ramnaaraayan Ruia Kalaa va Vigyaan Mahavidyaalay, Mumbai	National	01/07/2017
	Nai Sadee Kee Hindi Kavita Main Shilp-Vidhaan	Nai Sadee Kee Kavita: Chetana ke Naye Swar	R.J.College, Ghatkopar, Mumbai	National	12/08/2017
	Nai Kavita Aur Aadhunik Chetana	Chhayaavaad Evam Chhayavaadottar Kaviyon Kee Kavya-Drushti	Rajkeey Mahavidyaalay Solan, Himaanchal Pradesh	National	31/08/2017
	Ek Aur Dro-naachaarya Natak Kee Samvaad Yojanaa	Ek Aur Dro-naachaarya: Vividh Pariprekshya	B.M Ruia Girl's College	National	11/10/2017
	Rojgaar aur Hindi	Bharateey Bhashayee Sanvardhan Pustak Mela,2017	Hindi Kalyan-nyaas.com,Hindi Welfare Trust	National	28/09/2017
	Gandhiyugin Upanyaason Main Naree-Jaagran	Dr.Rajam Natrajam Ka Rachana Sansar:Ek Mulyaankan	S.I.E.S. College, Sion, Mumbai	National	09/11/2017
	Samkaalin Kavita Aur Vigyaan	Vigyaan Aur Sahitya	Birala College, Kalyan	International	13/01/2018
	Samkaaleen Kavita Srujan Sandarbh Kee Vaicharikta	Samkaaleen Kavita Evam Manglesh Dabral Ka Kavya	Ramnaaraayan Ruia Kala va Vigyaan Mahavidyaalay, Mumbai	National	12/02/2018

Invited as Resource Person/Judge

Name of Faculty	Invited by	Topic	Date
Dr. Usha Mishra	Maharashtra Rajya Sahitya Academy	Literary prize selection committee	08/09/ 2017
	Hindustani Prachaar Sabha, Mumbai.	State level Elocution Competition	29/01/2018

Student Support and Progression

- Mentoring Programme started in February 2016. All FYBA and SYBA students are mentees. They are being mentored by MA I students.
- 13 students got college freeship & scholarships
- 12 students of our UG course have taken admission in M.A, Smt. M.M.P. Shah Women's College of Arts And Commerce.

Governance, Leadership and Management

Dr. Kiran Singh

- Coordinator : M.A. Hindi
- Convener: Faculty Development
- Member: KRA 2 (Teaching Learning and Evaluation), LMC (PG), College Magazine Committee, Admission Committee, Library Committee, Prevention of unfair means for examination.

Dr. Usha Mishra

- Coordinator: Mahatma Gandhi Scholarship Anterrashtriya Hindi Vishwa Vidyalay, Wardha.
- Convener: Free ship committee
- Presiding Officer: ICC
- Member: I.Q.A.C “Uthaan”, Research Committee and Hindi Association.

Innovations and Best Practices

- Department of Hindi celebrates every year Hindi Divas as a Hindi Pakhawada.
- Organizes Guest Lectures by eminent personalities.
- Department of Hindi has organizing every year syllabus based student seminar.

Post-Graduate**Teaching, Learning and Evaluation:****Collaboration:**

- Lecture on “Emotional Intelligence & Human Competence” by Prof. Girishwar Misra, Vice Chancellor of Mahatma Gandhi Anterrashtriya Hindi Vishwa Vidyalay, Wardha organized in collaboration with Psychology Department on 12th August 2018.
- Department of Hindi, in collaboration with Sahitya Sansthan Swajan organized an Essay writing competition on the birth anniversary of Mahatma Gandhi and former Prime Minister Lal Bahadur Shastri on 07th October 2017. 120 students participated in this competition.
- Department of Hindi, in collaboration with ‘Research Cell: Sampreshan’ of Smt. MMP Shah Women’s College of Arts & Commerce organized a lecture for PG Students on “How to write a good research paper” on 27 February 2018.
- Department of Hindi, in collaboration with PG Department of Hindi, SNDTWU, Mumbai organized a one-day National Seminar on 16th March 2018.

Guest Lecture:

- Department of Hindi organized a guest lecture on “Srujan Aur Shabd Chitra” on 21 August 2017. Guest speaker were Dr. Padmaja Sharma, Jodhpur, Rajasthan.
- Department of Hindi organized a guest lecture “Hindi main rojgar kee sambhaavanayen” on 24 September 2017 by Dr. Dayanand Tiwari.
- Guest lecture on “Emotional Intelligence & Human Competence” by Prof. Girishwar Misra, Vice Chancellor of Mahatma Gandhi Anterrashtriya Hindi Vishwa Vidyalay, Wardha.
- Department of Hindi organized a guest lecture on “Tugalak kaleen parivesh aur Rangmancheeyata kee drushti se Tugalak natak” on 22 March 2018. Guest speaker for the lecture were Prof. Satydev Tripathi, Former HOD, SNDTWU, Mumbai.

Film Screening and Discussion:

The following films were screened for the M.A Students. These films are related to their academic syllabus. Discussions are held in the class to give the students a wider perspective.

Title	Date	Evaluation
Tamas	07th January, 2018	Comparison between textbook and film.
Aana na aana Ramkumar Ka	17th January, 2018	
Rehamat Ke Farishte	21st January, 2018	
Dharati Ab Bhi Ghoom Rahi Hai	30th January, 2018	
Naya dhandha	3rd February, 2018	
Ek or Dronacharya	4th August, 2018	
Mahabharat	4th February, 2018	

Seminar/ Conference/Workshops/Competitions attended and Participated by students:

Students Activities

Name of student	Class	Activity, Date, Venue	Paper Presentation/Workshop/Seminar /Competition	Prize won
Ms. Nitu Vishwakarma	MA II	18 and 19 August 2017 in Shri. M. D. Shah College, Malad	Seminar "doordarshan Television aur Hindi Sahity"	Attended
		13th September 2017 in Smt.Maniben M. P. Shah Women's of Arts and Commerce, Matunga	Folk song Competition	2nd Prize
		14th September 2017 in R.J College, Ghatkoper	Own poetry recitation competition	1stprize
		15th September 2017 in regional Yuva Mahotsav	Poetry recitation competition and essay writing competition	2nd prize
		19th September 2017 in Poona College of Arts, Science and Commerce, Camp Pune	"Antimdashak ki hindi kavita"	Presented a Paper
		21 Sep. 2017 in Smt. MMP Shah College	Essay writing competition	Participated
		27th September 2017 in Bhartiybhashayi Mumbai pustakmela, 2017	Own poetry recitation competition	1stprize
		28th September 2017 in Grand finale Yuva Mahotsav competition	Own poetry recitation competition	3rd prize

		In the year 2017-18	For College best student	Adjudged as the first runner-up
		11th December, 2017 in SIES College, Sion, Mumbai	Poetry recitation competition	2nd prize
		29th to 30th Jan 2018 in SNTD Women's University	"Tejaswini contest"	Participated
		10th Feb 2018	How to make PPT, incorporating hyperlink in ppt and typing through voice recording for students of MAI and FYBA (Hindi)	Conducted a session
		16th Feb 2018 in student seminar organised by Smt Maniben M. P. Shah Women's of Arts and Commerce, Matunga	Presented a paper on "Bhaktikaalin Kavyon Ke kaavya me Naari"	3rd Prize
Ms. Mamta Singh	MA II	19th September 2017 in Poona College of Arts, Science and Commerce, Camp Pune	National Seminar	Attended
		18 & 19 August 2017 in Shri. M. D. Shah College, Malad	Seminar "doordarshan Television aur Hindi Sahity"	Attended
		16th Feb 2018 in student seminar organised by Smt Maniben M. P. Shah Women's of Arts and Commerce, Matunga	"Bihari ke Kaavya me Neeti"	Presented a paper
Ms. Suman Yadav	MA II	19th September 2017 in Poona College of Arts, Science and Commerce, Camp Pune	"Swatantrayottar Hindi Natakon mein samajik, rajnitik evam parivarisk samasyaon ka chitran"	Presented a Paper
		On 7th October, 2017 in collaboration between Sahity Swajan Sanstha and SMT. MMP Shah women's college	Essay Writing Competition	Consultation prize
		18 & 19 August 2017 in Shri. M. D. Shah College, Malad	Seminar "doordarshan Television aur Hindi Sahity"	Attended

Ms. Samina Shaikh	MA II	18 & 19 August 2017 in Shri. M. D. Shah College, Malad	Seminar “doordarshan Television aur Hindi Sahity”	Attended
		19th September 2017 in Poona College of Arts, Science and Commerce, Camp Pune.	“Aapatkalin Gadya Sahity”	Presented a Paper
Ms.Aarti Mishra	MA II	18 and 19 August 2017 in Shri. M.D. Shah College, Malad	Seminar “doordarshan Television aur Hindi Sahity”	Attended
		19th September 2017 in Poona College of Arts, Science and Commerce, Camp Pune.	Seminar	Attended

Student Publication

- A Poem called “Vakt ki Padtaal” written by Ms. Nitu Bhoju Vishwakarma (MA II) was published in “HINDUSTANI ZABAAN YUVA, YEAR- 01, NUMBER-01 APRIL-JUNE 2017”. Published by Hindustani Prachar Sabha Mahatma Gandhi Memorial Building 7, Netaji Subhash Road, Mumbai- 400002.
- “Swatantrata Meri Nazar Me” was published in “HINDUSTANI ZABAAN YUVA, YEAR- 01, NUMBER-03 October-December 2017” Published by Hindustani Prachar Sabha Mahatma Gandhi Memorial Building 7, Netaji Subhash Road, Mumbai- 400002.

Teacher Assistant Programme

- Ms. Nitu Bhoju Vishwakarma, MA II student took lectures in Hindi for student of B.A.I & M.A.I. She also conducted a session on how to make PPT, incorporating hyperlink in PPT and typing through voice recording for students of MA I and FYBA (Hindi) on 10th February 2018.

Shree Prashant Deshapande:

Publication

Name of Faculty	Date	Name of Journal	Chapter in Book	ISSN/ / ISBN no.	Whether peer reviewed. Impact Factor, if any	Main author
Mr. Prashant Deshpandey	2018	Third gender ke sangharsh ka yatharth: Nalasopara	Mai manushya to huna	978-81-936743-0-7		Self

Paper Presentation

Name of Faculty	Title of the Paper presented	Title of Conference / Seminar	Organized by	Level	Presentation Date
Mr. Prashant Deshpandey	Vigyan katha lekhan men Mahilaon ka yogdan	Vigyan aur Sahitya	Birla College, Kalyan	International	13/01/2018
	Adhunik hindi sahity ki vaicharik prushtbhumi	Dalit vimrsh aur adivasi vimrsh ke tulnatmk bindu	Ruiya college, Matunga	National	1/07/2017
	21 vin sadi me hindi: chunoutiya evam sanbhavnae	Cinema ke geeton men hindi ka Sawrup	Somaiya College, Vidyavihar	National	21/07/2017
	Dr. rajam natrajan ka rachana sansar : ek mulyankan	Participation	SIES College, Sion	National	09/12/2017

Invited as Resource Person/Judge

Name of Faculty	Invited by	Topic	Date
Mr. Prashant Deshpandey	Joshi Bidekar College	Elocution Competition	11/10/2017
	Kendriy Vidyalaya, Bhandup	Elocution Competition	07/09/2017

Workshop/Orientation:

- Member of organizing committee of a workshop conducted by Smt. Maniben M.P. Shah Women's College of Arts and Commerce on 4 February 2017.
- Member of organizing committee of a Intercollegiate seminar for UG and PG students on 11 February 2017

Student Support and Progression:

- Students of MA I were mentors for UG students.
- One student got freeship and scholarship from the college.

Innovations and Best Practices:

- Department of Hindi celebrates Hindi Divas every year as a Hindi Pakhawada.
- Organizes Guest Lectures by eminent personalities.
- Department of Hindi organizes syllabus-based student seminars every year.

DEPARTMENT OF MANAGEMENT STUDIES

“The conventional definition of management is getting work done through people, but real management is developing people through work.”

Curricular Aspect

- This year the BMS Dept. has started offering a Certificate Course on “Designing & Presentation” for FYBMS students & “Bag pack to Briefcase” to the SYBMS students.

Teaching and learning evaluation

A. *Guest lectures organized*

- Dr. Jyotsna Lal, Assistant Professor at Smt. M.M.P. Shah Women’s College (Economics Dept.) delivered a lecture on “Cost Analysis” to FYBMS students on 06/09/2017.
- Ms. Riddhi Patel, Research associate at Visible Alpha delivered a lecture on “Credit rating” to TYBMS students on 09/09/2017.
- Mr. Anantbhai Jhaveri, Professor at NMIMS was invited to deliver a lecture on “Justin Time” on 28.09.2017 to our SYBMS Students.
- Ms. Tayabeh Shojai, our alumna who has previously worked with Motilal Oswal as a Credit Analyst was invited to share her journey with SYBMS students on 04/10/2017.
- Mr. Anantbhai Jhaveri Professor at NMIMS was invited to deliver a lecture on “Business Communication” on 04/10/2017 to our FYBMS.
- Ms. Amruta Parvatikar HR at MET was invited to deliver lecture on “Career Guidance” to TYBMS students on 13/01/2018.

B. *Viva Voce conducted*

- Ms. Rakhi Mahapatra, Credit Risk Analyst at Doha Bank was invited for conducting viva of TYBMS students on 24/03/2018.

C. *Industrial Visit Report*

THE INDUSTRIAL VISIT TO KERALA!

It’s a treasure box of folk and classical art. Colorful festivals, delightful cuisine, beautiful beaches, backwaters and many other features that makes this place really a ‘God’s Own Country’. This state is none other than KERALA.

Our esteemed teachers and the Business Management Department had organized an industrial visit to Kerala for all the BMS students from the confident third year’s to us freshers. On 27th January we headed for a 26 hours train journey from Mumbai to Kerala and the excitement within us sprawled to the top.

On 28th January, we reached Cochin and after a brisk break of 3 hours of rest at our designated luxurious hotel we headed towards the MARINE CRUISE. It was a unique prospect to enjoy nature’s bounty, rippling in the magical backwaters of Kochi. It is located on the coast of the Arabian Sea, in the Ernakulam district which is a cluster of islands networked by lagoons and backwaters. The huge cantilevered Chinese fishing nets is a fascinating sight to behold here. Fun Fact: these nets are raised just above the sea level at sunset to attract the fishes!

Away from the hustle and bustle of the city, the backwater village was our dream world of serenity. We could have a close view of the countryside. Scattered islands, lush greenery along the banks, fishing activity, coconut

palms lining the waters are just a few to mention.

The next day we all left to Munnar!

Visiting to Kerala and not going to the breath-taking hill station is next to impossible and so we got a chance to encounter the beauty which was beyond words. Mist-clad hills, sprawling tea gardens, unique montage shola grassland and picturesque towns are just a few things that you can expect when you visit the beautiful hill station of Munnar. Located at a height of 1600 m above sea level, this quaint town was once a summer resort of the erstwhile British Government.

At Munnar, we first visited the Spice Garden, the garden with all ayurvedic herbs plants and spices got us astonishing enough. Like cardamom, ginger, curcuma, cinnamon, etc. which are growing in this land. The Cardamom hills of south Western Ghats is known as the 'world known spice hills' of the ancient world. This hill station was the heaven of spices and left our senses tingling with joy!

After an exciting and fun filled experience at the spice garden we got a chance to visit the most popular KDHP TEA MUSEUM. We as the BMS students got to learn the various stages of the tea processing – Crush, tear, curl and learn about the production of Kerala black tea variants.

In the early evening we drove towards the dam and the ECHO POINT. The Mattupetty Dam is about 13 km from the town and was constructed in the 1940s for the purpose of water conservation and hydroelectricity generation. This dam was just beautiful and calm enough for all of us to feel the breeze.

The Echo point is situated around 15kms from Munnar, and draws huge crowd, thanks to the natural phenomenon of echo! This point provided the perfect point to see the glory of the valley that lied beneath it.

We then visited the ROSE GARDEN. It is one of the chief attractions of Mattupetty for its beautiful garden where different varieties and colors of roses can be found. The guide explained us the variety of flowers they have. It was a well-organized garden and it just smelled so fragrantly throughout the visit.

The next day we visited the EASTERN MASALA COMPANY. The firm had set up its export facility, which today reaches consumers in 15 countries worldwide. And at the present Eastern is the proud and undisputed – 17th time – recipient of the “Largest exporter of spice masala” in consumer packs from the “Spices Board Of India”

This was something which we as students were eagerly waiting for. This company's employees were highly dedicated into their work and the general manager who had welcomed us on behalf of the entire firm was so oriented about his work and the accompanied responsibilities.

We had an open question and answer session in which the whole faculty could ask firm related questions to the manager present there.

On the last day in Kochi we had some time for shopping some aromatic coffee, chocolates, buy some antique jewelry and had lots and lots of South Indian Cuisine at the best of the restaurants present at Kochi. We then had an amazing time having dinner at the hotel with our faculty and we all were set to wake up fresh the next day early in the morning to come back home and hug our loved ones.

In the end from watching the sunset at the Chinese fishing nets to the awe-inspiring industries and their delicacies, we couldn't ever experience any better industrial visit than this. We highly appreciate and respect the efforts taken by our faculty and our beloved teachers to give us the most comfortable travel experience with the

best of its adventures and cuisines!

This industrial visit to Kerala not only explained us that how India is highly diverse but also showed us that how beauty is engrossed in every small segment of this state.

Composed by:

SamreenFaizahmed

FYBMS

Students participation in Seminars and Workshops

- 3 Students attended a Seminar on “Say No to Drugs” organized by NSS Department at Ravindra Natyaman- dir on 28/06/2017.
- FYBMS Students attended a workshop on “Election Program” organized by NSS Department on 11.07.2017.
- FYBMS Students attended a Workshop on “Self Defense Techniques & Menstrual Hygiene Awareness” organized by NSS Department on 14.07.2017.
- 16 students attended “A road safety program” on 24.07.2017 organised by NSS Department.
- CR of all the 3 years attended a 2 days’ workshop on “Leadership” conducted by Mr. Jignesh Sanghavi on 26.07.17.
- 20 students participated in a Seminar on “Victory is just around the corner” at Nagindas Khandwala Col- lege for the intercollegiate festival “Kiran – 2017” on 10.08.2017.
- 37 students attended an orientation program organized by Technoserve on 28.11.2017.
- 150 students attended a one day interdepartmental workshop on “Fun with Finance” conducted by Mr. Purv Shah on 12.12.2017 organized by BMS Dept.
- SYBMS students attended a workshop on “Entrepreneurship Development” organized by the placement cell on 16.01.2018.
- 2 students from FYBMS participated in an Inter collegiate program organized by Dr. BMN College of re- search paper presentation on “Emerging Trends in respective specialization” on 20.01.2018.
- 50 students attended a workshop on “Campus to Corporate” conducted by Ms. Nikita Vijan organized by BMS Dept on 14.03.2018.
- Ms. Shraddhya Ray & Ms. Kirti Kirkise participated in the Best Student Award Competition.
- Ms. Shweta Dhika, &Ms. Namrata Gosiya, participated in Yuva Mahotsav.

Achievements and participation of faculty members

Ms. SujataAgarwal

- Member of CSRE team for conducting college audit.
- Attended a workshop on “Teacher by design or Default” organized by BMS Dept. in collaboration with IQAC on 14.10.2017.
- Attended one day interdepartmental workshop on “Fun with Finance” organized by BMS dept. on 12.12.17.
- Invited as a judge for “Dance Competition” by B.A.M.M. Department for their intercollegiate festival Razmataz on 25.1.18.

Ms. Hemlata Kumar

- Attended a workshop on “Teacher by design or Default” organized by BMS Dept. in collaboration with IQAC on 14.10.2017.
- Attended a workshop on “Women Safety and Empowerment” on 25.11.17 at Dr. BMN College of Home Science.
- Invited as a panelist for the Best Student award on 28.11.17 by the Students’ Council Committee.
- Attended a one day interdepartmental workshop on “Fun with Finance” organized by BMS dept. on 12.12.17.

- Participated in ICT training program from 8.1.18 to 13.1.18 organized by IQAC & BCA Dept.
- Invited as a judge for “Mehandi Competition” by B.A.M.M. Department for their intercollegiate festival Razmataz on 25.1.18.
- Attended one day International Conference at Smt. M.M.P. Shah College on “Opportunities and Challenges in Service Sector in Global Era” organized by Economics, M.Com and BAFI Department on 28.2.2018.
- Attended a workshop on “Intellectual Property Rights” organised by IQAC and College Library on 05.03.2018.
- Attended a one day workshop on “BMS Syllabus Restructuring” held at Nanavati College, Vile Parle on 19.3.18.
- Attended a one day workshop on “Teaching Learning & Contemporary Evaluation Method” organized by IQAC Dept. on 20.3.18.
- Invited as an External examiner to conduct VIVA of Sem VI at Nanavati College, Vile Parle on 21.3.18
- Invited as an External examiner to conduct VIVA of Sem VI at Kothari College, Chembur on 13.4.18

Ms. Nidhi Savai

- Pursuing a management sponsored minor research on the topic of “Assessing the critical issue of students absenteeism- a root - cause analysis”.
- Mentored Ms. Urveez & Ms. Neetu for Tejaswini contest on how to appear in group discussion. Ms. Urveez won Tejaswini Contest.
- Attended a workshop on “Teacher by design or Default” organized by BMS Department in collaboration with IQAC on 14.10.2017.
- Invited as a judge for “Live Reporting Competition” by B.A.M.M. Department for their intercollegiate festival Razmataz on 25.1.18.
- Invited as a judge for Dance competition auditions for annual day program.
- Attended an interdepartmental workshop on “Fun with Finance” organized by BMS Department on 12.12.17
- Participated in ICT training program from 8.1.18 to 13.1.18 organized by IQAC & BCA Department.
- Attended one day International Conference at Smt. M.M.P. Shah College on “Opportunities and Challenges in Service Sector in Global Era” organized by Economics, M.Com and BAFI Department on 28.2.2018.
- Attended a workshop on “Intellectual Property Rights” organized by IQAC and College Library on 05.03.2018.
- Attended a one day workshop on “Teaching Learning & Contemporary Evaluation Method” organized by IQAC Department on 20.3.18

Ms. Shweta Jagad

- Attended an Interdepartmental Workshop on “Fun with Finance” organized by BMS department on 12.12.17
- Attended a workshop on “Teacher by design or Default” organized by BMS Department in collaboration with IQAC on 14.10.2017.
- Participated in ICT training program from 8.1.18 to 13.1.18 organized by IQAC & BCA Department.
- Invited as a Resource person to deliver lecture on “Human Resource Management” by Dr. BMN College of Home Science Resource Management Department on 12.9.17
- Attended one day International Conference at Smt. M.M.P. Shah College on “Opportunities and Challenges in Service Sector in Global Era” organized by Economics, M.Com and BAFI Department on 28.2.2018.
- Attended a workshop on “Intellectual Property Rights” organized by IQAC and College Library on 05.03.2018.
- Attended a one day workshop on “BMS Syllabus Restructuring” held at Nanavati College, Vile Parle on 19.3.18

- Attended a one day workshop on “Teaching Learning & Contemporary Evaluation Method” organized by IQAC Dept. on 20.3.18

Research Consultancy and Extension

Highlights of the Department

NGO Project

Man is a social being & social service is a must in the system of education which serves as a foundation for character building. Social service refers to activities to improve the quality of life of the underprivileged & disadvantaged section of society; be it poor, elderly, women or children. As it is rightly said, “Service to mankind is service to God.” With this strong belief we, the BMS department took the initiative to do a collaborative project with St. Catherine Homes, part of Animedh Charitable Trust to impart basic computer knowledge to the under privileged girls staying at St. Catherine Homes.

About the project

The Project at St. Catherine’s home under Animedh Charitable Trust was conducted by the guidance of our coordinator Mrs. Sujata Agarwal and Managing Trustee of Animedh Charitable Trust Mrs. Nivedita Desai. It was a 12 day project of “Tutorship at St. Catherine’s home”.

The project was scheduled according to the syllabus. The course included basics of MS office i.e. MS word, MS power point, MS excel, MS paint, etc.

The teacher- student ratio was 1:1 that is one student under one volunteer. There were 23 students and 23 volunteers and each pair was allotted one computer for practicing.

The volunteers were provided with a book by Animedh Charitable Trust which incorporated scheduled activities to be undertaken on a daily basis.

On the final day, all students were felicitated with a course completion certificate and the volunteers were rewarded with a tutorship certificate.

Conclusion of the project

- Students had successfully completed their computer course with about 3/4th of the students scoring more than 75% marks.
- The volunteers learnt the challenges they can face while pursuing teaching as career.
- This project gave the volunteers a great sense of accomplishment as the students belonged to under privilege strata of the society.
- It was a win-win situation for students as well as for volunteers. This has helped the students to learn something which would be useful to them in the future. The volunteers were also immensely benefited as this project has enhanced their teaching skills and also they could serve this under privilege strata of the society.

Hearty congratulations to all our students for their efforts & bringing smiles on the faces of those students.

Cheers!!!

Special Mention

Sonali Kokitkar is a very sincere and hardworking student of TYBMS. The college always supports and lends a helping hand to such students and enables them to excel after completing their education. One such venture was the Wellingkar Institute in collaboration with Bayer Pharmaceutical Company through which our students get an opportunity to build their careers.

Sonali appeared for the online test which was conducted on English grammar and essay writing. It was quite challenging for her as she comes from vernacular medium. She appeared for the interview which lasted for about half an hour and it was conducted by a panel of 12 members.

The way she faced the interview and answered with confidence impressed the panel, and they were full of praise for her simplicity and honesty. When asked about facing the challenges at work place, she simply stated that her life has been full of challenges from childhood & she is used to it.

Congratulations to Sonali as she has been offered a job with a Pay Packet of Rs. 20,000/- pm with a 1 month training period at Wellingkar, Bayer Company & at Doctor's clinic.

Sonali you have made us proud, Wishing you a bright future and loads of Blessings!!

“It's a pleasure to teach you”

Staff of BMS Department.

Meteor

'Meteor- reaching the unreachable' is our departmental newsletter encompassing the various aspects of management. Meteor was initiated with the objective to enhance learning. Volume 6 highlights on “Goods and Service Tax” - the reformation in the Indian Tax system. Congratulations to Ms. Soumya Nichani & Ms. Nidhi Savai for guiding our student Ms. Ritu Prasad for the issue of Vol. 6.

Stars of our Galaxy

- Ms. Mainaz Sayyed & Ms. Namrata Bhalerao have secured 1st & 2nd position at the university exams respectively. Congratulations to you'll!!!!
- Ms. Mainaz Sayyed: 773/1000 – 77.3%
- Ms. Namrata Bhalerao: 754/1000 – 75.40%

Student support and Progression

- 4 students from FY participated in Chrysalis organized by N.G. Bedekar College of commerce on 16.09.2017.
- 6 Students participated in an intercollegiate festival “Uthaa” organised by SVIMS College on 7th October 2017 and heartiest congratulations to the students for getting 2nd prize.
- 05 FYBMS girls participated in Mithibai College intercollegiate festival “Colosseum” on 24/09/2017.
- 02 Students participated in intercollegiate festival “Zeal” organized by Gurunanak College on 25.01.2018.
- 10 students participated in intercollegiate festival of Bedekar College “Gandharv” on 13/01/2018. Students participate in various competitions like Street Play, Skit, Best out of Waste, Singing, and personality contest.
- 02 of our students have participated in Yuva Mahotsav and hearty congratulations to Ms. Namrata Gosiya for getting 3rd Prize at National Level for Singing.
- Congratulations to Ms. Shweta Dhika for receiving 2nd prize in Yuva Mahotsav in Skit at State Level.
- Ms. Shraddhya Ray & Ms. Kirti Kirkise participated for Best Student Award Competition.
- Hearty Congratulations to Ms. Shraddhya Ray TYBMS for being chosen as the runner up for 'Best Student Award' for the year 2017-18.
- 6 students from all three years of BMS participated in Annual day function for dance competition and hearty congratulations girls for getting 3rd prize in group dance.
- Congratulations to Ms. Shweta Dhika for getting 1st Prize in Mimicry competition organized by Student Council on 21.12.2017.
- 08 students participated in mock parliament organized by NSS department on 24.02.2018.
- Hearty congratulations to Ms. Samreen Faizahmed for hosting an annual day program successfully.
- Many congratulations to Ms. Samreen Faizahmed for receiving the award of best speaker in Mock Parliament.

- 37 students have been shortlisted for Technoserve programme.
- Ms. Divya Budhini & Ms. Aishwarya Malkar won 2nd Runner up prize in Football competition at Nashik, organized by Sports Department. from 8.10.17 to 11.10.17

List of Students pursuing higher studies:

Name	Pursuing Higher Studies	Competitive Exams Appeared
ManijhaBairali	MBA	
MansiBilla	MBA	
NaveenaKandi	MBA	CET
NamrataKeni	MBA	
PranaliRane	MBA	CET
RabiaSayed		UPSC
NausheenShaikh		UPSC
KiranShukla	MBA	
Shrddhya Ray	MBA	GMAT
SonuSutar	Interior Designing	
Megha Kothari		CET

List of students placed through College:

Name of the Student	Organisation
Rihana Shaikh	ICICI Bank
Komal Varma	ICICI Bank
Shweta Guttamin	ICICI Bank
Rukhsar Shaikh	ICICI Bank
Tejashree Ghule	Datamatics
Dhanashri Bhuwad	Datamatics
Needa Shaikh	Datamatics
Sneha Gupta	Datamatics
Manali Bodke	Datamatics
Geeta Therade	Datamatics
Sayali Shinde	Datamatics
Priyanka Gothankar	Datamatics
Jagruti Bait	Datamatics
Mansi Billa	Datamatics
Megha Kothari	Datamatics
Deva Kumari	Datamatics
Namrata Keni	Datamatics
Ashwini Devadiga	Sutherland
Kiran Shukla	Sutherland
Sumitra Gowda	Sutherland

Governance, Leadership and Management

Faculty members are a part of the various college committees:

Name	College Committees
Ms. Sujata Agarwal	Head of the Department of BMS, Vice- Principal of Junior College, Time Table, Governing Council,
Ms. Hemlata Kumar	Placement Cell, Attendance & Discipline, Freeship and Scholarship
Ms. Nidhi Savai	Parent Teacher Association
Ms. Shweta Jagad	Students' Council & Cleanliness

SUJATA AGARWAL
(BMS CO-ORDINATOR)

DEPARTMENT OF MASS MEDIA

Academic Year, 2017-18 dawned on a positive note with 52 students admitted in the FYBAMM. They were given an orientation about the college on 22nd July 2017 and welcomed with a Fresher's party on 12th Aug, 2018.

Teaching, Learning and Evaluation

- Ms. Shagufta Memon, Ms Sonal Mane and Ms Sana Khan participated in a workshop conducted by Dr Geeta Shetty, faculty with St. Xavier's institute of Education on 20th March on "Teaching - Learning and Contemporary Evaluation methods" from 9.30 am to 1.30pm in the AV room.
- BAMM faculty attended a session organized by the IQAC and the Library for the teaching staff on "Intellectual Property Rights" by Dr Sameena Hasan on 5th March 2018.
- A guest lecture on 'Challenges of Being a Journalist' by eminent journalist Vinod Jagdale was organized for Journalism students on 30th November, 2017
- A guest lecture was organized on RTI by RTI activist Anil Galgali on 9th December, 2017.
- Seventy students were taken for an Industrial Visit to Delhi Nainital from 29th November to 5th December, 2017. The industries covered in the visit were NSD National School of Drama and Dainik Jagran- a leading Hindi daily.
- Fifty students along with two faculty members visited FTII Film Television Institute Of India on 22nd December, 2017
- Fifty BAMM students along with 4 faculty members attended a Digital Marketing workshop organised by the Cogmat company on 1st August 2017. The guest speaker was an Award winning digital marketer Michelle Carvalho.
- BAMM faculty members attended the International Communication Research Association conference on Digital Age at SNTD University, Santacruz
- BAMM Faculty members attended BAMM CAP (Paper Assessment) held on 10th and 11th April 2018 in SNTD University Juhu Campus.
- Ms. Deepali Matkar, BAMM faculty was invited as an external examiner for Animation Viva on 6th April in P.N Doshi College, Ghatkopar
- Ms. Prabha Nair, Ms. Sana Khan and Ms Sonal Mane attended one day workshop organised by University Department of Education SNTD Women's University on UNESCO UNITWIN University network on "Gender, Sensitive Journalism Media ICT and Curriculum".
- Ms. Sana Khan submitted a Research paper on Case Study: How Nykaa.com is winning through social media? To International Conference on "Opportunities and Challenges in Service Sectors in Global Era" on 28th February 2018.
- Ms. Sonal Mane submitted a Research paper on "Influential of FB feeds on Millenials Choice of Eating Destinations" in International Conference on 'Opportunities and Challenges in Service Sectors in Global Era on 28th February, 2018.
- Ms. Shagufta Memon submitted a Research paper on- 'Instagram – A New Retail Platform' in International Conference on 'Opportunities and Challenges in Service Sectors in Global Era on 28th February, 2018.
- BAMM Faculty attended a one week ICT Training workshop organized by IQAC in computer lab.
- Faculty and students attended a Panel Discussion on the theme of press freedom on the occasion of the "National Press Day"

- Ms. Shagufta. Memon and Ms. Deepali Matkar were invited as guests for Teacher's Day celebration at Shradhanand Mahila Ashram on 8th September, 2017
- Ms Shagufta Memon conducted a guest lecture on -Old and New Advertising on 8/08/2017 for Bcom Vocational.
- Sana Khan conducted a guest lecture on Presentational Skills for MCom students.

Research Consultancy and Extension

- Faculty and students participated in an adoption drive for stray animals organized by an NGO – Pet Owners and Animal Lovers, Thane

Student Support and Progression

- Bhakti Savla won Best Student Award at UG level for the year 2017-18.
- TYBAMM student, Priyata Shah secured first position in an event organized by the Rotract club of SIES, Sion named 'Jinx'. The competition was about compatibility of students with their best friends
- 20 BMM students attended ICC Workshop on Women safety awareness held in the college auditorium titled as 'End Violence against Women'.
- Open house was conducted for SY and TY BMM students on 9th December, 2017.
- Reejal Sunke, SYBAMM, won first prize for solo singing on College Annual day held on 19th December, 2017.
- Viri Shah and Shruti Lokare won first and third prize respectively in make-up competition organised by Students Council.
- Sweety Tandon and Neha won third and first prize in mimicry competition respectively organised by Students Council.
- 6 students of SYBAMM and 4 students of FYBAMM participated in various competitions in Yuva Mahotsav and won prizes. 4 Students participated in IPTA. 10 girls volunteered for Matrubhoomi's Onam festival Celebration at Matunga on 13th August, 2017.
- Ms. Priti Rajput won second prize as Best Parade Commander at K. J. Somaiya Drill Competition

Innovations and Best Practices

1. Street Play cum Flash Mob- Performing street plays related to topics in the syllabus
2. Projects undertaken during Industrial Visits like FTII (Film Television Institute of India), Kala Ghoda Festival.
3. Group Discussions on trending topics.
4. Making advertisements
5. Filing RTI
6. PowerPoint Presentations
7. Field work (Conducting interviews/ on spot reporting)
8. Writing letters to editors
9. Filing RTI

Miscellaneous

- Mrs Prabha Nair was invited to be a member of the selection committee for screening teachers for Fulbright Distinguished Awards in Teaching program sponsored by the US govt.

- Ms. Sonal Mane and Ms. Shagufta Memon were invited as judge for Freshers Party of Junior college std-X1 on 16th September, 2017.
- Ms. Sonal Mane alongwith 15 BAMB students organised movie screening of film Dangal for Film Club 'Cinergy'.

Internships/ Working

Name	Class	Work Profile	Workplace
Sheetal Bhandare	TYBAMM (Adv)	Digital Marketing and Social Media Marketing	Ascension Assist HR
Priya Pandey	TYBMM (Journalism)	assistant producer intern	Film companion
Bhakti Savla	TYBAMM (Journalism)	Travel Consultant	Divine Destination
Maryam shaikh	Tybmm (adv)	Photographer and videographer	Filmy mantra
vijaya sharma	Tybmm (adv)	Content writer	Filmy mantra
Jyoti Rajesh Yadav	TYBAMM (Journalism)	social media	India Development Review
Maitri vasa	TYBAMM (adv)	Photographer	
Khushboo Rajkumar vaishya	TYBAMM (ADV)	SEO (Marketing)	
Maryada.B.lambe	TYBMM(adv)	Data entry and social media	Adret allayurveda
Vinaya Mhase	TYBAMM (Journalism)	tele calling	
Priyanka Dhaundiyal	TYBAMM (Journalism)	Social Media and Website Intern	India Development Review (IDR)
sanskruiti ambole	Tybmm (adv)	interior decorator	j. Singh interior Decorators
Konchita Keny	TYBAMM (adv)	Social media marketing intern	Jaro Education
Sadaf Merchant	TYBMM (adv)	Trainee Reporter	Filmy Mantra
Namrata Ughade	TYBAMM (Journalism)	Trainee Reporter	Pudhari Newspaper
Tasmia khan	TYBAMM (adv)	social media	Hungama Digital Media Entertainment pvt.Ltd
Anjali pasi	TYBAMM (journalism)	telecaller&office assistant	LOLLIPOP STRATEGY PLUS DESIGN
Gauri Adagale	TYBMM (Adv)	Marketing Executive	Adhyayan Quality Education Services
GAZALA M.Z.SHAIKH	TYBMM(JOURNALISM)	Social media	Receptionist
Ruhi Shaikh	TYBMM (JOURNALISM)	trainee reporter	real focus
Priscilla Godwin	TYBMM (Adv)	Social activist and photographer	Aarna Foundation
Deepika Boricha	TYBMM (JOURNALISM)	PR executive	Lollipop Strategy Plus design
Vaibhavi Gujjeti	TYBMM (Adv)	Social Media	Chatur Ideas
Virti N. Shah	TYBMM (Journalism)	Make-up-artist	Urban Clap

DEPARTMENT OF MARATHI

Curricular Aspects

Teaching, Learning and Evaluation

- Organize “Vachan Sanskriti” programs every month based on relevance of the occasion.
- Organized Essay Competition on “World Population Day” on 11th July 2016.
- Celebrated Guru Purnima by organizing a film viewing on “Management of PandharpurVari” for students of BA I at AV Room, MMP Shah Women’s College on 31st July 2015.
- Organized lecture on “Ahirani Boli” by Prof. Bhatu Wagh for SYBA students on 26 July 2016.
- Organized guest lecture by Prof. Jagdish Sansare for Parents of FYBA on “Palak Samoopadeshan” on 1st Oct 2016.
- Organized Career Guidance workshop for Ex Students / Alumni by Pralhad Jadhav on 8th Oct 2016.
- Organized a “Marathi Language Celebration Fortnight” from 4th to 16th Jan 2017.
- Organized “Unicode Workshop” on 25th Feb 2017.
- Organized Marathi Language Day celebration on the occasion of the Birth Anniv.of noted poet & author V VShirvadkar on 27th Feb 2017. Invited young poet Vikrant Keni to present few of his poems on this occasion.
- Celebrated Dr Babasaheb Ambedkar’s birth anniv on 6th Dec 2016 by organizing presentations & poem readings by students.

Research Consultancy and Extension

- Carried out Book discussions on; (a).
- “Marathi Bhasha Vyakran” by BA II on 21st Sept 2016.
- “Sahityachi Bhasha” by BA II on 7th Oct 2016.
- BA I students made PPT presentations as per syllabus on 15th Jan 2017
- BA II students made PPT presentations as per syllabus on 3rd Feb 2017
- BA II students made PPT presentations as per syllabus on 15th Feb 2017

Infrastructure and Learning Resources

- Student’s managed use of AV / Smart rooms & Aids to facilitate film viewing on “Bhasm” on 22nd Oct 2016

Student Support and Progression

- Swapna Chinchgharkar of TYBA won 1st Prize in Essay Writing at SNTD Churchgate on 1st & 2nd Sept 2016
- Laxmi Shinde & Madhura Vichare of SYBA won 1st Prize in Debate competition at SNTD Churchgate on 1st & 2nd Sept 2017
- Swapna Chinchgharkar of TYBA won 1st Prize in Essay Writing at SNTD Churchgate (National Level) on 22nd & 23rd Sept 2016
- Sapna Jadhav of TYBA won 2nd Prize in Essay Writing at Mani Bhavan on 2nd Oct 2016
- Sapna Jadhav of TYBA & Mitali Gurav of SYBA presented Papers at a National Seminar on Higher Education In Regional Languages held at Adarsh College, Badlapur on 16th & 17th Feb 2017
- Sonam Lagad & Trupti Kapare of FYBA won 2nd Prize in National Debate Competition at Smt MMP

Governance, Leadership and Management

- Organized TYBA Students Visit to “IBN Lokmat” channel on 20th Aug 2016
- Organized viewing of Plays “Hiranyagarbh” on 14th Dec 2016 & “Ladies Cycle” on 13th Feb 2017 For students at external auditoriums.
- Prof. VasantPansare presented a paper on “2000 to 2015 Madhil Lalit Gadhya” at a National Seminar held at Smt M D Shah College, Malad on 28th & 29th Sept 2016.
- Prof. Rashmi Shetye-Tupe presented a paper on “2000 to 2015 Madhil Pravas Varnan” at a National Seminar held at Smt M D Shah College, Malad on 28th & 29th Sept 2016.
- Prof. VasantPansare presented a paper on “Chakri Kadambaritil Mahanagariya Vastav” at a National Seminar held at Khalsa College, Matunga on 9th & 10th Dec 2016.
- Prof. Rashmi Shetye-Tupe presented a paper on “Are Sansar Sansar Madhil Mahanagariya Vastav” at a National Seminar held at Khalsa College, Matunga on 9th & 10th Dec 2016.
- Prof. Rashmi Shetye-Tupe attended workshop on “Marathi Vyakran Karyashala” at SNTD Churchgate on 11th Dec 2016.
- Prof Rashmi Shetye-Tupe was a Resource Person / Judge at Walia College, Andheri for Street Play competition on 21st Dec 2016
- Prof Vasant Pansare was a Resource Person / Judge at Mumbai Marathi Granthalaya for Poem Competition on 23rd Dec 2016
- Organized Haldi Kumkum celebrations on 30th Jan 2017
- Prof. Rashmi Shetye-Tupe presented a paper on “Prantiya Bhashamadhil Uccha Shikshan” at National Seminar held at Adarsh Mahavidyalay, Badlapur on 16th & 17th Feb 2017.
- Prof. VasantPansare presented a paper on “Shetkaryanche Prashna” at a National Seminar held at Smt Ambikabai Jadhav Mahavidyalay, Vajreshwari on 6th & 7th March 2017.
- Prof. Rashmi Shetye-Tupe presented a paper on “Dhor Samajache Prashna” at a National Seminar held at Smt Ambikabai Jadhav Mahavidyalay, Vajreshwari on 6th & 7th March 2017.
- Prof. VasantPansare presented a paper on “Sata Samudra Palikade Madhil Pravasvarnan” at an International Seminar held at Manibai Nanavati Mahila Mahavidyalay, Vileparle on 16th & 17th March 2017.
- Prof. Rashmi Shetye-Tupe presented a paper on “Ghat Shilevari Ubhi Madhil Pravasvarnan” at an International Seminar held at Manibai Nanavati Mahila Mahavidyalay, Vileparle on 16th & 17th March 2017.

