

Smt. M.M.P. Shah Women's College of Arts & Commerce (Autonomous)

Smt. Parameshwari Devi GordhandasGarodia Educational Complex,
338, R.A. Kidwai Road, Matunga, Mumbai - 400019

NAAC Re-Accredited B ++

UGC Status: College with Potential for Excellence

Adjudged as Best College Award (2017-18) by SNDT Women's University

Website: www.mmpshahcollege.in



Quarterly Report - N.S.S. Regular Activities

2020 - 2021

Principal

Dr. Leena Raje

Programme Officer:

Smt. Renuka Prajapati

Dr. Bhavana Prem Chand

Dr. Jyotsana Lal

Dr. Rekha Shelar

Mr. Dattatray Gawade

ABOUT OUR COLLEGE

Smt. Maniben M. P. Shah Women's College of Arts and Commerce was established in year 1957 with 7 students and it is the first college affiliated to SNDT Women's University. It is managed by Seva Mandal Education Society (SMES). The motto of our institution is empowerment of women through quality in education and to lay foundation for progressive and prosperous future of the girl students by making them self-reliant and responsible homemakers. To fulfill the objectives, we provide various academic programmes to almost 6000 students through our junior college (affiliated to HSC Board Maharashtra State), Degree College and Post Graduate Departments (affiliated to SNDT Women's University). College has received 'B ++' grade from National Assessment and Accreditation Council (NAAC). Our institution stands for women's education, and we celebrate 60 years of our commitment towards making education available to women from all strata of society. The college has been awarded with UGC Status: College with Potential for Excellence (CPE) in 2016. The college has also received the SNDT WU Best College Award for the year 2017-2018.

Today we are recognized as institution of reputation for creating capable and responsible citizens for our country through quality education.

Vision

Empowerment of Women through Quality Education to make them Competent, Self-reliant and Responsible Homemakers, Professionals and Citizens.

Mission

Education for a living and for making a better living.

Objectives

- All round personality development of students
- Training students to be responsible citizens with awareness-raising programs and activities
- To make higher education more relevant, need based and skill based
- To lay foundation for progressive and prosperous future of the students

BRIEF HISTORY OF OUR N.S.S. UNIT

Our NSS Unit is established in 1970 with 5 NSS Volunteer under the leadership of our Management, Principal Dr. Dhairayabala Vora and NSS Programme Officer Mrudulaben Shah. The junior college NSS Unit started in 1996. Today our NSS Unit has 300 degree college volunteers and 100 junior college volunteers. There are 3 Programme Officers (POs) from the degree college and 2 POs from junior college.

The College is situated in center of Mumbai and in close proximity to Asia's largest slum community at Dharavi. Other slum pockets like the Antophill area, Guru Tej Bahadur Nagar and Wadala Gate no. 4. Our college offers services through social work in these neighborhoods. Our students residing in these areas also benefit from the outreach programmes carried out by the NSS Unit in these areas. Our Management, Principal and teachers actively take part in collaborating with various NGOs to conduct extension activities. NSS motto is Not Me But You and our NSS Unit is proud of the fact that along with regular NSS volunteers a number of alumni are still associated and contribute to all NSS regular activities and special camp. Regular NSS activities include voter awareness, tree plantation, medical checkup camps, awareness rallies for gender sensitization , anti-smoking , anti-alcoholism, anti-drugs, AIDS awareness and so on , blood donation camp, freeship and notebook distribution. A few significant activities include adoption of slum community at Wadala Gate no. 4 in the college neighborhood, King's Circle Railway Station and Mammoli village in Thane district. These adoption have been approved by SNTD Women's University under Munijjan Yojana of Government of India, station Master King's Circle station and Gram Panchayat of Mammoli village respectively. In all three adopted areas NSS works towards enabling of the community through awareness activities and skill building activities for socio - economic empowerment. Through these activities our students have benefited

in many ways – all round personality development, leadership quality, value education, team building and team work , caring, sharing, understanding other views and respecting them , confidence building and identifying with the cultural and traditional diversity of the country and creating the consciousness towards nation building .