Innovations and Best Practices

- 23rd July 2016 onwards: Carried out teaching sessions for wards of “Manav Seva Sangh” to encourage Marathi Literature amongst younger generation.
- Brain Storming Sessions: for TYBA Students
- Discussions: for SYBA Students
- Debates: for SYBA Students
- PPT Presentations: for FY & SY Students

VACHAN SANSKRUTI KATTA



ESTEEMED GUEST



External / Field Visits



BHASHA DIN CELEBRATIONS



NATIONAL / INTERNATIONAL SEMINARS AND PAPER PRESENTATIONS



DEPARTMENT OF M.COM.

Curriculum Aspects

- M.Com I orientation was held on 10th July 2017 at 9.30 am in the AV room. Students were given a broad overview of what to expect in the next 2 years with the help of PPT. A few parents had also accompanied their daughters for the same.
- Various value added lectures were organized for the M.Com students throughout the year-

Details of guest lecture/ Value Added Lectures

Sr. No.	Date	Time	Topic	Guest Speaker
1	19th July, 2017	10.00am	Orientation of Certificate Course in Digital Marketing	Ms. Neha Shaikh
2	24th July, 2017	10.00am	Library Orientation	Ms. Ashwini Prabhu
3	25th July, 2017	9.00am	Goal Setting and Motivation	Ms. Reshma Murali
4	26th July, 2017	9.30am	Sense of Responsibility	Ms. Snehal Subramaniam
5	27th July, 2017	9.00am	Verbal and Non-Verbal Communication	Ms. Sana Khan
6	22nd Aug. 2017	9.00am	Introduction to GST	Ms. Sapna Shah and Ms. Soumya Nichani
7	30th Nov. 2017	10.30am	Movie screening-Neel Battey Sannata	-
8	8th Dec. 2017	10.30am	Collecting Data and Preparing a Database for Children with Intellectual and Developmental Disability	Ms. Prachi Deo (Nayi Disha NGO)
9	1st Mar. 2018	2.00pm	How to write an effective research paper?	Dr. Savitri Kulkarni
10	22nd Mar. 2018	11.00am	Accountancy and Auditing	Dr. Kashyap Ganatra

New courses introduced by the department in the year 2017-18:

1. M.Com with Advanced Management Accounting and Auditing (Group F)
 - Number of Credits: 16
 - For Semester: II and III
2. Certificate Course in Digital Marketing - Sem III
 - Enrolment -24 Students (In-house) and 28 (Outsider)
3. Certificate Course in Advanced Excel- Sem III (Enrolment: 07 Students)
4. Certificate Course in Advanced Tally with GST - Sem III (Enrolment: 07 Students)

Seminars/Workshops/Conferences attended by students

Level	No. of students	Title of seminar/workshop/conference Date, venue, sponsor
College	09	1. Published papers in College Annual Research Journal "Concept" with ISSN No. 2394-8922.
	23	2. Workshop on "Pursuing Research in a Smart way" was conducted by Dr. Shubhangi Kulkarni on 28th July 2017.
	30	3. Workshop on "Effective Presentation" conducted by Shahjahan Khan and Sushma Bhoir on 29th July 2017.
	21	4. Workshop on "How to Trade Online?" was conducted by Mr. Chandrashekhar Thakur and organized by Academic Advancement Center on 11th Oct. 2017.
	18	5. Workshop on "Effective Communication: A Need" was conducted by Mrs. Usha Kumar organized by Academic Advancement Center on 29th Nov. 2017.
	27	6. Workshop on "Self-Motivation and Development" was conducted by Mr. Vilas Mungekar organized by Academic Advancement Center on 7th Dec. 2017.
	25	7. Workshop on "Fun with Finance" was organized by the BMS Dept. on 13th Dec. 2017.
	21	8. Workshop on "Personal Grooming and Answering Interviews confidently" was conducted by Ms. Steffi Cherian and Ms. Harveen Kulkarni on 11th Jan. 2018.
	23	9. Workshop on "Encouraging Research among PG Students" was conducted by Mr. Arvind Dhond on 5th Feb. 2018.
	23	10. Workshop on Data Analysis was conducted by Ms. Neha Shaikh for M.Com II students on 22nd Feb 2018.
Inter-national	17	11. Attended an International Conference on "Opportunities and Challenges in Service Sector in Global Era" held on 28th Feb. 2018 organized by Smt. MMP Shah College of Arts and Commerce.

Teaching-Learning Evaluation

- Brain-Storming Sessions and Discussions

Methodology	Date	Class	Theme/ Topic
Brain storming	17th Nov. 2017	M.Com II	Effective Research topics of applicable nature
Discussions	24th Aug. 2017	M.Com I	GST
	12th Sept. 2017	M.Com II	Social Component in Curriculum
	3rd April 2018	M.Com I	Union Budget 2017
Debates	7th Sept. 2017	M.Com II	Cashless Transactions
Role Play	-	-	-
Awards	April 2018	M.Com II	The best 3 Research Dissertations are awarded by giving a trophy, initiated by an alumnus of the M.Com Department - Dr. Pradnya Mahmunkar.

- Performance of the students is evaluated with the help of various evaluation techniques such as Projects assignments, Power Point Presentations, Poster Presentations, Tests, Viva, Debates, Research writing etc.
- Preparation of Research Proposals & its presentation. External examiners are invited for presentation. Ms. Ekta Shah from Shri M.D. Shah Mahila College and Ms. Poorvy Karia from PN Doshi College, Ghatkopar were invited as external Examiners for their external viva for research proposals.
- Students are made to speak on current economic issues in front of the class, there was a group discussion

on political scams and demonetization, GST, Union Budget, Economic crisis, E-commerce and cashless economy.

- Students are expected to prepare a research dissertation & present it with the help of powerpoint. External examiners are invited for the viva. The vivas were scheduled as follows for the year 2017-18
 1. First Batch – 06th April 2018 – Dr. Kanchan Dutt, Shailendra College (External Examiner)
 2. Second Batch – 09th April 2018 – Dr. Sunita Sharma, Maniben Nanavati College (External Examiner)
 3. Third Batch – 09th April 2018 – Dr. Jyoti Thakur, SNTD University, Churchgate, (External Examiner)
 4. Fourth Batch – 11th April 2018 – Dr. Bageshree P. B. B., Walia College (External Examiner)
 5. Fifth Batch – 16th April 2018 – Dr. Nooruzia Qazi, B. M. Ruia College, (External Examiner).
 6. Sixth Batch – 16th April 2018 – Dr. Anita Jacob, B. M. Ruia College, (External Examiner)
- Students have to compulsory complete 240 hours of internship. For this, they have to submit a log sheet & feedback form filled by the employer & teacher coordinator.
- Students are asked to submit internship report. Ms. Ekta Shah from Shri M. D. Shah Mahila College and Ms. Poorvy Karia from PN Doshi College, Ghatkopar were invited as external Examiners for the external viva for Internship.
- Students are encouraged to write research papers in the in- house research journal “CONCEPT”.
- Nine students wrote research papers for our Annual Research Journal “Concept” with an ISSN No. 2394-8922. Details of the same are as follows:

Ms. Manisha Poojary	M.Com II	A Study On Consumers Opinion Towards Patanjali Products As A New FMCG Entrant In The Mark
Ms. Keerthika Naidu	M.Com II	A Study On Changing Consumer Behaviour With Regard To Sales Promotional Offers Provided By FMCG Seller
Ms. Aayisha Khan	M.Com II	Usage And Awareness of Eco-Friendly Bags: Need of The Day
Ms. Fatimabee Khan	M.Com II	A Study On Consumer Perception With Reference To Online Grocery Stores
Ms. Payal Jain	M.Com II	A Study on Importance of Self Defense Among Girls at SNTD Women’s University And Measures Taken By The Colleges
Ms. Gazala Mujawar	M.Com II	Impact Of Movie Promotions On Viewing Decisions Of Audience In Mumbai
Ms. Priyanka Vinjale	M.Com II	A Study on Difficulties Faced by Sports Women in SNTD Women’s University
Ms. Sunmathi Nadar	M.Com II	A Study on Impact of Electronic Gadgets on Children’s Behaviour With Reference to Primary& Secondary School Children
Ms. Usha Udaiyar	M.Com II	A Study on Increasing Popularity of Ready-to-Cook Products Among Women In Mumbai Metro City

Dissertation Titles:

M.Com II Students chose good research topics. List of all the research dissertations is as follows:

Sr. No.	Name of the Student	Title of Dissertation	Name of Guide / Internal Referee
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1.	Swati Prakash Gorule	“End of face-to-face communication due to rampant use of smartphones: a study on Mumbai metro region.”	Dr. Shubhangi Kulkarni
2.	Gurav Minakshi Ramesh	“A study on factors affecting impulse buying behavior of consumer forwards FMCG product.”	Dr. Shubhangi Kulkarni
3.	Vaishali M. Jadhav	“A study on awareness about police protection given to women in Mumbai city.”	Dr. Shubhangi Kulkarni
4.	Payal Jain	“A study on importance of self- defense among girls at SNDT women’s university in Mumbai.”	Dr. Shubhangi Kulkarni
5.	Vinny Jain	“A study on impact of GST on monthly budget of the working women in Mumbai.”	Dr. Shubhangi Kulkarni
6.	Sayali Shantaram Kadam	“A Detailed Study of Investment Choice of Working and Non-Working Women in Mumbai.”	Dr. Shubhangi Kulkarni
7.	Keerthi Srinivasan	“A study on changing consumer behavior with regards to sales promotional offers provided by FMCG sellers.”	Dr. Shubhangi Kulkarni
8.	Aayisha Hatim Khan	“Usage and awareness of eco-friendly bags: need of the day.”	Dr. Shubhangi Kulkarni
9.	Fatima Hatim Khan	“A study on consumer behavior with reference to online grocery stores. “	Mrs. Soumya Nichani
10.	Shabana Khan	“A study on consumer satisfaction with regards to airtel and reliance jio internet service providers in Mumbai.”	Mrs. Soumya Nichani
11.	Mrunmayi Khot	“A study on negative impact of advertising on teenagers.”	Mrs. Soumya Nichani
12.	Mansuri Saleha	“A study on the effectiveness of Facebook as a marketing tool in (tourism industries).”	Mrs. Soumya Nichani
13.	Varlaxmi K. Mhatre	“A study on graduates facing unemployment problem in Mumbai metro city.”	Mrs. Soumya Nichani
14.	Gazala Mujhawar	“A study on impact of movie promotion on audiences in Mumbai.”	Mrs. Soumya Nichani
15.	Sunmathi Nadar	“A study on impact of electronic gadgets.”	Mrs. Soumya Nichani
16.	Sayali Pawar	“A study on impact of GST on watch traders & manufacturer in Mumbai metro Politan region.”	Mrs. Soumya Nichani
17.	Manisha Poojary	“A study on consumer opinions towards patanjali product as a new FMCG entrant in market.”	Dr. Shital Mandhare
18.	Prasad Veena	“A study on consumer purchase behavior in out of stock situational retail outlet in Mumbai.”	Dr. Shital Mandhare
19.	Musarrat Shaikh	“Paytm its journey from mobile recharge to m-commerce and its importance among merchants and consumer post demonetization.”	Dr. Shital Mandhare
20.	Nazma Shaikh	“A study of changing fashion trends with regards to working women.”	Dr. Shital Mandhare
21.	Udaiyar Usha	“A study on increasing popularity of ready-to-cook products among women in Mumbai metro city.”	Dr. Shital Mandhare
22.	Soumya Valgot	“A study on anxiety of accounts amongst B.com students of SNDT women university.”	Dr. Shital Mandhare

23.	Priyanka P. Vinjale	"A study on difficulty faced by sports women in SNDT university."	Dr. Shital Mandhare
24.	Trupti Waghela	"A study on consumer awareness and usage of e-banking application on mobile phones for banking transaction."	Dr. Jyotsna Lal
25.	Shilpa Pawar	"A Study on preference of Ola & Uber taxi cabs over other taxi cabs."	Dr. Jyotsna Lal
26.	Nishi Jain	"To study the impact of cashless economy in Mumbai region."	Dr. Jyotsna Lal
27.	Shazia Choudhary	"A comparative study of Amul & Mother dairy products in Mumbai region with reference to consumer satisfaction."	Dr. Jyotsna Lal
28.	Raffiqunisa Khan	"A study on the problems of educated muslim women with reference to their freedom of doing job."	Dr. Jyotsna Lal
29.	Neha Satish Sawant	"A study on awareness of consumer protection act 1986 in Mumbai region."	Dr. Jyotsna Lal
30.	Shabeena Qureshi	"Impact of parent brand image on the brand extension of the firm."	Dr. Jyotsna Lal
31.	Nehal Kshirsagar	"A study on consumer behavior towards online shopping (preferably youth)."	Dr. Jyotsna Lal

The best three Research Dissertations are awarded with a trophy, initiated by an alumnus of the M.Com Department – Dr. Pradnya Mahmunkar (From First Batch of M.Com.)

Internship Details of the students

NAME OF THE STUDENT	NAME & ADDRESS OF THE EMPLOYER
Swati D Gorule	A.A.B.V.V – Gujarati Kelavani Mandal, Behind Arora Cinema, 76-A. Rafi Ahmed Kidwai Road. Matunga-19
Minakshi R Gurav	Shore Line Infrastructure Developer Pvt. Ltd.
Vaishali M Jadhav	Sutaria Associates C-23 Satyam Shopping Centre, M.G Road, Ghatkopar East
Payal Jain	Placement Cell- Smt. M.M.P Shah Women's College of Arts & Commerce- 338 Rafi Ahmed Kidwai Road, Matunga Mumbai-19
Vinny Jain	Smt. M.M.P Shah Women's College of Arts & Commerce-338 Rafi Ahmed Kidwai Road, Matunga Mumbai-19
Sayali Shantaram Kadam	A.A.B.V.V – Gujarati Kelavani Mandal, Behind Arora Cinema, 76-A. Rafi Ahmed Kidwai Road, Matunga-19
Keerthi Naidu	Academic Advancement Center- Smt. M.M.P Shah Women's College of Arts & Commerce-338. Rafi Ahmed Kidwai Road, Matunga, Mumbai-19
Aayisha Khan	220, Champaklal Industrial Estate, opp. S.I.E.S College, Sion (East)
Fatimabee Khan	New Ramp Green Technology- Shop no. 101, Shiplin Center, Wadala-31
Shabhana Khan	A.A.B.V.V – Gujarati Kelavani Mandal, Behind Arora Cinema, 76-A. Rafi Ahmed Kidwai Road, Matunga-19
Mrinmayi Khot	Khushi Library- Ajit buldg, 1st Flr near SNDT College, 338. Rafi Ahmed Kidwai Road Matunga Mumbai-19

Mansuri Saleha	AL- Falah English High School, LIG Colony BB Nagar, Kurla (W)
Varlaxmi K Mhatre	Dr. Waqar Shaikh – 209/1/3, Qureshi Nagar Wadala-Sewree crossroad, Behind Ambedkar College, Mumbai- 31
Sunmathi Nadar	Smt. M.M.P Shah Women's College of Arts & Commerce-338. Rafi Ahmed Kidwai Road, Matunga, Mumbai-19
Sayli Pawar	Krishna Eye Centre- 2/A Trust
Manisha Poojary	Academic Advancement Center- Smt. M.M.P Shah Women's College of Arts & Commerce-338. Rafi Ahmed Kidwai Road, Matunga, Mumbai-19
Prasad Veena	Krishna Laminates:-4/319 Sonwale Road, Sonawal Estate, Opp. Mewad Bhavan, Goregaon (E)
Musarrat Shaikh	Musarrat Learning Centre, Bldg no.-196/2212, Sector-6, C.G.S Colony Antophill, Mumbai-37
Nazma Shaikh	NSK Clothings, Gala no. 28 & 28B, Kohinoor Society, Opp. BKC School near Apex Hospital, Sakinaka, Mumbai-72
Udaiyar Usha	Sivan Printers- Shop no. S/17, Ground Floor, A-wing Shama Co-op HSG. 90Feet Road, Dharavi, Mumbai-17
Soumya Valgot	Khushi Library- Ajit Building, 1st Floor near SNDDT College, 338. Rafi Ahmed Kidwai Road, Matunga, Mumbai-19
Priyanka Vinjale	Dosti Acres - Club House 1, Opposite Aster Building, Wadala (E)-37
Trupti Waghela	AJ. Consultancy services, Dream Mall, F-259, Bhandup (E)
Neha Sawant	HDB Financial Services LTD
Shabeena	Office no. 3rd floor, Techno City, TTC Industrial Area, Mahape, Ghan-soli, Navi Mumbai-701 SBicap Securities
Nehal Kshirsagar	SBI bank government Colony, Bandra (E), Mumbai-51401, Acme Plaza, 1B Nagar, Andheri

Research Consultancy & Extension

Research Publications:

Name of Faculty	Date	Title with page no.	Name of Journal	ISSN/ / ISBN no.	Whether peer reviewed. Impact Factor, if any	No. of Co-authors	Main author
Dr. Shubhangi Kulkarni	April 2017	Brand Maggi: Tribulations & Triumph	Peer Review Journal-CONCEPT	ISSN No. 2394-8922	Peer-Reviewed	-	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	Sept. 2017	Need for Vocational Education & Skill based training in India	Peer Review Journal-IDEAS	ISSN No. 2320-0162	Peer-Reviewed	-	Dr. Shubhangi Kulkarni

Dr. Shubhangi Kulkarni	April 2017	Digitalization & Cashless Economy: A study of use of Plastic Money among working & non-working Women	Equitable & Prosperous India: Opportunities & Challenges	ISSN NO. 0976-8564	-	Dr. Shital Mandhare	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	April 2018	A transformation of a tourist into a purpose driven traveller	Ajanta	ISSN 2277-5730 (impact Factor 4.205)	-	-	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	Jan. 18	New Emerging Indian Woman and her Role in family decision-making	Recent Advances in Women Studies	ISBN No. 978-93-5268-833-3	-	01	Ms. Renuka Prajapati
Dr. Shubhangi Kulkarni	17th Feb. 2018	Rise of a Professional Consumer	Proceedings of International conference "21 Century- way forward" Pg. No	ISBN No. 978-93-87656-25-3	-	-	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	April 2018	Internet for Youngsters: A Curse or a Blessing	Peer Review Journal-CONCEPT	ISSN No. 2394-8922	Peer-Reviewed	01	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	28th Feb. 2018	A transformation of a tourist into a purpose driven traveller	Ajanta	ISSN No. 2277-5730	Peer Reviewed Impact Factor – 4.205	-	Dr. Shubhangi Kulkarni
Dr. Shital Mandhare	12-14 Oct. 2017	"A study on cashless society in India: Problems and prospects" Pg. No.332	Proceedings of the Conference	ISBN No. 978-93-87656-25-3	-	-	Dr. Shital Mandhare
Dr. Shital Mandhare	17th Feb. 2018	"Importance of marketing strategies in a changing business environment: A case study of Reliance Jio"	Proceedings of International conference "21 Century- way forward" Pg. No. 5	ISBN No. 978-93-87656-25-3	-	-	Dr. Shital Mandhare

Dr. Shital Mandhare	28th Feb. 2018	“Wellness tourism: An emerging face of tourism sector in India”	Ajanta	ISSN No. 2277-5730	Peer Reviewed Impact Factor – 4.205	-	Dr. Shital Mandhare
Dr. Shital Mandhare	April 2018	A Study on Consumers’ Purchase Behaviour in Out of Stock Situation at Retail Outlets in Mumbai	Peer Reviewed Journal-CONCEPT	ISSN No. 2394-8922	Peer-Reviewed	01	Dr. Shital Mandhare

Invited as Resource Persons

Name of Faculty	Invited by	Topic	Date
Dr. Shubhangi Kulkarni	Annual Sports Day of People’s Welfare School	Chief Guest	13th Dec. 2017
Dr. Shubhangi Kulkarni	Kothari College BMM Festival	Chief Guest	20th Dec 2017
Dr. Shubhangi Kulkarni	Was invited as a judge by the BMS Dept.	Tol Mol Ke Bol (Aakaar Festival)	18th Jan. 2018
Dr. Shubhangi Kulkarni	Was invited as a judge by the BMS Dept.	Ad-Mad Show, Nail Art (Razzmatazz Festival)	14th Jan 2018
Dr. Shubhangi Kulkarni	P.N.Doshi College, Ghatkoper	External examiner for Conducting Research Dissertation vivas	04th April 2018
Dr. Shubhangi Kulkarni	Shri. MD Shah Mahila College, Malad	External examiner for Conducting Research Dissertation vivas	20th April 2018
Dr. Shital Mandhare	Smt. MMP Shah College, Matunga	Judge for the Event “Nail Art and Advertising” at an Annual Fest Razzmatazz	24th Jan. 2018
Dr. Shital Mandhare	SPN Doshi College, Ghatkopar	External examiner for Conducting Research Dissertation viva	5th April 2018
Dr. Shital Mandhare	Shri. MD Shah Mahila College, Malad	External examiner for Conducting Research Dissertation viva	20th April 2018

Other Activities

1. Dr. Shubhangi Kulkarni, Dr. Shital Mandhare, Ms. Sapna Shah, and Ms. Soumya Nichani from the department attended a Workshop on “Enhancing Use of ICT for Effective Teaching and Learning” from 8th-13th January 2018, organized by IQAC, Smt. MMP Shah Women’s College.
2. Dr. Shubhangi Kulkarni, Dr. Shital Mandhare, Ms. Sapna Shah and Ms. Soumya Nichani from the department attended a Workshop by Dr. Geeta Shetty, Xavier’s College, on “Teaching, Learning and Contemporary Evaluation Methods” from 20th March 2018, organized by IQAC in Association with Dept. of Psychology, Smt. MMP Shah Women’s College.

Department Extension with an NGO – Nayi Disha

Class	Date	Name of activity	Objectives	Process	Outcome	Funding received
M.Com I	Mar. 2018	Collecting Data and Preparing a Database for Children with Intellectual and Developmental Disability	Helping Nayi Disha: An NGO to set up database in Mumbai	M.Com I students were asked to make a list of schools catering to Intellectual and Developmental Disability & administer the questionnaires.	We were able to collect information about the facilities available for Children with Intellectual and Developmental Disability. Many schools refused to share information regarding the same	Self-Funded

Infrastructure & Learning Resources

- Classrooms: 3 Classrooms for M.Com
- Laboratories: 5 State of the Art Computer Labs & 1 Internet Lab.
- Laptop with the Department: One
- Department soft board/Notice board:
- Cupboards and lockers: 1 Cupboard, 1 M.Com Locker and 3 for respective teachers.

Students support & Progression

- Ms. Siddhi Mhasde from the Batch of 2016-17 cleared NET Examination in the last year.
- One of our students is pursuing LLB, three are preparing for the NET/SET exams and 17 are placed in various organizations at reputed positions.
- Two of our students are employed by our own college as Office Assistants under 'Earn While You Learn' Scheme.
- Two of our students from M.Com II interned with the Academic Advancement Center for the year 2017-18.
- One of our students from M.Com II interned with Placement Cell for the year 2017-18.
- The best three Research Dissertations were awarded by giving a trophy, initiated by an alumnus of the M.Com Dept. –Dr. Pradnya Mahmunkar.
- Following number of students received freeships for the year 2017-18:

Sr. No.	Class	BENEFICIARY NAME	FREESHIP AMOUNT
1	MCOM I	ABUJ ASHA SHIVAJI	9,500
2	MCOM I	BAGDI SHWETA SUBHASH	9,500
3	MCOM I	MUNDLEKAR SWATI SANJAY	9,500
4	MCOM I	PATWA SONAL ALAKHNIRANJAN	9,500
5	MCOM I	LINGAYAT SHRADDHA RAMESH	6,000
6	MCOM I	BHOGLE SNEHA VIJAY	6,000
7	MCOM II	UDAIYAR USHA DURAIARASAN	6,000
8	MCOM II	KHAN FATIMABEE HATIM	6,000

9	MCOM II	KHAN AAYISHA HATIM	6,000
10	MCOM II	GURAV MINAKSHI RAMESH	6,000
11	MCOM II	VINJALE PRIYANKA PRAKASH	6,000
12	MCOM II	NAIDU KEERTHI SRINIVASAN	6,000
13	MCOM II	NADAR SUNMATHI LINGAM	6,000
14	MCOM II	MHATRE VARLAXMI KURMAYA	6,000
15	MCOM II	SHAIKH NAZMA MAULA ALI	6,000
16	MCOM II	KADAM SAYALI SHANTARAM	6,000
17	MCOM II	POOJARY MANISHA SURESH	6,000
18	MCOM II	GORULE SWATI PRAKASH	6,000
19	MCOM II	SALEHA REHMATULLAH MANSURI	9,000
20	MCOM II	SHABANA KHAN	9,000

Student Participation

Priyanka Vinjale	Priyanka Vinjale	<ol style="list-style-type: none"> 1. SNTD Inter-Collegiate Kabaddi Tournament, Mumbai, 2017-18 2. Inter-University selection for Kabaddi - Ashwamedh and West Zone and all India -11th Dec 2017 3. Mini-thon Road Race SNTD (Juhu Campus- SNTD University)-21st Jan. 2018 4. College Sports Day- 15th Dec 2017 Standing Broad Jump- 5. Participated in Thane Marathon and Peace- a-Thon - 4th March 2018. 	<p>Third Place</p> <p>Selection</p> <p>Second Place</p> <p>Second Place Senior Best Player Trophy</p> <p>Participation</p>
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Governance, Leadership & Management

- Dr. Shubhangi Kulkarni, Coordinator of M.Com is a member of Local Managing Committee.
- Dr. Shubhangi Kulkarni is a member of the Research KRA, Convener - Placement Cell, LMC (PG), Exam Committee, Admission Committee, Library Committee, Grievance and Redressal.
- Dr. Shubhangi Kulkarni appointed as CAP member and Paper Setter for M.Com and B.Com. UGC Vocational for the year 2017-18.
- Dr. Shital Mandhare was acting as a Coordinator of Academic Advancement Center
- Dr. Shital Mandhare is a member of Admission Committee, Research Cell, Publication Committee, NAAC KRA Criterion III, Faculty Development, Results Committee, and Academic Prizes Committee.
- Dr. Shital Mandhare appointed as CAP member and Paper Setter for M.Com and B.Com. UGC Vocational for the year 2017-18

Innovations & Best Practices

- Use of ICT
- Study Material is made available on Slideshare to M.Com I students and its URL is sent to the students by Whatsapp (for the subject of Introduction to Marketing Management).
- Students are made to attend a lecture on “Library E-resources and Inlibnet” organized by PG dept. delivered by the Librarian of the college. On the basis of the same, students decide their research titles, write research papers and prepare research proposals based on the library and e-resources.
- Lectures are taken with the help of PPT presentations. Students write down pointers and later elaborate it to make their own study material.
- Online material and latest references and examples are shown in the smart classroom. Students get latest information and exposure related to their topics.
- Innovative learning
- Mentoring Programme of the department.

Teacher Assistance Programme.

1. Name of the Practice: Mock Research Viva

Objective

- To bring in confidence in their research presentations
- To polish their communication skills

Date of start of Practice: Feb. 2018

Process:

Students were given a deadline to submit their Research Dissertation Power-point Presentations. They were evaluated, changes were suggested and students were asked to give presentations with the help of Power-point. They were provided with constructive suggestions for improving their presentations.

Challenges faced: It was time consuming for the teachers to sit through all the presentations and provide valuable suggestions.

Outcome:

Students confidently presented their Research Dissertations and impressed the External examiners. External Examiners appreciated the novelty of topics as well as their confidence.

2. Name of the Practice: Converting Research Dissertations into Research papers

Objective:

To inculcate research culture among the PG students

Date of start of Practice: March 2018

Process:

A workshop on “Writing an effective research paper” was conducted, followed a workshop on “Using E-resources”. Students were guided to write individual research papers based on their Research Dissertations which were further discussed by the teachers and teachers helped in improving the full research paper.

Outcome:

10 research papers were written and submitted to the department.

Challenges faced: It was difficult to balance the theory and practical of conducting research as they did not have prior experience in research, the teachers had a difficult time in guiding them.

Further support required: There has to be an Inter-departmental research paper competition among the PG departments.

DEPARTMENT OF PSYCHOLOGY

Curricular Aspects

Department of Psychology facilitated the Content Analysis workshop for Semester VI Cognitive Psychology Practical on 28th July 2017. Teachers from four colleges attended the workshop.

Teaching, Learning and Evaluation

A. Student Exchange Programme

Department of Psychology has a Student Exchange Programme with the Human Development Department of Dr. BMN College of Home Science. This year, the following lectures were conducted as part of it:

Date	Topic	Resource Person
3rd March 2018	Vocational Guidance	Ms. Vaishnavi Verma, Assistant Professor, Smt MMP Shah Women's College
3rd March 2018	Person Centered Therapy	Ms. Shreya Mehta, Assistant Professor, Smt MMP Shah Women's College
9th March 2018	REBT	Ms. Tanuja Prem, Counselling Psychologist

B. Guest Lectures

Guest Lectures were arranged for the students to give them different perspectives on various topics in Psychology by experts in the field

Date	Title	Resource Person	Class
27th September 2017	Psychophysics	Ms. Anuja Chavan, Assistant Professor, Maniben Nanavati College	TYBA
29th September 2017	Childhood Disorders	Ms. Jade Carvalho, Assistant Professor, K.C. College	TYBA
8th February 2018	Orientation to Careers in B.Ed in Special Education	Mrs. Nishat Imam, Special Educator from Suvidya Centre of Special Education	TYBA

C. Department Collaborations

Department of Psychology, association with the IQAC, facilitated a workshop on "Contemporary Teaching and Evaluation Methods" by Dr. Geeta Shetty, Associate Professor, St Xavier's Institute of Education on 20th March 2018.

Department of Psychology, in collaboration with the Department of Hindi, facilitated a lecture on "Emotional Intelligence and Humane Competence" by Dr. Girishwar Mishr, Vice Chancellor of Mahatma Gandhi Antarrashtriya Hindi VishvaVidyalaya, Wardha, on 12th August 2017.

D. The following Innovative Methods for Teaching and Evaluation were employed:

1	Practical Queen	An intra-class competition between students to win the title of Practical Queen. The students are awarded 'Stars' for their performance in Practicals. At the end of the year, these stars are counted. The student with the most stars is awarded the title.
2	Demonstrations	Psychological Experiments were demonstrated in class through the year on various topics.
3	PowerPoint Presentations	Students of FYBA, SYBA, and TYBA gave PowerPoint presentations as part of their internal assessments.
4	Viva Voce	TYBA underwent Viva Voce to prepare for their Practical Examination.
5	Skits	FYBA performed skits related to various concepts from Developmental Psychology as part of their internal assessment
6	Survey	SYBA conducted a survey as part of her Social Psychology internals.
7	Designing Experiments	TYBA students designed experiments related to topics in Cognitive Psychology as a part of their Internal Assessment
8	Scrapbook	FYBA students made scrapbooks on various cognitive processes as part of their General Psychology Paper.
9	Online Referencing	TYBA students were given internals assignment on getting latest researches in Cognitive Psychology to encourage online referencing of Journals through EbscoSearch.

E. Honours Programme:

Honours Programme was initiated for students of TYBA in 2016-17. The students had to earn four credits through the year. The following activities were conducted through the programme:

Workshops:

Date	Topic	Resource Person
23rd September 2017	Workshop on Art Therapy	Ms. Radhika Mehendale
10th October 2017	Workshop on Animal Therapy	Animal Angel Foundation

Research Projects:

The students undertook group Research Projects. The following projects were completed.

Title	Students
A study on the relationship between Burnout and Self-Efficacy among Teachers	Marian Parayil Anuja Wagh
The relationship between Self-esteem and Depression among Adolescents	Fatma Khan Saimpari Shaikh Shaista Shaikh

F. Seminar/ Conference / Workshops attended by Faculty:

Mrs. Archana Patki, Associate Professor, Department of Psychology, completed the 'Life skills Master Training Programme organized by 'Indian Association of Life skills on 31st December 2017.

Mrs. Archana Patki, Associate Professor, Department of Psychology attended the Content Analysis work-

shops for BA Psychology Semester VI syllabus at, ManibenNanavati Women's College on 16th and 17th June 2017, and at Shri M. D. Shah Mahila College on 11th July 2017.

Ms. Vaishnavi Verma, Assistant Professor, Department of Psychology, attended the Content Analysis workshops for BA Psychology Semester VI syllabus at, ManibenNanavati Women's College on 16th and 17th June 2017, at SPN Doshi Women's College on 22nd June 2017, at SNTD Arts and Commerce College, Pune on 3rd July 2017, at Shri M D Shah Mahila college on 11th July 2017, and SNTD College of Arts & SCB College of Commerce and Science for Women (Churchgate) on 2nd July 2017.

Ms. Shreya Mehta, Assistant Professor, Department of Psychology, attended a seminar on 'School Psychiatry - Handling Adolescence on 6th January 2018, at Sion Hospital.

Ms. Shreya Mehta, Assistant Professor, Department of Psychology, completed the Transactional Analysis 101 Certificate Course by the International Transactional Analysis Association at Suba Galaxy, Mumbai conducted on 11th and 12th May 2018.

Research Consultancy and Extension

A. Research Paper Presentations by Students:

TYBA student Ms. Marian Parayil and FYBA student Ms. Aishwarya Singh presented a paper titled 'A Comparative Study of Family-Work Conflict and Life Satisfaction amongst Working Married Couples' at Research Paper Competition 'Anveshan' at Maniben Nanavati Women's College on 27th January 2018.

TYBA student Ms. Marian Parayil and FYBA student Ms. Apurva Gadre presented a paper titled 'A Comparative Study of Resilience and Self-Esteem among First Born and Last Born Individuals' at the BPA Conference on 'Positive Footprints: Towards A Healthy Society' at S.P.N. Doshi College, Ghatkopar on 12th and 13th January 2018.

TYBA student Ms. Marian Parayil and FYBA students Ms. Aishwarya Singh and Ms. Bhakti Chocksi presented a paper titled 'Relationship between Gratitude, Altruism and Happiness.' at the BPA Conference on 'Positive Footprints: Towards A Healthy Society' at S.P.N. Doshi College, Ghatkopar on 12th and 13th January 2018.

B. Research related Seminars/Conferences attended by faculty:

Mrs. Archana Patki, Associate Professor, Ms. Vaishnavi Verma, Assistant Professor, Ms. Reshma Murali, Assistant Professor, Ms. Shreya Mehta, Assistant Professor and Ms. Sailee Bhadane, Assistant Professor, Department of Psychology attended the Bombay Psychological Conference on 'Positive Footprints: Towards A Healthy Society' at S.P.N. Doshi College, Ghatkopar on 12th and 13th January 2018.

C. Research Publications by Faculty:

- Koshi, S, Verma. V & Patki. A, 'Effect of wisdom on forgiveness, gratitude and happiness among older adults,' Indian Journal of Mental Health Issue: 2(4), October – December 2017, page 171–179ISSN 2394-4579.
- Mehta.S, 'Relationship between Perceived Stress, Resilience and Life Satisfaction amongst Teachers' Inter-

national Multidisciplinary Quarterly Journal, Peer Reviewed Referred Journal No 40776, Vol VII, Issue -II, April-June 2018, Page 65-72, ISSN 2277-5730.

- Karuppaswamy B, Verma. V, 'Loneliness and Perceived Social Support as A Function of Internet Addiction among Young Adults, Multidisciplinary Peer Reviewed Journal Concept, Volume III, Issue III, April 2018, Pg 136-154, ISSN 2394-8922
- Mehta S, Parayil M, Singh A, 'A Comparative Study of Family-Work Conflict and Life Satisfaction amongst Working Married Couples', Multidisciplinary Peer Reviewed Journal Concept, Volume III, Issue III, April 2018, Pg 99-113, ISSN 2394-8922
- Shaligram. A, & Verma V, (May 2018) Effect of Parenting styles and Feeding styles on Adolescent Mental Health, International Psychological Conference and Trends, pg 172-176, Porto, 5th-7th May, InScience Press, ISSN 2184-2205

D. Extension activities:

Rural and Tribal Outreach Programme

Department of Psychology conducted a Rural and Tribal Outreach Programme in collaboration with Junoon Foundation. In its fourth year, this programme included a Career Guidance Workshop for students of three schools in Wada district, K.G. Patil Vidyalaya (Khanilvali), Digambar Rao Padvi Vidyalaya, and Ashramshala (Ambiste). These schools cater to tribal students from the area. This workshop was conducted by students of the Department of Psychology.

Student support and progression

- Mentoring Programme commenced in September 2018. All TYBA students are mentees. They are being mentored by MA II Counselling Psychology students.

A. Student Participation and Achievements

- Ms. Marian Parayil from TYBA won Second Runner up Prize for Best Student Award at UG level for 2017-18.
- Ms. Saimapari Shaikh, TYBA Psychology, won 3rd prize in Solo Dancing at Psyche Fest held at M D College, Lower Parel, on 6th January 2018.
- 6 students from FYBA, SYBA and TYBA participated in International competition on psychology called 'Psychophonics' organized by Maniben Nanavati Women's College on 9th March 2018.
- 10 TYBA students attended a lecture on 'Living vs Existing' by Dr. Sundari KP, Clinical Psychologist, at M D College, Lower Parel, on 6th January 2018.
- 14 BA Psychology students attended the Bombay Psychological Conference on 'Positive Footprints: Towards a Healthy Society' at S.P.N. Doshi College, Ghatkopar on 12th and 13th January 2018.

B. Alumni Details (Batch 2016-2017)

Sr No.	Name	Pursuing
1	Ms. Shahana Arab	MA Clinical Psychology, SNDTWU, Churchgate
2	Ms. Payal Karde	MA Clinical Psychology, SNDTWU, Churchgate
3	Ms. Shraddha Mishra	MA Clinical Psychology, National College, Bandra
4	Ms. Ashna Mulgund	MA Counselling Psychology, Smt. Maniben M P Shah
5	Ms. Arshiya Shaikh	Private Educator
6	Ms. Zarna Shah	Administrative Executive

Governance, leadership and management

Name	Committees
Mrs. Archana Patki	Vice Principal, Head of the Department of Psychology and the Coordinator of M. A. Counseling Psychology I.Q.A.C-UTHAAN Research Guidance Cell Counselling Centre Admission Committee
Ms. Vaishnavi Verma	I.Q.A.C-UTHAAN Parent teacher Association and Alumni Association Counselling Centre Monthly Reports Committee NAAC Steering Committee member

B. Faculty Achievements and Contributions

Ms. Archana Patki

- Was invited as Chief Guest and Resource Person in ICSSR Sponsored National Seminar at D. B. PG College, Raipur where she delivered the Keynote lecture on the topic, “Family Fragmentation: Nuclear Family and Parting role of Grandparents and Grandchildren” on 16th November 2017.
- Was invited to chair the Scientific session at the Bombay Psychological Conference on ‘Positive Footprints: Towards a Healthy Society’ at S.P.N. Doshi College, Ghatkopar on 12th and 13th January 2018.
- Was invited to LJNJ College as an External Auditor for their Academic Audit on 14th February 2018.
- Was invited to Chair a session at a National Level Conference organized by Department of Sociology, L.J.N.J. Mahila Mahavidyalaya, Vile Parle (East), on the topic ‘Protection of Child Rights: Issues& Challenges’ on 14th March 2018.
- Was invited to judge Poetry Competition at a National level competition, ‘Eunoia’- a Youth Mental Health Festival’ by Round Glass Peace on 18th September 2017.

Ms. Vaishnavi Verma

- Invited by Foundation Courses department for conducting a guest lecture on ‘Mental Disabilities’ on 3rd February 2018.
- Conducted a Guest Lecture on Vocational Counselling for students of TYBA Psychology of our college and TY BSc Human Development of Dr. BMN College of Home Science.
- Constructed the Learning Levels Test for Academic Advancement Centre
- Constructed the Google Form for collecting data under NAAC Criteria I.
- Constructed the Teaching Evaluation forms and Student Satisfaction Survey.
- Facilitated the conduction of TAQ and Student Survey.
- Conducted individual analysis of TAQ.

Ms. Shreya Mehta

- Conducted a lecture for SYBA Foundation Course Students on the topic of ‘Youth Suicide’ on 21st February 2018.
- Was invited as a speaker at PG Department of Psychology, SNDT Women University, Churchgate, for the Campus to Career Programme on 14th February 2018.
- Have been a visiting faculty at SNDT Churchgate, for MA I Psychology (Paper- Psychological Testing and Assessment).
- Worked as an External Examiner for WRAT-5 Indian Standardization Process.