SPECIAL PROJECT –MUTTHI ANAAJ DAAN

The simple and highly fruitful concept MAKE A DIFFERENCE through MUTTHI ANAAJ DAAN (M.A.D) is a thought first came to a group of enthusiastic young group of friends who wanted to Make A Difference for the underprivileged. With basic maths and other related technicalities, they chalked up as an effective plan of action. For M.A.D, all one has to do is put a fistful of grain in a plastic jar over the course of a month at home while cooking and hand over to team. That respective contribution is checked, packed and distributed to the people in need. However, careful monitoring is implemented to make sure that the correct MAD process is being practiced. College than take up the responsibility of distributing the collected grains are thoroughly screened along with their accounting books, records of the donors and the recipients. M.A.D. being tied in with education, only those continuing with their education is eligible to benefit with 5 kg rice and 2 kg tur daal every month.

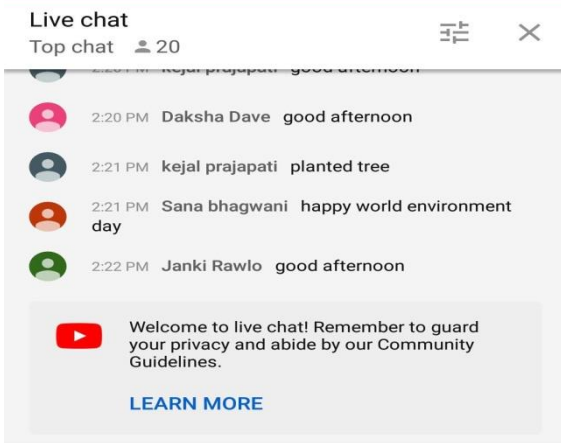
M.A.D got the proverbial boost in May 2014 with a huge contribution by Lions Club of Sion to NSS unit of Smt. M.M.P. Shah Women's College of Arts and Commerce, Matunga towards 125 girls who came from impoverished areas like Dharavi, Sion, Matunga, Kurla and Wadala gate number 4, etc. Number of beneficiary increased since June 2016 from 125 to 250 and from September 2017 five more students included. This year also 255 needy students were benefited in this noble project.

To continue the services during vacation the N.S.S unit plans to give them grains before Diwali and summer vacation in advance. So that there is no discontinuation of services.

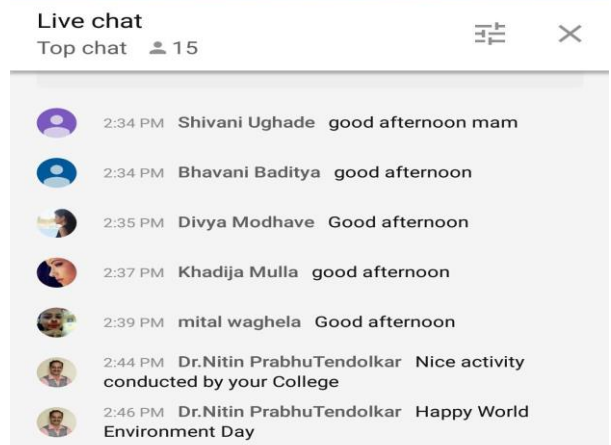
JUNE

WEBINAR ON BIODIVERSITY AND US

On 5th June 2020, NSS Unit organised Webinar on “Biodiversity and US” by Ms. Krupa Patil on account to celebrate the “ World Environment Day” for awareness about the environment and enhancing the political attention and public action. The objective is to discussing and spreading awareness about the theme (theme : Bio Diversity) of environment day. 5 NSS POs , All Teachers and 60 NSS Volunteers.



Chat publicly as kejal prajapati...



Chat publicly as kejal prajapati...

QUIZ ON “YOGA AWARENESS”

On 17th June 2020 more than 10 volunteers participated in Quiz on “Yoga Awareness” organised by BM Ruia College Gamdevi, and also volunteers has received e- certificate.

NATIONAL LEVEL INTERCOLLEGIATE SURYA NAMASKAR COMPETITION

On 19th June 2020, National Level Intercollegiate Surya Namaskar Competition organised by BM Ruia College Gamdevi, 4 of our NSS volunteers made short video and send to the respective college for the competition.

YOGA INTERN TRAINING

Our 15 NSS volunteers participated in the Yoga Intern Training from 11th to 20th June 2020, organised by SNTD WU in collaboration with Kaivalydhama Yoga institute. In these training programme volunteers were learned the yoga ansaans for the immunity boost and also gets to known how to build the lungs strong during the COVID Pandemic.

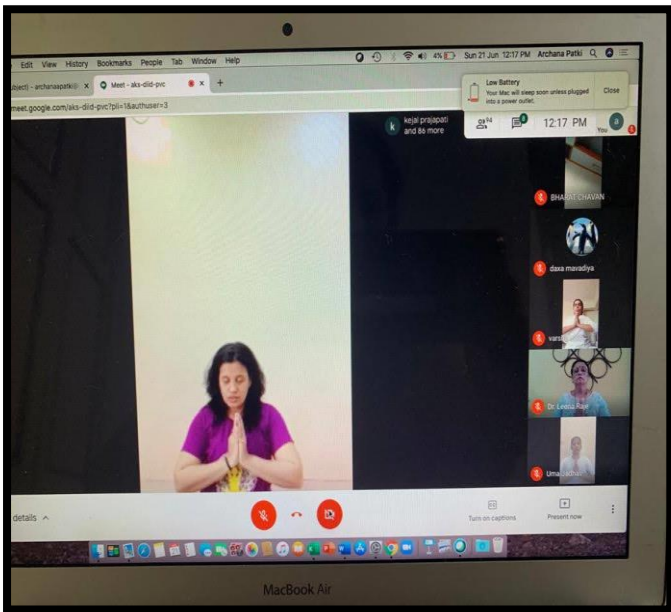
INTERNATIONAL YOGA DAY

The 6th International Yoga Day was celebrated on 21st June 2020, Sunday via Google Meet Online with great enthusiasm and vigour as this year theme was Yoga @ Home, Yoga with Family .The program was organised by Department of NSS, NCC and Sports. Almost 124 participants, from NSS, NCC, Sports, Teaching and Non-Teaching staff were participated in the event from 3 colleges.

The online session started exactly at 11.00 am by Mrs. Vandana Saha with the brief introduction of YOGA and importance of Yoga in prevention of diseases occurring due to stressful Lifestyle. Before starting the session Prof. Renuka Prajapati, Sr. College Incharge , NSS Zonal Coordinator sang the Prayer and Sholka for the peaceful mind. Dr. Leena Raje , Principal has given the welcome speech , she said that Yoga in everyday life is one of the healthiest practice people can ever make. It not only makes you physically well but will calm your mind and soul. Prof. Renuka Prajapati introduced the Chief Guest Dr. Manali Amod Deo, Director, Mind and Body Yoga Institute, Pune. After this our chief guest started the demonstration of different ‘ASANAS’ in standing, sitting and lying positions. During the session of “Yogabhyas”, the Yoga instructor also narrated the usefulness of different “Asanas”

as a precautionary measure for many diseases and the usefulness of Yoga in the overall wellbeing of a human being in the time of Pandemic situation and also everybody actively participated in the yoga program at home. The program was end with the Vote of Thanks by Mrs. Survarna Joshi .

As some of our volunteers were not able to join online session today due to the network issues they demonstrated the different Yoga asanas at home with family members and neighbour by maintaining proper distance.



MUTTHI ANAAJ DAAN

On 23rd June 2020, a program on Mutthi Anaaj Daan was organised by NSS Unit where students were distributed rice and daal as a part of the program. But in this month, 200 students were fortunate to get the following item by taking into consideration current situation of lockdown .

1. 4 kg Rice
2. 3 kg Wheat Aata
3. 1 kg Chana Dal
4. 1 kg Salt
5. 1 kg Sugar



DISTRIBUTION MASK AND SANITIZER

On 25th June 2020, NSS Unit has distributed Mask and Sanitizer to 25 Students, Non Teaching staff and Cleaning staff of the college by keeping in mind the safety precaution during COVID -19.



JULY

DISTRIBUTION THICK PLASTIC PAPER SHEET

On 9th July 2020, for this year taking into consideration the current situation of lockdown NSS Unit has distributed Thick Plastic Paper Sheet to the 100 needy students who were staying in the slum to cover their homes during the rainy season.



PRERANA ONLINE STATE LEVEL LEADERSHIP DEVELOPMENT CAMP

Total 141 students were enrolled for PRERANA online State Level Leadership Development Camp 2020 which was held on 11th to 15th July 2020 organised by Shivaji University Kolhapur.