Innovations and Best Practices

Mental Health Celebration 2017-2018

Every year, the Department of Psychology celebrates World Mental Health Day on 10th of October. This year, the theme for the celebration was “Mental Health at Workplace”. Keeping the theme in mind, a workshop was held for the students and faculty members on “Animal Therapy” by Animal Angels Foundation. Mr. Aakash Lonkar facilitated the workshop with therapy dog, Joey. This was followed by a screening of the movie “A Dangerous Method” for students of MA. This film focused on classic therapeutical interventions by Freud. Students of BA went to each class with posters on Mental Health, fostering positive message of mental wellbeing among fellow students. The

objective was to remove the stigma around Mental Illness.

Dr. Rajan Bhonsle, M.D, the Founder Director of Heart To Heart Counselling Centre and Dean of the Institute of Human Technology (India), was invited to give a lecture on Premarital Counselling on 17th February 2018. This lecture was open for all students of the college and faculty members. 12 Alumni members attended the lecture.

A seminar on School Psychiatry was conducted in association with Desousa Foundation on 22nd February 2018. Dr. Avinash Desousa, Consultant Psychiatrist and founder of Desousa Foundation and Dr. Kersi Chavda, Consultant Psychiatrist, Hinduja Hospital, facilitated the seminar. The seminar dealt with issues during adolescence and their remediation. It was attended by MA and BA Psychology students of our college, and by students and faculty of S.P.N. Doshi Women’s College, Maniben Nanavati Women’s College, and Joshi Bedekar College. Five Alumni members attended the seminar.

As part of the Mental Health Celebration, students of MA conducted workshops for children at Manav Seva Sangh, on topics of ‘Bullying’, ‘Good Touch, Bad Touch’, ‘Study Skills’, and ‘Communication Skills’. These workshops were conducted under the guidance of Ms. Reshma Murali, Coordinator, MA Psychology.

DEPARTMENT OF M.A. COUNSELLING PSYCHOLOGY

Curricular Aspects

Orientation Programme

MA I Orientation was held on 2nd August 2017. The students were oriented about the MA Counselling Psychology course, the new syllabus, Honours Programme, Certificate course in Basic Skills in Counseling and Psychological Assessment and the various Infrastructural facilities of the College. Library Orientation was also organized for the students on 22nd February 2018.

Honours Programme:

It is designed to promote analytical skills, writing skills, workshop taking skills, overall academic performance and to motivate students. It includes programmes like Teacher Assistantship, Mentoring, Module making, Film & Book discussions, Case Presentations and Counselor Series.

- 21 students from MA II and 30 students from MA I have registered for this programme during the academic year 2017-2018.
- 20 students from MA II (2016-2017) have successfully completed their Honours programme.

Training Programme:

The add on certificate course in orientation to 'Basic Skills in Counselling and Psychological Assessment' for students of MA II commenced on 15th June, 2017. As a part of this course, faculty members and professionals from the field of Psychology conducted training sessions for the students.

Teaching Learning Evaluation***Innovative Teaching and Evaluation:***

Case presentations were regularly held by the students to encourage peer evaluation and healthy discussions of diagnoses and intervention among students.

Demonstrations: Psychological Experiments were demonstrated in class through the year on various topics.

Poster making: Students of MA I were encouraged to make posters of any disorder and its neurological aspect to facilitate a better understanding of the disorder.

Designing Experiments: M.A I students have designed experiments related to topics in Cognitive Psychology as a part of their Internal Assessment.

Role Play: As a part of their assessment, role play was used while teaching students various intervention strategies using therapies like Rational Emotive behavior therapy, Cognitive behavior therapy.

Scrapbook: Students of MA I made scrapbooks on various personality theorists as a part of their internal assessment to help students know the various theories of personality.

Skits: MA I performed skits on topics related to applied Social Psychology on 24th February on topics like 'Sexual Harassment at Workplace, Social Media and Bullying, Stereotypes on models, Effect of Parenting styles on children, Reasons and Interventions of substance abuse', as a part of their internal assessment.

Simulated cases: M.A II performed role plays of the simulated cases presented to them. Rationale for suitable Assessment and Intervention strategies were also planned.

Critical Essay Writing: Students were encouraged to write critical essays on various topics to stimulate analytical reasoning.

Blogs: Students were encouraged to write Blogs on Social issues.

Flash Cards: Students were encouraged to make Flashcards on 'GoConqr' to help them study, revise and recall key facts pertaining to psychological concepts.

Workshops:

Date	Title	Resource Person
13/8/2017	Rational Emotive Behavior Therapy	Ms. Kinjal Pandya, Counselling Psychologist
13/8/2017	Cognitive behavior Therapy	Dr. Eshita Mandal, Psychotherapist
13/8/2017	Test Construction	Dr. Wilbur Gonsalves, Assistant Professor, Department of Applied Psychology, University of Mumbai

Field visits:

The Department of Psychology organized a field visit to AB- Normal Centre, Yerwada Mental Hospital, and Muktangan Rehabilitation Centre from 18th to 20th January. 50 students from TYBA and MA along with 3 faculty members visited the same.

Guest Lectures:

Date	Topic	Resource Person
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10/08/2017	Need of Counselling in Current times	Mrs. Kinjal Pandya
10/8/2017	Dealing with Survivors of Child Sexual Abuse	Mr. Harrish Iyer
28/8/2017	Writing a Research Proposal	Ms. Anuja Deshpande
18/8/2017	Thematic apperception Test Children Apperception Test	Ms. Neha Bhansali
30/3/2018	Gestalt Therapy	Ms. Anuja Deshpande
2/4/2018	Existential Therapy	Ms. Anuja Deshpande

Seminar/ Conference / Workshops attended by students:

- 15 MA II students attended a seminar on 'Sex Education in Schools' organized by Department of Psychiatry, L.T.M.M.C & L.T.M.G.H on 9th September 2017.
- 17 students attended a workshop on 'Mental Health Professionals as Cyber Care Givers' initiated by Responsible Netism in association with Mumbai Police at NMIMS on 21st September 2017.
- 20 students attended 'Euonia- Youth Mental Health Festival' held at TISS on 23rd September 2017
- 46 students from MA I & II attended the Conference on 'Positive Footprints: Towards A Healthy Society' at S.P.N. Doshi College, Ghatkopar on 12th & 13th January 2018.
- 22 MA II students attended an orientation about Career Counselling organized by 'Mentoria' on 8th January 2018.
- 4 students participated in International competition on psychology called 'Psychophonics' organized by Maniben Nanavati Women's College on 9th March.

Department Collaborations:

- Department of Psychology, in collaboration with the Department of Hindi, facilitated a lecture on "Emotional intelligence and Humane Competence" by Dr. Girishwar Mishr, Vice Chancellor of Mahatma Gandhi Antarrashtriya Hindi Vishva Vidyalay, Wardha, on 12th August 2017.
- In collaboration with Research Cell, invited Ms. Manisha Pandey, Assistant Professor, Joshi Bedekar College, to conduct a workshop on SPSS for MA II students on 9th March 2018.
- In collaboration with IQAC, organized a workshop on 'Teaching Learning and Contemporary Evaluation methods' for the teaching staff by Dr. Geeta Shetty, Associate Professor, St Xavier's Institute of Education on 20th March 2018.
- In collaboration with the Sports Department, conducted a series of workshops for the sports students.

Following workshops were organized:

Sr.no.	Topic	Resource person	Date
1	Imagery, Visualization and Mental Practice	Dr. Neeta Tatke, Vice Principal and Associate Professor, DG Ruparel College of Arts and Science	26th February 2018
2	Careers in Sports	Ms. Ankita Dandekar, College Counselor, SPN Doshi Women's College	28th February 2018
3	Art of self-talk	Ms. Snehal Subramanian, College Counselor, Smt. Maniben M P Shah College	3rd March 2018
4	Anxiety Management	Ms. Vaishnavi Verma, Assistant Professor, Department of Psychology, Smt. Maniben M P Shah College	6th March 2018

5	Team Building/Cohesion	Ms. Shreya Mehta, Assistant Professor, Department of Psychology, Smt. Maniben M P Shah College	7th March 2018
6	Ethics in Sports	Ms. ReshmaMurali, Assistant Professor, Department of Psychology, Smt Maniben M P Shah College	8th March 2018
7	Importance of Nutrition in Sports	Ms. Amrita Behel, Assistant Professor, SPN Doshi Women's College	9th March 2018
8	Fitness a way of Life	Mrs. Kavita Kholgade, Sports Director	10th March 2018

Department of Psychology was the Academic Partner with De Sousa Foundation for the First Annual Conference of Global Society for Digital Psychology on 9th December 2017. Four faculty members and 47 students attended the conference.

Research, Consultancy & Extension

Research Paper Presentations by Students:

Three students from M.A.I Psychology, Ms. Depashree Karve, Ms. Vidhi Naik and Ms. Racheal D'Silva presented a paper titled 'Relationship between Grit, Gratitude and Subjective well-being' at the BPA Conference on 'Positive Footprints: Towards A Healthy Society' at S.P.N. Doshi College, Ghatkopar on 12th & 13th January 2018.

Research publications and presentations:

- Kulkarni. A, Murali. R & Patki. A, 'A Study on the Relationship between Flow Theory and Yoga Therapy and its Effects on Coping with Stress' Indian Journal of Mental Health Issue: 2 (4) October – December 2017, Page 153-160. ISSN 2394-4579
- Dandekar. A, Chandani. J & Patki A, 'Relationship between Athletic Identity, Sports Motivation and Dispositional Optimism among College Students Participating in Individual Sports' dancers' Indian Journal of Mental Health Issue: 2(4),October – December 2017, page 161–170ISSN 2394-4579.
- R.Murali, Phadke.S, 'Effect of Spirituality on sexual attitude and Sexual Guilt, Research Horizons Vol 7,Sept ,2017 Multidisciplinary, Multi lingual International Peer Reviewed Journal, ISSN 2229-385X.
- R.Murali, Patel.S, 'Effect of Locus of Control on Job Satisfaction among teachers' International Multidisciplinary Quarterly Journal, Peer Reviewed Referred Journal No 40776, Vol VII, Issue –II, April-June 2018, Page 14-22, ISSN 2277-5730.
- Isola S, Murali R, 'Impact of Neuroticism on Perceived Negative Life Events and Emotion Regulation among Adults', Multidisciplinary Peer Reviewed Journal Concept, Volume III, Issue III, April 2018, Page 114-135, ISSN 2394-8922.
- Madre P, Murali R published a paper titled 'Effect of Forgiveness on Shame & General Health amongst Introverts and Extroverts' in Multidisciplinary Peer Reviewed Journal, 'Concept' Vol (3) Issue (3) April 2018, pg. 81-98 ISSN No 23948922.

Research related Seminars/Conferences attended by faculty:

Ms. Reshma Murali and Ms. Sailee Bhadane attended the Conference on 'Positive Footprints: Towards a Healthy Society' at S.P.N. Doshi College, Ghatkopar on 12th and 13th January 2018 organized by the Bombay Psychological Association.

Extension Activities:

Samvedna Counselling Cell:

The Department of Psychology facilitates the activities of the Samvedna Counselling Cell. Through this center, interns from MA conduct the following activities:

I) Life Skills Programme:

Lectures on Life Skills are conducted for students of B.A and B.Com Lectures are also conducted as per the needs and suggestions of the teachers. Life Skill workshops were conducted on topics like Anger Management, Stress Management, Nutrition and Hygiene, Study Skills, Communication skills, etc.

II) Urban outreach programme

Ms. Snehal Subramanian, along with the MA II interns, Ms. Juilee Lele and Ms. Vani Jadeja, conducted workshops for the students of 9th standard of Andhra School, Matunga on 1st and 8th February 2018 on the topic, 'Importance of Education and Study skills'. Using a power point presentation and various videos, the students were told the importance of education and the need for systematic planning and execution. They were informed about various logical and easy to implement techniques that will help in improving their learning skills and overall performance.

A workshop was taken for academically weak students of 10th standard on 2nd February 2018, by Ms. Snehal Subramanian, on 'Effective Study Skills' to address the individual problems that the students experienced, and how to increase proficiency.

III) Rural and Tribal Outreach Programme

Department of Psychology conducted a Rural and Tribal Outreach Programme in collaboration with Junoon Foundation. In its fourth year, this programme included a Career Guidance Workshop for students of three schools in Wada district, K.G. Patil Vidyalaya (Khanilvali), Digambar Rao Padvi Vidyalaya, and Ashramshala (Ambiste). These schools cater to tribal students from the area. This workshop was conducted by students of Department of Psychology.

Student Progress

Student Participation and Achievements:

Laurels won:

- Ms. Urveez Kakalia (MA I Psychology) won Miss Tejaswini at S.N.D.T. Women's University. She was also awarded trophies for- Best in Extempore speech, Best in Judges' questions, Best in common questions, and Best in Talent.
- Four Students from MA I and MA II participated in International competition on psychology called 'Psychophonics' organized by Maniben Nanavati Women's College on 9th March and won the following prizes:
 - I. Ms. Sharmishta Chakroborthy won second prize in Slogan Writing Competition
 - II. Ms. Uttara Shah won 3rd prize in Essay Writing Competition
- Students of MA Psychology participated in various competitions organized by the Gender Issues Cell of KC College, Churchgate on the theme 'Combating Sexual Harassment' on 15th February 2018. They won following prizes:
 - I. Ms. Nitanti Jain, Ms. Neha Chaurasia, and Ms. Uttara Shah participated in the Folder Painting Competition. Ms. Nitanti Jain won the 1st prize for the same.

II. Ms. Rujuta Deshmukh, Ms. Nitanti Jain, Ms.Neha Chaurasia, Ms. Sharmishta Chakroborthy, and Ms. Uttara Shah participated in Poster Making competition. Ms. RujutaDeshmukh won the 2nd prize for the same.

III. Ms. Munira Motiwala won 2nd prize in photography.

IV. Ms. Sharmishta Chakroborthy won 2nd prize in Open Mic Competition.

- Ms. Juilee Lele won the Best Student Award for PG for 2017-18.
- MA II students won the First prize in Group Dance at the Annual Cultural Program on 19th December 2017.
- Ms. Dhanashree Sohoni (MA I) and Ms. Uma Palsuledesai (MA I) won Second and First prize respectively in Solo Dance at the Annual Cultural Program on 19th December 2017

Alumni Details:

Placements:

Sr.no	Name	Place of Work	Designation
1	Jinisha D. Bhatt	M.K.V.V. International Vidyalaya	Counselor
2	Harsheen Kaur Kochhar	Child Rehabilitation Centre/ Child Learning Centre	Counselor/ Play therapist
3	Serah Koshy	Bombay Cambridge School; Juno Clinic	AS & AL Teacher; Counselling Psychologist
4	Akshada Kulkarni	Energia Wellbeing	Psychologist
5	Prachi Madre	Aerodynamics	Psychologist, Aviation
6	Shraddha Pol	TATA Institute of Social Sciences (not currently working)	Counseling Psychologist
7	Khushboo Shah	Drishti	Counseling Psychologist
8	Amruta Shaligram	Bombay Cambridge School, Andheri (West) (June 2017- March 2018)	School Counselor
9	Shruti Chandorikar	Starlit Enhancement Ability Services	Shadow Teacher
10	Janhavi Samant	S.V.P.T.'S Saraswati Vidyalaya & Junior College	Counselling Psychologist
11	Sanchita Sapla	Narayana techno School	School counsellor
	Vidhi Shah	MOKSH Overseas Education Consultancy	HR Manager
12	Saniya Joshi	Shah and Anchor Engineering College of Arts, Commerce and Science; GuruKrupa Hospital	Counselor
13	Riddhi Holani	Tanvi Mallya's Elder Care Services	Elder Care Professional
14	Shweta Isola	Revolution Classes	Teacher
15	Riddhi Satoskar	Self Employed	
16	Purvi Palvia	Panbai International School	School Counselor
17	Bhavani Karuppaswamy	Sneka Mind Care Centre	Counselling Psychologist
18	Sadeyha Basha	STARLIT Ability Enhancement Services Pvt Ltd	Shadow Teacher, Administration Coordinator
19	Priyanka Mayekar	Dr. Sarvapalli Raddhakrishnan International High School	School Counselor
20	Pallavi Shimpi	Self- employed- working with Therapy Centers, Schools and Colleges, Corporate sectors taking personal as well as group therapy sessions.	Freelancing as Dance Movement Therapy Facilitator and Counselling Psychologist

21	Ankita Dandekar	Smt. P.N.Doshi Women's College, Ghatkopar, Malini Kishor Sanghvi College of Commerce and Economics, Juhu.	Student Counselor
22	Shika Karwa	Child Rehabilitation Centre and Child Learning Centre	Counselling Psychologist and play therapist

Student Support

1. Mentoring Programme:

Mentoring Programme commenced in October 2017. This year, 11 students from MA II were chosen for Mentoring Programme. Seven mentors were assigned two mentees each from T.Y.B.A and four Mentors were assigned one student from MA I for the same. Following students were selected as Mentors:

SR.NO	Name
1	Harshada Thatte
2	Noopur Phatak
3	Vani Jadeja
4	Shruti Mohite
5	Madhura Gurav
6	Zainab Satadawala
7	Vidhi Dave
8	Rewa Godbole
9	Neha Gogate
10	Dhanali Joshi
11	Sumana Dey

II) Teacher Assistantship Programme:

“Teacher Assistantship” is one of the activities in Honours Programme and the students have been given credits and honorarium on the basis of their performance. The Teacher Assistants selected were for the academic year 2017-2018:

SR.NO	Name
1	Noopur Phatak
2	Sumaiya Patel
3	Rewa Godbole
4	Shruti Mohite
5	Zainab Satadawala
6	Madhura Gurav
7	Vani Jadeja

Governance & Leadership

Contribution to College:

Ms. Reshma Murali

Member of following committees:

- Admission Committee
- Counselling Centre

- Psychology Association
- Placement cell
- Publication Committee

Faculty Achievements and Contributions:

Ms. Reshma Murali

- Was invited for a Guest Lecture on 'Anger Management' for TYBSc students at Dr. BMN College of Home Science on 29th June 2017.
- Was invited as a judge for Short Stories Competition at a National level competition, 'Eunoia'- a Youth Mental Health Festival' organized by Round Glass Peace on 18th September 2017.
- Invited to moderate a Quiz at National level competition, 'Eunoia'- a Youth Mental Health Festival' organized by Round Glass Peace on 23rd September 2017.
- Was invited to Judge 'Face Painting' event for 'Razzmatazz'- Inter-Collegiate Fest organized by BAMB Department on 24th January 2018.
- Was invited by Department of Foundation Courses as a Resource Person to talk about 'Stress Management' for FYBA English Medium students on 27th February 2018.

Innovative & Best Practices

Mental Health Celebration 2017-2018

Every year, Department of Psychology celebrates World Mental Health Day on 10th of October. This year, the theme for the celebration was "Mental Health at Workplace". Keeping the theme in mind, a workshop was held for the students and faculty members on "Animal Therapy" by Animal Angels Foundation. Mr. Aakash Lonkar facilitated the workshop with therapy dog, Joey. This was followed by the screening of the movie "A Dangerous Method" for students of MA. This film focused on classic therapeutical interventions by Freud. Students of BA went to each class with posters on Mental Health, fostering positive message of mental well-being among fellow students. The objective was to remove the stigma of Mental Illness.

Dr. Rajan Bhonsle, M.D, the Founder Director of Heart To Heart Counselling Centre and Dean of the Institute of Human Technology (India) was invited to give a lecture on Premarital Counselling on 17th February 2018. This lecture was open for all students of the college and faculty members. 12 alumni members attended the lecture.

A seminar on School Psychiatry was conducted in association with Desousa Foundation on 22nd February 2018. Dr. Avinash Desousa, Consultant Psychiatrist and founder of Desousa Foundation and Dr. Kersi Chavda, Consultant Psychiatrist, Hinduja Hospital, facilitated the seminar. The seminar dealt with issues during adolescence and their remediation. It was attended by MA and BA Psychology students of our college, and by students and faculty of S.P.N. Doshi Women's College, Maniben Nanavati Women's College, and Joshi Bedekar College. Five alumni members attended the seminar.

As part of the Mental Health Celebration, students of MA conducted workshops for children at Manav Seva Sangh on topics of 'Bullying', 'Good Touch, Bad Touch', 'Study Skills' and 'Communication Skills'. These workshops were conducted under the guidance of Ms. Reshma Murali, Coordinator, MA Psychology.

DEPARTMENT OF SOCIOLOGY

Curricular Aspects

The new syllabus for B.A.II was introduced from the academic year 2017-2018.

Semester	Title of Paper	Paper	Paper Code
Semester -V	Classical Sociological Theorists	DC- IX	545911
	Social Anthropology	DC- X	546011
	Crime and Deviance	DC- XI	546111
	Industrial Sociology	DC- XII	546211
	Environment and Society	APC- III	565311
Semester -VI	Contemporary Sociological Theorists	DC- XIII	646311
	Methodology in Social Research	DC- XIV	646411
	Social Movements in India	DC- XV	646511
	Sociology of Marginalized Group	DC- XVI	646611
	Sociology of Tourism	APC- IV	645411

Teaching, Learning and Evaluation

A) Guest Lectures Organized

- Dr. Prakash Fulpagare organised A Guest Lecture On “Structure Of Indian Population : Age Structure And Sex Ratio” on The Occasion of World Population Day for SYBA And TYBA Students on 11th July 2017.
- Ms. Kamla Shrivastav ,officer of Help Age India, Mumbai conducted lecture on “Sensitizing young Generation on elderly population for FYBA,SYBA and TYBA on 10th February 2018
- Dr. Surrendra Thakur, Dept.of Sociology, Elphinstone college, Mumbai conducted lecture on Research Methodology – (Discriptive Analysis Simplified) for TYBA students on 17th March 2018.
- Ramesh Oza and Bajarang Sonavane conducted lecture colabration with Women’s cell on “Visionary Women of 21st Century” for for BA I,II and III students on 20th November 2017.
- Bajarang Sonavane conducted lecture on Youth and Society for BA I,II and III students on 21st December 2017.

B) Class Discussions organized:

Methodology	Date	Class	Theme/Topic
Discussions	23rd June 2017	B.A.Part -II	Elderly Abused Awareness Day
	26th July 2017	B.A.Part -III	Ecological Degradation:Impact of Environment
	24th August 2017	B.A.Part -III	Urban West
	6th September 2017	B.A.Part -III	Dry West Causes & Effects
	9th September 2017	B.A.Part -III	West Management
	23rd Sept. 2017	B.A .Part -I	Enlight Students & Discussion on World Elderly Day .
	6th January 2018	B.A .Part -I	How to prepared Skit
	19th January 2018	B.A .Part -I	Child Abused
	22nd January 12 & 14th February 2018	B.A.Part -III	Tourist Attraction In India
	12th January 2018	B.A.Part -II	Regarding Essay & Elocution Competition topic ex. Women & Sport ,Importance of Exercise,Balance Diet, Stress & Tension.
	8 th March 2018	B.A.Part -1	Womens Day Celebration : Need &Importance

C) Group Project Presentation & Viva:

1. B.A. Part- II :- Problems in Urban Area on 13th December 2016

D) Poster/Charts/Slogan Making /Skit

1. B.A. I - Skit performed on various social issues e.g. Dowary, Divorce, Child Abused, Elderly Problem, Domestic Violence, Food Adulteration, Slums Problems on 8th March 2018.

E) Seminars,Workshops, Conferences, Short Term Courses, Guest lecture :

- Mrs. Dr. Bhavana Dubey & Mrs. Rekha Shelar have attended the Meeting and Orientation for NSS Programme officer, organized by NSS Cell, SNDT Women's University, Churchgate, Mumbai on 21st July 2017
- Mrs. Kiran Jadhav, Mrs. Rekha Shelar, Mr. Hiralal Bhosale have attended guest lecture on "Media and Language" by Miss Gitanjali Rane-Gholap Organized by Department of Marathi, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 11th September 2017.
- Mrs. Rekha Shelar has attended lecture by Dr. Kusum Rai on "Women's Rights in India" organized by Department of F.C., Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 06th October 2017.
- Dr. Bhavana Dubey, Mrs Rekha Shelar have attended guest lecture on "Premarital Counselling" organized by Department of Psychology, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 15th December 2018.
- Dr. Bhavana Dubey, Dr. Hina Shah, Mrs. Kiran Jadhav, Mrs. Rekha Shelar, Mr. Hiralal Bhosale & Mrs. Swati Mohite have attended guest lecture on "Online Database" by Ashwini Prabhu organized by Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 21st February 2018.

6. Dr. Bhavana Dubey has attended guest lecture on “School Psychiatry – Handling Adolescence” by Dr. Avinash Desousa organized by Department of Psychology, Smt. M.M.P. Shah Women’s College of Arts & Commerce, Matunga, Mumbai on 22nd February 2018.
 7. Dr. Bhavana Dubey, Dr. Hina Shah, Mrs. Shanti Seshadri, Mrs. Kiran Jadhav, Mrs. Rekha Shelar, & Mrs. Swati Mohite have attended one day workshop on “Intellectual Property Rights” by Dr. Sameena Hasan Organized by IQAC and Library Smt. M.M.P. Shah Women’s College of Arts & Commerce, Matunga, Mumbai on 5th March 2018.
 8. Dr. Bhavana Dubey, Dr. Hina Shah, Mrs. Shanti Seshadri, Mrs. Kiran Jadhav, Mrs. Rekha Shelar, Mr. Hiralal Bhosale & Mrs. Swati Mohite have attended one day workshop on “Teaching Learning and Contemporary Evaluation Methods” by Dr. Geeta Shetty organized by IQAC and Psychology Department Smt. M.M.P. Shah Women’s College of Arts & Commerce, Matunga, Mumbai on 20th March 2018.
- F) Research Consultancy & Extension :
- a) Paper presentation/ published by faculty :
 1. Dr. Bhavana Dubey presented a research paper entitled “Environment and Sanitation” on 14th & 15th July 2017 in the state level seminar on ‘Sociology of Sanitation’ held at “Samaldas Arts College, Bhavnagar University, Gujrat.
 2. Dr. Bhavana Dubey presented a research paper entitled “The role of College – University in as a formal Media in Higher Education” on 21st April 2018 in the International Conference on “Role of Teachers in 21st Century Opportunities & Challenges ” held at Smt. M.M.P. Shah Women’s College of Arts, Commerce, Mumbai-19 (MS).
 3. Dr. Hina Shah presented a research paper entitled “Problem of Child Raggicker” on 14th & 15th March 2018 in the National Conference on “Protection of Child Rights : Issues & Challenges” held at L.J.N.J. Mahila Mahavidyalaya, Mumbai (MS).
 4. Dr. Hina Shah presented a research paper entitled “Corporate Social Responsibility initiatives” on 28th February 2018 in the International Conference on “Oppotunities and Challenges in Service Sector in Global Era” held at Smt. M.M.P. Shah Women’s College of Arts, Commerce, Mumbai-19
 5. Dr. Hina Shah presented a research paper entitled “The role of religion and education in students and Teachers lives” on 21st April 2018 in the International Conference on “Role of Teachers in 21st Century Opportunities & Challenges ” held at Smt. M.M.P. Shah Women’s College of Arts, Commerce, Mumbai-19 (MS) and it published in book (ISSN No. 2277-5730 ‘Ajanta’ UGC Referred Journal No.- 40776 Vol.- Part V (English) page No. 48 – 54.)
 6. Mrs Kiran Jadhav has presented a research paper entitled “Balkamgar : Ek Samsaya” on 14th & 15th March 2018 in the National Conference on “Protection of Child Rights : Issues & Challenges” held at L.J.N.J. Mahila Mahavidyalaya, Mumbai (MS).
 7. Mrs Kiran Jadhav has presented a research paper entitled “The role of Teachers in Student’s lives” on 21st April 2018 in the International Conference on “Role of Teachers in 21st Century Opportunities & Challenges ” held at Smt. M.M.P. Shah Women’s College of Arts, Commerce, Mumbai-19 (MS)
 8. Mrs. Shanti Seshadri has presented a research paper entitled “Threats to Professional Ethics in the Teaching field today” on 21st April 2018 in the International Conference on “Role of Teachers in 21st Century Opportunities & Challenges ” held at Smt. M.M.P. Shah Women’s College of Arts, Commerce, Mumbai-19 (MS) and it published in book (ISSN No. 2277-5730 ‘Ajanta’ UGC Referred Journal No.- 40776 Vol.- Part IV (English) page No. 84 – 88.)
 9. Mrs. Shanti Seshadri has presented a research paper entitled “Decline of reading habits among the students” on 9th -12th November 2017 in the National Conference on “Neo liberalisalism consumption and culture” organized by Indian Sociological society, at University of Lucknow (UP)
 10. Mrs. Rekha Shelar has presented a research paper entitled “Balkamgar : samsaya aani aavhane” on 14th & 15th March 2018 in the National Conference on “Protection of Child Rights : Issues & Challenges” held at L.J.N.J. Mahila Mahavidyalaya, Mumbai (MS).

11. Mrs. Rekha Shelar has presented a research paper entitled “Role of Teachers in Quality Enhancement in Higher Education” on 21st April 2018 in the International Conference on “Role of Teachers in 21st Century : Opportunities & Challenges” held at Smt. M.M.P. Shah Women’s College of Arts, Commerce, Mumbai-19 (MS) and it published in book (ISSN No. 2277-5730 ‘Ajanta’ UGC Referred Journal No.- 40776 Vol.- Part V (English) page No. 90 – 94.)
 12. Mrs. Rekha Shelar has published a research paper entitled “Bhartatil Aadivasi Vikas – Dhorane aani Aavhan” in “Shodh Samiksha Aur Mulyankan” UGC Referred Journal No.- 41004 ISSN No. 0974-2832, Issue –Feb. 2018, Issues 109.
 13. Mr. Hiralal Bhosale has presented a research paper entitled “Shikshan : Balakancha Mulbhut Hakka” on 14th & 15th March 2018 in the National Conference on “Protection of Child Rights : Issues & Challenges” held at L.J.N.J. Mahila Mahavidyalaya, Mumbai (MS).
 14. Mr. Hiralal Bhosale has presented a research paper entitled “Need of Professional Development of Teachers in Education” on 21st April 2018 in the International Conference on “Role of Teachers in 21st Century: Opportunities & Challenges” held at Smt. M.M.P. Shah Women’s College of Arts, Commerce, Mumbai-19 (MS) and it published in book (ISSN No. 2277-5730 ‘Ajanta’ UGC Referred Journal No.- 40776 Vol.- Part IV (English) page No. 104 – 109.)
 15. Mrs. Swati Mohite has presented a research paper entitled “Understanding Rights and Challenges of Children in Protecting them against Child Labour” on 14th & 15th March 2018 in the National Conference on “Protection of Child Rights : Issues & Challenges” held at L.J.N.J. Mahila Mahavidyalaya, Mumbai (MS).
- b) Paper presentation/ published by students :
1. Sonam Prakash Lagad (SYBA) had presented paper entiteled “Pandita Ramabai Yanche Samajik Kshetratil Yogdan’ in the State Level Students Seminar on “Contribution of Women in Educational, Social and Literature Field During 19th & 20th century in Maharashtra, organized by Women Cell, L.J.N.J. Mahiala Mahavidyalaya, Vile Parle (East) Mumbai, 57, on 10th February 2018
 2. Shubhangi Narayan Bagade (SYBA) had presented paper entitled “Sadhana Tai Amte – Tyagi Samjsevika” in the State Level Students Seminar on “Contribution of Women in Educational, Social and Literature Field During 19th & 20th century in Maharashtra, organized by Women Cell, L.J.N.J. Mahiala Mahavidyalaya, Vile Parle (East) Mumbai, 57, on 10th February 2018.
 3. Veena Vinayak Pawar (SYBA) had presented paper entitled “Adhunik Yugachya Adya Pranetya : Anutai Wagh” in the State Level Students Seminar on “ Contribution Of Women in Educational ,Social and Literature Field During 19th & 20th century in Maharashtra , organized by Women Cell, L.J.N.J. Mahiala Mahavidyalaya, Vile Parle (East) Mumbai, 57, on 10th February 2018,
 4. Shubhangi Narayan Bagade (SYBA) had presented paper entitled ‘ Balkamgar Nirmulan : Kalachi Garaj ’ in the National Conference (Interdisciplinary) on “ Protection of Child Rights : Issues and Challenges, at L.J.N.J. Mahiala Mahavidyalaya ,Vile Parle (East) Mumbai, 57 on 14th & 15th March 2018.
 5. Veena Vinayak Pawar (SYBA) had presented paper entitled “Bal Durupayog : Samsya ani Avhane” in the National Conference (Interdisciplinary) on “ Protection of Child Rights : Issues and Challenges ,on 14th & 15th March 2018, at L.J.N.J. Mahiala Mahavidyalaya ,Vile Parle (East) Mumbai, 57.
- G) a) Other Activities / Achivements of Faculty :
1. Dr. Bhavana Dubey has Chaired the workshop on “Content Analysis and Question Bank at Undergraduate Level for TYBA (Sociology) Semester – V of Disciplinary Component Courses”, organized by Department of Sociology, Maniben Nanbavati Women’s College, Mumbai on 18th 19th July 2017.
 2. Mr. Hiralal Bhosale has participated in one day “Andhashradha Nirmulan Prashikshan Shibeer” organized by Akhil Bharatiy Andhashradha Nirmulan Samiti, Mumbai-Konkan Region on 10th September 2017.
 3. Mr. Hiralal Bhosale has organized programme of ‘Mahaparinirvan Din’ (Death Anniversary of Dr. Babasaheb Ambedkar) for B.A. I, II & III Marathi Medium students on 6th December 2017.

4. Mr. Hiralal Bhosale has received “Mumbai Sandhya Sanmanpatra Award” by Mumbai Sandhya Newspaper Group for contribution in Social and Educational area on 29th December 2017 held at Iscon Auditorium Hall, Hare Krishna Mandir, Juhu, Mumbai.
5. Mrs. Swati Mohite organized guest lecture on Research Methodology – (Discriptive Analysis Simplified) for TYBA students conducted by Dr. Surrendra Thakur, Dept. of Sociology, Elphinstone college, Mumbai at A.V. room of College held on 17th March 2018
6. Mrs. Swati Mohite has organised a Guest Lecture on ‘Structure of Indian Population : Age Structure And Sex Ratio on The Occasion of World Population Day by Dr. Prakash Fulpagare for SYBA and TYBA Students held on 11th July 2017

H) b) Other Activities / Achivements of students :

1. Ms. Lakade Bharati (FYBA), Ms. Thorat Nikita (SYBA) Akanksha Khandagale (TYBA) have Attended for the one day workshop on Communication Skills and Soft Skill Development held in Nagindas Khandwala College of Commerce, Arts And Management studies & Shantaben Nagindas Khandwala College of Science ,on 10th February 2018.
2. Shubhangi Bagade (SYBA) and Pooja Chougule (SYBA) had participated in Youth Parliament organized by Nehru Yuva Kendra, Mumbai , on 24th February 2018, which is held in Smt.M.M.P Shah Women’s College Matunga.
3. Pooja Zanjurne (SYBA) and Dipti Sawant (SYBA) have attended the one day workshop on Voice Modulation organized by Dep. of Marathi , S.N.D.T. Women’s University , Churchgate Mumabai -20, on 18th August 2017
4. Priya Krishnmurthy has participated in self defence workshop held in the college on 14th July 2018
5. HelpAge India in association with Smt. M.M.P. Shah Women’s college of Arts & Commerce, Matunga has organised Awareness Session on “The Maintenance and Welfare of Parents and Senior Citizens Act, 2007”, on 7th March 2018 , 175 Students and 75 senior citizens from near by area have attended the session, as well as Principal Dr. Leena Raje and our teaching Faculty member also attended the same. This session was chaired by Prakash Borgaokar (Director of HelpAge India). This whole program was sponserd by HelpAge India.
6. Shubhangi Narayan Bagade SYBA (Mar. Med.) has won first prize in Essay writing competition organized by ‘Krida Va Yuvak Sewa Sanchalanalay, Maharashtra Rajya , Pune Antargat Jilha Adhikari Karyalay, Mumbai Shahar, and Smt. M.M.P Shah Women’s College Matunga, on 13th Jan 2018.
7. Pooja Chougule SYBA (Mar. Med.) has won second prize in Essay writing competition on occasion of ‘Rashtrapita Mahatma Gandhi Avam Purva Pradhanmantri Lal Bahadur Shastri’ Jayanti oraganised by ‘Swajan Avm Smt.M.M.P Shah Women’s College Matunga, 7th October 2017.
8. Shivani Ghadigaonkar TYBA (Mar. Med.) has won Second prize in Elocution competition organized by ‘Krida v Yuvak Sewa Sanchalanalay ,Maharashtra Rajya ,Pune Antargat Jilha Adhikari Karyalay ,Mumbai Shahar ,and Smt.M.M.P Shah Women’s College Matunga, on 13 Jan 2018.
9. Shubhangi Narayan Bagade SYBA (Mar. Med.) has won second prize in Essay competition on “Swacha Sankalp Se Swacha Sidhi organized by ‘Yuwa Kraykram Avm Khel Mantralay Neharu Yuva Kendra Sangathan , Maharashtra Avm Pune Jilja Prashasan And Smt.M.M.P Shah Women’s College Matunga, and Mahesh Nawale Karate And Dance Association on 19 Sep 2017.
10. Priya Krishnamurti FYBA (Eng. Med.) has won second prize in Judo Competition held at AEVP Mandal’s Women’s College of BCA, Aurangabad on 20th Sept 2017
11. Ms Veena Vinayak Pawar, SYBA (Mar. Med.) has won third prize in Essay writing competition organized by ‘Krida v Yuvak Sewa Sanchalanalay , Maharashtra Rajya , Pune Antargat Jilha Adhikari Karyalay ,Mumbai Shahar ,and Smt.M.M.P Shah Women’s College Matunga, on 13th Jan 2018.
12. Harshada Parab TYBA (Mar.Med.), Smita Gharge TYBA (Mar.Med.) Dipti Sawant, SYBA (Mar.Med.), Tank Jyoti SYBA (Guj.Med.) Tank Bhavna, SYBA (Guj.Med.), Priya Krishnmurti FYBA (Eng.Med.) have participated in Eassay competition on “Swacha Sankalp Se Swacha Sidhi” organized by ‘Yuwa Kraykram

Avm Khel Mantralay, Neharu Yuva Kendra Sangathan, Maharashtra Avm Pune Jilja Prashasan And Smt.M.M.P Shah Women's College Matunga, and Mahesh Nawale Karate And Dance Association on 19th September 2017.

13. Shubhangi Narayan Bagade, SYBA (Mar. Med.) has Participated In 'Rashtrapita Mahatma Gandhi Avam Purva Pradhanmantri Lal Bahadur Shastri' Jayanti Par Ayajit Nibandh Pratiyagita. Organised By 'Swajan Avm Smt.M.M.P Shah Women's College Matunga, 7th Oct. 2017.
14. Shubhangi Bagade, Pooja Chougule and Veena Pawar SYBA (Mar.Med.) students and Saba Idrisi, Sama Parveen and Hayat Badrunisa SYBA (Eng. Med.) students have participated in Youth for Parliament organized by Nehru Yuva Kendra Mumbai , on 24th February 2018, which is held at Smt. M.M.P Shah Women's College Matunga.

I) **Infrastructure & Learning Resources:**

a) **Student Support & Progression:**

1. **Poster/Charts/ Skit Presentation**

Activity	Date	Class	Theme/ Topic
Open book Test	8 th March 2018	B.A,Part -I	Dowary, Divorce, Child Abused,Elderly Problem,Domestic Violence,Food Adulteration ,Slumes Problems.
Skits Presentation	8th March 2018	B.A,Part -I	Dowary, Divorce, Child Abused, Elderly Problem, Domestic Violence, Food Adulteration, Slumes Problems.

2. **Extension Activities:**

Class	Date	Name of activity	Objectives	Funding received
SYBA	15th June 2017	Posters were displayed at Dadar, Churchgate, CSTM Station & on the Occasion of "World Elderly Abused Days.	To Sensitized people towards elderly abuse.	
FYBA,SYBA,TYBA	10th July 2017	Celebration of Guru Pornima with Marathi Department		
FYBA,SYBA,TYBA	10th July 2017	Celebration of Guru Pornima with Marathi Department		
SYBA	11th July 2017	Slogan and Poster were prepared on 'Causes of Population growth and its Impact on society on the occasion of "World Population Day"	To aware students for populations explosion & its consequences.	
TYBA	22nd July 2017	Students visited to Science Express Train , at C.S.T.Station		

FYBA & SYBA	14th February 2018	Valentine day celebration with a Senior citizen of Manva Seva Sangh Old Age home	To Sensitized Students for problems of Senior Citizens and give the happiness to the Senior Citizen	
FYBA, SYBA & TYBA	14th February 2018	25th Students Participated in Celebrating Valentine's Day, at Nana Nani Park, Shivaji Park.Mumbai. This Programme was organizes by Helpage India, students were.	To Sensitized Students for problems of Senior Citizens.	
FYBA,SYBA, TYBA	7th March 2018	Awareness Session on "The Maintenance and Welfare of Parents and Senior Citizens Act, 2007". 75 community Elderly people have also attended	To Sensitized students as well as elderly people about this law	Whole programme was sponsored by Help Age India

UGC VOCATIONAL COURSES

Curriculum Aspects

- Dr. Shubhangi Kulkarni attended a workshop on Syllabus Restructuring on 19th March 2018, held at Maniben Nanavati College, Parla.
- Dr. Shubhangi Kulkarni was an integral part of syllabus restructuring of UGC Vocational, Sem I-Paper I & II & Sem II-Sem III Advertising Papers.

Details of guest lecture/ Value Added Lectures

Date	Title	Resource Person	Class
5th Aug. 2017	Cyber Security	Mr. Sachin Dedhia, Cyber Security Expert, Skynet Solution Ltd.	FYBCOM, SYBCOM, TYBCOM
17th Jan. 2018	Future in Graphic Designing	Mrs. Nalini Parab, Lecturer, Smt. S.C.N. Institute of Polytechnic	FYBCOM, SYBCOM
15th Feb 2018	Tips for Designing a Website	Mr. Hemant Shah, Founder, GFX bandits	TYBCOM
26th July 2017	Role of Women in Media	Mrs. Darshana Buch	SY B. Com, TY B.Com
10th Aug 2017	Visit to R-City Mall, Ghatkoper		FY B.Com
11th Aug2017	Advertisements: Then & Now	Ms. Shagufta Memon	SY B.Com, TY B.Com
30th Nov2017	Movie Screening- Neel Batte Sannatta		SY B.Com & TY B.Com
16th Dec 2017	Visit to Sion Carnival		FY B.Com

Seminars/Workshops/Conferences attended by students::

Level	No of students	Title of seminar/workshop/conference Date, venue, sponsor
College	82	Workshop on “Cyber Security” by Mr. Sachin Dedhia, Cyber Security Expert, Skynet Solution
	32	Workshop on “Psychology behind Advertising” was conducted by Ms. Reshma Murli on 3rd August 2017.
	15	Workshop on “Effective Communication: A Need” was conducted by Mrs. Usha Kumar organized by Academic Advancement Center on 29th Nov. 2017
	15	Workshop on “Self-Motivation and Development” was conducted by Mr. Vilas Mungekar organized by Academic Advancement Center on 7th Dec. 2017.
	03	Workshop on “Fun with Finance” was organized by the BMS Dept. on 13th Dec. 2017.
	15	Workshop on “Communication & Presentation Skills” was conducted by ITM organized by Academic Advancement Center on 3rd October 2017.

Teaching-Learning Evaluation

• Brain-Storming Sessions and Discussions

Methodology	Date	Class	Theme/ Topic
Brain storming	24/06/2017	TYBCOM	Let us “C” Networking Introduction to Computers Advertisements: Then & Now
	25/06/2017	SYBCOM	
	10/07/2017	FYBCOM	
Debate	11/07/2017	FYBCOM	Pros and cons of Internet Use of Women in Advertisements Advertisements v/s Personal Selling
On-line Quiz	20/07/2017	TYBCOM	Hyper Text Markup language
Discussions	30/11/2017	SY B.Com	Tally – Computerized Accounting
You tube Learning	10/08/2017	SY B.Com	Unethical Advertisements Celebrity Endorsements Laws in Advertising
	6/12/2017		
	6/02/2018		
Quiz	27/09/2017	SY B.Com	Class quiz on Headlines Class quiz on Brand Names
	6/02/2018	TY B.Com	

- Performance of the students is evaluated with the help of various evaluation techniques such as Projects assignments, Power Point Presentations, Poster Presentations, Tests, Viva, Debates, etc.
- Students are made to speak on current economic issues in front of the class, they are encouraged to discuss the latest advertisements in the class.
- Students of B.Com II Advertising were taken for an overnight Industrial Visit to Lonavala. Factories visited were Parle-G & Chikki Factory.
- B.Com I students were taken for visits to R-City Mall, Ghatkoper & Sion Carnival.

Research Consultancy & Extension

Research Publications:

Name of Faculty	Date	Title with page no.	Name of Journal	ISSN/ / ISBN no.	Whether peer reviewed. Impact Factor, if any	No. of Co-authors	Main author
Dr. Shubhangi Kulkarni	April 2017	Brand Maggi: Tribulations & Triumph	Peer Review Journal-CONCEPT	ISSN No. 2394-8922	Peer-Reviewed	-	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	Sept. 2017	Need for Vocational Education & Skill based training in India	Peer Review Journal-IDEAS	ISSN No. 2320-0162.	Pe Peer-Reviewed	-	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	April 2017	Digitalization & Cashless Economy: A study of use of Plastic Money among working & non-working Women	Equitable & Prosperous India: Opportunities & Challenges	ISSN NO. 0976-8564		Dr. Shital Mandhare	Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	April 2018	A transformation of a tourist into a purpose driven traveller	Ajanta	ISSN 2277-5730 (impact Factor 4.205)			Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	Jan. 18	New Emerging Indian Woman and her Role in family decision-making	Recent Advances in Women Studies	ISBN No. 978-93-5268-833-3	-	01	Ms. Renuka Prajapati
Dr. Shubhangi Kulkarni	17th Feb. 2018	Rise of a Professional Consumer	Proceedings of International conference "21 Century- way forward" Pg. No	ISBN No. 978-93-87656-25-3			Dr. Shubhangi Kulkarni
Dr. Shubhangi Kulkarni	April 2018	Internet for Youngsters: A Curse or a Blessing	Peer Review Journal-CONCEPT	ISSN No. 2394-8922	Peer-Reviewed	01	Dr. Shubhangi Kulkarni

Dr. Shubhangi Kulkarni	28th Feb. 2018	A transformation of a tourist into a purpose driven traveller	Ajanta	ISSN No. 2277-5730	Peer Reviewed Impact Factor – 4.205		Dr. Shubhangi Kulkarni
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Invited as Resource Persons

Name of Faculty	Invited by	Topic	Date
Dr. Shubhangi Kulkarni	Annual Sports Day of People's Welfare School	Chief Guest	13th Dec. 2017
Dr. Shubhangi Kulkarni	Kothari College BMM Festival	Chief Guest	20th Dec 2017
Dr. Shubhangi Kulkarni	Was invited as a judge by the BMS Dept.	Tol Mol Ke Bol (Aakaar Festival)	18th Jan. 2018
Dr. Shubhangi Kulkarni	Was invited as a judge by the BMS Dept.	Ad-Mad Show, Nail Art (Razzmatazz Festival)	14th Jan 2018
Dr. Shubhangi Kulkarni	P.N.Doshi College, Ghatkoper	External examiner for Conducting Research Dissertation vivas	04th April 2018
Dr. Shubhangi Kulkarni	Shri. MD Shah Mahila College, Malad	External examiner for Conducting Research Dissertation vivas	20th April 2018
Ms. Sushma Bhoir	M.M.P. Shah College, MCom. Department	Conducted a workshop for MCom. students on "Making Effective PowerPoint Presentation and How to Present"	5th Aug. 17
Sushma Bhoir	Beauty Culture Department of B.M.N. College of Home Science	Conducted a workshop on "Mail Merge in MS-Word"	18th Aug. 17
Sushma Bhoir	Beauty Culture Department of B.M.N. College of Home Science	Conducted a workshop on "Mail Merge in MS-Word"	18th Aug. 17
Mr. Shahajahan Khan	Shree KVO Deva Samaj, Sheth Dhanji Devshi and KVO Kelvani Fund (Katchi Visha Oswal Sthanakvasi Jain Mahajan, Mumbai)	jointly organized by 3 organizations "KVO Career Seminar 2018" for Computer Engineering course	8th April 2018.

Other Activities:

- Dr. Shubhangi Kulkarni attended a Workshop on "Enhancing Use of ICT for Effective Teaching and Learning" from 8th -13th Jan. 2018, organized by IQAC, Smt. MMP Shah Women' College.
- Dr. Shubhangi Kulkarni & Ms. Sushma Bhoir from the department attended a Workshop by Dr. Geeta Shetty, Xavier's College, on "Teaching, Learning and Contemporary Evaluation Methods" from 20th Mar. 2018, organized by IQAC in Association with Dept. of Psychology, Smt. MMP Shah Women' College.
- Mr. Shahajahan Khan is actively involved in training non-teaching staff for efficient and effective use of MS-Word and Internet.
 1. ICT Training Programme on "Uses of ICT Tools for effective Administration" for Non-Teaching Staff was organized on 2nd, 4th & 5th Jan. 2018 by Computer Department.

- Mr. Shahajahan Khan & Ms. Sushma Bhoir are actively involved in training faculty in using smart class-room efficiently and effectively.
 1. ICT Training Programme on “Enhancing Use of ICT for Effective Teaching & Learning” for Senior College Teaching Staff was organized on from 8th to 13th Jan. 2018 by IQAC & Computer Department (MMP Shah College) & BCA department of Dr. BMN College of Home Science.
- Mr. Shahajahan Khan Maintains and Monitors Free Jio Reliance Wi-fi in the entire Campus for both students and staff.
- Mr. Shahajahan Khan, as a member of CSR implementation committee, performed the following duties:
 1. Budgeting and utilization of CSR fund (phase I & II).
 2. Preparing comparative statement of quotations invited for purchasing CSR equipments.
 3. Purchasing & installing CSR equipments.
 4. Installation of electrical connections & CCTV.
 5. Co-coordinating other activities related to accessories and infrastructure like curtains, furniture, painting work, preparing stage etc.
 6. Assisting Non-teaching office staff in finalizing CSR accounts.
- Mr. Shahajahan Khan is the Active Member of Criteria 6 – Governance, Leadership and Management for 3rd Cycle of NAAC.
- Mrs. Sushma Bhoir is the Active Member of Criteria 4 – Infrastructure and learning resources for 3rd Cycle of NAAC
- Actively involved in assessing, coordinating and follow up of freeship allocation for needy students of Seva Mandal Education Society.

Department Extension with an NGO – Nayi Disha

Infrastructure & Learning Resources

- Classrooms: 1 Classroom for Advertising
- Laboratories: 5 State of the Art Computer Labs & 1 Internet Lab.
- Laptop with the Department: None
- Department soft board/Notice board: None
- Cupboards and lockers: 2 Lockers.

Students support & Progression

Following number of students received freeships for the year 2017-18:

Name of student	Class	Source of Funding	Category of Scholarship/Freeship	Total amount received
Ms. Jadhav Sonali Dharmendra Meera	T.Y.BCom. Vocational Computer Applications	Quest Foundation (Shri Ajay Sheth)	Freeship	Rs. 2650/-
Ms. Jogande Sneha Suresh Sundra	T.Y.BCom. Vocational Computer Applications	Quest Foundation (Shri Ajay Sheth)	Freeship	Rs. 2650/-

Governance, Leadership & Management

- Dr. Shubhangi Kulkarni, Co-ordinator of UGC Vocational Course is a member of Local Managing Committee.
- Dr. Shubhangi Kulkarni is a member of the Research KRA, Covener - Placement Cell, LMC (PG), Exam Committee, Admission Committee, Library Committee, Grievance and Redressal.
- Dr. Shubhangi Kulkarni appointed as CAP member and Paper Setter for M.Com and B.Com. UGC Vocational for the year 2017-18.

- Mr. Shahajahan Khan is actively involved in training non-teaching staff for efficient and effective use of MS-Word and Internet.
 1. ICT Training Programme on “Uses of ICT Tools for effective Administration” for Non-Teaching Staff was organized on 2nd, 4th & 5th Jan. 2018 by Computer Department.
- Mr. Shahajahan Khan & Ms. Sushma Bhoir are actively involved in training faculty in using smart class-room efficiently and effectively.
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 2. Preparing comparative statement of quotations invited for purchasing CSR equipments.
 3. Purchasing & installing CSR equipments.
 4. Installation of electrical connections & CCTV.
 5. Co-coordinating other activities related to accessories and infrastructure like curtains, furniture, painting work, preparing stage etc.
 6. Assisting Non-teaching office staff in finalizing CSR accounts.
- Mr. Shahajahan Khan is the Active Member of Criteria 6 – Governance, Leadership and Management for 3rd Cycle of NAAC.
- Mrs. Sushma Bhoir is the Active Member of Criteria 4 – Infrastructure and learning resources for 3rd Cycle of NAAC
- Actively involved in assessing, coordinating and follow up of freship allocation for needy students of Seva Mandal Education Society.

Innovations & Best Practices

- Use of ICT in Teaching-Learning.
- At the time of admission process, B. Com II and III students actively participate in counseling the B. Com I students by guiding them with regard to courses and their advantages.
- Use of practical aspects in their curriculum to give them an insight on market trends through case studies, practical exams, role playing, advertisement making guest lectures by experts, group discussions, software projects etc.
- Since the number of students enrolled for UGC Vocational is limited, personal attention is given to students. This helps the department achieve 100 per cent result.
- Limited number of students also enables the teachers to work on improving the personality of students and work on their English speaking skills.

Name of the Practice: Learning through creative designing

Objective: Practical understanding of theory

- Raising self confidence through innovative design
- Helps students to implement ideas without fear

Date of start of Practice: First week of January

Process: students are allowed to choose any one product/cartoon/popular brands etc., from a wide range, and then they are asked to create the design on the computer using relevant software. A time frame is set for them to complete the design. The designs are evaluated by the external expert. The marks for the design are included in the internal assessment.. The criteria for the marks are: originality of design, ideas, creativity and

impact of design.

Outcome: this has proved to be an excellent learning experience where in students put their theory knowledge into practice.

Challenges faced:

Students find it difficult to complete their submission within the time span given as they also have to attend regular lectures, submissions for other subjects and college exams etc.

Further support required: More time should be allotted for practice in the lab.

Dr. Shubhangi Kulkarni

Co-ordinator

JUNIOR COLLEGE : COMMERCE

Academic:

The year began on a very positive and jubilant note as for the fourth time in a row Junior College (Commerce) kept the college banner flying high with 92% pass percentage with 32 students securing distinction marks.

Junior college reopened on 15th June 2017. Regular classes for SYJC started on 17th June.

It was exam time again in July with board exams for repeating students in the college. Ms. Rajeshri Karanjkar as the Chief conductor of exams conducted the exams brilliantly.

Online admissions saw 740 students securing admission to 11th Commerce.

Teachers' achievements:

Mrs. Prabha Nair

- Organized the smooth conduct of the Board languages Oral exams.
- Was invited to be a member of the screening committee of Fulbright Distinguished Awards in teaching program sponsored by the US govt.
- Was successful in getting the approvals of all new teachers at the Sanch Manyata camp for 2017-18.
- Facilitated in organizing two camps for the Education Dept. in the NSS computer lab for Sanch Manyata.

Ms. Priti N. Shah

- Attended seminar on "Hindi Gazal- Dushyant aur unke bad organized by Smt. M.M.P. Shah Women's College, Hindi Department, on 16 March 2018.
- Attended Seminar on 'The Devotional Literature by the Marginal in Gujarat and Maharashtra' organized by University of Mumbai, Gujarati Department on 15th and 16th Jan 2018.
- Invited as a Resource person at Pune Board for preparing XIIth standard 'Kruti- pustika' – Gujarati Subject in the month of November 2017.
- Invited as a judge on 'Earth Day' at Shri Amulakh Amichand Vividh Lakshi Vidyalay, Matunga.
- Attended 'Expert Training Program' organized by Secondary and Higher Secondary Education Board, Pune, on 20/4/2018 to 22/04/2018 at Lonavala (Sinhgadh Technical Institute).
- Appointed as an 'Expert Training Program Officer' for the Teachers who has completed 12 years, from 1/6/2018 to 5/6/2018 at Aurangabad.
- Arranged English language classes for Gujarati medium students in Language Lab under the guidance of Mr. Yasin.

Ms. Alpa Doshi

- Appointed on Time-Table committee and prepared time-table for Commerce section for the academic year 2017-18.
- Prepared and presented a presentation imbibing the history and success of the institution on 60th Foundation day celebrations of Seva Mandal Education Society
- Appointed as external Press Conductor and assigned Dr. BMN College for HSC examination Feb 2018.
- Hosted the inaugural session of the International Conference organized by the Sociology department.
- Appointed as Moderator for the subject of OCand M for five examiners.

Ms. Varsha Shah

- Successfully completed 12 years seniority scale training in June, 2017.
- Wrote two Research papers for two International Seminars of Economics and Sociology depts. respectively, 'IT- Service sector of India- opportunities and challenges in service sector in Global era' and 'Elderly Parents and Senior Citizens in 21st century: opportunities and challenges'.
- Invited as a Judge at 'Kum. Paulami Sanghvi Extempore Competition' hosted by the Gujarati department of

Shri MP Shah College, on 14th Dec 2018.

Urdu Department

Under the guidance of Mrs. Shabana Khan, the department organized a programme on the 'Life and Works of Rafi Saheb'. We were privileged to have Rafi Saheb's daughter grace the occasion.

The department organized an introductory lecture by Ms. Aneesa Ansari; on Writing skills and Paper pattern for XIIth standard students on 19th August 2017.

Sports

Jr. Inter-collegiate Sports tournaments were organized by SNTD University from 6th to 8th Dec 2017. Our students participated in all the 19 competitions and came home with laurels in Boxing, Chess, Quiz, Shotput, Yoga, Carrom, Tug of War, and Malkhamb.

Annual Sports Day was held on 15th Dec 2017. Ms Rupali Patil (XII Mar. Med) was awarded Best Player of the year.

Students Activities

The XIth standard students were given a warm welcome at the Fresher's Party on 19th August. Prizes for Miss Fresher and Best Costume were given away.

The Students' Council of Junior College also organized an Orientation program for std. XI students on 14th August 2017. A detailed power point presentation about the activities of the college was prepared and presented by Mrs. Sangeeta Singh and Mrs. Varsha Shah, to 740 new entrants, who were divided into two batches.

Entries for the Best Student Award were invited, and this year, students were required to undergo a fitness test, an aptitude test, a group discussion and interview. Students, whose scores topped across all categories, were declared Best Student, first runner up and 2nd runner up.

The College Annual Day was held on 19th December at Ravindra Natya Mandir, Prabhadevi. Mrs. Ila Bhate, well known Marathi film and theatre personality was the Chief Guest. Students from all faculties were given a chance to showcase their talent.

In-house competitions in Mehndi, Cookery, Best out of Waste, Mono Acting, Make up and Mimicry were organized on 20th and 21st December for Jr. College students by the Student's Council in which students participated wholeheartedly.

On the 22nd of December, students organized competitions for teachers, which was a welcome break from regular teaching. Both students and teachers had great fun.

Cultural

Foundation Day was celebrated on 1st August, and this was the first event of the year organized by the Students' Council. The Chief Guest was Sh. Kirtibhai Sanghrajka.

Independence Day was celebrated with great fervor on 15th August, with Dr. Dilipbhai Trivedi as Chief Guest, and other members of Seva Mandal Education Society.

Teachers' Day celebrations commenced with the 'Dakshaben Memorial Lecture on Women and Health' on 3rd September. The topic this year was 'Thyroid Disorders', and it was conducted by Dr. Nivedita Moulick, Endocrinologist.

The Guest of Honor for the session was Shri Chandrashekhar Chore, Deputy Municipal Commissioner, Improvement Municipal Corporation, Greater Mumbai.

Teachers, who had completed 10, 20, 25 and 30 years of service, were felicitated, along with teachers who had presented papers at the national and international level.

During Navratri in October, Aarti and Garba were organized every day, for 9 days. Students and teachers

participated enthusiastically in the celebrations.

Farewell

Jr. College also bid adieu to three lecturers who put in almost thirty years of dedicated service – Mrs. Manjula Pipalia, Ms. Bharti Prabhu, and Ms. Rita Bindra from Hindi, Marathi and English departments respectively. We wish them all a happy, healthy, prosperous and fulfilling life ahead and best wishes to anything they endeavor to do in their new chapter of life .

31st March was also my last working day in Jr. College after 31 long, blissful years. I wish to place on record here my heartfelt gratitude to the Management, all the Principals I worked under, the Administrative staff members, my students and my dearest colleagues who were more like siblings to me than work mates. My twenty years as Vice-Principal of the Jr. College blossomed only because of the wholehearted support and the trust and confidence they bestowed on me. I wish Ms. Sujata Agrawal and Ms. Priti Shah all the best for assuming their new roles and smooth functioning of the college.

Ms. Prabha Nair

Vice -Principal, Junior College

JUNIOR COLLEGE: ARTS & HOME SCIENCE

Achievements

- Once again this year the dedication and commitment of our teachers was evident when Jr. College Board results were declared in May. For the fourth year consecutively Commerce students kept the college banner flying with above 90% results . This year the score was 93%.The following students were ranked first,second and third respectively: Pujari Yogita-86.15%, Jain Sanjana-84.15% More Pooja-83.85%
- Ms.Vrja Alpana Merchant, student,(FYJC, Commerce, Div. B), Karate - Blue Belt, won Silver Medal at Karate Competition organised by Okinawa Martial Art Academy, Japan Karate Shotokai, held at Dharavi Sports Complex on 12th November, 2016.
- Sanch Manyata (teacher approvals) was in the month of October and this year also we could manage without any teachers being rendered surplus
- Ms.Priti Shah, Faculty, Dept. of Gujarati, passed the Foundation of Yoga Course, Philosophy dept.,University of Mumbai in flying colours with 85%.
- Through the Online process 690 students were admitted successfully to XI th Commerce discipline. Teaching and non-teaching staff worked in coordination for two months to complete the process

Kala mahotsav – State government sponsored inter- school –Jr college festival was held in September. Our students participated in, Lok sangeet and lok natya and lok nritya and fine artsWe won the consolation prize in lok natya. Faculty members Mr. Sonavane and Ms. Rashmi Bhimanwar were in-charge of the same .

Orientation

- Orientations were held for XIth students in the 1st week of September. Students along with their parents attended and were informed about the facilities available to the students, exams, attendance, committees, infrastructure etc.
- The new students were acclimatized to their new environment with a Fresher's party on 17th September which was well organized by faculty members Mr Sonar and Ms Shruti.

Saral

- Saral forms (students database) were updated with the help of non-teaching staff & Ms. Falguni Gogri , Ms, Varsha Palkar, Ms Meena C. & Mr. Sharad (teaching staff)

Exams

- The H S E Board Practical exams of Mathematics, Geography, Home Science subjects and Oral exams of Languages were conducted successfully in the college.
- The College was a centre for Science stream of The Maharashtra State Higher Secondary Education Board Exams. 878 students appeared for the exams in the college. Both the buildings were utilized for the exams . This was the first time that the college was allotted such a huge number of students. Vice Principal Ms. Prabha Nair was the Chief Conductor of the Exams. Ms.Sangeeta Singh, Ms.Alpa Dave and Ms.Rajashree Karanjkar were the Dy. Conductors and Press Conductors for the Exams.
- 11th Standard Annual exams commenced from 21st March'2017. Results were declared in April .90% of the students passed the exams
- All staff members were either Moderators or Examiners in their respective subjects for HSC Board Exams, Feb-March'2017.

Faculty

- Ms. Alpa Doshi, Ms. Sangeeta Singh, Ms.Alpa Dave and Ms.Falguni Gogri attended a Seminar on GST (Goods and Service Tax), which was organised by ICAI (Institute of Chartered Accountants of India) at BKC on 26th October, 2016.
- Ms.Priti Shah, was invited to guide the students of 10th std., Gujarati medium, about Paper Pattern in Gujarati language in H. S E Board exam. , at M. P. Bhuta High school, on 30th January, 2017. .She also gave a guidance lecture on Paper Pattern in Board Exams to 10th std. Students in Amulakh Amichand School on 9th February, 2017. She presented a paper on ' Shri Amrutvelni Sajjay' by Yashovijayji Maharaj, organised by Department of Gujarati at Kalina, University of Mumbai, K J Somaiya college, Ghatkopar nod Ismail Yusuf College (Jogeshwari) .She also was invited to teach Gujarathi at Gujarati Seva Mandal Matunga in May,17.

Activities

- A computer training workshop was conducted for two days in April for Jr college faculty members -Ms Alpa Doshi, Ms Nayyar Sheikh ,Ms Sangeeta Singh, Ms Alpa Dave ,Ms Archana Bhatt, Ms Gayatri M, Mr.Pradeep S and Ms Varsha Shah Mr D Patil from Commerce attended the same. Certificates were awarded .
- A staff picnic was organized to Lonavala courtesy Shri Pravin Shah on April ,17. After a year long hard work put in by the teachers it was indeed a day of recharging and rejuvenation and bonding for about 25 teachers who set out to enjoy themselves.
- Ms. Prabha Nair and Ms . Sujata Agrawal helped in the making of a video presentation on the occasion of the 85th birthday of Shri Ashok Mehta , Chairman , SMES . They also did the voicing for the video.
- Intra-college competitions were held in November for Jr college students in events like – 'Best out of waste', Cooking, Elocution and Poster painting
- Jr. college annual day was celebrated on 20th December. Marathi and Hindi film personalities Mr. Shashank Udupurkar, Mr. Sunil Holkar and Ms. Harsh Gupte and Ms Prarthana Bahire were the chief guests. Mr. Raja Naidu Mr. Prashant Bhafalekar and Ms Sangeeta were the judges.

Ms. Sujata Agarwal

Vice Principal, Arts Section

HSC VOCATIONAL DEPARTMENT

Financial Accounting and Office Management

- Our 11th and 12th std students had attended Industrial Visit at Igatpuri from 8th to 9th Dec.2016 we visited various suace making company, steel pipe making industry manufacturing process and Admin section where students learned the accounting system of that company and purchased procedure and how its records are maintained and also visited Hotel Ashwin's catering and Stores Management dept
- Guest Lectures were organised for the 12th std students specially for the subject of English and Hindi by Mr. Abhyankar and Mr. Rakesh singh on 'How to prepare, study and write the answers'.
- 12th vocational Accounting and Auditing students Ms. Komal Pawar participated in Elocution competition conducted at Manibhavan.

Child old age and health care services Department

1. On the job training was conducted for our 12th students as follows
 - Social Service League from 14th March to 30th April,2016.
 - Shri Manav Seva Sangh from 1st Aug to 31st Dec, 2016
 - Shradhanand Mahila Ashram from 1st Aug to 31st Dec,2016
2. Visit was organized for 11th std students to an Exhibition on Art and Craft at Rachana College on 21st Nov,2016 along with Mrs Mokshada Nulkar madam.
3. Guest Lecture was conducted for our students on the following topics.
 1. "Old aged Problems" by Prakash Borvarkar, Director, Help age India on 7th March,2017
 2. "Abnormal Child and New Born Baby care" by Mrs. Ratna Devre (Nursing teacher) from Sion Hospital on 16th and 17th March,2017

Catering and Food Production Technology

1. Students of XII completed their Bakery training program at New Hindu Bakery & WAH restaurant.
2. Visits were organized at Emperio Patisserie , Oven Fresh & WAH restaurants Pvt Ltd.
3. Two days Industrial visit was organized to Igatpuri Where they visited a Ketchup production unit & also visited the food production department at Hotel Ashish.
4. A visit to RBI was also arranged for the students.
5. Students of class XI will be undergoing 2months training program to WAH restaurants & 1month at oven fresh during their summer vacation & will receive a stipend of Rs 3000.
6. Vocational teachers attended 1 day workshop on Teachers guidance program conducted by RO & DVEO at Patuck technical Jr. college Santacruz

Personal Achievement

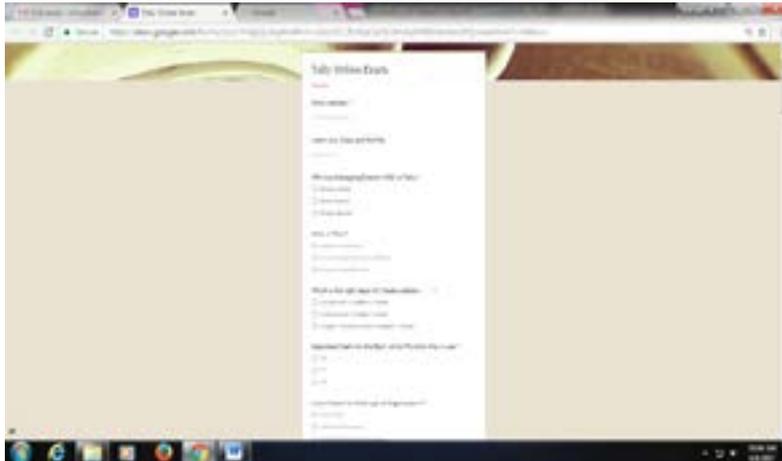
- S/Lt Rajeshree Karanjkar attended Combined Annual Training Camp at Colaba conducted by 1 Mah. Naval Unit NCC from 1st June to 10th June,2016.
- S/Lt Rajeshree Karanjkar attended Scuba Diving Camp from 4th Oct to 23rd Oct, 2016 conducted by 1 Mah Naval Unit at Western Naval command swimming pool.and also attended Yautching Regatta Camp from 24th to 2nd Nov,2016

Ms. Rajeshree Karanjkar
In-charge HSC Vocarional

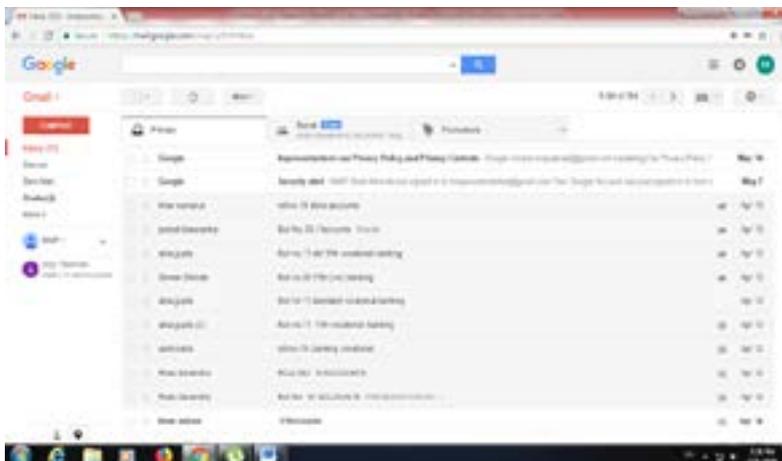
SUPPORT SERVICES

COMPUTER LABORATORY

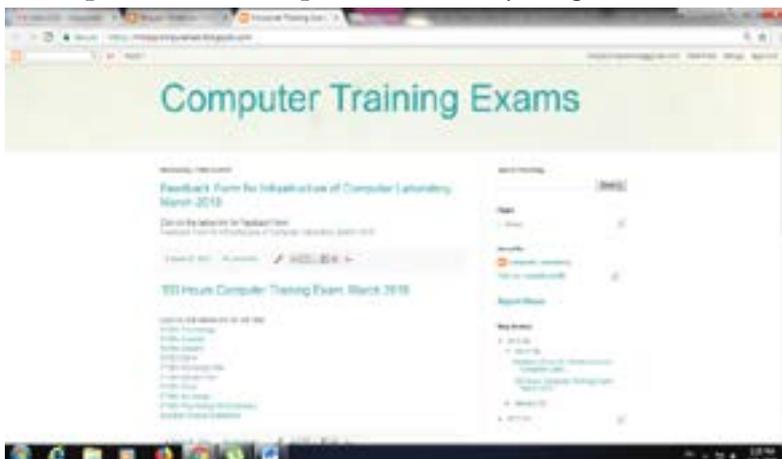
- SNTD Women's University being digitalized a large amount of work is done online. One among them is Online Enrollment of First Year Degree & Post Graduation students, Computer Dept. Staff assisted students in carrying out the process.
- Extra guidance of Regional language font typing was added to the regular syllabus and the training was given to Marathi, Hindi, and Gujarati medium students.
- Assistance was provided to Junior College teachers in filling of examination forms of all the three faculties (Arts, Commerce, and Vocational) for HSC (12th) Board Examinations.
- Students appeared for Online Question Paper for 100 hours Computer Training.



- Online Submission of assignments, PowerPoint presentations, and projects by Students.



- Question papers were uploaded on Computer Laboratory Blog to reduce the use of papers.



- Feedback forms on Computer Laboratory infrastructure were filled online.



- Workshop on “Uses of ICT tools for effective administration” Training for Administrative Staff members was organized by Computer Training Centre on 2nd, 4th & 5th January 2018.



- 5 Day Workshop on “Enhancing use of ICT tools for Effective Teaching & Learning” for Teaching Staff members was organized by Utthaan- IQAC and Computer Center (MMP Shah College) and BCA Dept. (BMN College) from 8th to 13th January 2018.



- HSC Vocational (Banking) Board Practical Examination was conducted on 10th February 2018.

Faculty Achievement

Ms. Rajani Kanojia

- Conducted HSC Vocational Board Practical Examination on 10th February 2018.
- Submitted a Paper “Advantages of Privatization of Education” in Research Journal “AJANTA” – ISSN No. 2277-5730 in International Conference on “Opportunities and Challenges in Service Sector in Global Era” Jointly organized by Department of Economics, PG Dept. Commerce (M. Com) & B. Com-AFI in collaboration with B.L. Amlani College of Commerce and Arts held on 28th February 2018
- Attended a Guest Lecture on “Intellectual Property Rights” by Guest Speaker Prof. Sameena Hasan Jointly organized by IQAC “UTTHAAN” & Shri. G.O. Shah Library on 5th March 2018
- Attended a workshop on “Teaching – Learning and Contemporary Evaluation Methods” by Guest Speaker Dr. Geeta Shetty, Associate Professor at St. Xavier’s Institute of Education organized by Dept. of Psychology & IQAC “UTTHAAN” on 20th March 2018.

Member of the following College Committees:

Member, Website Update Committee

Member, Attendance & Discipline Committee

Member, KRA-Infrastructure & Learning Resources

Member, Criteria: IV-Infrastructure & Learning Resources

Member, SAS – CSR Implementation Committee

Ms. Pinky Makwana

- Submitted a Paper “To study the impact of Corporate Social Responsibility – with reference to Mahindra & Mahindra” in Research Journal “AJANTA” – ISSN No. 2277-5730 in International Conference on “Opportunities and Challenges in Service Sector in Global Era” Jointly organized by Department of Economics, PG Dept. Commerce (M. Com) & B. Com-AFI in collaboration with B.L. Amlani College of Commerce and Arts held on 28th February 2018.
- Attended a guest lecture on “Intellectual Property Rights” by Guest Speaker Prof. Sameena Hasan Jointly organized by IQAC “UTTHAAN” & Shri. G.O. Shah Library on 5th March 2018.
- Attended a workshop on “Teaching – Learning and Contemporary Evaluation Methods” by Guest Speaker Dr. Geeta Shetty, Associate Professor at St. Xavier’s Institute of Education organized by Dept. of Psychology & IQAC “UTTHAAN” on 20th March 2018.

Member of the following College Committees:

Member, Magazine Committee

Member, Students Council

Member, KRA-Governance, Management & Leadership

Member, Criteria V – Student Support & Progression

Ms. Rajani Kanojiya

Computer lab Incharge

FREESHIPS & SCHOLARSHIPS COMMITTEE

- The Committee had started distribution of free ship forms to all the teachers of Junior College, UG levels (BA, BCom), Self-Financed courses (BAMM, BMS and BAFI) and PG Levels (MCom, MA) in the month of August 2016. List of criteria and supporting documents for applying for freeships or scholarships also circulated to all teaching staff.
- The free ship forms along with supporting documents and teachers recommendation was scrutinized by the committee members and pending documents called for and noted.
- Free ship amount per student was decided and total donor amount available was distributed among the applicants. The same was forwarded to the SMES office in prescribed format for actual disbursement to students via NEFT/RTGS.
- Annual Academic Prize Distribution 'Scholars' Day' for Academic year 2015-2016 was organized on 16th December, 2017 in the Ravji Jivraj Chandaiwala auditorium. The achievements of the meritorious students of junior college and UG and PG levels were recognized and awarded. The distribution of prize money to the students was done via direct credit to their bank accounts.
- Letters of gratitude were prepared and dispatched to all the donors.
- Announcement was done and forms distributed for caste-based Government scholarship programs by the non-teaching staff during the conduct of the Semester II college exams and Semester IV university exams in March 2017.
- Orientation for government Freeship & Scholarships Schemes was conducted by Ms. Rajen Dharod on 22nd August, 2017.

IQAC -UTTHAAN

The IQAC-QAC meeting was held on 7 April 2018. The KRA facilitators presented a report of the tasks they had undertaken. The QAC members gave their feedback and suggestions on the KRAs. The IQAC met Training Programmes organised:

Faculty

- The IQAC, 'Utthaan' along with the BCA Department of Dr. BMN College and the Computer Training Center of our college arranged a 6 days ICT Training Programme for all Faculty members from 8 January to 13 January 2018. Additional sessions for Excel and Animoto were held on 18 January and 22 January 2018 respectively.
- The IQAC in association with the Psychology department organised a workshop on Teaching, Learning and Contemporary Evaluation Methods by Dr. Geeta Shetty, Associate Professor, St. Xavier's Institute of Education on 20-3-2018. This program was organised for the teaching faculty from our college, faculty members from BMN College of Home Science, Ruparel and SIWS College also attended the workshop
- Dr. Mangavkar, Principal of Khalsa College was invited to give his guidance on CPE Grant Utilisation on 14 December 2017. Dr. Ashok Salve was also invited to interact with IQAC members and give his inputs for utilisation of CPE Grant on 11 December 2017.
- Students:
- The IQAC in collaboration with Welingkar Institute and Bayer Ltd organised an Introductory lecture on the PG course in Life Sciences on 6-3-18 for third year students of BA (Nutrition & Meal Management and Child Development) and BMS. Thereafter 20 students were selected from this group to appear for an online aptitude test on 14-3-18. 5 students were selected for the interviews held on 15-3-18. Finally, 4 students are selected for the training program which starts on 7 May 2018 at Welingkar Institute.

Guest Speakers

- The IQAC in association with the Library organised a lecture on IPR by Dr. Sameena Hasan for all faculty

members on 5-3-2018. Students of the BCA, Dr. BMN College of Home Science and Principal of SMES Nursing College, Mrs. Anjali Katdare also attended the lecture.

- Along with the Department of Management Studies the IQAC organised a lecture on “Teachers by Design or by Default” by Mr. Gerald D’cunha, Life-coach for Degree and Junior College teachers on 14 Oct. 2017.

Academic Audits

- IQAC arranged for the Departmental Academic Audits from the 6 December to 9 December 2017. The Audit proforma was mailed to all faculty members. Departments were asked to prepare files with complete documentation. A score card was designed for the Academic Audit. An orientation of all faculty members on how to fill in the Academic Audit proforma as well as the Confidential Report was held on 27 November 2017. Two internal Audit teams comprising of 4 teachers each were also oriented on conducting the Academic Audit. The final scores were declared in a meeting held on 18 December 2017. Based on the feedback received through the audit teams and departments, the proforma and the score card will be further modified for the next academic year.
- API verification and follow up with University for three faculty members was carried out in the month of July-August

Seminars/Workshops attended by IQAC members

- Madhavi Sathe, Assistant Professor, and Dr Shobha Dedhia Assistant Professor attended a session on the New NAAC Manual conducted by Dr. M.R. Kurup at K.J. Somaiya College of Science and Commerce on 20 December 2017
- Mrs. Madhavi Sathe, Assistant Professor and IQAC co-ordinator participated in a one -day workshop on New NAAC Guidelines and Self-Study Report Writing organised by the IQAC of SIES (Nerul) College of Arts, Science & Commerce on 7 Oct. 2017.
- Dr. Avaneesh Bhatt and Mrs. Darshana Buch participated in a one day State Level Seminar on “ Writing of new NAAC SSR- Challenges” organized by KLE College, Kalamboli, on 13th January, 2018.

Preparation for NAAC accreditation, 3rd Cycle

- The NAAC Steering Committee was formed to involve all faculty members to contribute towards preparation of NAAC Self-Study Report. The NAAC Steering Committee held 18 meetings to read and understand the new SSR format and the new procedure given by NAAC. A meeting of all degree college faculty along with the NAAC Steering Committee was held on 13 Oct 2017 to orient the faculty about the new NAAC manual and to know the preparations required. The Steering Committees held meetings between 26 February 2018 to 17 March 2018 with the Principal and NAAC coordinator to discuss their criterion and data that will be required for the same.

Other activities

- The IQAC newsletter Utthaan was released on the College Website on 5 September 2017. The theme for the newsletter was the UGC CPE status awarded to the college and utilisation of the grant.
- The AQAR was submitted to NAAC on
- The IQAC prepared proposals for RUSA as part of the Institutional Development Plan (IDP) for the SNDT Women’s University.
- The IQAC members were also involved as the Planning Board for CPE Grant utilisation
- The Best College Proposal was prepared and sent to the University on 23 July 2017.
- The IQAC was involved in preparation of the second proposal for CSR grants from SAS India Ltd. The college could develop 3 more Advanced Smart Classrooms and the Basic Smart Classrooms developed from the earlier grant were upgraded to Advanced Smart Classrooms with the CSR Grant.

SHRI GAMBHIRCHAND OOMEDCHAND SHAH LIBRARY REPORT

“Libraries store the energy that fuels the imagination. They open up windows to the world and inspire us to explore and achieve, and contribute to improving our quality of life. Libraries change lives for the better.”

- *Sidney Sheldon*

Shri Gambhirchand Oomedchand Shah Library continues to be an important component of the institution's education programme. Besides the comfortable studying environment, the library is well equipped with modern facilities such as access to internet and web resources including online journals and e-books. Library is providing a growing range of databases available in electronic form. All the library services have been automated on modern line. The library has fully computerized its collection, which can be accessible through Online Public Access Catalogue (OPAC).

The main thrust of the library continues to be the improvement of the quality of services and facilities, achieving higher degree of users' satisfaction and modernization of its activities and operations. As the knowledge hub of the institution, the library offers package of high quality user focused resources and services to support the research, teaching and learning endeavors of faculty members and students.

The library during the year 2016-17 has made significant progress in several areas.

1. Collection Development and Management

Collection building is one of the basic functions of any library. The library's print and non-print collection is well appreciated and is its greatest asset. The library spent Rs. 181504.10 during the year 2016-17 to maintain and update its collection with new knowledge resources. The expenditure of library during 2016-17 as on 31st March 2017 is as follows:

Expenditure during 2016-17 on various types of library resources

Resources	Expenditure in 2016-17	Items added during 2016-17
Books, CD ROMS	126164.10	478
Journals	22534.00	24 Titles
Magazines	12311.00	20 Titles
Diwali Ank	1467.00	13 Titles
Newspapers	19028.00	13+2
Total	181504.10	

*Includes resources purchased for Junior, UG and PG courses, aided as well as self-financed courses. Includes grants from all sources

Expenditure on various courses grant-wise

	Books added in 2016-17	Worth in Rs.	Journals subscribed in 2016-17	Worth in Rs.
BA	66	15807.00	14 Titles	7124.00
B.Com	7	2385.80	2 Titles	1200.00
M.A. Psychology	1	251.00	1 Title	2000.00
M.A. Hindi	11	3948.00	2 Titles	500.00
M.Com	3	1606.00	2 Titles	4400.00
B.A.M.M	2	2751.00	Nil	0.00
B.M.S.	4	1223.10	2 Titles	7160.00
B.Com A.F.I.	29	6717.00	Nil	0.00

Senior College Book Bank	205	32176.00	Nil	0.00
Junior College	84	12151.20	1 Title	150.00
M.C.V.C. Courses	29	2795.00	Nil	0.00
UGC XII Plan	18	19166.00	Nil	0.00
ICSSR	19	25187.00	Nil	0.00
Total	478	126164.10	24 Titles	22534.00

A special mention is worthy of the grant of Rs. 25000/- received by the library for purchase of books from the ICSSR. Choicest titles from the area of social sciences were selected and procured under this scheme.

Library's Electronic resources

The Library provides access to a wide variety of online e-resources including INFLIBNET N-LIST, electronic books (e-books), electronic journals (e-journals), online databases and educational websites. Offline e-resources such as CD ROMS and DVDs are also available on select topics in the library. The library also offers access to databases and e-journals subscribed by the SNTD Women's University library.

Library Web Site (<https://sites.google.com/site/goshahlibrary>)

The library has an independent website which not only provides detailed information about the library and its activities but also offers a single window remote access to many online e-resources. The institutional website also directs the user to the library website.

2. Library Services

In addition to the regular library services such as book circulation for in-house and for home reading purposes, reference service, project assistance, computerized catalogue for better search experience, periodicals service, etc, specialized services were provided for bridging the gap between the user and the source of information as well as for providing current awareness to the readers by way of information alert and special services.

- Introduction of list of additions service on the library notice board as well as in the foyer area for the benefit of students and teachers.
- Display of new arrivals near the library entrance for quick attention.
- Book displays on various subjects and topics.
- Information display and display of newspaper clippings on the library notice boards on topics of current importance
- Display of Reviews of books purchased by the library.
- Display of news-paper supplements "Ascent", "Career Vrutant", "Pragati Fast, "Education Times" for career guidance and job alert to students

3. Users Education/ Library Orientation

Users' education is an important regular activity of the library to inform, alert, educate and train users about various resources and services of the library. Regular library orientation programs were organized for new entrants wherein detailed information about the library, its resources and services as well as use of OPAC was provided.

4. Special Initiatives undertaken for promoting e-resources

The library is a member of the INFLIBNET e-resource consortia through which access is provided to e-journals and e-books. Detailed orientation cum demonstration about the INFLIBNET was organized on 17th August 2016 and 14th October 2016 for M.Com. and M.A students respectively. Librarian, Ms. Ashwini Prabhu explained INFLIBNET, the library website and other open access resources such as Google Scholar, Directory of open Access Journals; Open access journals search engine, etc. The databases offered by the SNDT women's University library were also demonstrated to the students and the access procedure was explained. Information was also provided on formulation of the search strategy for better information retrieval.

A special half day workshop was organized by the commerce department for the B.Com. students on "Effective use of electronic resources" on 1st September 2016 in the AV Room. The librarian, Ms. Ashwini Prabhu was invited to acquaint the students with e-resources and ways of accessing them effectively.

5. Book Bank

The library maintains a book bank to help needy students belonging to economically weaker sections of the society. The bank mainly consists of the prescribed text books for undergraduate courses specifically BA and B.Com and loans books to these students for full year. During the year, 241 students availed this facility. As a healthy practice and a small step towards our social responsibility, this year too the library offered special consideration through the book bank to students from NGOs such as Manav Seva Sangh and Shradhanand Mahilashram.

6. Special Activities

The library occasionally stepped beyond its routine functions and organized interesting activities for the users. The details are as follows.

- The library in continuation with its efforts towards use of technology for better library services developed a video film on "Effective use of library OPAC". This e-content was developed after much research and efforts by the Ms. Ashwini Prabhu to enable self-paced learning as well as a supportive tool for offering library orientations to students.
- Ms. Ashwini Prabhu was invited to work as Rapporteur for UGC Sponsored National seminar on "Innovative Applications of Technology in Libraries" on 23rd September 2016 organized by Prahladrai Dalmia Lion's College of Commerce & Economics, Malad, Mumbai
- Since last year 15th October is celebrated as "Vachan Prerana Diwas" in the memory of eminent scientist and former president Dr. A.P. J. Abdul Kalam. The library displayed books written by and on Dr. Kalam.
- Ms. Ashwini Prabhu was invited on the occasion for a special lecture and presentation on "Reading Skills" by Smt. Kamlaben Gambhirchand Shah Law School for its students.
- Ms. Ashwini Prabhu was invited by the Marathi department for interaction with Marathi medium students on "Developing Effective Reading Habits" on 13th January 2017 on the occasion of Vachan Samvardhan Saptah. Her interactive presentation in Marathi was well appreciated by the students.
- The library displayed select books on and by Gyanpeeth awardee Shri. V.V. Shirwadkar alias "Kusumagraj" on occasion of Marathi Bhasha Din on 27th February 2017 in the library. His select poems were

displayed on the notice board in the foyer.

- Ms. Ashwini Prabhu mentored the library science student intern from the SHPT School of Library Science, SNDT Women's University under the 240 hours compulsory library internship. The student was offered training in all practical aspects of librarianship from 1st February to 18th March 2017.

7. Staff News

The library could not have achieved all that it did without the continued dedication of our staff which enables all parts of the library to function in a professional manner. We appreciate their commitment to upholding high standards of service to all who visit us or use our services. The description given below highlights the continuing education as well as other activities in which they have been involved in addition to their regular jobs:

Ms. Ashwini Prabhu, Librarian

- Presented paper on "Embedded or blended: A dilemma for academic librarians" in International Symposium on Knowledge and Communication June 10-11 2016 organized by SVKM's NMIMS and Khon Kaen University, Thailand at NMIMS Shirpur, Dhule, Maharashtra. The paper was declared as one of the best papers and was published in the conference proceedings bearing the ISBN 978-93-85664-16-8.
- Presented paper on "Screen Casting: An effective tool for OPAC instruction" in UGC Sponsored National seminar on "Innovative Applications of Technology in Libraries" organized by Prahladrai Dalmia Lion's College of Commerce & Economics, Malad, Mumbai on 23rd September 2016. The paper was well appreciated and was published in the conference proceedings bearing the ISBN 978-81-926019-7-7.
- Participated in "Elsevier Connect Seminar" organized by Elsevier Publishing in Mumbai on 30th November 2016
- Participated in UGC sponsored Short term Course in "E-content Development" from 19-24 December 2016 conducted by the Human Resource Development Centre, University of Mumbai.
- Participated in NAAC sponsored National Conference on "Academic and Administrative Audit" organized by IQAC, College of Home Science, Nirmala Niketan, Churchgate, Mumbai on 10-11 January 2017.
- Presented paper on "Promoting E-resources: A practical experience" in National Conference on "Library Innovations for Excellence – LIFE 2017" organized by Indian Institute of Science Education & Research, Pune on 16-17 February 2017. Her paper won the best paper award and was published in the conference proceedings bearing the ISBN 81-7019-569-2.
- Participated in Workshop on "API and Maharashtra Public Universities Act 2016" organized by DTSS College of Commerce and P.D. Turakhia Junior College of Commerce and Science on 9th April 2017.
- Was invited for Round Table Discussion at the American Library on "New initiatives for transforming libraries" by American Library, US Consulate, Bandra on 11th April 2017.
 1. Contributed article on "Sarvekshanakarita online prashnavali: Ek upyukta sadhan" in "Dyangangotri" (ISSN 2231-6507) a journal in library and information science published by The Yashwantrao Chavan Open University
 2. Was invited as expert for documentation related assistance during NAAC assessment by Maniben Nanavati Women's College, Vile Parle, Mumbai
- Was invited as an expert for library audit by S.M.Shetty College of Science, Commerce and Management Studies on 16th June 2016.

Other Contributions

Beyond her role as a librarian, Ms. Ashwini Prabhu also discharged her duties at the university and institutional level as follows

- Member - CAP as well as Board of Paper Setting for Programme of the Master of Library & Information Science, SNTD Women's University
- Convener - Library Committee
- Convener - Criteria IV NAAC Steering Subcommittee `
- Member - IQAC
- Member - Website Committee
- Member – Research Journal Publication Committee
- Member – KRA-D Committee
- Member – Panel for Best Student selection

Ms. Ashwini Prabhu

Librarian

NCC ANNUAL REPORT

Sr. No	Date	Event	Venue	Level	No.Of ca-dets	Prize
1	20th July 2016 to 28th July 2016	ATC Cum GSC - II Camp	Virar	Group Level	02	2 Cadets Selected For ATC Cum GSC - III
2	29th July 2016 to 8th August 2016	ATC Cum GSC - III Camp	Virar	Group Level	02	2 Cadets Selected For ATC Cum GSC - III
3	9th August 2016	Kranti Diwas Celebration	Kranti Maidan-Grant Road	Battalion Level	19	-
4	9th to 17th August 2016	TSC Cum IGC Camp	Pune	State Level	01	-
5	15th August 2016	Independence Day	Smt. M.M.P. Shah Women's College, Matunga	College Level	40	-
6	15th August 2016	Weapons Exhibition	Acharya Ground,Ghatkopar	Group Level	15	-
7	26th August 2016	Tree Plantation	Nature Park , Sion	Battalion Level	19	-
8	27th August 2016	Tree Plantation	Nature Park , Sion	Battalion Level	19	-
9	11th September 2016	Swatchata Abhiyan	Girgaon Chow-Pati,Charni Road	College Level	13	-
10	27th September 2016 to 6 October 2016	CATC CUM RDC Camp - 1	Panvel	Group Level	04	4 Cadets Selected for CATC RDC Camp
11	2nd October 2016	Gandhi Jayanti Rally	Lions Club, Sion	College Level	18	-
12	6th to 17th October 2016	NIC Camp	Colaba - KV3	National Level	02	-
13	13th to 23rd October 2016	CATC Cum RDC Camp - 2	Home Guard Centre,Ghatkopar	Group Level	05	4 Cadets Selected for RDC - III
14	25th October 2016 to 3rd November 2016	CATC Cum RDC Camp - 3	Home Guard Centre,Ghatkopar	Group Level	05	4 Cadets Selected for RDC IGC
15	4th to 13th November 2016	RDC Cum IGC	Aurangabad	State Level	04	-
16	4th to 13th November 2016	CATC CAMP	SNDT Women's University Charch-gate	Battalion Level	19	-

17	5th to 14th November 2016	Basic Leadership Camp	Kolhapur	State Level	02	-
18	20th November 2016	Blood Donation	Ghatkopar	College Level	23	-
19	26th November 2016	Public Service Bank and ATM	Sion	Battalion Level	10	-
20	5th December 2016	Drill Competition	Joshi Bedekar College, Thane	Group Level	13	BEST Tournament
21	13th December 2016	Drill Competition	K.J. Somaya College, Vidyavihar	Group Level	16	BEST DAHINE DARSHAK
22	29th to 31st December 2016	Annual Day Camp	Smt. M.M.P. Shah Women's College, Matunga	College Level	60 (SNDT COY -1 and M.M.P Shah COY-3)	-
23	31st December 2016	Annual Company Day	Smt. M.M.P. Shah Women's College, Matunga	College Level	60 (SNDT COY -1 and M.M.P Shah COY-3)	All Rounder- J.U.O Ashma Chohan
24	1st to 18th January 2017	NIC Camp	Dimapur, Nagaland	National Level	02	-
25	7th January 2017	ARMY , NAVY , AIRFORCE Weapons Exhibition	Thane	Group Level	1 NCC Incharge, 1 X-Cadet 10 Cadets	-
26	8th January 2017	Swami Vivekanad Marathon	Juhu Beach, Santa-cruz	University Level	31	-
27	26th January 2017	Republic Day	Smt. M.M.P. Shah Women's College, Matunga	College Level	40 Cadets with NCC Incharge & ANO	-
28	26th January 2017	Weapons Exhibition	Acharya Ground, Ghatkopar	Group Level	15	-
29	2nd & 4th February 2017	Workshop on "Personality Development & LEAD THE FUTURE"	A.V. Room, Smt. M.M.P. Shah Women's College, Matunga	College Level	20	-
30	12th February 2017	'B' CERT Examination	Bhavans College, Andheri	Group Level	13	-

31	23rd February 2017	Annual Company Day	S.P.N.Doshi College, Ghatkopar	College Level	13	-
32	28th February 2017	Workshop on Disaster Management	Anjuman Kherul Islam Urdu Girls Hish School	College Level	02	
33	8th March 2017	International Women's Day Celebration	Smt. M.M.P. Shah Women's College, Matunga	College Level	13	-
34	13th April 2017	Innigration of Computer Lab	Smt. M.M.P. Shah Women's College, Matunga	College Level	07	-

N.S.S. ACTIVITIES REPORT

SPECIAL PROJECT - MUTTHI ANAAJ DAAN

The simple & highly fruitful concept of Mutthi Anaaj Daan (M.A.D) first came to a group of enthusiastic friends who wanted to make a difference for the underprivileged. With basic maths & other related technicalities, M.A.D was chalked up as an effective plan of action. For M.A.D, all one has to do is put a fistful of grain in a plastic jar over the course of a month & that respective contribution is checked, packed & distributed to the people in need. However, careful monitoring is implemented to make sure that the correct mad process is being practiced. Institutes that take up the responsibility of distributing the collected grains are thoroughly screened along with their accounting books, records of the donors & the recipients. M.A.D. being tied in with education, only those continuing with their education is eligible to benefit with grains.

M.A.D got the proverbial boost in May 2014 with a huge contribution when the Lions Club of Sion made a huge contribution of supporting 40 street children's families. Within the next 3 months, Smt. M.M.P. Shah Women's College of Arts & Commerce in Matunga made their contribution towards 125 girls who came from impoverished areas like Dharavi, Sion, Antop hill, etc. Now 255 needy students were benefited in this noble project.

To continue the services for the needy students the N.S.S unit plans to give students the ration of rice and dal for the upcoming months (April and May) together so that there is no discontinuation of services till the next academic year.

June

Training Camp – Avhan - 2017

“Maharashtra” state level “Avhan – 2017”, A Disaster management training program, was conducted at Shivaji University. Our N.S.S. Volunteers Ms Akshata Shashukant Pawar was selected for the 10 days Chancellor's Brigade: NSS wing training camp. On Disaster preparedness the camp was organized by Shivaji University, at Kolhapur from 1st June to 10th June 2017.

Yoga Workshop

On the occasion of World International Yoga Day, the NSS unit, NCC and Sports Depart-

ment jointly organized the workshop on yoga in the 19th June 2017. Guest speaker Mrs. Anjali Joglekar through her lecture she made students how yoga being beneficial for physical and mental well being, various exercises were taught for the students and teaching and non-teaching staff in order to encourage them practices these exercises on a daily basis. 150 students attended this workshop. This workshop was in collaboration with SNDT Women's University.

Yoga Day

On the occasion of World Yoga Day, the NSS Unit, NCC and Sports Department jointly organized the workshop on yoga on the 21st June 2017. Guest Speaker Mr. R.K. Menon Advisor Corporate affairs. The chief guest addressed the students on topics like Meditation and Relaxation. Students were explained the technique meditation. After that Mrs. Neha Bhonsle taught some yoga exercise to students and she made students how yoga being beneficial for physical and mental well being. Around 150 students participated in the celebration a record of which has been maintained.

Mutthi Anaaj Daan

On 24th June 2017, NSS Unit organized Mutthi Anaaj Daan Project, 250 needy students were benefited. In these project students gets 5kg rice and 2 kg tur dal. The Chief Guest was Shri Krishanan Govind Muthukumar.

July

Note Book Distribution

On 1st July 2017, the N.S.S unit of Smt. Maniben M.P. Shah Women's college of Arts and Commerce along with Jeevan Prakash Trust and Lions Club of Sion took a step together towards promoting education among the less fortunate girl students helping them realize, the importance of education for a better future.

Realizing a fact that, acquiring basic education today, still lacks motivation and resources especially for a girl-child, the drive, gained an unprecedented support and respect from Jeevan Prakash Trust and Lions Club of Sion, where enthusiastic volunteers approached them to make an overall collection of 150 dozens of books.

The event was honored by the Chief Guest, Lion Rita Sanghavi. Program Officers, Committee members and the staff were present to grace the occasion.

Tree Plantation

On the occasion of Van Mahotsav, the NSS organized the Tree Plantation Drive on 1st July 2017 in association with Lions Club of Sion. The volunteers were addressed about the importance of trees in our environment to fight global warming and to save our environment. Inspired by the plantation drive, our guest and students were planted 6 plants in our college premises and on the footpath of college. Our volunteers came forward and took 20 trees to be planted in their neighborhood.

MutthiAnaaj Daan's Umbrella Distribution

On 8th July, 2017 a program on 'MutthiAnaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 250 students participated. Each student was fortunate to get 5 kg of Rice and 2 kg Turdal .Chief Guest was Shri Vasant-bhai Sanghavi.

On same day Lions Club of Sion sponsor 100 Umbrella for 100 NSS needy volunteers and also another 200 Umbrella were donated by Lion Ashok Mehta.

World Population Day

Marking the World Population Day, on the 11th of July, 2017, the N.S.S Department of Smt. M.M.P Shah College of Arts and Commerce, Matunga organized Poster Competition, where students displayed their views on aspects of an ever-changing global world with vibrant and creative posters. Also, students participated in an elocution competition held by the N.S.S, providing them with a platform to come forward and express freely their views regarding various global issues and events. The event had 60 students participated in various events of world population day.

Voter ID Campaign

NSS unit organized special voter ID Enrollment Drive from 13th July to 10th August .Our NSS volunteers create awareness among students the importance of voting in a democracy. Under the democratic process a single vote in any election is very important. Recognizing the importance of their vote so it should be used judiciously. During this process our volunteers informed the students as well as their neighborhood who completed age of 18, they were enrolled in the electoral rolls and voter identity cards.

Guest Lecture on Menstruation Hygiene Awareness & Self Defense Training

On 14th July 2017, the speaker explained what is Menstruation & Why is menstrual hygiene and management essential for girls and women. Organised talk on Menstruation Hygiene Awareness with PPT presentation for all 1st year Students this programme was organized in association with Siddhivinayak Temple Trustee Mr. Nitin Vishnukadam as a trend setters give a speech for students. Students received gift hamper worth Rs. 460/- 360 sanitary napkins face wash and hair oil sponsored by Emami Company.

On the same day self defence techniques workshop conducted by Top Security Staff and Mr. Mahesh Navle President of Karate and Dance association with live demonstration and how to build the confidence in case of emergency, how one can protect oneself.

Workshop On Road Safety

On 24rd & 25th July 2017, Road Safety Workshop organized by NSS Unit in collaboration with United for Road Safety. 35 volunteers per day participated in this workshop. This workshop was conducted with the help of PPT presentation by Mr. Bhawgwat Gawahile, Mr. Pradip Chavan & Mr. Sudhakar Waghmare the aim of workshop was to make the students aware about the road safety rules and regulation, how we drive safe, identify the different sign and colors of signals etc. After this workshop the professional rider Mr. Karan Desai has done the demonstration how to run bike safely and what precaution has to be taken while driving on the road.

N.S.S. Orientation

N.S.S Unit organized an orientation program for N.S.S.Volunteers on 25th July 2017. 300 volunteers attended the program. Mrs. Rekha Shelar, NSS programme officer oriented the student about NSS Motto, Objectives, importance about NSS batch. After that she explained various activities under taken by the NSS unit like – MutthiAnnajDaan, Freeship programme, Special Camp, various camps etc. The theme and the projects undertaken by the NSS unit were spoken about in detail to the students to motivate them to be a part of the NSS unit. In this orientation chief guest was Dr. Nitin Prabhu Tendolkar NSS Co-ordinator SNDT Women's University addressed the volunteers.

On the same day NSS Advisory Meeting was held by Dr. Nitin Prabhu Tendolkar with Principal, all Programme Officers, Social Worker and representative Students.

August

Pre RD Selection Camp

Ms. Ashwini Salekar & Ms. Vrushali Jagdap attended University Level Pre RD Selection Camp 2017-18 it was organised by University NSS Cell at SNDT Arts & Commerce College for Women, Pune on August 5, 2017.

Hiroshima Rally

On 6th August 2017, 108 volunteers participated in 'Hiroshima Day' rally from Azad Maidan to Hutatma Chowk, volunteers held banners and posters displaying their agitation against disharmony in the world and expressed a need for tranquility. The rally was organized by Sarvodaya Mandal Mumbai.

Swachh Bharat Mission

On 10th August 2017, Wadala Gate No 4 Each group was assigned a specific area. 36 volunteers were gone for Swachh Abhiyan at Wadala gate No.4. They cleaned the area around the Wadala slum area. Then they made aware the residence about the cleanliness with the help of poster & slogan.

Cleanliness Drive

On 11th August 2017, NSS Unit participated in Cleanliness Drive Awareness programme at King Circle Railway station, collaboration with Central Railway Station Mumbai Division our volunteers prepared slogan and poster related to the cleanliness Railway station, our volunteers stand in the platform with poster and slogan to aware the passenger about Railway cleanliness and people should learn to use dustbins instead of littering. Our focused on cleanliness and hygiene on various fronts of railways," Besides ensuring cleaning activity, the volunteers were also on a drive to educate passengers on keeping the platform clean through the oath and sign camping. There has been media coverage in interaction with the students. This media coverage has come on 11th August 2017 at <http://youtube.be/348d3YoBljE>

Quit India Movement

On 9th August 2017, NSS Unit Organized pledge taking ceremony on the occasion of "Quit India Movement". In this programme we screened the movie to the students.

MutthiAnaaj Daan

On 12th August 2017, a program on 'MutthiAnaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 250 students participated. Each student was fortunate to get 5 kg of Rice and 2 kg Turdal .Chief Guest was Mr. Anil Bajria. In this month 15 more students were also benefited. From these 15 students 5 students sponsored by Principal Dr. Leena Raje and 10 students by Smt. Usha Sampat. On same day 50 Tulsi plant were donated by Lions Club of Sion and 10 Dress Matrial was donated by Smt. Usha Sampat.

Swachh Bharat Mission Project at Juhu beach

On 14th August 2017, 30 volunteers were gone for Swachta Bharat Mission Project at Juhu Beach. They cleaned the beach area and also they picked up plastics bag and garbage on the beach. Then they made aware the people about the cleanliness with the help of poster & slogan.

College Campus Cleanliness Drive

On 24th August 2017, Around 20 Volunteers cleaned the college premises as well as created awareness among students through speech & slogan in every class room. They explained the importance of cleanliness at our home as well as at our working place to the students through demonstration and slogans.

September

Teachers Day Celebration

On 4th September 2017, on the occasion of Dakshaben Pathak Memorial Lecture .Our 50 NSS Volunteers attended the programme. Guest speaker was Dr. Nivedita Moulick , she covered the topic on "A Session on Thyroid and its Disorders " with the help of the PPT Presentation.

MutthiAnaaj Daan

On 9th September 2017, a program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. Rice and tur dal were distributed keeping in mind the nutritional value necessary. 250 student was fortunate to get 5 kg of Rice and 2 kg of Turdal . Chief Guest was Smt. Zarnaben Somaiya.

Blood Donation

On 16th September 2017 NSS unit of Smt. MMP Shah College & Dr. BMN College in co-operation with LTMG Hospital Sion and Lions Club of Sion organized Blood donation drive. Total 21 Students, Teachers and office staff donated the Blood. Chief Guest was Lion Rita Sanghavi. Around 200 students were rejected due their low hemoglobin and weight.

Rose Day

On 22nd September 2017 Celebrating the spirit of the brave Cancer patients and survivors on Cancer Rose Day, 15 NSS volunteers and 5 NSS Program Officers distributed fruits and biscuits to 300 patients and relatives at one of the most prestigious cancer treatment and rehabilitation providing in Tata hospital Parel.

October

Rally on Gandhi Jayanti & Swachh Bharat Abhiyan

On 2nd October 2017, on account of Gandhi Jayanti, the NSS unit with the Lions club organized 'Awareness rally' from College to Sion hospital, Tarachand Bapahospital, SIES College, Sion circle with play cards and posters on various topics. 360 volunteers participated in this rally.

After rally NSS unit also followed activities for Swachh Bharat Abhiyan, 25 volunteers cleaning the King Circle Railway station and surrounding.

Thalassemia, CBC Checkup, Diabetic checkup camp & counseling

On 4th Oct. 2017, Thalassemia and CBC Checkup was organized in collaboration with the Lions Club of Sion and Rotary Club of Worli. 300 students attended a Lecture on Thalassemia - the guest speaker

Mr. Pankaj Tanna. Later, Mr. Tanna also discussed about the significance of getting Thalassemia check-up done before entering into a marital relationship.

121 students, who gave their blood sample for testing out of which 5 students were get affected by Thalassemia and also 31 Students were affected by Anemic due to low Hemoglobin. 54 Teaching and Non-Teaching staff did diabetic checkup.

Mutthi Anaaj Daan

On 7th October 2017, a program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. Rice and tur dal were distributed keeping in mind the nutritional value necessary. 250 student was fortunate to get 5 kg of Rice and 2 kg of Tur dal. Chief Guest was Mr. Ajit Mota.

Poster, Slogans and Street Play on Road Safety

14th October, 2017, NSS unit with collaboration with United Way organized Poster, Slogans competition. 50 volunteers participated in this event and was displayed in the college premises. 15 volunteers performed street play on road safety awareness.

Extended Diwali Celebration

More than 50 children of Mammoli village was overwhelmed to celebrate Diwali with our NSS volunteers. The celebrations included playing games, distributions of sweets and farsan. Village Sarpanch Smt. Rinku Bangor and aanganwadi teachers with our NSS team celebrated Diwali with the village children.

November

Mutthi Anaaj Daan

On 11th November 2017, a program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. Rice and tur dal were distributed keeping in mind the nutritional value necessary. 250 student was fortunate to get 5 kg of Rice and 2 kg of Tur dal. Chief Guest was Ms. Anusha Srinivasan Iyer.

On 22nd November 2017, a program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. Rice and tur dal

were distributed keeping in mind the nutritional value necessary. 250 students were fortunate to get 5 kg of Rice and 2 kg of Tur dal.

December

AIDS Awareness – Poster and Slogan Competition

Poster and Slogan Competition on AIDS awareness was held on 30th November, 2017. Later, posters and slogans were displayed in the foyer. 30 NSS Volunteers participated in this competition. On 1st December 2017 Mrs. Rashmi Shetye – Tupe and Smt. Renuka Prajapati conducted a lecture on AIDS awareness, the aim of the lecture was to make the students aware about when and where can one go for HIV testing, importance of early detection to increase the life span of HIV Positive individual Etc.

Mutthi Anaaj Daan

On 22nd December 2017, a program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. Rice and tur dal were distributed keeping in mind the nutritional value necessary. 250 student was fortunate to get 5 kg of Rice and 2 kg of Tur dal. Chief Guest was Ms.(Dr.) Patti Hill and Mr. Greg.

N.S.S. Special Camp

23rd to 29th December 2017, 246 volunteers participated in this camp held in the College Premises the Chief Guest was Lion (Dr.) Ashok Mehta, International President-2005-06, Special Guest Shri Kamlesh Dalal, Shri. Vasantbhai (Treasure of Seva Mandal Education Societies). Acting Principal Dr. Renuka Prajapati and all N.S.S. Programme officers were present for the inaugural function. All the volunteers were motivated and encouraged. Various Guest Lecture, Group Activities, Skit Play, Cultural Programmes, Patriotic Song, Leadership Training & Competition were organized for the betterment of volunteers. Apart from this 'Slum Visit', 'Adopted area Wadala gate No. 4 and King Circle Railway Station to spread awareness about 'Cleanliness & Hygiene'. The theme of the camp for this year was "Women Empowerment", and "Swachh Bharat Abhiyan".

Razing day security organized by Wadala railway Station

On 2nd January 2018, NSS Volunteers were participated on the account of Razing day, they made aware the passenger about the railway rules and Safety.

Khichdi Distribution Project

On 13th January 2018, on the Birthday of International President (Lions Club) Lion Naresh Agarwal, LEO Club of MMP Shah College in collaboration with Lions Club of Sion has distributed Khichdi to more than 200 students.

Markarsankarti Celebration at adopted village Mammoli (Murbad) Kalyan

On 15th January 2018, on the occasion of Markarsankarti NSS Unit has visited the adopted area Mammoli with Lions Club & Leo club of MMP Shah College. On same day NSS unit in collaboration with Lions Club of Sion and Leo Club of MMP Shah College has done project :

1. Books (Costing Rs. 21000/-), for school Library
2. 5 dustbins (Rs. 17500/-) for Village
3. Toys worth Rs. 7500/- for aanganvadi children's.

4. Some snacks for students.

NSS Annual Day & Prize Distribution Function

On 23 Jan. 2018 NSS Unit celebrated NSS Annual Day and Prize Distribution function. Around 280 volunteers attended this function. Around 12 Active NSS Volunteers were felicitated with Trophies, Cash Prizes and Certificates at the hands of Chief Guest Lion Pradip Parekh, Lion Kamlesh Dalal- Guest of Honour and Lion Rita Sanghavi - Guest of Honour, Principal Dr. Leena Raje, Sr. College Vice Principal Smt. Renuka Prajapati and Jr. college Vice Principal Mrs. Prabha Nair & Mrs. Sujata Agarwal all NSS PO were present for the function.

Mutthi Anaaj Daan

On 3rd February 2018, a program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit and Leo Club of MMP Shah College in collaboration with Lions Club of Sion, where students were distributed rice and dal as a part of the programme. Rice and tur dal were distributed keeping in mind the nutritional value necessary. 250 student was fortunate to get 5 kg of Rice and 2 kg of Tur dal. Chief Guest was Ms. N. Ambika, Deputy Police Commissioner, Matunga and she also takes the lecture on Women Empowerment and Women Safety.

Elocution Competition

On 7th February 2018, our 2 NSS Volunteers Ms. Rohini Jagdale and Ms. Ashwini Salekar was participated in Mathoshri Rambai Ambrdkar 35th Inter- Collegiate Elocution Competition 2017-2018 organised by Siddhartha College of Commerce & Economics. The theme for the competition was "Beti Bachao, Beti Padhao". They got the participating certificate. The prime objective of holding this competition is to create a social awareness among the students. Guest Lecture on "Nari Swastha Suraksha Abhiyan" - Sanitary Napkin Awareness Camp
On 16th February 2018, a Guest Lecture on "Nari Swastha Suraksha Abhiyan" - Sanitary Napkin Awareness Camp organised by the N.S.S unit. The guest speaker was Mr. Kambli, he spoke about the potential health threats posed by the usage of commercial sanitary napkins and gave a hands-on demonstration followed by a Lecture.

Awareness about Population Control

On 1st March 2018, NSS Unit has organized the Population Control Awareness campaign. Volunteers took out a work population awareness campaign from college to Maheshwari Udyaan. The aim of the campaign was to spread awareness about various issues relating to population explosion. The Awareness Campaign was done by poster and slogans.

Mutthi Anaaj Daan

On 10th March 2018, a program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit and Leo Club of MMP Shah College in collaboration with Lions Club of Sion, where students were distributed rice and dal as a part of the programme. Rice and tur dal were distributed keeping in mind the nutritional value necessary. 250 students were fortunate to get 5 kg of Rice and 2 kg of Tur dal. Chief Guest was Mr. Kavin & Ms. Meera Mehta.

HONORS AND ACHIEVEMENTS

- Ms. Rajeshree Bansode has been awarded State Level Best Volunteer Award for the out-

standing contribution towards NSS programmes for the year 2016-17.

- Mr. Manoj Sinha (Station Master) King Circle Station has felicitated our NSS Unit for continuous support & assistance for the betterment of station, the station has been adopted by our NSS Unit since 2013.

Ms. Renuka Praja[ati
Mr. Rakesh Singh
NSS Programme Officers

SPORTS REPORT

Sr.	Date of the Event	Details	National/State/Regional/Institutional Level	No. of Students	Prize
01	21/6/2016	International Yoga Day in College. Organized by Sports Department with inviting chief guest Ms. Neena Singh SR & JR college students participated with the staff members.	National level	100	-
02	30/7/2016	The S.N.D.T. Department of Physical Education organized the Hike to Bhivpuri waterfall from our college. Interested student participated with sports teacher Mrs. Suvarna Joshi.	Institutional level	20	-
03	10/08/2016 & 11/08/2016	SR. Intercollegiate Table Tennis, Badminton, Chess, Carrom & Elocation Competition held at Juhu Campus Hosted by L.J.N.J. Mahila Vidyalaya Vile Parle. Students Selected for Inter-University: 1) Badminton:- a) Ms. Pranali Lad (BAFI) b) Ms. Sonam P. Lagad (F.Y.BA.) c) Ms. Vishaka V. (T.Y.BA.) d) Ms. Soni S. Yadav (F.Y.BCOM.) 2) Table Tennis:- a) Ms. Prachi Bhosale (T.Y.BCOM.) b) Devika Kamath (T.Y.BCOM.) c) Ms. Megha A. Mohite (T.Y.BCOM.) d) Nshi P. Thakkar (F.Y.BCOM.)	Institutional level		2nd in Table Tennis by Ms. Prachi Bhosale & 2nd in Badminton by Ms. Pranali Lad
04	29/8/2016 & 30/8/2016	SR. Intercollegiate VolleyBall, Rope Mallkhamb, Basketball, Taekwondo & Quiz Competition at Loni. Hosted by BCA+ARTS College, Loni.	Institutional level		2nd in Taekwondo by Ms. Shweta Wagela (S.Y.BA. Guj. Medium)

05	30/09/2016 to 01/10/2016	SR.Intercollegiate Table Tennis,Badminton,Chess,Carrom & Elocation Competition held at Juhu Campus Hosted by L.J.N.J. Mahila Vidyalaya Vile Parle. Students Selected for Inter-University: - 1) Badminton:- a) Ms.Pranali Lad (BAFI) b)Ms.Sonam P. Lagad (F.Y.BA.) c)Ms.Vishaka V.(T.Y.BA.) d)Ms.Soni S.Yadav (F.Y.BCom) 2) Table Tennis:- a)Ms.Prachi Bhosale (T.Y.BCom) b)Devika Kamath (T.Y.BCom) c)Ms.Megha A. Mohite (T.Y.BCom) d)Nshi P. Thakkar (F.Y.BCom)	Institutional level		2nd in Table Tennis by Ms.Prachi Bhosale & 2nd in Badminton by Ms.Pranali Lad
06	30/09/2016 to 01/10/2016	SR.Intercollegiate Kabaddi , Kho-Kho Boxing,Wrestling& Essay Competition at Kolhapur. Three Students Selected for Inter-University Kabaddi: - 1)Ms.Priyanka Vinjale (M.Com) 2) Ms.Ankita Shinde (T.Y.BA.) 3) Ms.Prapti Solkar (F.Y.BA.) Students Participated: Ms.Ujwala Wakde(T.Y.BA.), Ms.Reshma V. (F.Y.BA.), Ms. Ashwini S.Tupe (F.Y.BA.), Ms.Jyotia Hambire (F.Y.BA.), Ms.Chaitanya Sawant(F.Y.BA.), Ms.Renuk H. Joge(F.Y.BA.), Ms.Shiwani M.Waghmare. 2nd in Boxing & Wrestling by Ms. Shweta Waghela (S.Y.B.A.Guj.Medium) 3rd in Boxing by Ms.Komal Bhatt (S.Y.B.A.Guj. Medium)	Institutional level		2nd in Kabaddi by College Team
07	30/09/2016 to 01/10/2016	SR.IntercollegiateAthletic Meet, Road Race,Langadi & Fencing Tournaments at Akh-luj.	Institutional level		4th Price in Road Race

08	13/12/2016 to 16/12/2016	<p>JR.Intercollegiate Sports Competition 2016-2017 organized by SNDT College Churchgate. In different category of sports like Kabaddi, Volleyball, Kho-Kho, Yoga, Chess, Boxing, Carrom, Taekwondo, Cricket, Table Tennis, Badminton, Ropemalkhamb, Essay, Basketball, Elocution Competition held at Churchgate & SVT Juhu Campus. Our students achievements in this Competition are as follow:-</p> <p>Volleyball team members: Ms.Supraja Shetty (11th Com.Capt), Kum.Harshada Sawant (11th Com), Ms.Afifa Sayyed (11th Arts), Ms.Nisha Navale (12th Com), Ms.Priti jai, Ms.Vaishnavi Gupta (12THARTS), Ms.Shraddha Podwal, Ms.Umeshwari Nadar, Ms.Priya Nadar, Ms.Shidamani Pondian.</p> <p>KABADDI TEAM:- Ms.Akshata Lad(12th Arts), Ms.Vevdata J. Naik(12th), Ms. Syali Kadam (11th Com), Ms.Sarika M.Tanaji, Ms.Nisha B.Yewale, Ms.Manali M.Plap(11thCom), Ms.Naina Bhagul(11th Com), Ms.Siddhi B.Masugade(11th Com), Ms.Nikita Kadam (11th Arts), Ms.Chaitali Nimbalkar (11th Com), Ms.Avantkar C.Mudhang, Ms.Pooja Mahadik.</p> <p>CRICKET TEAM:- Ms.Sayali Darekar (Capt), Ms.Urmi Sadlani, Ms.Lakshmi Shinde, Ms.Pramila Yadav, Ms .Shraddha Bhalinge, Ms.Shruti patel, Ms.Sayali Kadam.</p> <p>ROPEMALLKH-AMB TEAM:- Ms.Bhagyashri Govivale, Ms.Sejal Patwa, Ms. Sakshi Randeve, Ms.Rose Gupta.</p> <p>CARROM TEAM:-Ms.Amna Sayyed, s.Laxmi Poojari, Ms.Megha Patil & Ms.Deepa Bhandari.</p> <p>CHESS PARTIC- IPANTS:- Ms.Kajal Sardar, Ms.Anma Sayyed, Ms.Megha Patil, Ms.Deepa Bhandari.</p>			<p>1st place in volley-ball. Best player in volleyball by Ms.Supraja Shetty .</p> <p>2nd place in kabaddi. Talented player in kabaddi by Ms.Aksh-Ata Dinesh Lad.</p> <p>1st place in boxing. Talented player in boxing by Ms.Vaishnavi Gupta.</p> <p>2nd in cricket.</p> <p>2nd in ropemallkh-amb. Best player award in ropemallkh-amb by Ms.Bhagyashri Govivale.</p> <p>Fencing: Ms.Rani Pawar got 2nd place + promising player.</p> <p>Ms.Akshata Sakpal 3rd place.</p> <p>2nd place in carrom. Ms.Megha Patil got talented payer in carrom.</p> <p>2nd place in taekwondo by Ms. Khusnur Javed.</p> <p>4th place in chess. Ms.Kajal Sardar got talented payer dso mumbai (district sports organized).</p> <p>3rd place in 200mts running by Ms. Rupali Patil.(12th arts) 2nd place in karate by Ms.Urja Marchant.</p>
09	22/12/2016	<p>College Annual Sporst Day & Price Distribution Ceremony was held at G.S.B.S. Ground . The ceremony was inaugurated by The Principal Mrs.Dr.Leena Raje at on the Auspicious Occation Several Sports event we organized for Students Teaching & Non-Teaching Staff.</p> <p>Mrs.Archana Patki(Vice Principal) Ms.Prabha Nair(Vice Principal) Teaching Staff. Mrs. Sujata Agarwal.</p>	Institutional level		-

10	02/02/2016 & 04/02/2016	Mr.Jignesh Sanghvi has delivered the lecture on topic "PERSONALITY DEVELOPMENT cum LEAD THE FUTURE" to Our SR.& JR. College sports students which were certified.	Institutional level	55	-
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STUDENTS' COUNCIL REPORT

Sr. No.	Date	Activities	Details
1.	14th July 2017	Vice President, General Secretary, Class Representative Selection	1. Ms.Shaista Ansari (B.A) and Ms.RubinaShaikh (B.Com.) were elected as Vice President 2. Ms.Priti Prajapati(Arts) and Ms.Shahleen Khan (Commerce) were elected as General Secretary
2.	1st August, 2017	Foundation Day	60th foundation day was celebrated on 1st August 2017 at VisanjiRavji Auditorium. The program included PPT of SMES, oath taking ceremony of office bearers of students' council, felicitation of non-teaching staff for their dedicated services for 10 years to the institute.
3.	14th August, 2017	Students' Council sent Rakhees to soldiers	Students' Council took the initiative of sending Rakhees to our soldiers. Rakhees were collected from teachers and students of various departments and were sent.
4.	15th August, 2017	Independence Day	Student's council organised the celebration of 71st Independence day in the college foyer.
5.	19th August 2017	Freshers' Party	Fresher's party for Degree and post graduate students was organised at Ravji Jivraj Changdaiwala hall followed by lunch.
6.	4th September 2017	Teachers Day Celebrations	Teachers Day was celebrated with great enthusiasm. 20 teachers were felicitated for International Paper Presentation and Publications and outstanding achievements was held along with Felicitation of 10 teaching staff members for their dedicated services of over 10, 20, 25 and 30 years to the institute.
7.	16th September, 2017	Regional Yuva Mahotsav	Yuva MAhotsav was hosted by P.N.Doshi College, Ghatkopar. 56 students of Smt. M.M.P. Shah College participated in YuvaMahotsav 2017 and bagged 15 prizes. Our college participants received 1st prize in Marathi Debate, Gujarati essay and skit; 2nd prize in skit and Marathi essay; 3rd prize in Hindi elocution, Gujarati Debate, India group song, light vocal solo, Photography, clay making and consolation prize in cartooning, classical dance, dance and Marathi Essay.

8.	22nd-23rd September, 2016	Yuva Mahotsav Grand Finale	Finale Round was held at Churchgate campus. Our college won the Overall Literary Event Trophy for the 5th consecutive time and Runner-Up Trophy for the 3rd consecutive time.
9.	15th December to 22nd December 2017	'Students Week'	<ul style="list-style-type: none"> • 18th December was celebrated as traditional day. • 19th December was celebrated as Annual Day for Junior and Senior College at Ravindra Natya Mandir with Ms.IlaBhate, a famous Marathi actress as the Chief guest and three marathi theatre artist as judges. Ms. Bhakti Savla (TYBAMM) was awarded as Best Student for degree college. • 20th December 2017 was celebrated as western day along with make-up and cookery competition. • 21st December 2017 was celebrated as black and white day along with mehendi, mimicry, monoacting and best-out of -waste competition. • 22nd December was celebrated as mix and match day along with teachers competition organised by CR's and VP's.
10.	15th February 2018 to 18th February 2018	Miss tejaswini Contest	<ul style="list-style-type: none"> • Ms.NeetuVishvakarma (M.A. Hindi) and Ms.Urveezkakalia (M.A. Psychology) Participated in Miss tejaswini Contest held at S.N.D.T. University, Santacruz. • Ms.Urveezkakalia (M.A. Psychology) won Miss Tejaswini at S.N.D.T. Santacruz. She was also awarded trophies for- <ol style="list-style-type: none"> 1. Best in Extempore speech 2. Best in judges questions 3. Best in common questions 4. Best in talent
11.	9th March 2018	Farewell Party	Farewell function for TYBA, TYBCom, TYBAFI, TYBMS, TYBAMM, Second year MA HINDI and PSYCHOLOGY was organized in Ravji Jivraj Changdaiwala Hall followed by lunch. Around 600 students attended the farewell function.

THE COUNSELOR'S DESK

SAMVEDNA COUNSELLING CELL

- Ms. Snehal Subramanian, an alumna of the Department, has continued her position as the counsellor.
- To provide them an opportunity to learn and grow by allowing them to experience the field of counselling and assessment, and preparing for their future as counselling psychologists, Ms. Juilee Lele and Ms. Vani Jadeja, MA II students, were chosen as interns for the year.

ACTIVITIES OF THE CELL

For guidance in dealing with problems like family and relationship problems, study related problems and personality development, 49 students from the college approached the counselors, maintaining the steady number of clients seen in the previous years. The number of students that reached out for Vocational Guidance is 27. The cell also saw 7 outside clients for problems like anxiety and relationship issues, and Vocational testing. Formal psychological testing was conducted to assess the student and gain further insight into their problems.

LIFE SKILLS PROGRAM

- Life skill program was held for students of B.A (English medium and Marathi medium, Sociology, Hindi, Gujarati, and Psychology) and B.Com as a part of the enhancement program in order to empower the students to deal effectively with their environment. Interactive workshops on topics such as Stress Management, Anger management, Communication Skills, Assertiveness, Self Esteem, Nutrition and Hygiene, Self-Acceptance and study Skills were covered. The content of the workshops were designed keeping the needs of the students in mind. Their feedback was used to customize the program for them further as a way to facilitate the development of skills required in dealing with their selves and their environment in a more productive manner.
- The workshops were kept interactive, where the students were explained about the topics with the use of activities and relevant examples that helped them behave appropriately and responsibly in various situations. They were encouraged to be more aware of themselves, their feelings and actions and were given various practical tips to enhance the quality of their work. The students gave a positive response to the workshops and reported that they were keen on using the tips given.

Workshop on 'Importance of Education And Study Skills' at Andhra Education Society

- Ms. Snehal Subramanian, College Counselor along with the MA interns Ms. Juilee Lele and Ms. Vani Jadeja conducted workshops on 'Importance of education and study skills' for six divisions for 9th standard students of Andhra School, Wadala, on 1st and 8th February 2018
- With the help of activities and a PowerPoint presentation, the students were explained the importance of regular studying, and of the use of strategies that help in effective learning and building of transferable skills.
- The session was kept interactive and focused on cultivating test-taking strategies, organizing and planning, and tips to achieve the goals. Students voiced their problems while studying and were guided appropriately.

- The students enjoyed the sessions. Their doubts were cleared and they were encouraged to reach out to the counselors when they required.

Workshop on 'Effective Study Skills' at Andhra Education Society

- Ms. Snehal Subramanian conducted a need based workshop on 'Effective study skills' for selected weak SSC students of Andhra School under the Urban Outreach Programme of the Department of Psychology on 2nd February 2018.
- Individual problems with studying, notes taking, memory, planning and organization were discussed, and effective strategies were brainstormed.
- Tips to avoid distractions, to stay motivated and manage stress were also taught.

Workshop on 'Career Guidance' for Students of HSC

- Ms. Snehal Subramanian conducted workshops for the students of 12th standard students of the college from 25th November to 13th December 2017.
- With the help of activities, students were encouraged to think about the importance of having a career that suited their needs and capacities.
- Importance of making an informed choice was taught after considering both the internal and external factors that affect a career choice.
- Basic information about the options and courses was given. They were also informed about the various courses offered by Smt. Maniben M. P. Shah Women's College of Arts and Commerce.
- The students enjoyed the sessions. Their doubts were cleared and they were encouraged to reach out to the counselors when they required.

Interactive Session on 'Ill Effects of Bullying' at Andhra Education Society

- Ms. Snehal Subramanian conducted an interactive session with students of 8th standard from Andhra School, Wadala on 12th April 2018.
- The students were sensitized towards being open towards individual and cultural differences amongst each other. Using activities, they were made to experience the effects of criticism and informed about its impact on a person's psyche.
- Alternative behaviours were brainstormed on, and the students reported to be motivated to try them.

Consultation Services for Amulakh School

Consultation services were carried out by Samvedna Counselling Centre for Amulak School. The counselling centre of the school was visited regularly by Ms. Snehal Subramanian. Guidance regarding documentation, assessments and individual cases was provided to promote and ensure effective functioning of the counselling centre.

Lectures & Activities through the Cell

- Ms Snehal Subramanian oriented first year students from all faculties from 19th July to 29th July, 2017, on services offered by Samvedna Counselling Cell
- Ms Snehal Subramanian was Invited as a Resource Person to talk on "Personal Responsibility" for the students of M.Com I on 26th July, 2017.
- Ms Snehal Subramanian was invited as resource person by the Banking and Vocational Dept to conduct sessions on "Intelligence Quotient" for F.Y J.C students on 15th November 2017.

- Workshops on Career Guidance for the students of HSC were taken from 25th November to 13th December 2017 by Ms Snehal Subramanian
- Ms Snehal Subramanian took a lecture on 'Study Skills- easy exam reviewing strategies' on 20th December, 2017 for XII std. vocational students.
- Ms Snehal Subramanian conducted a workshop on 'The Art of Self-Talk' on 3rd March, 2018 as a part of the series of workshops conducted by the Psychology Dept in collaboration with the Sports Dept.

Sunshine Corner

- The Sunshine corner, which was started as an attempt to impart information, values and inspirational messages for students and teachers, was maintained by displaying articles, quotes and interesting stories-related to various topics like family-work life balance, anxiety and stress management, time management, self-awareness and personality development.

Ms. Snehal Subramanian
College Counsellor

ACADE

Objectives of Academic Advancement Center:

1. To provide an environment for students to optimize their scholastic skills.
2. To guide the students in various career avenues in respective fields.
3. To identify students with weaker financial backgrounds and different needs and support them.
4. To improve the overall academic performance of the institution.

Activities Undertaken for the Students:

To evaluate the academic performance of the students, learning level tests were conducted. With the help of these tests, students with academically strong and weak backgrounds were identified. Center attempted to organize some need-based activities and programs for these identified strong and weak students. List of various activities held during the year are as follows:

1. A workshop on "Communication and Presentation Skills" was organized for the students of TYBAMM, TYBA and B.Com (UGC Vocational - Advertising) on 3rd October 2017. Total Students were 108. ITM initiated this workshop.
2. A workshop on "How to Trade Online? (Share Market)" on 11th October for the students of TYBAFI and M.Com. Total Students were 87. Resource person for the Lecture was Mr. Chandrashekhar Thakur, Retired Investor Education Head, CDSL.
3. A workshop on "Effective Communication: A Need" on 29th November for the students of SYB.Com (UGC Vocational advertising and Computer Students) and SYBA (Psychology). Total Students were 60. Resource person for the Lecture was Mrs. Usha Kumar, Dr.BMN College, Matunga.
4. A workshop on "Self-Motivation and Development' was organized on 7th December 2017 for the students of TYBA, TYBAFI, TYB.com, and TYBMS. Total students were 127. In the Ravji Visanji Auditorium. Resource person was Mr. Vilas Mungekar, Corporate Trainer.
5. Academic Advancement Centre in association with Growth Centre organized Academic Enrichment Program & Personal Enrichment Program for students of SYBA (44) & TYBA (38) respectively on 13th December 2017.

6. Review/Feedback session of both the programs Academic Enrichment Program & Personal Enrichment Program was done by Growth Centre on 10th Jan. 2018, selected students of SYBA & TYBA were made to participate in these programs.
7. Academic Advancement center conducted Learning Level Tests for all the UG and PG students in the college. The tests were conducted from October to January 2018 Analysis was done & in the month of February, on the basis analysis students were divided as bright and weak student some session are decided to be organized for all these students.
8. A series of sessions were organized for SYB.Com students. Details of the sessions are as follows:-
 - 5th February 2018 - Self Introduction
 - 7th February 2018- Time Management
 - 9th February 2018- Reading & Presentation skillsSessions were scheduled from 11:30 to 12:30 on all the above given days. Mrs. Pranita Pagare conducted all these sessions at scheduled time & students benefited from the same.
9. Students from different faculties were sent to “Nagindas Khandwala College of Commerce, Arts & Management Studies” for a One-day Workshop on “Communication Skills & Soft Skills Development” held on 10th February 2018.

Following students participated in the workshop:-

- Akansksha Khandagale - TYBA
 - Nikita Thorat - SYBA (Marathi Med.)
 - Bharati Lakade - FYBA (Marathi Med.)
 - Pooja Dhangat – FYBCom.
 - Meghana Shinde - SYBA (Marathi Med.)
 - Kajal Kurne- FYB.Com
 - Priya Avhad- SYBA (Marathi Med.)
10. A Remedial Language Program was conducted for FYB.Com students on 7th February 2018. Mrs. Usha Kumar successfully delivered the session. Topics covered were the importance and benefits of learning the English language, knowledge of articles: a, an, the, comprehension, pronunciation, and Memorizing.
 11. Academic Advancement Center in association with “Endeavor Careers Academy” delivered 2 sessions on 15th February 2018. The sessions were for BMS and BAFI students. Details of the same are as follows:
 - “Avenues after Graduation” – FYBMS and FYBAFI – total of 109 students attended the session.
 - “Career opportunities after graduation” - SYBMS and SYBAFI – total of 108 students attended the session12. Academic Advancement Center provided support to B.Com. Department in organizing “Parents’ Meeting” for FYB.Com, SYB.Com and TYB.Com students on 10th February.
 13. Organized a guest lecture for the students of SYB.Com (Sem-IV) for the subject of Commerce and for giving helpful insights for University exams. The lecture was held on 3rd March 2018. Resource person for the lecture was Dr. Anita Jacob, Assistant Professor, B.M. Ruia College.
 14. A guest lecture was organized for SYB.Com students for the subject of Business Law on 10th Mar. 2018 to provide helpful insights on University Exams. The resource person for the lecture was Mrs. Shobha Dighe.

EXPERIENCING A NEW WORLD OF INTERNSHIP

Internship by definition is a period of work experience offered by an employer to give students and graduates exposure to the working environment. It is often within a specific industry which relates to their field of study. It is the opportunity for a student to take what she has learnt in the classroom and apply it in the real world. The internship is the first hand experience to know what it is like to work in a library/organization, to learn how to perform in a professional manner and to apply professional skills and talents.

In my case completing a 240 hour internship was a compulsory part of the MLISc program at the SHPT School of Library Science, SNDT Women's University. I was fortunate to have been allotted internship at Shri G.O. Shah Library of Smt. Maniben M.P.Shah Women's college which began on 1st February 2017 and went on till 18th March 2017. I remember the first day when I stepped in the library with my mind full of apprehensions, fear, excitement and so many other feelings. The librarian Ms. Ashwini Prabhu introduced me to each and every staff member and made me feel at home.

Then onwards I was involved in the various activities of the library. My first assignment was at the issue return counter where I provided books to the students as per their requirements, issued the books against their cards, shelved the books back to their respective places on the racks so that the next day the books can be retrieved, entered the students records into the library management software SLIM 21, etc . Library staff at the counter such as Anant Sir, Shubhada madam and Shrikant Sir helped me to understand the intricacies of the work. Often the students would come without the call numbers and it required lot of patience to search and provide the relevant books. It was here that I learnt how to handle the student pressure during the peak hours and yet keep your cool. I also learnt through observation of the staff that it is very important that no student leaves counter without her book however efforts the staff might have to put in.

Next I was placed at the periodicals counter where Koli Sir trained me as to how the journals and magazines are arranged, how the records of periodicals subscription are maintained and also about the usage statistics. I also managed the periodicals counter for some time and circulated the earlier year's question paper sets. After the periodicals counter Ashwini madam requested Shubhada madam to demonstrate the SLIM 21 book acquisition module functions to me. Under her guidance I made a bill and also went through the accession register. This was followed by training in cataloguing and bibliographic records editing techniques under the supervision of Gayatri madam. She also gave me some books for classification. I made few catalogue cards under the guidance of Anant Sir.

Then I worked on the library stock taking module and did manual as well as computerized stock taking with the help of Mangesh and Pradip Sir. I handled the barcode scanner and learnt new technology. Ashwini madam also showed me the library website and gave me an assignment to design a brochure for the library. She also acquainted me with the INFLIBNET and gave me a task to search for research articles from INFLIBNET. She used to check the work done by me periodically. Under her guidance I also recorded the library footfalls data in to appropriate file. At the end of my internship Ashwini madam asked me to make a presentation on INFLIBNET for the library staff. She also gave me suggestions and valuable feedback. After successful completion of the internship when I now look back I feel that I was a caterpillar when I entered the library and have developed into a butterfly ready to fly. Before the internship my knowledge of practical librarianship was minimal. But now that my 7-week

internship is over, I feel I have really learnt a lot. As outsiders we just demand books and they are provided to us, one never gets to know how work goes on behind the scenes. There are so many rituals or “sanskaraas” that a book goes through after it is purchased and before it reaches the user much like a mother grooming her child. Each book undergoes the process of selection, purchase, recording, checking, processing, classification, cataloguing, barcoding to land on the circulation desk and finally in the hands of the reader.

Due to my internship I became more familiar with the library and the different roles of a librarian – that of an Accountant, Educator, Innovator, website designer, Facilitator, Leader, Mentor and many more. I didn't just learn to do the daily tasks, but got an insight into the spirit of librarianship. The Librarian, Ms. Ashwini Prabhu played a vital role in my internship and mentored me to understand the various activities of the library well. The entire staff is helpful and made me feel one of them during the course of my internship. I have learnt the importance of team working and leadership skills from them. While winding up it is going to be emotionally challenging to go back to my world.

Overall the internship programme has offered me a great opportunity to grow and develop. It has boosted my confidence and helped me develop my career. I learnt extensively about the working of a college library. The programme has enhanced my critical thinking and analytical skills as well as improved my professional ability to work in a multicultural environment. The internship experience at Shri. G. O. Shah Library was a valuable one that will shape my professional life and I will cherish the memories forever. The Librarian has inspired me in many ways and I am very appreciative of this opportunity and will remain forever grateful to Smt. Maniben M.P.Shah College for giving the opportunity to work as an intern.

Ms. Indira Vanjare
M.L.I.Sc Student Intern
SHPT School of Library Science
SNDT Women's University

मराठी विभाग

डॉ. आनंदीबाई गोपाळ जोशी

माणसाच्या कर्तृत्वाला वयाचे बंधन नसते हे जसे ज्ञानेश्वराकडे पाहून वाटते तसाच काहीसा अनुभव डॉ. आनंदी गोपाळ जोशीचे अल्पआयुष्य पाहून येते.

भारतातील पहिल्या महिला डॉक्टर आनंदीबाई जोशी आहेत. यांच्या स्मरणार्थ २६ फेब्रुवारी हा दिवस दरवर्षी महिला 'आरोग्य दिन' म्हणून साजरा केला जातो.

आनंदीबाईचे पूर्वाश्रमीचे नात 'यमुना' होते. त्यांचा जन्म ३१ मार्च १८६५ रोजी पुणे येथे झाला. जुन्या कल्याण परिसरातील पारनाका इथे राहणाऱ्या गणपतराव अमृतेश्वर जोशी यांची श्रेष्ठ कन्या आहे. वयाच्या नवव्या वर्षी बालपणातच त्यांचा विवाह वयाने २० वर्षांनी मोठे असणाऱ्या गोपाळरावांशी त्यांचा विवाह झाला. त्यांनी आपल्या पत्नीचे यमुना हे नाव बदलून 'आनंदीबाई' असे ठेवले. लग्नानंतर आनंदीबाईंनी वयाच्या १४ व्या वर्षी एका मुलास जन्म दिला. परंतु दुर्दैवाने पुरेशी वैद्यकीय सुविधा न मिळाल्याने तो केवळ दहाच दिवस जगू शकला. हीच खंत आनंदीबाईंना वैद्यकीय शिक्षणाकडे खेचून घेण्यास कारणीभूत ठरली.

गोपाळराव स्वतः लोकहितवादी शतपत्रे वाचत. त्या शतपत्रांच्या प्रभावाने त्यांनी आपल्या पत्नीला शिक्षणात सुरुवात केली. लोक हितवादीच्या शतपत्रातून ते प्रेरित झाले आणि आपल्या पत्नीला इंग्रजी शिकविण्याचा निश्चय केला. गोपाळराव पोस्ट ऑफिसात कारकून होते. गोपाळराव यांच्या नोकरीत नेहमीच बदल होत असेल. कोल्हापूर, मुंबई, भूज, कोलकत्ता, बराकपूर, श्रीरामपूर इथे प्रत्येक ठिकाणी गोपाळरावांबरोबर आनंदीबाई जात राहिल्या आणि गोपाळराव तिला शिकवित राहिले. कोल्हापूरमध्ये मिशनऱ्यांशी ओळख वाढल्यावर गोपाळरावांच्या प्रथम मनात आलं की, आनंदीला अमेरिकेला पाठवून तिचे शिक्षण करावं. त्या वेळी गोपाळरावांनाही अमेरिकेला जाण्याची इच्छा होती. परंतु ते काही जमू शकले नाही. आनंदीबाई खूप बुद्धिमान होती. तिने इंग्रजी भाषा व अन्य विषय पटकन आत्मसात केले. आनंदीला अमेरिकेला शिकायला जाण्यासाठी पैशाची तरतूद आवश्यकता होती. भारतात बदलीच्या ठिकाणी आनंदीबाईंना समाजाचे व शेजार-पाजाऱ्याचे विपरित अनुभव आले. त्या गोपाळरावांबरोबर फिरायला जातात व आनंदीबाई इंग्रजीमध्ये शिक्षण घेतात. याबद्दल कुतुहल म्हणून त्या दोघांना पाहायला लोक गर्दी करीत आणि गोपाळरावांना विचारीत ठेवलेली ही बाई का ? आनंदीला ही खूप अपमानास्पद शेर ऐकावे लागत होते. परंतु त्यांनी त्या गोष्टीकडे दुर्लक्ष करून आनंदी आपला अभ्यास निष्ठेने करीन.

श्रीरामपूर येथे गोपाळराव नोकरी करीत असताना आनंदीचं अमेरिकेला जायाचं ठरलं. तिथे जाऊन वैद्यकीय शास्त्राचा अभ्यास करण्यासाठी तिथे शिकावे लागेल.

या आधीची घटना विस्मरकारक आहे. 'न्यूजर्सीमथला' रोशेल या गावातील श्रीमती कार्पेटर या दाताच्या डॉक्टरांकडे गेल्या होत्या. ते साल १८८० होते. त्यांनी तिथे 'मिशनरी रिड्यू' नावाचं मासिक सहजच चाळायला घेतले. त्यात गोपाळराव जोशी व आर.जी. वॉर्डर यांची पत्र छापलेली होती. त्यावरून कार्पेटरबाईंना समजलं की, गोपाळराव जोशी यांना आपल्या पत्नीला अमेरिकेत शिक्षणासाठी पाठवायचं आहे आणि त्यांच्या मनात त्या अनोळखी कधी न पाहिलेल्या आनंदीबद्दल 'स्नेहभाव' उत्पन्न झाला. त्याचवेळी अजून एक विस्मय वाटावा अशी घटना घडली. कार्पेटरबाईंची नऊ वर्षांची मुलगी आईला 'अम्मी' म्हणाली, आई मला स्वप्न पडलं की, तू हिंदुस्थानात कुणाला तरी पत्र पाठवत आहेस तर कार्पेटरबाई चकित झाल्या. त्या गोपाळ जोशींना पत्र पाठवण्यापूर्वी नकाशात कोल्हापूर शोधत होत्या. कारण मासिकातलं गोपाळ जोशीचं पत्र कोल्हापूरहून पाठवलेलं होत. तेव्हा त्यांच्या मनात इंडियांतील शहर असा विचार होता. परंतु मुलीने येऊन हिंदुस्थान हा शब्द उच्चारला हे कसं ? तिला तर हे काहीच ठाऊक नव्हतं. याचं कार्पेटरबाईने पुढे पत्रव्यवहार करून त्यांनी आनंदीशी आपलं नातं जोडलं. आनंदी तिला मावशी म्हणेल, त्यांच्याच आधारावर तिने अमेरिकेत पाऊल टाकलं. या कार्पेटरबाई आनंदीला 'आनंदाचा झरा' म्हणत.

अमेरिकेत जाण्यापूर्वी श्रीरामपूर इथल्या 'बॅप्टिस्ट' कॉलेजाच्या सभागृहात आनंदीबाई जोशी यांनी मी अमेरिकेस का जाते ? यावर अस्सल इंग्रजीत व्याख्यान दिलं. मुळातून ते भाषण वाचण्यासारखं आहे. त्यातला एक मुद्दा असा की, 'पृथ्वीच्या पाठीवर हिंदुस्थान इतका रानटी देश दुसरा नाही. देशातील लोकांना आपल्या गरजा त्या पूर्ण करून स्वावलंबन करता येत नाहीत वैद्यकीय शास्त्रज्ञ स्त्रियांची हिंदुस्थानातल्या प्रत्येक भागात अतिशय जरूरी आहे.

सभ्य स्त्रिया व पुरुष वैद्याकडून चिकित्सा करून घेण्यास प्रवृत्त नसतात. इथे स्त्री डॉक्टराची किती गरज आहे हे ओळखून आनंदीबाईंनी डॉक्टराची पदवी घेण्यासाठी अमेरिकेत गेल्या. परंतु प्रत्येक ठिकाणी त्यांना सतत संघर्ष करावा लागला. अठराव्या वर्षी १८८३ मध्ये एका अमेरिकी बाईच्या सोबतीने व एकटीने दोन महिन्यांच्या बोटीने प्रवास केला. त्यात त्या शाकाहारी आणि साडी हाच पोषाख. पण बोटीवर त्यांची उपासमार झाली. भारतीय पध्दतीचं अन्न मिळालं नाही. परंतु परदेशी कपडे वापरायचे नाहीत म्हणून त्या साडी नेसून या बळीचे जाकीट घालतील. त्यामुळे तिथली बर्फाळ थंडी त्यांच्या शरीरात शिरत राहिली. त्यात त्या अभ्यास स्वतःचा व स्वयंपाक स्वतः करायची समाज व नातलग यांनी दिलेली दूषण सहन करीत व इच्छित कार्य करीत. त्या राहत असतात तिथल्या समाजाने आनंदीशी कधीही चांगला

व्यवहार केला नाही. तिथेही कार्पेटरबाई आणि ऑलेजच्या प्रिन्सिपॉल इ. चांगल्या स्त्रिया भेटल्या. परंतु अन्य बऱ्याच जणांनी आनंदीला त्रास दिला. बोटीवर तर पुरुषांनीही त्रास दिला आणि ह्या गोष्टीचा त्यांच्या मनावर परिणत होत होता. ती शरीरावर सतत अर्धपोटी राहिल्याने तिच्या पाठीमागे आजारपण लागले. भारतातले लोक तर म्हणत, आनंदी आता ख्रिस्ती होऊनच येईल. तर अमेरिकेतल्या तिच्या सहवासात येणाऱ्या मिशनरीज तिला 'ख्रिस्ती' ही असा उपदेश करीत.

स्वदेश, स्वपोषाख, स्वदेशी खाणं, पूर्णपणे महाराष्ट्रीय पध्दतीचं आचरण आनंदीच असेल. त्यांचा त्यांनी कधीच त्याग केला नाही. आज जे आनंदीबाईंच छायाचित्र सर्वत्र प्रसिध्द केले जाते ते म्हणजे गुजराती पध्दतीने नेसलेली साडी आणि दागिने घातलेलं चित्र. त्याबद्दल स्वतः डॉ. आनंदीबाईंनी लिहिलं आहे की, इथल्या हवेत वारंवार फरक होत राहतो. नऊवारी साडी नेसल्याने पाय थोडेसे उघडे पडतात. गुजराती पोषाख असल्याने डोक्याशिवाय सर्व शरीर झाकले जाते. एकूण पोशाखाबद्दल त्यांनी आपल्या पत्रास सविस्तर लिहिलं होतं.

जेव्हा आनंदीबाई भारतात आल्या. तेव्हा १६ नोव्हेंबर १८८६ या दिवशी तेव्हा मुंबई बंदरावर लोकांनी गर्दी केली. त्याच पुष्पवृष्टीनं स्वागत केलं. मुंबई बंदरात बोटीतून उतरण्यापूर्वीच त्यांच्या पोषाखाच वर्णन केले. नारायण पेठी, काळी चंद्रकला (नऊवारी), खणाची चोळी, कपाळावर कुंकू, नाकात नथ, कानात कुडी, पायात बूट व स्टॉकिंगज असा थाट होता. त्या आजारीच होत्या. परंतु हिंदुस्थानात घरी जायला मिळणार, घरचं अन्न मिळणार म्हणून त्यांची प्रकृती तात्पुरती स्थिर होती. आनंदीबाईंना अभिनंदनाच्या लाटा आल्या. मानपत्रे पाठवली गेली. मानपत्रात त्यांच्या उच्च शिक्षणाचा गौरव केला गेला.

अमेरिकेत त्यांच्या मेडिकल कॉलेजने ११ मार्च १८८६ रोजी फिलाडेल्फिया त्यांना 'वैद्य विद्यापारंगत' हा किताब दिला. त्यांच्या पदवीधन समारंभाला गोपाळराव स्वतः उपस्थित राहिले. पंडिता रमाबाई होत्या. भारतातील पहिली स्त्री डॉक्टर म्हणून सर्व उपस्थितांनी उभे राहून जोरदार टाळ्या वाजवून तिची प्रशंसा केली. आनंदीबाई जोशी डॉक्टर होऊन स्वदेशी आल्या.

आनंदीबाई जोशी यांचे २६ फेब्रुवारी १८८७ रोजी निधन झाले. अमेरिकेत कार्पेटर कुटुंबियांनी आपल्या कुटुंबाच्या स्मशानात त्यांचे एक लहानसे 'थडगे' बांधले. त्यावर आनंदी जोशी एक तरुण हिंदू ब्राम्हण कन्या. परदेशात शिक्षण घेऊन डॉक्टर पदवी मिळवणारी पहिली भारतीय 'स्त्री' अशी अक्षरे कोरून तिचे स्मारक केले.

हृदयाला जोडते...॥२॥

हे सगळं वाचल्यावर डॉ. आनंदीबाई जोशी किती थोर होत्या. असंही मनात निनादत राहतं. वयाच्या केवळ अठराव्या वर्षी बोटीनं परदेशी जाणारी पहिली स्त्री फक्त भारतातच नव्हे तर परदेशातही कुचेष्टा अवहेलना अपमान सहन करीत हाती घेतलेले जीवित्त कार्य दिदीने पूर्ण करणारी स्त्री. भारतीय रीतिमाती, आपला शाकाहारी आहार तिथेही सांभाळणारी तरी इंग्रजी भाषा उत्तम आत्मसात करून वैद्यकीय शिक्षण, प्रकृति, अस्वास्थ्य सांभाळीत पूर्ण करणारी तरुणी या सर्वांबरोबर पती, नातेवाईक यांना सतत पत्र लिहून त्यांच्याशी संवाद साधणारी डॉ. आनंदीबाई यांच्यावर तिच्या समकालीन आणि लेखिका असलेल्या काशीबाई कानिटकरांनी चरित्र लिहिले आहे. त्यानंतर अंजली कीर्तन यांनी संशोधन करून नव चरित्र लिहिलं. श्री. ज. जोशी यांनी आनंदी गोपाळ ही कादंबरी लिहिली त्यांच नाटकही रंगभूमीवर आलं.

१५० हून अधिक वर्षे झाली तरी डॉ. आनंदीबाई जोशींची अजून वाचकांना अभ्यासकांना स्त्रियांना भुरळ पडते आहे. ती वैचारिक संघर्षांच्या संदर्भात.

ज्योती आनंदा शेडगे
द्वितीय वर्ष (कला शाखा)

दिनांक ०९/०३/२०१८

स्थळ - महाबळेश्वर, गाव - भिल्लार

वेळ - सकाळी ७.०० वाजता

शैक्षणिक सहल महाबळेश्वर - भिल्लार

दरवर्षी प्रमाणे यावेळेस आमची शैक्षणिक सहल जाण्याचे ठरले. शिक्षकांनी दिलेल्या सूचनेप्रमाणे तयारी करून माटुंगा येथील एम.एम.पी. शाह या कॉलेजातील कला शाखेतील तृतीय वर्षीच्या मराठी माध्यमातील ३८ विद्यार्थीनींची सहल महाबळेश्वर येथे जाण्यासाठी आनंदाने व उत्साहाच्या जोषात निघाली. पुणे महामार्गाने आमची बस प्रवास करत सातारा करून महाबळेश्वरच्या प्रवास करून झालेवाडी या वस्तीगृहात सर्व विद्यार्थीनीसह आली.

दुपारी १.०० सुमारास झालेवाडी येथील ठिकाणी आमच्या जेवणाची अत्यंत चांगली व्यवस्था केलेली असल्याने व सात-सहा तासांच्या प्रवासाने शिन निघाला नव्हता पण जेवणाच्या सुवासाने व महाबळेश्वरच्या आनंदाने वातावरण उत्साही व प्रफुल्लीत वाटत होते. त्यामुळे त्याच उत्साहाने जेवण करून आम्ही ४ च्या सुमारास आमच्या प्रमुख उद्देशाकडे आनंदाने निघालो.

“महाबळेश्वर” येथील “भिल्लार” या ठिकाणी आम्हाला नेले. तेथे गेल्यावर आम्हाला असे समजले की, महाराष्ट्रातील एका लहानशा स्ट्रॉबेरीच्या गावात आम्हाला देशातील सर्व क्षेत्रातील व लेखक, लेखिकेची अशी सर्वच प्रकारच्या पुस्तकाचा साठा खजाना या एका लहानशा गावात लोकांच्या राहत्या घरात केलेला असल्याने त्या गावाला “अंतरराष्ट्रीय” असे प्रसिध्दता प्राप्त झालेली आहे.

स्ट्रॉबेरीच्या फळाला चांगल्या प्रकारचे उत्पादन असल्याने प्रत्येक घराची तेथे आपल्या घराच्या आजूबाजूला असलेल्या जागेत याची लागवड करतात. भाजी-फळ असे जीवनावश्यक लागवड उपयोगी असे उत्पादन प्रत्येक घर करतो. तेथील थंड व उत्साही, उलहासी, आनंदी, शांत, मनमोहक वातावरण फळांना गरजेचे आहे. तसेच तेथील माणसांच्या स्वभावात ही पाहायला मिळतो. कदाचित याच कारणावरून या ठिकाणाला पुस्तकांचे गाव निर्माण करण्याचे कारण असावे. पुस्तकांना उपयोगी असे व पुस्तकांची काळजीही तेथील माणसं आपल्या घरातील व्यक्तीप्रमाणे घेतात. फलकाच्या सूचनेप्रमाणे आम्ही ग्रुप करून पुस्तकांच्या पहिल्या ठिकाणी गेलो. घराची ठेवण सुंदर होती. तेथे क्रिडा विविध लोकप्रिय असे

फलकावर लिहिले होते. आत जाताच कपाटात आम्हाला पुस्तक हाताळण्यास मिळाली
खूप आनंद घला.

दि. ०५/०३/२०१८ रोजी ५.३० वाजता क्रिडा विविध लोकप्रिय येथे

विनोबांची आई - दत्ता टोळ

प्रगत क्रिडामानशास्त्र - प.म. आलेगावकर

निवडक किशोर - कविता ललित एकांकीका चरित्र

साने गुरुजी

गिरीष कुबेर - टायटन

फुलपाखरांच गाव - देविदास फुलारे

सचिन तेंडुलकर - चिरंजीव

सुनिल गावस्कर

प्रेरणा विज्ञानाची - डॉ. प्राणा जोशी

फुलराणी सायना नेव्हाल - मिलींद ढमढेरे

उपरा - लक्ष्मण माने

विविध खेळ - चिंतामणी सदाशिव वझे

दिपावली मनोरंजन

मानिनी

दुर्गाच्या देशातून - संदिप योगेश काळजे

शब्दालय - दया पवार

स्वातंत्रवीर -

अक्षर स्वप्न

महाराष्ट्र माझा

जत्रा

युगांधर

शाहु महाराज - धनंजय कोर

गाऊत्यांना आरती - अशोक पुरोहित

बेडरुम - अच्युत गोडबोले, अतुल कहाते

झोंबी - आनंद यादव

वपुझी - व.पु. काळे

या पुस्तकांचा आम्ही आनंद घेऊन रात्री ९.३० वाजता वस्तीगृहात परतलो जेवण करुन मनमुराद गप्पा, खेळ, शतपावल असा आनंद प्रत्येकजण आप-आपल्यापरिने तो क्षण जगत होते. रात्री १०.३० ला पुन्हा सूचनेनुसार प्रत्येकजण स्वतःच्या खोलीत परतले. उद्या पहाटे ६.३० ला तयार रहाण्यास सांगून शुभ रात्री झाली.

दिनांक ०६/०३/२०१८ ठिकाण - भिल्लार

एका शांत ठिकाणी आल्यानंतर आम्हाला आजसुध्दा पुस्तक पाहणी करण्यास वेगवेगळ्या ग्रुप तयार करुन खानगी केली. डोंगराळ अशा ठिकाणी रस्त्याच्या कडेला लहानसा उंचवडा दिसला. परिवर्तन चळवळ असे बाणाची खूप दाखवून त्या ठिकाणी या सर्व मुलींनी जाण्याचे ठरवले. पण त्या आधी आम्हाला एक लहान घर व स्ट्रॉबेरीची शेती दिसली. आमचा मोह आवरेना पुस्तक पाहण्याआधी सर्वजणी त्या शेतात जाण्याचे ठरवले. पाटील असे त्यांचे आडनाव असून त्या घरातील बाईला घेऊन आम्ही शेतात गेलो. शेतमजूर शेताची काम करत होत्या. आमचा उत्साह, आनंद याला शिण नव्हता. त्यामुळे आम्ही सर्वजणीच त्याच्या शेतात काम करू लागलो. जवळजवळ पंधरा-एक टोपल्या स्ट्रॉबेरी आम्ही वाकून शेतातून काढून त्यांना दिल्या. त्यामुळे शेतमजूरही खूप त्यांच्या कामाचा वेळ व वेग वाचला. शेतातून बाहेर येतेवेळेस काठीच्या साहाय्याने उभे असलेल्या टोमॅटोच्या झाडावरचा एक लाल चुटूक टोमॅटो काढून अक्षरशः पाच जणींनी एकमेकीच्या तोडातला अर्धा-अर्धा करुन खाल्ला. त्याच्या शेजारी तोंडगे नावाचे गृहस्थ राहत होते. त्याच्याही शेतात फिरलो. परंतु ती त्यांची बागायती शेती असून आजूबाजूला भेंडी, टोमॅटो, तोडली, कांदा अशा घरगुती भाज्यांबरोबर फुलझाडेही होती. गावठी गुलाब असल्याने एक-एक फुल तळहाता एवढे होते. त्यांच्या परवानगीने आम्ही ती फुलं काढली आणि आवडीने प्रत्येकीने दोन-तीन आपआपल्या केसात अगदी आवडीने माळल्या होत्या.

थंडगार झाडाच्या सावलीत ठेवलेल्या माठातील पाणी पिऊन त्याच घरावरच्या बाजूला टेकडीवर असलेल्या एका घरामध्ये परिवर्तन चळवळ असा फलक असून पुस्तकाचे संच होते. यातील या सर्व पुस्तके आम्ही चाळली. ती पुढील प्रमाणे -

परिवर्तन चळवळ

महात्मा फुले - डॉ. रविंद्र ठाकूर

सत्यशोधक फुले - डॉ. लिला दिक्षित

भाऊराव पाटील - रमेश जाधव

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स्त्री साहित्य

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स्त्री जिवन - सानेगुरुजी
बौध्द धर्मातील स्त्री - लता छत्रे
अभिनेत्री - सदानंद गोखले
महाराष्ट्रातील देवदासी - प्रा. डॉ. वंदना मढे

या दोन्ही ठिकाणी जाऊन आल्यावर त्याच्याच पुढे थोडे गेल्यावर एका मंदिरात छान झाडांच्या सावलीत फुल-वेलीच्या सजावटीने नैसर्गिक मांडणीने आकर्षक अशा बैठकीच्या मंदिरात संत साहित्याच्या ठिकाणी आम्ही आलो. मंदिरात प्रवेश करून गाभान्यात कोणत्या देवाची मूर्ति आहे पाहिले तर गाभान्याप्रमाणे तेवढ्याच आकाराच्या मंदिराच्या बाजूलाच संत साहित्याची मांडणी केलेली होती. समोर तुकाराम अभंग सांगायला उभे राहिल्याप्रमाणे चित्र उभे केलेले असून दोन्ही भिंतीच्यावर सर्व किंबहुना बहुतेक सर्वच लेखकांचे जन्म दिनांक, मुत्यु दिनांक त्यांच्या तस्बीरीसमोर लावले होते. थोडक्यात या महान लेखक, लेखिकांना त्या पुस्तकाच्या गावात देव-देवीचे स्थान देवून त्यांचे मंदिरात उभारणी केलेली असल्याने आपण यांच्या देशातले आहोत. हे पाहून अभिमानाने व गौरवाने उर भरून येतो व धन्यधन्य वाटते.

सकाळी चहा, पोहे चा नाश्ता झाल्यानंतर आमचे आवडते “सर वसंत पानसरे” यांच्या इच्छेनुसार दुपारी “साई” हॉटेलमध्ये जेवणाची सोय करण्यात आली. अगदी गावरांन पध्दतीने झणझणीत ठेच्चा, गरम गरम भाकरी, रुचकर पिठल आणि कांदा, लिंबून असा मस्त गावठी पध्दतीने आम्ही जेवणावर ताव मारला. आमच्या सोबतीला असलेल्या दोन शिक्षिका रश्मी मॅडम आणि किरण मॅडम यांचाही सहभाग तेवढाच होता. मुलींची काळजी त्या आपल्याप्रमाणे घेत होत्या. पहिल्यापासून, सामान तब्येत, त्रास होण्यापासून वैयक्तिक सर्व

गोष्ठीकडे त्यांचे बारीक लक्ष होते. खूप चालायचे आहे, थकायला होईल, भरपूर खा, छान रुचकर पदार्थ आपण आपल्या दैनंदिन जीवनाच्या धावपळीत असे पारंपारिक पदार्थ टाळतो. तर त्याचा आस्वाद घ्या अशा सर्व प्रकारे त्या काळजीपुर्वक लक्ष देत. जेवण झाल्यानंतर आमचा राहिलेला काही पुस्तकांचा भाग पाहण्यासाठी पुन्हा आमची फौज निघाली. पुढे आम्ही बालसाहित्य - कथा, कादंबरी अशा पुस्तकांची पाहणी केली.

कथा

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अशा प्रकारे आमचं पुस्तक पाहणी झालं तरी काहीना काही थोडफार राहिलच असेल. या पुस्तकांच्या गावात एका ठिकाणी पुस्तकाचे गाव का तयार झाले. याचा संगणकाच्या माध्यमातून चित्रफितीद्वारे सर्व इतिहास सांगितला. मुख्यमंत्री फडणवीस, शिक्षण मंत्री विनोद तावडे, गावकरी मंडळी सहकारी कर्मचारी, साहाय्यक अशा सर्वांचा असलेला सहभाग व कार्यपध्दती असे सर्वकाही शाब्दिक माहिती सांगून आम्हाला काही चलचित्रही दाखविण्यात आले. काही पुस्तके चाळताना आम्हाला त्यांच्या पुष्ठभागावर मोडी लिपीचे लिखाण सापडले या सहलीच्या काही दिवसच आधी आमच्या कॉलेजने राबवलेल्या मोडीवर्गाचा आम्ही अभ्यास केल्याने तेथील मोडीचे ही आम्ही वाचन करुन फोटो काढून घेतले. कारण आमच्या खूप जणी या मोडीवाचन अगदी चांगल्या प्रकारे करु शकत आहेत. अशा प्रकारे त्या दिवसाचा आमचा पुस्तकाचा गावी शेवटचा दिवस.

पुन्हा रात्री जेवण सकाळी नाश्ता करुन आम्ही आमच्या पुढच्या प्रवासाला निघालो.

दिनांक ०७/०३/२०१८ स्थळ महाबलेश्वर

पुस्तकांच्या गावाची मजा घेतल्यानंतर आम्हाला महाबलेश्वर बाजारपेठ काही मंदिर, स्ट्रॉबेरीच्या कंपनी व तेथील कायदेशीर पध्दतीने केली जाणारी शेती पुस्तकांचे गाव भिल्लार हे महाबलेश्वर येथून पाच किलोमीटर आहे त्यामुळे पुस्तकाचे गाव झाल्यानंतर शेवटच्या दिवशी महाबलेश्वर फिरण्याचे आमच्या योजनेत होते. म्हणून आम्ही दोन दिवसाच्या मजेने आरामात ८.०० वाजता उठून ९.३० वाजता नाश्ता करुन आज फक्त फिरण्यासाठी निघालो. गाणी गप्पा, थड्डा अशा मस्ती करत. महाबलेश्वर पाहण्यासाठी आमची सहल निघाली. ती थेट स्ट्रॉबेरीच्या कंपनीवर.

गेटवर रंगीत फुलाच्या बागेत वेगवेगळ्या प्रकारे प्राणी, पाणी, स्ट्रॉबेरी अशी सजावट होती. कृत्रीम पाण्याचा धबधबा आकर्षक वाटतो. प्रत्येक फुलांच्या रंगाप्रमाणे त्यांनी मांडणी करुन लागवड केली. भलेमोठे माकडे प्रवेशद्वाराजवळ मांडी घालून बसलेल. स्ट्रॉबेरीची शेती कमीत कमी जागेत मांडणीवर त्यांची लावगड केली जाते. तेथील प्रमुख अशा एका व्यक्तीने

स्ट्रॉबेरीबद्दल अगदी सविस्तर त्याचा इतिहासच सांगितला. त्यांच्या कंपनीमध्ये स्ट्रॉबेरीचा जॉम, दारु, चॉकलेट, साबण, औषण अशा वेगवेगळ्या प्रकाराचे उत्पादन दाखवले आणि मुलींनी आवडीने ते घेतलेही त्या उद्योजकाचे नाव फार लहान जरी असले तरी स्ट्रॉबेरीच्या रंगाने व चित्राचे त्याच्या नावाची आकर्षकता वाढवित होती.

तेथील पाहुणचार झाल्यावर पुढे जाण्यासाठी पुन्हा आमचा प्रवास सुरु झाला. एका जुन्या प्राचीन देवीच्या मंदिरात गेलो. तेथील प्रत्येक दगड हा काळ्याभोर थंडगार जाणवत होता. पाय ठेवताच पायांना ओलसर थंडपणा संपूर्ण लागत होता. प्रसाद तर अगदी वेगळ्या कच्च्या चण्याच्या भरडीमध्ये तेलाची फोडणी त्यामुळे ते रुचकर असा लागत होतो. मुंबईमध्ये रंगपंचमी २ मार्चला झाली होती. परंतु तिथे होळीच्या पाच दिवसांनी रंग खेळतात. मंदिराच्या परिसरातच काही मुलं अगदी नैसर्गिक पध्दतीने व्यवस्थितपणे त्या रंगपंचमीचा आस्वाद पारंपारीक पध्दतीने एकमेकांना शुभेच्छा देत खेळत, आस्वाद घेत त्या सणाची मजा घेत होते. नंतर तिथून आम्ही आणखीन एका ठिकाणी मंक्की पॉईंट पाहायला आलो. खरोखरच तिथे खूप माकड होती. पण तिथून माकडांपेक्षा सहयाद्रीच्या पर्वतरांगा व खोल दरी डोळ्यांचे पारणे फिटत होते. त्याचा आम्ही मनमुरादपणे आनंद घेतला. सहयाद्रीच्या पर्वतरांगा पाहताना थंडगार हवा कानात बोलत होती. परिसर अगदी स्वच्छ व शांत कोणताही फेरीवाला, दुकान कोणत्याच प्रकारचे विक्रेते नाही. शांत, निटनेटके पायऱ्यावर चढून आल्यावर कडेला छान हिरवीगार झाडी हवेचा आवाज, स्पर्श जाणवत होता. मन प्रसन्न व आनंदी, ताजेतवाने वाटत होते. तो आनंद घेऊन पुढच्या प्रवासाचा म्हणजे महाबलेश्वरच्या बाजारपेठीत आमची बस निघाली आणि तेथील बस-स्थानकाजवळ एका कोपऱ्यावर थांबून नजरेसमोर लांबलचक अशी शेवट न दिसणारा प्रकाशज्योतीतला प्रकाश जणू काही आम्हाला आमंत्रणच देत होता.

महाबलेश्वरचा बाजार हा पर्यटकांसाठी आकर्षकाचे ठिकाणी खूप वस्तूंच्या रंगीबेरंगी रंगाच्या वस्तूंच्या दुकानांची मांडणी खरेदीपेक्षा पाहण्याचीच मजा अधिक वाटत होती, त्या बाजारात माणसाच्या गर्दीचे ही एक वैशिष्ट्य होते. महाबलेश्वर थंड हवेच्या पर्यटक ठिकाण असल्याने भरपूर नवविवाहित जोडया पाहायला मिळत होत्या. हे आमचे आकर्षक होते. पण त्याच्याही पेक्षा महाबलेश्वरच्या बाजारात वैशिष्ट्य म्हणजे “चणे” वेगवेगळ्या चवीचे गरमागरम चणे, पनीर, चिझ, पुदिना, खारे, गोड, तिखट अशा कितीतरी स्वादाचे रुचकर चणे, चण्याचा भावविचार एक-एक चणे तोंडात टाकायला मजाच येत होती. त्याचा दरही वाजवी व परवडणारा असा होता. खरेदीला तर खूप मजाच मजा.

अशा प्रकारे सर्व खरेदी, फेरफटका करून रात्री ८.०० वाजता परत झालेवाडीला निघालो. सर्व मुली खूप थकून आपआपल्या जागेवर पडून होत्या. ४५ मिनिटांच्या प्रवासाने

आमचे वस्तीगृह आले. जेवणाची वेळ निघून गेल्याने झडपटीत होणारे असे चायनिज जेवण आमच्यासाठी गरमागरम तयार करण्यात आले. कारण ते ठिकाण गुजराती पध्दतीचे असल्याने जेवण रुचकर, गोड व सर्वात महत्वाचे म्हणजे वेळेवर आम्हाला येण्यास व उशीर झाल्याने फक्त आमच्या जेवणाची व्यवस्था केली होती. तिथून परतीच्या आधीच आमचे सामान बांधाबांध करण्याचे सूचना असल्याने आम्ही तयारीत होतो.

अशा प्रकारे महाबळेश्वर, भिल्लार, गाव स्ट्रॉबेरी असा आनंद घेऊन आम्ही मुंबईला परतलो. संपूर्ण प्रवासात स्ट्रॉबेरी व त्याचा आंबट-गोड सुवासच दरवळत होता.

सिंधु शिवराव पवार
T.Y.B.A. मराठी

महाराष्ट्र महिला खेळाडूंचे खेळातील योगदान आणि कौशल्य (करिअर)

महिला ही त्याग, नम्रता, श्रद्धा व सुजाणपणा याची मुर्ती आहे. ती कोणत्याच बाबतीत कमी नाही. पारंपारिकरित्या पुरुषांची समजली जाणारी क्षेत्रे महिला काबीज करत आहे. आज महिला संगीत, नृत्य, नाटय, बहादूरी आणि क्रिडा यांसारखे अनेक खेळात सहभागी झालेल्या दिसतात. महिला या खेळांमधून आपली नवी ओळख निर्माण करू लागल्या आहेत. अनेक क्षेत्रांत महिलांचा वावर सहज आणि आत्मविश्वासपूर्ण झाला आहे. आकाशाला कवेत घेणाऱ्या प्रत्येक क्षेत्रामध्ये महिलांचा सहभाग दिसतो. महिला या पुरुषांप्रमाणे क्रिकेट, खो-खो, कुस्ती, कबड्डी यांसारखे खेळ खेळू लागल्या आहेत. महिला खेळाडू ह्या समाजातील स्थान उंचविणे, ती स्वतःची प्रतिष्ठा वाढविण्यासाठी अगदी महाराष्ट्रापासून ते भारतापर्यंत अब्बल येण्यास पुढे असते. स्त्री प्रतिष्ठा उंचविण्यासाठी आणि तिच्या कर्तृत्वाला भरारी देण्यासाठी भरीव योगदान देणाऱ्या अशा महिला खेळाडूंच्या कार्याला सलाम.

जिंकण्याची गॅरंटी नाही
पण जिंकण्यासाठी खेळावं
हरण्याची अपेक्षा नाही
पण हरवण्यासाठी खेळावं

सुवर्णकन्या, पायली एक्सप्रेस अशा नावांनी ओळखल्या जाणाऱ्या पी.टी. उषाने हरणाऱ्या चपळतेने ट्रॅकर धावले. १९७९ मध्ये राष्ट्रीय शालेय क्रिडा स्पर्धेत पहिले सुवर्णपदक मिळविले. राष्ट्रीय अजिंक्यपद स्पर्धेद्वारे आंतरराष्ट्रीय पदार्पण केले. सुवर्णपदके मिळवली. निवृत्तीनंतर ती महिला धावपटू घडवते आहे. त्याचबरोबर सावरपाडा या आदिवासी पाडयावर राहणाऱ्या कविता राऊत हिने ऑलिंपिक स्पर्धेपर्यंत झेप घेतली. सातवीत असताना धावण्याच्या स्पर्धेत प्रथम आली. मोना मेश्राम ही विदर्भाची पहिली आंतरराष्ट्रीय महिला क्रिकेटपटू नुकत्याच झालेल्या एकदिवशीय विश्वचषक स्पर्धेतही तिने देशाचे प्रतिनिधीत्व केले. तसेच अनुजा पाटील गेल्या ऑक्टोबरमध्ये श्रीलंकेत झालेल्या महिलांच्या टी-२० विश्वकरंडक स्पर्धेसाठी भारतीय संघात अनुजाची निवड झाली. महाराष्ट्रातून, क्रिकेट महिला खेळाडू ती एकमेवच होती. गेल्या ३ वर्षांत चांगली कामगिरी केली. दोन वर्षांपूर्वी महाराष्ट्र क्रिकेट संघटनेने उद्योन्मुख म्हणून गौरविले.

विधात्याची नवनिर्माणाची कलाकृती तू...
प्रत्येक क्षेत्रातील आनंद साजरा कर
स्वतःच्या अस्तित्वाचा तू...

राही सरनोबत हिने ऑलिंपिकमध्ये भारतीय संघातून उतरणारी पहिली महिला नेमबाज आहे. पंचवीसहून अधिक सुवर्णपदक, कास्यपदकांची मानकरी आहे. भाग्यश्री बिले ही धावपटू जीने पुण्यात दहा हजार मीटर धावण्याच्या स्पर्धेत सुवर्णपदक पटकावले. महिला क्रिडापटू घडविण्यात मोठे योगदान दिले आहे. श्वेता गवळी हिने एकाच वर्षी खो-खो स्पर्धेत महाराष्ट्राचे प्रतिनिधीत्व करण्याचा पराक्रम केला. पीव्ही. सिंधू बॅडमिंटन, साक्षी मलिक कुस्ती तसेच महिला क्रिकेटर मिताली राज, झूलन गोस्वामी, दिप्ती शर्मा, शिखा पांडे, एकता बिबट, राजेश्वरी गायकवाड यांनी कामगिरी केली आहे. कर्णम मल्लेश्वरी, मैरी कॉम, सानिया मिर्झा, साइना नेहवाल इत्यादी अनेक महिला खेळाडूंनी आपल्या जीवनामध्ये खेळांमार्फत विकास घडविला आहे. त्यांनी आपले कौशल्य साधले आहे. खेळांमध्ये त्यांच्या आयुष्यात महत्वपूर्ण योगदान निर्माण झाले. स्वतःचा सन्मान व स्वःओळख मिळाली आहे.

या खेळांडूपैकी एका महिला क्रिकेटचा चमकता तारा म्हणजे मिताली राज यांच्या उदाहरणातून खेळातील योगदान झालेला विकास व क्रिकेटचं करिअर बनले. हे सांगता येतं. मिताली राज यांना नृत्याची आवड होती. त्यांना नर्तिका व्हायचे होते. त्यामुळे त्या नृत्य करायच्या. परंतु वडिलांची इच्छा होती की, देशासाठी तिने काहीतरी गौरवास्पद करावे. यासाठी ती क्रिकेट खेळू लागली. क्रिकेटच्या लांब प्रवासामुळे नृत्याचा अभ्यास मागे पडत. एके दिवशी त्यांच्या गुरुंनी त्यांना एक प्रश्न टाकला की, एकतर क्रिकेट किंवा नृत्य यापैकी एक निवड मिताली राज यांनी देशासाठी क्रिकेटर व्हायचे निवडले. क्रिकेट तिचे पहिले प्रेम बनले. क्रिकेटलाच आपले आयुष्य मानले. कारण मेहनत, जिद्द, सोबतच सक्षमता होती. क्रिकेटच्या मैदानात तिने अनेक विक्रम व पुरस्कार मिळविले. आपल्या देशात महिला क्रिकेटला प्रसिध्द बनविले. वय चौदा वर्षे असतानाच भारतीय संघात खेळाडू म्हणून निवडले. महिला क्रिकेटच्या भारतीय महिला खेळाडूने एक दिवसीय प्रकारात ५,००० धावा केल्या. कित्येक लोकांनी त्यांना हिणवले की, क्रिकेटर महिलांमधून होणे सोपे नाही. मिताली यांना ते दिवसही आठवतात की, अरे मुलगी आहे हळू चेंडू टाक तिला जखम होईल.

आपल्या प्राविण्यातून आणि यशातून महिला क्रिकेटला सन्मान जनक बनविले. मिताली राज यांनी क्रिकेटमधूनच आपले करिअर घडविले. सुवर्णपदके, अर्जुन पुरस्कार आणि पद्मश्रीने सन्मानित केले गेले. आज केवळ पुरुषांमधील आवडता खेळाडू कोण न विचारता महिला आवडती खेळाडू कोण असे विचारल्यावर आनंद मिळतो.

हारता-हारता जिंकतात
जिंकता-जिंकता हरतात
खेळातील शेवटचे क्षण
हे अतिमहत्वाचे ठरतात.

विना विनायक पवार
कला शाखा (द्वितीय वर्ष)

बहिणाबाई चौधरी

ज्या काळात केशवसुत, विनायक तांबे, गोविंदाग्रज इ. महाराष्ट्राचे प्रतिमाशाली कवी आपल्या काव्याचा बहार उधळीत होते. त्याच काळात जळगावात राहणाऱ्या एका शेतकऱ्याच्या चंद्रमोळीत एका अडाणी, अशिक्षित गृहिणीने जात्यावर दळताना, शेतात काम करताना संसाराची गाणी रचली, ही गृहिणी म्हणजेच बहिणाबाई चौधरी.

बहिणाबाईंचा उभा जन्म घरात आणि शेतात राबण्यात गेला. बुद्धिमत्ता आणि प्रतिभा लाभलेली ही स्त्री जळगावची खानदेशातील. तिची भाषा खानदेशी वऱ्हाडी आपल्या या मायबोलीतूनच तिचे काव्य फुलत गेले. कवी सोपानदेव चौधरी हे बहिणाबाईंचे सुपुत्र. ते आपल्या आईच्या कविता लिहून ठेऊ लागले. या कविता (वऱ्हाडी) अहिराणी बोलीत होत्या. त्यामुळे ही भाषा कुणाला नाही कळली तर तिची चेष्टा होईल असे सोपानदेव यांना वाटे, पण एक दिवस धाडस करून त्यांनी या कविता प्र.के. अत्रे यांना दाखविल्या. तेव्हा ते म्हणाले 'हे बावन कशी सोनं आहे' हे महाराष्ट्रापासून लपवून ठेवणं हा गुन्हा आहे.

बहिणाबाईंच्या कविता वाचून कुणी म्हणावं 'शेतात सापडलेला मोहरांच हंडा', कोणी म्हणाव अपूर्व चमत्कार, कुणी म्हणाव जडावाचा तीन पदरीहार, तर कोणी त्यांना पदव्या बहाल कराव्यात. निसर्गकन्या, भूमिकन्या, थोडक्यात काय शब्दच अपुरे पडावे असा हा योग ! मला तर बहिणाबाईंच्या शब्दातच सांगावसं वाटते की, बहिणाबाईंचे काव्य म्हणजे जागेपणाचे एक स्वप्न.

एका निरक्षर आणि अशिक्षित स्त्रीने हे सारे रचलेले आहे हा तर तोंडात बोट घालायला लाविल असा चमत्कार आहे. बहिणाबाईंनी कधी शाळेचे तोंडही पाहिले नाही त्यांना लिहिता येत नव्हते की, वाचताही येत नव्हते. विठोबाचे अन् रामाचे मंदिर याच माझ्या शाळा असे त्या म्हणत.

बहिणाबाईंनी शेतावर, घरांवर, माणसांवर, झाडाझुडपांवर, नदयांवर, दगडधोंडयावर, स्वच्छंद पाखरांवर निसर्गातल्या प्रत्येक गोष्टीवर प्रेम केले. बहिणाबाईंनी काव्यातून माणसाची सुखदुःखे टिपली. उपदेशही केला संसाराचे स्वरूप आणि महत्त्व काव्यातून समजावले देव देवळात नाही, भजनात नाही तर तो कामात, घामात आहे असे त्यांचे तत्वज्ञान होते.

माणूस माणसासारखा कसा होईल याचा बहिणाबाईंना ध्यास लागला होता. जीवनातले कटु सत्य, गरिबी पचवणारी ही स्त्री माणसाची अनैतिक वागणूक पाहून दुःखी कष्टी व्हायची.

त्या माणसाला संतापूर म्हणतात 'मानसा, मानसा तुझी नियती खराब' माणुसकी विसरलेल्या माणसाला त्या म्हणतात -

मानसा-मानसा कधी व्हाशील माणूस ही बाई जेवढी नाजुक पानाफुलाची, मनातल्या तरल भावांची कदर करणारी, मेणाहुन मरु मनाची तेवढीच प्रसंगी वज्र भेटून टाकण्याइतकी सामर्थ्यवान, कपाळावरची करमाची रेखा पुसल्यावर स्वतःच्या मनगटाच्या कर्तृत्वाचा आधार घेणाऱ्या या बाईपुढे आदराने झुकावे !

जीवनातला अनुभव, चिंतन, आपल्या काव्यप्रतिभेने त्यांनी आपल्यापुढे मांडला आहे, बहिणाबाईंच्या कवितेची भाषा ही सुचक, मिताक्षरी अकृत्रिम आहे आशय आणि अभिव्यक्ती यांचा सुंदर मेळ त्यांच्या काव्यात दिसतो. लोककथा, दंतकथा, म्हणी सुभाषिते इ. संदर्भ बहिणाबाईंच्या काव्यात सहजगत्या येतात. व्यक्तीगत अनुभवाचा, धागा त्या सृष्टीशी आणि सृष्टीच्या विधात्याशी जोडतात.

बहिणाबाईंच्या प्रतिभेची जातच निराळी आहे. धरित्रीच्या कुशीत झोपलेले बी-बियाणे, पाहून त्यांना काव्य सुचते तसे शेतीच्या अवजारांच्या उपयोगिता व उपयोगपध्दतीवर त्या काव्य करतात.

अरे पांडुरंगा, तुझी
कशी भक्ती करू सांग
तुझ्या रुपाआड येतं
सावकाराचं रं सोंग

शेतकऱ्यांच्या मनाचे ह्यापेक्षा अधिक हृदयद्रावक चित्र कुणा कवीने रेखाटले असेल तर मला वाटत नाही अशारितीने महाराष्ट्रातील भोळ्या, भाविक, कष्टाळु आणि समाधानी शेतकऱ्यांच्या संसाराचे करुण काव्य बाळबोध आणि जिवंत जिढाळ्याने बहिणाबाईंच्या ह्या गाण्यातून प्रकट झालेले आढळून येईल.

'खोऱ्यांमधी खोपा' या कविताद्वारे बहिणाबाई सांगतात की, प्राणीपक्ष्यांपेक्षा मानवा तू श्रेष्ठ आहेत, तुझे कर्तृत्व तू तुझ्या कामातून दाखव, मानवाची तुलना पक्ष्यांशी केली आहे. सुगरणीला इवलीशी चोच, तेच दात तेच ओठ. पण खोपा बांधण्यातली तिची कामगिरी आणि परिश्रम बघितले तर त्या तुलनेत दोन हात आणि दहा बोट लाभलेल्या माणसाचा आळशीपणा, निरोद्योपण किती चुकीचा आणि असमर्थनीय आहे हे कळते.

बहिणाबाईंचे काव्य म्हणजे महाराष्ट्राचा सांस्कृतिक ठेवा होय ओवी छंदातील त्यांच्या काव्यरचना नादमयता घेऊनच प्रकट होतात. शब्दांवर त्यांची हुकूमत दिसते. हवेतसे गोजिरवाणे रूप देण्याची किमया बहिणाईंमध्ये होती. त्यांची गाणी जात्यावर दळताना, चुलीसमोर बसून स्वयंपाक करताना सूचलेली आहेत.

बहिणाईंची प्रत्येक कविता काहीतरी शिकवण देऊन जाते 'कशाले काय म्हणू नये', 'संसार;', 'माझ्या जिवा', 'मन' देव अजब गारुडी, मोट हाकलतो एक माणूस या काव्यातून शिकवण देता-देताच उपहासाने विसंगतीतून विनोद, चेष्टा मस्करी केलेली आढळते. जुन्या बरोबर नव्याचेही त्या स्वागत करतात.

संसार या कवितेत प्रापंचिक उदाहरणांच्या आधारे त्यांनी उद्बोधक संदेश दिला. संसार हा खिरीकाकडी सारखा तोंडाजवळ कडूपण बाकी सर्व गोड असतो. संसारात दुःख असतेच त्याला स्विकारूनच संसार करायला हवा.

बरा संसार संसार
जसा तवा चुल्हयावर
आधी हाताला चटके
तेव्हा मिळते भाकरं

संसार म्हटला की, सुख दुःखे आलीच. त्याकडे सापेक्षा दृष्टीने कवयित्री पाहते. ती म्हणते संसार हा चुल्हयावरच्या तव्यासारखा असतो. संसाराविषयीचे तत्वज्ञान सांगताना साधे शब्द योजून रोजच्या व्यवहारातील उदाहरणे देऊन कवितेतील अर्थगहनता कायम ठेवली आहे. काळ कितीही बदलला तरी संसारात येणाऱ्या अडचणींना सर्वच प्राणिमात्रांना तोंड द्यावे लागते. मात्र संसारात येणाऱ्या दुःखाचे अनुभव, कष्ट, अडचणी यावरून संसार तुच्छ मानू नये असे बहिणाबाई सुचवितात.

मानवी जीवनाकडे पाहण्याचे तत्वज्ञान प्रभावी आणि सोप्या भाषेत त्यांनी व्यक्त केले आहे. कशाला काय म्हणू नये ? या कवितेत जीवनाकडे पाहण्याचे स्पष्ट तत्वज्ञान प्रगटले आहे, यातून आलेली सुभाषिते मार्मिक आहेत.

जीवनाच्या गंभीर भागाकडे बहिणाबाई जशा तत्वज्ञानाला लाजवेल अशा दृष्टीने बघतात. तसेच जीवनातल्या कित्येक साध्या-सुध्या हलक्या फुलक्या भागाकडे, रोज भेटणाऱ्या माणसांकडे विलक्षण दृष्टिने, मिस्त्रिकलपणाने बघतात एखादया कुशल चित्रकाराने

कमीतकमी रेषात चित्र काढावे तितक्याच कुशलतेने बहिणाबाई आपल्या भोवतालच्या व्यक्ती वाचकांच्या डोळ्यासमोर उभ्या करतात.

ज्यातून कापूस येत नाही त्याला बॉड म्हणू नये. अन् ज्यातून हरिनाम निघत नाही त्याला तोंड म्हणू नये. भुकेल्या पोटी जी माणसाला निजवते तिला रात म्हणू नये. अन् दानासाठी जो आराखडा जातो त्याला हात म्हणू नये इमानाला जो विसरला त्याला नेक म्हणू नये जन्मदात्याला जो भोवतो त्याला लेक म्हणू नये ही गोष्टींच्या व्यवच्छेदक, लक्षणांची मालिका सांगताना त्यांच्या मनाची भक्कम तात्त्विक बैठक आणि विचाराचा प्रगल्भता आपल्याला दिसून येते. बुद्धिवैभव असल्यामुळे बहिणाबाईंच्या काव्यात काय नको ते सांगताना काय असायला पाहिजे हे सुजाण वाचकांच्या ध्यानात यायला वेळ लागत नाही.

ज्यातून पीठ येतं ते जातं कस ? जो जमिनीत उभा असतो तो आड कसा ? गुढी उभारतो तो पाडवा कसा ? असे मिष्किल प्रश्न त्या त्यांच्या 'घरोट' या कवितेत मांडतात.

वरवर बघता साधीशी वाटणारी 'खोकली माय' ही कविता समाजातील विषमतेवर कोरडा ओढते पण कोरडा ओढण्याचा कोणताही आवेश त्यात नाही पण काही लोकांना खायला-प्यायला मिळते त्याच वेळी काही दुर्दैवी उपासमार रोगराई जजेर जीवन कुठंत असतात. हे भेदक सत्य या कवितेत व्यक्त होते. वाटयाला आलेले दुःख, हालअपेष्टा, कामाची दान समजून सोशीत राहणारी दरिद्री जनता बहिणाबाईंच्या करुनेचा विषय आहे.

रोहिणी लक्ष्मण जगदाळे

एस.वाय.बी.ए.

शांताबाई शेळके

साहित्यक्षेत्रात नाम कमावणे हे सरस्वतीचे वरदान असेल तर शक्य होते. अन्यथा त्या क्षेत्राकडे न वळलेलेच बरे असे बऱ्याच जणांचे मत असते. मात्र अशा या क्षेत्रात आपले योगदान देऊन काव्यरूपात साहित्याचा झेंडा अटकेपार फडकविल तो शांताबाई शेळके यांनी.

१२ ऑक्टोबर, १९२२ रोजी इंदापूर येथे त्यांचा जन्म झाला. त्यांचे बालपण मंचर या ग्रामीण परिसरात गेले. लहानपणापासूनच अभंग, ओव्या आणि लोकगीतांची त्यांना खूप आवड होती. हजारो अभंग, ओव्या, लोकगीते त्यांना मुखोदगत झाली. त्यांचे पाठांतर जबरदस्त होते. त्याचबरोबर त्यांना वाचनाची भूक विलक्षण होती. संस्कृत आणि मराठीसारख्या देववाणी आणि देवनागरी भाषेसह एम.ए. पर्यंतचे शिक्षण पूर्ण केले.

महाराष्ट्राचं जनजीवन, ग्रामीण मराठमोळ्या माणसांचं मन याचाच सुरेल संगम शांताबाईंच्या काव्यप्रवासाचं मूळ आधार आहे.

वाङ्मयाचे सर्वच प्रकार त्यांनी हाताळले आणि सर्वच प्रकारांनी सर्वसामान्यांवर गारुड केले असते तरी त्यांचे प्रेम होते भावपूर्ण गीतांवर म्हणूनच गीतकार होऊन त्यांनी प्रत्येकाच्याच मनावर अधिराज्य गाजवले. लता मंगेशकर, आशाताई यांच्या आवाजात स्वरबध्द झालेल्या शांताबाईंच्या चित्रपट गीतांना संगीताची सुरेल साथ दिली ती हृदयनाथ मंगेशकर यांनी. मंगेशकर कुटुंबियात शांताबाईंचे सदस्य म्हणूनच स्थान होते. यावरून त्यांच्या प्रगाढ मैत्रीची कल्पना येते. त्यातूनच मराठी प्रमगीतांचा आस्वाद रसिकांना मिळाला.

गदिमा, पी. सावळाराम आणि शांताबाई म्हणजे चित्रपटसृष्टीतले त्रिकुट होते. शांताबाईंनी अनेक वर्षे लोकसाहित्य समितीत काम केले आहे. साहित्यातली अनेक क्षेत्रे त्यांनी फक्त अभ्यासलीच नाही तर त्यात प्रगती केली गती मिळवली आणि पादाक्रांत केली. गावोगाव फिरून लोकसाहित्याचा अमोल ठेवा गोळा केला. श्री.म. माटे या आदर्श पुरोगामी आणि काव्यात्मवृत्तीच्या गुरुंचे मार्गदर्शन त्यांना लाभले त्यामुळे मूळची प्रतिभा आणि काव्यशक्ती यांना वेगळेच तेज मिळाले. या तेजातूनच त्यांनी साहित्य क्षेत्रात आपले अस्तित्व निर्माण केले.

जपानी ‘हायकू’ आणि संस्कृतमधील ‘मेघदूताचा’ त्यांनी केलेला मराठी अनुवाद हा काळजातल्या भावनेला स्पर्श करतो. त्यांच्या ‘वर्षा’ या पहिल्याच काव्यसंग्रहात त्यांचे निसर्गाशी असलेले नाते लक्षात येते.

मी शेतामधल्या पाऊल वाटातून हिंडते कितीकदा होऊनिया उन्मत्त बांधावर चिमणी, रानफुले डोलती पाहुनी त्यांना विस्मित झाली मती.

असे म्हणणाऱ्या शांताबाईचा निसर्गच खरा सखा, सोबती, मित्र होय. शांताबाई तासन्तास निसर्गाच्या सांन्निध्यात तहान-भूक विसरून बसत. आचार्य अत्रे संपादक असलेल्या दैनिक मराठा आणि साप्ताहिक नवयुवक मध्येही त्यांचे योगदान आहे. विविध वृत्तपत्रातून येणारे जाणता-अजाणता दिपमाळ, एक पानी हे स्तंभलेखात त्यांच्या कसदार गुणवत्तेचे साक्षीदार आहेत. साहित्यातला परिस म्हणजे शांताबाई शेळके हे समीकरण केले तर वावगे ठरणार नाही. कारण त्यांनी ज्या साहित्य प्रकाराला हात लावला ती साहित्यकृती सर्वदोष्ट झाली.

“मी डोलकर, डोलकर दर्याचा राजा” च्या तालावर त्यांनी कोळी समाजासह सर्वच समूहांना ठेका धरायला लावला. तर ‘मागे उभा मंगेश पुढे उभा मंगेश’ मधील भक्तिरसातून ‘तोच चंद्रमा नभात’ दिसला रेशमाच्या रेषांनी, लाल-काळ्या धाग्यांनी, कर्नाटकी कशिदा मी काढीला, हात नका लावू माझा साडीला, या लावणीने साऱ्या महाराष्ट्राला वेड लावले. “थुई-थुई नाच माझ्या अंगणात मोरा” हे फक्त बाळगोपाळापर्यंतच मर्यादित राहिले नाही. “गणराज रंगी नाचतो” यातून जो भावार्थ मतापर्यंत पोहोचतो त्याला कशाचीही तोड नाही. ‘माझा सारंगा, राजा सारंगा’ ‘ऋतू हिरवा’ हे विसरायचे म्हटले तरी विसरणे शक्य नाही. मराठी चित्रपठ गीतांचे पंचाहत्तरी पार केलेल्या त्यांच्या कोणकोणत्या गीतांना लक्षात ठेवायचे हेच नेमके कळत नाही.

पाण्यावरच्या पाकळ्या, गोंदण, किनारे मताचे नावापासूनच मनाची पकड घेणाऱ्या काव्यसंग्रहांनी आपली वेगळीच ओळख निर्माण केली.

‘टीप-टीप चांदणी आणि ‘थुई-थुई नाच मोरा’ मधून बालकवितांचा प्रवास झाला. ‘धूळपाटी’ हे त्यांचे आत्मचरित्र वाचताना मन नकळत हेलावते. लता आणि वेचक राजाध्यक्ष हे त्यांचे विशेष संपादन आहे. मराठी बालभारतीच्या संपादनातही त्यांचा मोलाचा वाटा आहे. लिटल वुमन चा त्यांनी मराठीत केलेला चौघीजणी हा अनुवाद प्रत्येकाला भावला, आवडला. त्यांच्या कवितेतून मर्यादेच्या चौकटीत असूनही धीट शृंगार हळूच डोकावते. संवेदनशील मनातून आलेला सरळ शुध्द निरागस भावनेला आत्मविष्कार म्हणजे शांताबाईची कविता होय.

साहित्याच्या यशोशिखरावर असूनही स्वभावातला मूळ ग्रामीण गोडवा त्यांच्या व्यक्तीमत्त्वात अखेरपर्यंत होताच. म्हणूनच त्या सहजतेने म्हणतात,

असेन मी, नसेमी
तरी असेल गीत हे
फुलाफुलात येथल्या
उद्या हसेल गीत हे ।

मोनिका सुशिल भावे
एस.वाय.बी.ए.

ग्रंथ हेच गुरु

आपल्या आयुष्यात आपल्याला माहित असलेले गुरु म्हणजे आई, वडील आणि शिक्षक पण नाही. या सर्वांना सोडून आपले चौथे गुरु म्हणजे ग्रंथ आपण त्याला कोणते न कोणते ज्ञान देतच असतात. पण त्यांनाही ते ज्ञान ग्रंथातूनच मिळालेले असते.

आपण ज्ञान घेण्यासाठी अनेक माध्यमांचा वापर करतो. पण आजच्या आधुनिक युगात आपण माहिती ग्रंथामध्ये न शोधता सरळ संगणकातील आंतरजालातून यालाच इंग्रजी शब्दामध्ये इंटरनेट मधून क्षणातूनच मिळवतो. पण हि माहिती कोणी ना कोणी एखादया ग्रंथातूनच अथवा ज्ञानकोशाचे वाचन करून संगणकातील आंतरजालात टाकलेली असते.

ग्रंथ हे आपल्याला अमाप ज्ञान देतात त्यासाठी ते आपल्याकडून त्याचे मूल्य व मोबदला मागत नाही. हिंदू धर्मात सर्वात मोलाचे स्थान ते देवाला व आपल्या पवित्र ग्रंथ भगवत गीतेला आणि म्हणूनच सर्वात मुल्यवान हा ग्रंथच आहे. त्याच पध्दतीने आयुर्वेदात मोलाचा ग्रंथ चरक संहिता हा पण ग्रंथच आहे. प्रत्येक धर्माचा पवित्र एक ना एक ग्रंथच आहेत. म्हणूनच ग्रंथ हेच आपले गुरु आहेत.

गुरुर ब्रम्हा गुरुर विष्णू गुरुर देवो महेश्वरा ।
गुरुर साक्षात परब्रम्ह तस्मै श्री गुरुवे नमः ॥

ग्रंथ हा असा खजिना आहे की, ज्याचा जितका उपयोग आपण करून घेवू तितकेच आपण समृद्ध होत जावू. गणित, विज्ञान, औषधशास्त्र, अंकशास्त्र, जन्म-मृत्यू, वैद्यकशास्त्र आदी विविध विषयांवरील ग्रंथ एकत्रित पाहिले तर ग्रंथाचे स्वतंत्र व वेगळे विश्व आपल्यासमोर उभे राहिल्यासारखे वाटते. ग्रंथ आपल्या आयुष्याला दिशा देण्याचे काम करतात. बालवयात सांगितलेल्या गोष्टींचा आपल्यावर कळत-नकळत परिणाम होत असतो.

आज विचार केला तर प्राचीन काळी आपल्या येथील शिक्षण संस्था प्रामुख्याने मौखिक परंपरेला मानणारी होती. विद्याभ्यासही मौखिक परंपरेने चालत आलेला आणि एका पिढीकडून दुसऱ्या पिढीकडे जाणारा होता. पुढे काळातच्या ओघात छपाईच्या कला अवगत झाली आणि पूर्वासुरींचे हे मौखिक विचार धन छापिले स्वरूपात कायमस्वरूपी बंदिस्त झालं.

आपल्या आयुष्यातील शैक्षणिक कालखंड आपल्याला गुरुचा सहवास लौकिक अर्थाने फक्त विद्यादानाच्या रूपानेच लाभतो आणि तोही ठराविक कालावधीसाठी मात्र त्या पुढील उर्वरित आयुष्यात आपल्या भासणारी गुरुची जाणिव ग्रंथरूपाने दूर होते.

विविध विषयांचे हे ग्रंथ/पुस्तके आपल्याला गुरु रूपाने मार्गदर्शन करतात. या ग्रंथाचे महत्त्व पुर्वीच्या काळीही होते आणि आजही तितकेच अबाधित आहे. ग्रंथ/पुस्तके ही दिशादर्शक म्हणूनही कार्य करतात. जगभर तंत्रज्ञानाचा प्रसार झाला असला आणि हे जग संगणकाच्या व्याप्तीमध्ये सामावणार असलं. तरीही ग्रंथाचे महत्त्व कमी होणार नाही.

वाचाल तर वाचाल हे वाक्य काही उगाच नाही. तर ग्रंथ/पुस्तकासारखा मित्र नाही. प्रतिकूल परिस्थितीतही चांगले जीवन घडवण्याचे काम ग्रंथ/पुस्तके करतात. विद्यार्थ्यांनी अधिकाधिक वाचन करून ज्ञान ग्रहण करायला हवे. साहित्याकडे डोळसपणे पाहिल्यास उत्तम भवितव्य घडते.

ग्रंथ समाजाला घडवतात. ग्रंथ/पुस्तकांचा वास जगण्याचा आनंद देतात.

प्रकाशाशिवाय अंधार कसा जाणार ?

औषधांशिवाय रोग कसा हटणार ?

प्रेमाशिवाय कलह कसे मिटणार ?

आणि ग्रंथाशिवाय ज्ञान कसे मिळणार ?

ग्रंथ हेच खरे गुरु होय. ग्रंथ हे आपल्या आयुष्यात भराची शिदोरी असतात. ग्रंथ म्हणजे 'ज्ञानरूपी पाऊस' पाऊस जमिनीवर पडल्यावर जसे जमिनीचे सोने होते म्हणजे पीक उभे राहते त्याचप्रमाणे ग्रंथरूपी पाऊस डोक्यावर पडलेल्या मेंदूची बुद्धिची कार्यक्षमता वाढते.

“जो जो जयाचा घेतला मी गुण”

तो तो मी केला गुरु जाण ॥

विज्ञानयुगातही ग्रंथ गुरुचे स्थान घेऊ शकतात म्हणून

“ग्रंथ हेच खरे गुरु होय”

सिध्दी सुरेश परब

एस.वाय.बी.ए.

सिंधूताई सपकाळ

“पदरात निखारे बांधून भगवंताची जात शोधण्यास निघालेल्या रतीने केलेला सेवेचा महायज्ञ म्हणजे सिंधूताई सपकाळ ह्यांचं कार्य होय” अशा स्त्रिया पाहिल्या की समजते “भारत महान” का आहे ते ! धैर्य, साहस आणि अविरत कष्ट यांच्या त्रिवेणी संगमाचे दर्शन याच कर्तृत्वावन स्त्रियांमधून घडते.

‘जीवन नकोसे होते आणि त्याच क्षणी ते संपवावे वाटते’ असे क्षण बहुतेकांच्या आयुष्यात येतात. त्या क्षणांवर विजय मिळवून आपले पुढचे आयुष्य जे समाजऋण फेडण्यास समर्पित करतात त्यात सिंधूताई सपकाळ यांचे नाव अग्रेसर आहे. या समर्पित आयुष्यातून पुढे अनेकांचे आयुष्य घडले संस्कारित झाले.

‘किती भोगावे-भोगून करावे-करून अनाययास अभय द्यावे’ हा प्रवास करत श्रीमती सिंधूताई सपकाळच करू शकतात. एकच प्याला मधले सिंधूचे भोग यांकिंचित वाटावे अशा संकटांच्या मालिकेने सिंधूताईचे आयुष्य व्यापलेले आहे. “श्रीहरी” चेही तेच झाले. उमलणाऱ्या ‘सिंधूला’ या संशयपिशाच्चाने खुडले. सिंधूच्या पोटी ‘कन्यारत्न’ जन्मले. गोठयातली गाय हंबरली. सिंधू शुध्दीत आली आणि लेकीच्या टाहोने वेदना विसरली, पण गायीच्या साखीने झालेल्या बाळंतपणात ‘नाळ’ कापणार कोण ? तान्हा जीव आकांत करत होता. आईच्या कुशीत यायला पण ‘वार’ अजून सुटली नव्हती ‘नाळ’ अजून तुटली नव्हती. सिंधूने सारे बळ एकवटले. जवळचा दगड उचलला आणि नाळवर घाव घालणे सुरु केले. २९ वेळा घाव घातल्यावर एकदाची ‘नाळ’ तुटली. गायीने बाळाला चाटून स्वच्छ केले. सिंधूकरीता तीच मायमाऊली झाली. तेहत्तीस कोटी देवांनी सिंधूताईंना गाईच्या रुपाने “भिऊ नकोस, आम्ही तुझ्या पाठीशी आहोत” असे सांगितले. सिंधूताईंनी बाळाला पोटाशी बांधले आणि पुढच्या खडतर प्रवासाकरीता गोठयाबाहेर पाऊ टाकले. नकळत पाय रेल्वेस्टेशनकडे वळले. रेल्वेत भीक मागून ‘पोटाची खळगी’ भरणे सुरु झाले, पण हे उदरभरण करत मायलेकींचे नव्हते, तर फलाटावरच्या सर्व दीनदुबळ्या भिकारी अनाथांबरोबर अंगतपंगत करत होते. हाच सिंधूताईंच्या भविष्यकाळातल्या ‘अनाथांचा आधारवड’ होण्याच्या काळाचा ‘शिल्पकार’ क्षण आहे.

अनाथांना आधार देण्यापूर्वी स्वतःला आणि कन्येला (ममता) सावरने गरजेचे होते. पुण्याच्या दगडूशेठ तात्यासाहेब यांच्या मदतीमुळे ‘ममता’ सेवासदनात दाखल झाली. सिंधूताई स्वतःकरीता वणवण फिरू लागल्या. कुठेही आसरा नाही, तेव्हा स्मशानात मुक्काम

टोकला. तेथला हृदयद्रावक, प्रसंग 'पोटाची व्यथा' खऱ्या अर्थाने सांगतो. 'अन्नासाठी दाहीदिशा' आम्हा 'किश्वीसी जगदिशा' हे फक्त 'भरल्यापोटी' आम्हाला म्हणायला छान वाटते, पण ज्यांच्यावर चतकोर तुकडा मिळवण्यासाठी 'जिवाचे रान' करण्याची वेळ येते, त्यांना त्यांचे महत्त्व कळते. सिंधूताईंना हे चांगलेच कळले आणि म्हणूनच रस्त्यावर हिनवाणे फिरणारे, अन्नान्नदशा झालेले मूल पाहिले की, त्यांना त्याला अन्न, वस्त्र, निवारा देण्याचे जणू वेडच लागले. सिंधूताईंकडे चौथीपर्यंतचे शिक्षण आणि जबरदस्त इच्छाशक्ती ही दोन अस्त्र होती. तसेच सरस्वती जिभेवर नांदत होती. हा फार मोठा 'आधार' सोबत होता. एवढ्या भांडवलावर सिंधूताईंने या अवघड परिस्थितीत जनतेला साद घातली. 'माझ्या या लेकरांना भाकर द्या' म्हणून विनवाणी केली. ती अंतःकरणातून आलेली मधाळ, रसाळ वाणी समाजाच्या मनाला भिडली. समोरचा श्रोता ट्रवला. आपोआप हात खिशाकडे गेला आणि सिंधूताईंच्या पदरात एक अब्याहत स्त्रोत सुरु झाला.

सिंधूताईंच्या जन्म विदर्भातील वर्धा जिल्ह्यातल्या जंगल भागात असलेल्या नवरगाव या खेड्यात झालेला १४ नोव्हेंबर, १९४८ रोजी साठे कुटुंबात ही कन्या अवतरली. वडील अभिमान साठेंना अभिमान वाटावा अशीच ही कन्या आज आहे, पण त्यावेळी मात्र हे भकीत कुणाच्या गावीही नव्हते.

वडील अभिमान साठेंना चिंधीने शिकावे वाटायचे, पण आईचे मत मात्र याहून वेगळं होते. तेच अडाणी मत श्रीहरीचे होते. त्यामुळे शिक्षणाचा ध्यास घेतलेल्या मनाचा कोंडमारा होत होता. मात्र लिहिता-वाचता येत असल्यामुळे जेथे जमेल तेथे, जसे जमेल तसे चिंधीचे वाचन सुरु होते. यातूनच काव्यगंगा यांच्या ओठी स्थिरावली आणि काव्याचा आधार घेत, कधी ओव्यांच्या रंगात रंगून तर कधी बहिणाबाईंच्या बोलीतून, बोलणे, भाषण करणे हाच सिंधूताईंचा राजमार्ग आहे. याच मार्गावरून धावताना 'सप्तसिंधू' प्रकल्प साकारले. १०४२ अनाथांचे एक कुटुंब झाले. या कुटुंबाची 'माऊली' सिंधूताई अनाथांचे पालन करता करता स्वतःही सनाथ झाली आणि या अनाथांनाही तिने कुटुंबत्सल केले. आजी, लेकी, सुना, जावई, नातवंडे हा 'पसारा' या अनाथाश्रमातून विस्तारला. सहस्त्रांचे एक आवर्तन पूर्ण होऊन पुढच्या दिशेने या अनाथांचे पुनर्वसन करणाऱ्या माऊलीलाही एकदा जीव नकोसा झाला होता. दिड वर्षांच्या लेकीला पोटाशी घेऊनही माऊली जीवन प्रवास संपवण्याकरीता धडधडत येणाऱ्या रेल्वेकडे धावली. रुळावर रेल्वेची वाट पाहत असलेल्या मातेने आपल्या पिलाकडे पाहिले. तो मुठी चोखत असलेल्या कोमल जीव नजरेने मात्र मातेला 'मला जगायचे आहे' सांगत होता. ती नजर त्यातली भाषा, याचना मातेला समजली. आपण आपला जीव तर देतच आहोत, पण या लेकराचाही जीव घेत आहोत, हा अधिकार आपल्याला कोणी दिला ? या प्रश्नाने सिंधूताई

भानावर आल्या दुःखी माता एका नव्या प्रेरणेने भारली. ती प्रेरणा होती जगण्याची आणि दुसऱ्यांनाही जगवण्याची लेकीच्या डोळ्यातून हे रहस्ये उलगडले आणि सिंधूताईंनी जीवनाचे 'आव्हान' स्विकारले. सहस्त्रावर अनाथांना सांभाळताना स्वतःच्या लेकीला मात्र या मातेने जाणूनबुजून दूर ठेवले. मातेचे प्रेम, मोह, माया यामुळे अनाथ आणि स्वतःचे यामध्ये कधी दुजाभाव होण्याचे कारण ठरू नये. नकळत ही 'भावना' मनात येऊ नये म्हणून त्यांनीही खबरदारी आधीच घेतली. धन्य ती माऊली, धन्य तीचे विचार.

स्वतःच्या दुःखातून, वेदनेतून दुसऱ्यांचे दुःख, वेदना जाणणारी ही माऊली 'बहात्तर' विविध पुरस्कारांनी सन्मानित झाली, पण पुरस्कारांच्या शाली, स्मृतिचिन्हांपेक्षा माझ्या लेकरांना 'भाकरी दया' म्हणून सांगणारी ही 'अनाथांची कैवारी' आहे. महाराष्ट्राची 'मदर तेरेसा' होण्याचा मान सिंधूताईंना जातो, पण हा सन्मान फक्त महाराष्ट्रापुरताच मर्यादित राहू नये, तर संपूर्ण भारतातील ही अद्वितीय जगत माऊली व्हावी हीच सदिच्छा ! आपल्या संस्कृतीत अतिथ्य आणि आश्रयाचे अनाथांना अभय मिळते ते सिंधूताईंच्या जवळच हे निःस्वार्थ सेवेचे व्रत दोन तपे ओलांडून केव्हाच पुढे गेले आहे. अखंड सेवा, आश्रय, आधार आणि अभयासह भाकर या पंचसूत्रीचा स्त्रोत अव्याहत या अनाकलनीय मातृत्वातून स्त्रपतीव्य-त्यातले ममत्व १०४२ अनाथ आज अनुभवताहेत. या अद्वितीय मातृत्वाकडून इतरांना प्रेरणा मिळावी याची प्रचिती मी सिंधूताई सपकाळ हा चित्रपट देतो. परिणामी ती प्रेमपूर्वक 'मै' (आई) म्हणतात. तिने १०५० अनाथ मुले प्रती संगोपन आहे. आज ती एक भव्य कुटुंब आहे. २०७ मुलगे आणि कायद्यात ३६ मुली कायद्यात आणि १००० प्रती grandetidran प्राचार्य शिवाजी राव भोसले स्मृती पुरस्कार (२०१५), राजाई पुरस्तार, मूर्तिमत आईसाठीचा २०१३ सालचा राष्ट्रीय पुरस्कार अज्ञातवासातील काही काळ या माय लेकरांनी या चिखलदरा परिसरात चालवला व जिथे एकमेकांना मायेची ऊब दिली ती 'पचबोलदरी' चिखलदऱ्यातच आहे.

समाज सेविका मुख्यपान सिंधूताई सपकाळ अनाथांच्या आई आपल्या कार्याचा ठसा जनमानसात उमटवणाऱ्या व्यक्तीमध्ये सिंधूताई सपकाळ यांचे नाव अग्रक्रमाने आणि आदराने घेतले जाते. प्रेमाला पोरक्या आलेल्या असंख्य निराधारांना आपल्या मायेच्या स्पर्शाने प्रेमाने आपलसं करणाऱ्या सिंधूताई सपकाळ या मातेची कहाणी कुणालाही थक्क करणारी आहे. त्या स्मशानात राहू लागल्या. पण पोटातल्या भुकेचं काय ? एखादा पैसा हातावर पडेल म्हणून माई त्यांच्यामागे चालू लागल्या एकाला त्यांची दया आली. त्याने थोडे पीठ आणि पैसे दिले. माईनी मडक्यात पीठ कालवले, चितिवरच्या निखऱ्यावर भाजले आणि कडक भाकरी केली व तशीच खाल्ली. एकदा पुण्यात रस्त्यावर माईंना एक मुलगा रडत

बसलेला दिसला, त्याला त्याचे नाव दिपक गायकवाड एवढेच सांगता येत होते. माई मुलाला घेऊन पोलीस स्टेशनला गेल्या व त्यांनी तक्रार नोंदवून घेतली नाही आणि हुसकावून लावले. माईनी मात्र मुलाला सांभाळण्याचे ठरवले. पुढे महिन्याभरात अशीच भीक मागणी २-३ मुले त्यांना भेटली. त्यांनाही आपल्या पदराखाली घेतले. निराश्रीतांचे जगणे किती भयंकर असते ते त्यांनी अनुभवले होते. ते या मुलांच्या वाटयाला येवू नये ही त्यांची इच्छा होती.

माई ममताला सहज सांभाळू शकत होत्या. पण एखादया दिवशी मुलांना उपाशी राहण्याची वेळ आली असती तर माईनी काय केले असते ? ज्या मुलांना माई सांभाळणार होते ती मुलं पाणी पिऊन झोपली असती, पण ममता पाहून माईची माया जागृत झाली असती आणि तिला गुपचूप दोन घास खाऊ घातले असते. पण माईना हा अन्याय करायचा नव्हता म्हणूनच माईनी मुलीला दगडूशेट गणपतीच्या पायाशी घातले.

महाराष्ट्र मध्य-प्रदेशाच्या सीमेवर मेळघाट व्याघ्र प्रकल्पासाठी जंगलातील ८४ गावातील योजना नव्हती, माईनी या आदिवासी लोकांची बाजू शासनासमोर मांडून त्यांना न्याय मिळवून दिला. माई अजून एक लढाई जिंकल्या अशा अनेक लढाया माई रोज लढतच असतात.

आज महाराष्ट्रात माईचे चार अनाथ आश्रम आहेत काही वर्षांपूर्वी माईनी चिखल दऱ्यात वसाहतीगृह सुरु केले. आज बऱ्याच मुली या ठिकाणी राहून शिक्षण घेत आहे. दोन दिवसांच्या मुलापासून ७२ वर्षांच्या वृद्धापर्यंत सगळीच त्यांची मुले आहेत. लेकीच्या मुलींचे आडनाव साठे तर मुलांचा नाव सपकाळ असते. माझी मुले डॉक्टर, वकील, शिक्षक आहेत. बरीचशी मुले शिकून स्वतःच्या पायावर उभे राहिले. हे सांगताना त्यांचा चेहरा फुलून येतो. ममताने ही एम.एस.डब्ल्यू. केले आहे. ती आता माईचे काम पाहते. माईना आजवर १७२ पेक्षा जास्त पुरस्कार मिळाले आहेत.

माईनी अनेक अनाथ मुलांना वाढवले. शिक्षण दिले, जगण्याची प्रेरणा दिली आणि सर्वात महत्वाचे म्हणजे समाज मानाचे स्थान मिळवून दिले आहे. देणाऱ्याने देत जावे, घेणाऱ्याने घेत जावे, घेता घेता देणाऱ्याचे हात घ्यावे. तरीही ती पुढील जीवन लढा आहे ती दत्तक ज्याच्या मुलांना अनेक तसेच सुशिक्षित वकील आणि डॉक्टर आहेत आणि तिच्या जैविक मुलगी काही त्यांच्या स्वतःच्या स्वतंत्र चालवत आहेत. तिची मुले एक एक पी.एच.डी. करत आहे. तिच्या जीवन अहिल्याबाई होळकर पुरस्कार स्त्री व बालकल्याण क्षेत्रात सामाजिक कामगारांना महाराष्ट्र राज्य शासनाने दिलेल्या ती २०१० समावेश तिच्या ममर्पण

। अनाथ मुलासाठी घर करण्यासाठी जमान खरदा करण्यासाठी सव पस वापरल. सिंधूताईचा विवाह वयाच्या ९ व्या वर्षी वयाने २६ वर्षांनी मोठे असलेल्या श्रीहरी सपकाळ यांच्याशी लग्न झाले.

सिंधूताई सपकाळ..... म्हणजे..... माई..... वय वर्षे ६५ पहिल्या पासून..... काही तरी करण्याची जिद्द..... लग्नानंतरहि त्यांनी गावातल्या महिलांसाठी त्यांच्या हक्कासाठी लढा केला..... पण त्याचा मोबदला म्हणजे त्यांना त्यांच्या नवऱ्याने व सासरकडच्यांनी घराबाहेर काढले. लहान मुलीसोबत..... पण २९ वर्षांच्या माईनी धीर सोडला नाही..... पूर्वीचे दिवस फार कठीण गेले..... पुणेच्या रेल्वे स्थानकावर भिक मागून गेले..... पण जे काही मिळायचे ते पण स्वतःकडे न राखून बाकीचे जे भिकारी आहेत त्यांना वाटायचे..... खास करून लहान मुलांना.....

अनाथ, अपेक्षित मुलांच्या आयुष्यात पहाट निर्माण करणाऱ्या समाजसेविका सिंधूताई सपकाळ यांचा आयुष्यावर आधारित 'मी सिंधूताई सपकाळ' या मराठी चित्रपटाने अंतरराष्ट्रीय पातळीवर चमक दाखवली आहे.

माई..... सिंधूताई सपकाळ अनाथांची आई
बापाच नात भितीशी असतं.....
आणि आईचे वेदनेशी..... माई
“मला जेव्हा घराबाहेर
काढले तेव्हा जगण्यासाठी
मी भिक मागायचे,
पण आज पण मी कटोरा
घेऊन सगळी भिक मागत
असते, फरक फक्त
एवढाच आहे कि, पूर्वी
स्वतःसाठी भिक
मागायचे आणि आता
माझ्या मुलांसाठी”

अश्विनी विठ्ठल साळकर
द्वितीय वर्ष (कला शाखा)

महाराष्ट्राच्या मातीतील खेळ

जिंकल्याची गॅरंटी नाही
पण जिंकण्यासाठी खेळावं
हरण्याची अपेक्षाच नको
हरवण्यासाठी भिडावं
हार होवो की जीत होवो
त्याची पर्वा मुळीच नाही
हरण्याच्या भीतीने खेळणे
ती खेळी खेळीच नाही

खेळ...खेळ...खेळ... म्हटलं की कोणाला नाही आवडत. लहान, मोठे सर्वांनाच आवडते. सध्याच्या धकाधकीच्या जीवनात खेळ खेळणे अतिशय आवश्यक आहे. अभ्यास, क्लासेस, नोकरी, टेन्शन या सगळ्यामुळे छोट्यांच्याच नाही तर मोठ्यांच्या जीवनावर मोठ्या प्रमाणात त्याचा परिणाम होतो आहे असे चित्र आपल्याला पहायला मिळते. लहान मुलांनी मैदानी खेळ खेळणे अतिशय आवश्यक आहे. अभ्यास आणि इतर गोष्टींना जेवढे महत्त्व आहे. तेवढेच महत्त्व खेळाला देणे आवश्यक आहे. खेळ खेळल्याने मुलांमध्ये चपळता येते. छोट्यांच्या तसेच मोठ्यांच्या जीवनातही खेळाला फार मोठे महत्त्व आहे. पुरातन काळापासून तत्कालीन संस्कृतीत खेळाचा उल्लेख सापडतो. खेळ खेळणे हा उत्तम प्रकारचा एक व्यायाम आहे.

मुलांची वाढ आणि विकास यांमध्ये खेळाचे महत्वाचे स्थान आहे. मुलांची शारीरिक, सामाजिक, मानसिक आणि बौद्धिक वाढ होण्यास खेळणे फार उपयुक्त ठरतात. मुलांच्या आयुष्यात अभ्यासाइतकेच खेळाचे काही ठळक वैशिष्ट्ये बघूया -

- सांघित खेळांमुळे संघभावना वाढीस लागते.
- अभ्यास आणि इतर कामांमुळे ताण आला असेल तर खेळामुळे तो दूर करण्याचा उत्तम मार्ग आहे.
- खेळ यश आणि अपयश याचा सामना करण्यास शिकवतो.
- खेळामुळे कल्पकतेचा विकास होतो.
- खेळांमुळे नियमांचे पालन करण्याची सवय लागते.

- नियोजन बद्धता, बुद्धी आणि पारख करणे हे गुण वाढीस लागतात.
- खेळामुळे मुलांच्या मानसिक विकासाला गती मिळते.

मैदानी खेळ खेळणे यामुळे शरीर बळकट बनते. तसेच स्नायुंचे कौशल्यपूर्ण हालचाली आत्मसात होतात.

महाराष्ट्राच्या मैदानी मातीतील खेळ म्हणजे कुस्ती, कबड्डी, लंगडी, खो-खो, आटया-पाटया हे खेळ होय.

कबड्डी... कबड्डी... कबड्डी... म्हणत एंट्री करणारा दणकट खेळाडू, खेळ पाहण्यासाठी जमलेले ग्रामसथ, मैदानातल्या मातीत होणारे सामने नी विजयी गटाला डोक्यावर घेवून निघणाऱ्या मिरवणुका, भल्याभल्यांची पाठ पाहणारे कुस्तीपटू कबड्डीने घडविले आहेत. महाराष्ट्र व मध्य प्रदेशात लोकप्रिय राहिलेल्या कबड्डीला हुतूतू या नावाने ओळखले जाते.

तसेच खो-खो हा खेळ देखील मैदानी आहे. खो-खो या खेळाचा उगम महाराष्ट्राच्या मातीतच खऱ्या अर्थाने झाला. आपला देश हा शेतीप्रधान भारतीय संस्कृतीचा अविष्कार आहे. पिकांनी भरलेली शेती जनावरांनी खराब करू नये. म्हणून जे विविध उपाय योजले जात असत. त्यापैकी त्यांच्या मार्गात अडथळे निर्माण करून त्यांना पळवून लावणे हा प्रमुख उपाय असे त्यासाठी शेतात काही ठराविक अंतरावर लहान मुले एकमेकांच्या विरुद्ध दिशेला तोंड करून बसवून त्यांना कुत्र्याच्या भुंकण्याचा आवाज (भो-भो) करायला सांगितले जात असावे. असे या शेत (क्षेत्र) रक्षणवृत्तीतून लहान मुलांचा खो-खो खेळ पळती/पाठलागाचा सुरु झाला असावा.

खो या शब्दांचा अर्थ हुलकावणी देणे, चकविणे असा होतो.

आटया-पाटया हा खेळ ही मैदानी मातीतील आहे. हा खेळ शिवकालीन आहे. या खेळांमध्ये एकमेकांवर कुरघोडी करतात.

लंगडी या खेळांमध्ये एक खेळाडू त्यांचा एक पाय दुमडून म्हणजेच लंगडी घालून इतर खेळाडूंना पकडतो.

कुस्ती हा खेळ तर अस्सल मराठी मातीतील आहे.

शुभांगी नारायण बागडे
एस.वाय.बी.ए.

बाप

आईचं गुणगान खूप झाले
पण बिचाऱ्या बापाने काय केले
बिकट प्रसंगी बापच सदा सोडवी
आपण फक्त गातो आईचीच गोडवी
आईकडे असतील अश्रूंचे पाट,
तर बाप म्हणजे संयमाचा घाट
आठवते जेवण करणारी प्रेमळ आई
त्या शिदोरीची सोय ही बापच पाही
देवकी-यशोदेचं प्रेम मनात साठवा
टोपलीतून बाळास नेणारा वासूदेवही आठवा
रामासाठी कौशल्येची झाली असेल कसरत
पुत्र वियोगाने मरण पावला बाप दशरथ
काटकसर करुन मुलास देतो पॉकेटमनी
आपण मात्र वापरी शर्ट-पॅट जूनी
मुलीला हवे ब्युटीपार्लर, नवी साडी,
घरी बाप आटपतो बिन साबणाची दाढी
वयात आल्यावर मुले आपल्याच विश्वास मग्न
बापाला दिसे मुलांचे शिक्षण, पोरीचे लग्न
मुलाच्या नोकरीसाठी जिना चढून लागते धाप
आठवा मुलीच्या स्थळासाठी उंबरठे झिजवणारा बाप
जीवनभर मुलांच्या पाठी बापाच्या सदिच्छा
त्यांनी समजून घ्यावं हीच माफक इच्छा

कोमल सं. सोनवणे

S.Y.B.A.

चल ना रे, नातं रिचार्ज करु...

आपल्यातलं बोलणं संपलं असेत तर,
पुन्हा एकदा टॉकटाईम भरु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
मनामध्ये काही अडलं असेत तर,
त्या वाईट गोष्टींना फॉरमॅट मारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
नवा घेऊन पुन्हा कॅनव्हास,
नव्या चित्रात नवे रंग भरु...
चल ना रे, पुन्हा एकदा नात रिचार्ज करु,
प्रेमाचा नेटपॅक, समजुतीचा बॅलेन्स,
हृदयाच्या व्हावचरवर पुनहा स्क्रॅच करु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
उतार-चढाव ते विसरुन सारे, उद्यासाठी नात्यांवर पुन्हा टॉर्च मारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
माणूस म्हटलं तर चुकणारचं ना,
चुका तेवढ्या बाजुला सारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
आयुष्याची बॅटरी रोज लो होते रे,
जवळच्या नात्यांना पुनहा चार्ज करु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
व्यक्ती तितक्या प्रकृती हा तर नियमच निसर्गाचा,
पटलं तेवढं ठेवू, बाकी इग्नोर मारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
कांदयाचे कापसुध्दा डोळे भिजवतात,
नात्यांचेही खाचे तसेच स्विकारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
नव्या ताकदीने, नव्या उमेदीने,
निसटणारे हात पुन्हा धरु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु, ब
सुसंवादाची सेल्फी आठवत,
रिलेशनमध्ये अंडरस्टॅन्डींग भरु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,

नैना रा. डिचोलकर

एस.वाय.बी.ए.

प्रेमाचा अर्थ

सकाळी डोळे उघडण्यापूर्वी ज्याचा चेहरा
पाहण्याची इच्छा होते.

ते प्रेम आहे.

मंदिरामध्ये दर्शन करताना तो जवळ असल्याचा भास होतो

ते प्रेम आहे

भांडून सुधा ज्याचा राग येत नाही

ते प्रेम आहे

ज्याच्या कुशीत डोके ठेवल्यावर पूर्ण
दिवसाचा थकवा दूर झाल्यासारखे वाटते

ते प्रेम आहे

ज्याच्या कुशीत डोके ठेवल्यावर मन

मोकळे झाल्यासारखे वाटते

ते प्रेम आहे

स्वतःला कितीही त्रास झाला तरीही

ज्याच्यासाठी खुशी मागतो

ते प्रेम आहे

ज्याला लाख विसरण्याचा प्रयत्न

करा पण विसरता येत नाही

ते प्रेम आहे

कुटुंबाच्या फोटोमध्ये आई बाबाच्या सोबत

ज्याचा फोटो असावा असे

आपल्याला वाटते

ते प्रेम आहे

ज्याच्या चुकीना रागवतो आणि नंतर

एकांतात हसू येते

ते प्रेम आहे

हि पोस्ट वाचताना प्रत्येक ओळीला ज्याची

आठवण आली

ते प्रेम आहे.....

ते रुप त्या स्त्रीचे

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते..... ॥६॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...
मुलगी होवून घरात
ज्योत पेटते...॥१॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...
बहिण बनूनी भावाच्या
हृदयाला जोडते...॥२॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...
पत्नी बनूनी परक्या
घराला आपले मानते...॥३॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...
आई बनूनी पिलाला
ऊराशी लावते...॥४॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...
दुर्गा बनूनी म्हैशाशूराचा
वध करते...॥५॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...
पोटाची खिळगी बांधूनी
संपूर्ण घराला उजाळते...॥६॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...
संपूर्ण विश्वच तिच्या
हुकूमेवर चालते...॥७॥

ते रुप त्या स्त्रीचे
आयुष्य आपले बदलून
टाकते...

चल ना रे, नातं रिचार्ज करु...

आपल्यातलं बोलणं संपलं असेत तर,
पुन्हा एकदा टॉकटाईम भरु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
मनामध्ये काही अडलं असेत तर,
त्या वाईट गोष्टींना फॉरमॅट मारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
नवा घेऊन पुन्हा कॅनव्हास,
नव्या चित्रात नवे रंग भरु...
चल ना रे, पुन्हा एकदा नात रिचार्ज करु,
प्रेमाचा नेटपॅक, समजुतीचा बॅलेन्स,
हृदयाच्या व्हावचरवर पुनहा स्क्रॅच करु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
उतार-चढाव ते विसरुन सारे, उद्यासाठी नात्यांवर पुन्हा टॉर्च मारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
माणूस म्हटलं तर चुकणारचं ना,
चुका तेवढ्या बाजुला सारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
आयुष्याची बॅटरी रोज लो होते रे,
जवळच्या नात्यांना पुनहा चार्ज करु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
व्यक्ती तितक्या प्रकृती हा तर नियमच निसर्गाचा,
पटलं तेवढं ठेवू, बाकी इग्नोर मारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
कांदयाचे कापसुध्दा डोळे भिजवतात,
नात्यांचेही खाचे तसेच स्विकारु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
नव्या ताकदीने, नव्या उमेदीने,
निसटणारे हात पुन्हा धरु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,
सुसंवादाची सेल्फी आठवत,
रिलेशनमध्ये अंडरस्टॅन्डींग भरु...
चल ना रे, पुन्हा एकदा नातं रिचार्ज करु,

नैना रा. डिचोलकर

एस.वाय.बी.ए.

रानभाज्याची माहिती

दर वर्षी पावसाळ्यात विविध रानभाज्या आपल्या आसपास उगवलेल्या आढळून येतात. या भाज्या चवीला रुचकर असतातच, तसेच त्या पौष्टिक आणि औषधीसुद्धा असतात. अशाच काही रानभाज्यांची माहिती आज आपण पाहू.

टाकळा

- ही वनस्पती पावसाळ्यात उगवते व ऑक्टोबर ते डिसेंबर या कालावधीत तिला फुले येतात.
- टाकळा ह्या वनस्पतीला उग्र वास किंवा दुर्गंधी असला तरी टाकळ्याच्या कोवळ्या पानांची भाजी करतात.
- टाकळ्याच्या पानांची भाजी सर्व प्रकारच्या त्वचारोगात देतात तर त्याच्या बिया वाटून लेप त्वचेवर लावतात.
- तसेच भाजी गुणाने उष्ण असल्याने शरीरातील वात व कफदोष कमी होण्यास मदत होते.



आंबुशी

- पावसाळ्यात रस्त्याच्या कडेला आंबुशी ही नाजूक वनस्पती उगवलेली पाहावयास मिळते.
- ही महाराष्ट्रात सर्वत्र आढळते.
- आंबुशी गुणाने रूक्ष व उष्ण आहे. ही वनस्पती पचनास हलकी असून, भूक वाढीसाठी उपयुक्त आहे
- तसेच कफ, वात आणि मूळव्याध यात आंबुशी गुणकारी आहे



मायाळू

- मायाळू ही बहुवर्षायू वेल असून, या वनस्पतीची बागेत, अंगणात, परसात तसेच कुंडीत लागवड करतात.
- मायाळूचे वेल कोकणात सर्वत्र आढळतात.
- मायाळूची कोवळी पाने भाजीसाठी वापरतात.
- रक्ताची किंवा पित्ताची उष्णता अतिशय वाढल्यास मायाळूची भाजी देतात.
- गुणधर्माने ही भाजी थंड स्वरूपाची आहे.
- मायाळूची भाजी पालकाप्रमाणे जिरण्यास हलकी आहे.



करटोली

- करटोलीची वेल कोकण, मराठवाडा, विदर्भ, पश्चिम घाट व पश्चिम महाराष्ट्र परिसरात आढळतात.
- करटोलीला जून ते ऑगस्ट महिन्यात फुले व त्यानंतर फळे तयार होतात.
- करटोलीच्या फळांची भाजी कारल्यासारखीच असून, पावसाळ्याच्या अखेरीस ही भाजी बाजारात काही ठिकाणी येते.
- करटोली हे डोकेदुखीवरील उत्तम औषध आहे. तसेच मधुमेहाच्या रुग्णांनी या भाजीचे नियमित सेवन केल्यास रक्तातील साखर कमी होते.

कपाळफोडी

- ही वेलवर्गीय वनस्पती असून, पावसाळ्यात मोठ्या प्रमाणात आढळते.
- या वनस्पतीची वेल महाराष्ट्रातील जंगले, शेत आणि ग्रामीण भागात आढळते.
- सांधेसुजीवर पंचांग पाण्यात किंवा दुधात वाटतात व लेप करतात. यामुळे ठणका कमी होतो व सूज उतरते.
- कानदुखीत तसेच कानफुटीत कानात घालतात. यामुळे कानदुखी थांबते म्हणूनच या वनस्पतीला कानफुटी असेही नाव आहे.



शेवळा

- शेवळा ही वर्षायू कंदवर्गीय वनस्पती आहे.
- महाराष्ट्रामध्ये शेवळा वनस्पती कोकण, पश्चिम महाराष्ट्र व अकोला येथील जंगलात आढळते.
- शेवळ्याचा कंद औषधात वापरतात. याच्या कंदाची पाने दूध आणि साखरेबरोबर वाजीकरणासाठी देतात.
- शेवळ्याचे कंद व कोवळी पाने भाजीसाठी वापरतात.



मोरशेंड

- ही वर्षायू रोपवर्गीय वनस्पती पावसाळ्यात सर्वत्र आढळते.
- शेतात, जंगल परिसरात, रस्त्यांच्या कडेने, ओसाड पडीक जमिनीवर, गावांत, गावाबाहेर सर्वत्र वाढलेली आढळते.
- मोरशेंड वनस्पतीच्या कोवळ्या पानांची भाजी करतात.
- या भाजीच्या सेवनामुळे रक्तातील युरिक ऍसिडचे प्रमाण कमी होऊन सांध्यांची सूज कमी होते.



नळीची भाजी

- नळीची भाजी ही वनस्पती तळी व तलावांच्या शेजारी, काठांवर, पाणथळ, ओलसर जमिनीवर, दलदलीच्या ठिकाणी वाढलेली आढळते.
- महाराष्ट्रात ही वनस्पती सर्वत्र आढळते. या वनस्पतीचे वेल जमिनीवर पसरत वाढतात.
- नागिणीच्या उपचारात ही वनस्पती वापरली जाते. तसेच कावीळ, श्वासनलिका दाह व यकृतविकारात या वनस्पतीचा वापर करतात.



आघाडा

- आघाडा ही वर्षायू रोपवर्गीय वनस्पती असून, पावसाळ्यात जंगलात, ओसाड, पडीक जमिनीवर, रस्त्यांच्या कडेने, शेतात सर्वत्र आढळते.
- प्रामुख्याने उष्ण कटिबंधीय प्रदेशात भारतात, महाराष्ट्रात सर्वत्र ही वनस्पती आढळते.
- या वनस्पतीची मुळे, पाने, फुले, फळे (पंचांग) औषधात वापरतात.
- अंगातील जास्त चरबी कमी होण्यासाठी आघाड्याच्या बिया उपयुक्त आहेत.
- जेवण्यापूर्वी आघाड्याचा काढा दिल्यास पाचक रस वाढतो, तर जेवणानंतर दिल्यास आम्लता कमी होते.
- रातांधळेपणात आघाड्याच्या मुळाचे चूर्ण देतात.



भुईआवळी

- भुईआवळी ही वर्षायू रोपवर्गीय वनस्पती असून, 20 ते 50 सें.मी.पर्यंत उंच वाढते.
- भुईआवळी ही वनस्पती "इफोरबिऐसी" कुळातील म्हणजेच एरंडाच्या कुळातील आहे.
- याची पाने, कोवळी खोडे व फांचा भाजी करण्यासाठी वापरतात.
- फल्यूसारख्या थंडी-तापाच्या आजारात, तसेच वरचेवर सर्दी-खोकला, ताप येणे अशा लक्षणांत ही भाजी नियमितपणे खावी.



निसर्ग मेळा

- १ पशु पक्षींचे सहजीवन यावर व्याख्यान करताना ज्योतिष्य ज्योतिष्यानाल शास्त्राच्या प्रकृत ३५० मुनींनी सहभाग घेतला होता.
- २ दि. १७ डिसेंबर २०२६ रोजी ८० विद्यार्थिनींनी प्रदर्शनास भेट दिली. त्यांना साळ्याचे प्रकार, साळक तयार होताना भौगोलिक परिस्थिती, साळ्याचे प्रकार जीवाणूनाचे हि झाल मिळते. ह्याचबरोबर त्यांनी अनेक विज्ञानावरील विकसित पक्षींची साळ्याचे (उच्च, मोठी, माही, सापेठी इ.) प्रकारची साळ्यांचा विक्रीसाठी बरोबर वेगवेगळे मूर्ती कला , अर्जित फुलेपण्या विक्रीना कोणते , वैज्ञानिक रंग दिले जाऊत त्याचे प्रात्यक्षिक द्यावते.
- ३ औरंगाबादी प्रदर्शनाचा सत्र १५ डिसेंबर २०२६ सा १० विद्यार्थिनींनी सहभाग घेतला. हि कला खपानी अहो पेपरच्या कला खलून म चीतून कित्ता खपता वेगवेगळे अक्षर केली जाऊत बाचा खयदा सध केंद्रित केली विसरू पण जाली गणित पण केली.
- ४ २२ मार्च २०२६ रोजी २३ ऑगस्ट २०२६ " नव पश्चिम वादवी" हि खेटी फिल्म पश्चिम वादवीस अंगले देखीन निसर्ग ' वी.एन.एच.एच.'वर्कें खिदडी येथे 'फ्लेमिंगो महोत्सव' आयोजित करण्यात आला होता. ४० विद्यार्थिनींनी या महोत्सवामध्ये भाग घेतला. त्यांना विविध कलाकारांचे महोत्सवा खप्यास करण्यास निवडला.



हिन्दी विभाग

भक्ति कालीन कवियों की स्त्री दृष्टि

मध्यकाल एक ऐसा काल है जो विविधता से भरा हुआ है इसमें भक्तिभाव जितना अधिक है उतनी ही प्रचुर मात्रा में श्रृंगारिकता के भी पुट मिलते हैं। और इन दोनों के केंद्र में कहीं न कहीं स्त्री आती ही है। भक्ति काल में जहां तुलसीदास ने समाज के समक्ष आदर्शवादी नारी की छवि रखी है तो सूरदास ने उसे समग्रता दी है। और कभी जीने तो 'नारी कुंड नरक का' कह कर नारी को परिभाषित किया है। नारी का अपना कोई व्यक्तित्व नहीं रह गया था। पशुओं की तरह उसका उपयोग किया जाता था। उस समय नारी को समाज की सभी बुराइयों एवं लड़ाई-दंगों का मूल कारण माना जाता था। समाज में नारी को केवल राजाओं एवं रईसों के निवास स्थान की शोभा एवं अलंकर की वस्तु रूप में देखा जाता था। इसी कारण संतों ने नारी के प्रति निन्दाजनक शब्दों का प्रयोग किया है। कबीर ने देखा की संपन्न लोग सुरा एवं सुंदरी में हि लिस रहते हैं और उसे ही अपनी श्रेष्ठता का चिन्ह मानते हैं अतः ऐसी निन्दनीय भावना से विद्रोही बनकर कबीर ने सामंती समाज में व्याप्त नारी के प्रति ऐसी लोलुप वृत्ति की खुलकर भर्त्सना की है और पतिव्रता नारी को आदर की दृष्टि से देखकर उसकी प्रशंसा करते हुए कहते हैं -

“पतिव्रता मैली भली, काली, कुचित, कुरूप ।
पतिव्रता के रूप पर, वारों कोटी स्वरूप ॥”

कबीर साहित्य में नारी माया का प्रतीक है। कभी ने जहाँ पतिव्रता और सती के रूप में नारी को महत्व दिया है वहीं कामिनी या वैश्या के रूप की कटु आलोचना भी की है। विशेषतः उन्होंने नारी को केवल पापिनी या कामिनी के रूप में ही देखा है। कबीर दास ने कामिनी को काली नागिन के समान विषैला बताया है जिसने विरले राम भक्तों को छोड़कर सब को डस लिया है -

“कामिनी काली नागिनी, तीन्यु लोक मंझारी ।
राम सनेही उबौरै, विषाई खाए झारी ॥”

समाज समाज कनक और कामिनी की प्राप्ति के लिए मर मिट रहा था। इसलिए दादू दयाल का कहना है कि कनक और कामिनी इन दोनों का संग छोड़ देना चाहिए इसलिए वे कहते हैं-

“काल कनक अरु कामिनी परिहरी इनका संग ।
दादू सब जग मुआ ज्यों दीपक ज्योति पतंग ॥”

नारियों के प्रति संत कवियों की विशाल दृष्टि नहीं रही है लगभग सभी संत कवियों की वाणी में नारी निंदा उपलब्ध होती है | संत कवियों की नारी निंदा की यही पृष्ठभूमि है कि कामना का केंद्र नारी ही थी ऐसा उनका विचार था लेकिन नारी के प्रति कामवासना से लोगों के मन को हटाने के उद्देश्य से संतों ने नारी की इतनी निंदा की होगी ऐसा भी हो सकता है क्योंकि नारी के पतिव्रता और मातृत्व रूप की प्रशंसा संतों के काव्य में मिलती है माखाड वाले दरिया साहब का कहना है कि नारी तो अखंड विश्व की मां है वह उसे पाल पोस कर बड़ा करती है | पुरुष को समृद्ध जीवन के योग्य बनाती है | मूर्ख लोग नारी के इस महत्व को नहीं समझते और निंदा करते हैं -

“नारी जननी जगत की, पाल पोस वे पोष |
मूर्ख राम-बिसार कर, ताहि लगावै दोष ॥”

दादू दयाल ने भी स्त्री को ब्रह्मा, विष्णु और महेश जैसे तीनों देवताओं की मां कहा है इसी दृष्टि से वे कहते हैं-

“ब्रह्मा,विष्णु,महेश की नारी माता होय ।”

कबीर की नारी भावना बहुत विचित्र है उन्होंने नारी को दो रूपों में देखा है जो एक तो नारी का सम्मानीय रूप है दूसरा घृणित रूप | ईश्वर की उपासना कबीर नारी बनकर करते हैं | उन्होंने अपने को राम की बहुरिया भी कहा है | कहीं कहीं उन्होंने ईश्वर को जननी मानकर अपने को पुत्र माना है | कबीर ने नारी के माता रूप को धन्य माना है और बताया है कि वह माता धन्य है जो वैष्णव पुत्र को जन्म देती है | वस्तुतः कबीर की दृष्टि में माता के जीवन की सार्थकता भक्त और ज्ञानी पुत्रों को जन्म देने में ही है इसलिए वे कहते हैं-

“कबीर धनी सो सुंदरी, जिन जाया वैष्णो पुत् ।
राम सुम्मरी निर्भय भया, सब जग गया अऊत ॥”

इसी प्रकार संत जैतराम ने नारी को परब्रह्मा का अंश माना है | उनकी दृष्टि में नारी समाज और परिवार का अनिवार्य अंग है | उनका कहना है कि नारी के बिना घर परिवार और समाज की कल्पना नहीं की जा सकती | इसलिए यह स्पष्ट है कि संत जैतराम ने भी गुरु नानक के सामान्य स्पष्ट किया है कि नारी को हेय और तिरस्कार की दृष्टि से देखना उचित और न्याय संगत नहीं है वे कहते हैं -

“बीनता जानि तेरी नार जा सै रच्चा तै घर बार ।
सुतबित सब रच्चा परिवार, जिनका भया करतार ॥”

भक्तिकाल में सामाजिक रूढ़ परम्पराओं और सामंती युग की क्रूर जंजीरों से मुक्ति का स्वर भी मिलता है । यहाँ स्त्री मुक्ति का स्वर भी मुखर दिखाई देता है । स्त्री की स्वतंत्रता सूरदास की गोपियों की बोली में मुखर रूप से उजागर होती है यथा-

“उधौ ! मन न भये दस-बीस ।
एक हुतौ सो गयो श्याम संग को अवराधे ईस ?”

मध्यकाल में जहां नारी को चारदीवारी में रखा जाता था वहां मीराबाई का काव्य सामंती व्यवस्था से स्वतंत्रता की छटपटाहट से कहीं आगे का काव्य ठहता है । यहां मुक्ति का कठोर एवं कटु संघर्ष है, चाहे वह वेश-भूषा, रहन-सहन मित्रता, प्रेम आदि के फैसले हो उन्होंने लीक से हटकर लिए और मुक्त होकर अपना जीवन जीकर एक अलग अनूठी चाल चली -

“राणा जी म्हणे या बदनामी लगे मीठी ।
कोई निंदों कोई बिंदों में चलूंगी चाल अनूठी ॥”

इसी प्रकार तुलसीदास कृत रामचरितमानस के अनुसार स्त्रियों को पुरुष के समान हि अधिकार प्राप्त थे । जब राजा जनक के यहाँ से दशरथ सुकुमारों के विवाह की पत्रिका आती है तो राजा दशरथ सारे रनिवास को बुलाते हैं और राजा जनक की पत्रिका पढ़कर सभी को सुनाते हैं ।

“राजा सबु रनिवास बोलाई ।
जनक पत्रिका बांची सुनाई ॥”

यदि नारी के प्रति उपेक्षात्मक और दमनात्मक दृष्टिकोण उस समय के पुरुष का होता तो राजा कदापि रनिवास को बुलाकर विवाह पत्रिका नहीं सुनते ।

अतः हम कह सकते हैं की संत कवियों ने नारी को अपने काव्य में उचित स्थान देने का प्रयास किया है ।

नीतू भोजू विश्वकर्मा
एम्.ए द्वितीय वर्ष

NSS: NOT ME BUT YOU!



**Chief Guest Mr. & Mrs. Gomes during
"Mutthi Anaaj Daan" Project**



**7 Days Special camp inaugurated by Chief
Guest Dr. Ashok Mehta, Special Guest Lion
Kamlesh Dalal, 2nd VDG, and Dist. 3231 A1
and other Dignitaries**



**Mumbai Darshan inaugurated by Lion Rita
Sanghavi, Dr. Bharat Pathak, NSS PO's and
other Dignitaries**



**Mr. N. K. Sinha, Station Manager - King Circle
Railway Station felicitated our NSS Unit with
Memento for Swatch Bharat Abhiyan**



Makarsankranti was Celebrated with Aanganwadi Children's by Distributing Toys and Food packages at Mammoli Village



Students received Award by the worthy hands of Lion Pradip Parekh, Lion Kamlesh Dalal, Shri Vasant Khetani, Lion Rita Sanghavi and Dr. Leena Rajee.



Under Swachh Bharat Abhiyan Project NSS Unit has done Cleanliness Drive at Juhu Beach and spread awareness by Posters and Slogans to the people



Dr. Dilip Trivedi, President and Shri Pravin G. Shah, Hon. Secretary, of SMES spent valuable time with NSS Volunteers during 7 Days Special Camp.

ANNUAL DAY CELEBRATION



SPORTS DAY



FACULTY FEATS



Ms. SARITA H. KASARALKAR
Completed Ph.D. in Home Science
from Shivaji University, Kolhapur



Mr. Ravi More
Best Employe of the Year



Mr. Nitin Thakur
Won Man of the Match in N.K.
Khandwala, Malad and M.D. Col-
lege, Lower Parel



Mr. Ashok Rathod
Won Man of the Match in M.D. Col-
lege, Lower Parel