UNIVERSITY MEETING

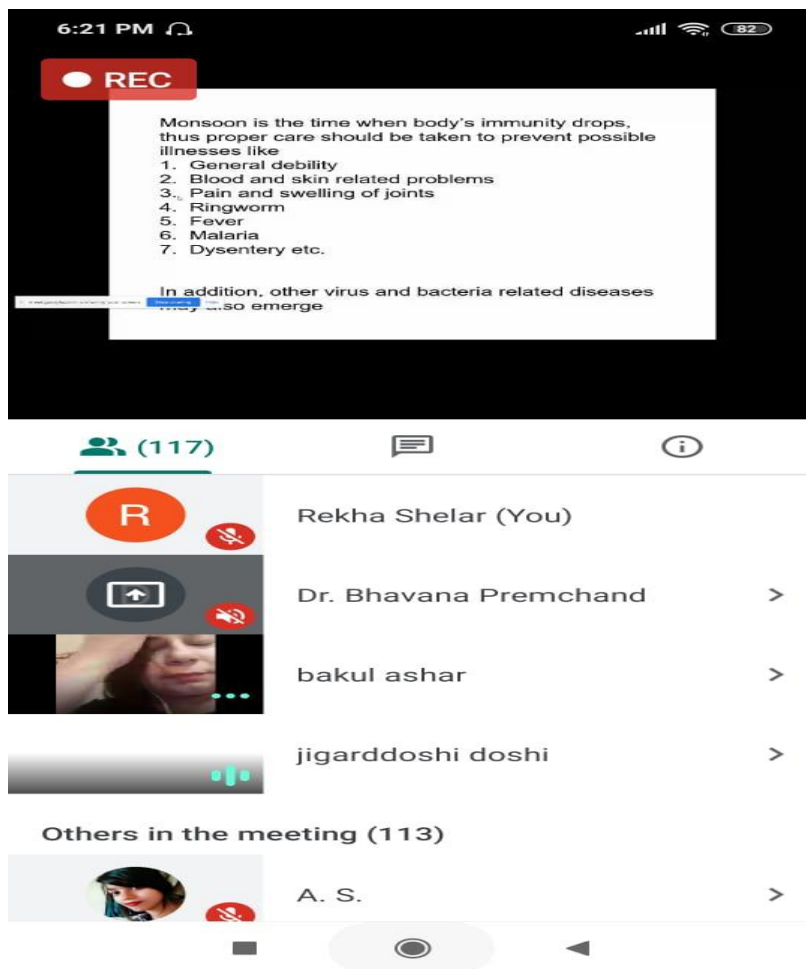
On 10th July 2020, NSS Programme Officer Smt. Renuka Prajapati, Dr. Bhavana Prem Chand and Dr. Rekha Shelar has attended the University Meeting .

SELF IMMUNITY CHECK PROJECT

On 20th July 2020, NSS Programme Officer Smt. Renuka Prajapati and Dr. Rekha Shelar has attended the Self Immunity Check Project to Combat COVID 19 which was conducted by NSS Cell SNTDWU in collaboration with RADHEE Foundation, Mumbai

WEBINAR ON IMMUNITY BOOSTER : MONSOON DISEASES

On 25th July 2020, NSS Unit in collaboration with Lions Club of Sion organised the webinar on “Immunity Booster Monsoon Diseases” . Guest speaker was D. Krutee Doshi. In this webinar she tell about the diet you should eat during the monsoon season which boost your immunity level to prevent from the monsoon diseases. The main purpose of the webinar is to identify self from non-self immune. The immune system identifies and defends the body from non-self proteins, viruses, bacteria, fungi, parasites and other pathogens. Occasionally, the immune system can make a mistake and attack itself, resulting in autoimmune disorders. Total 118 are benefited from this.



WEBINAR ON “ COMMUNITY HEALTH CHALLENGES OF HEPATITIS

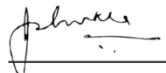
B & C”

On 28th July 2020, NSS Volunteers & NSS PO's has participated in the webinar on “Community Health Challenges of Hepatitis B & C” organised by United Way Mumbai on the account of World Hepatitis Day. **25 volunteers.**



CERTIFICATE OF PARTICIPATION

This is presented to


JAYANTI SHUKLA
CEO, UNITED WAY MUMBAI

KEJAL RAMESH TARSARIYA

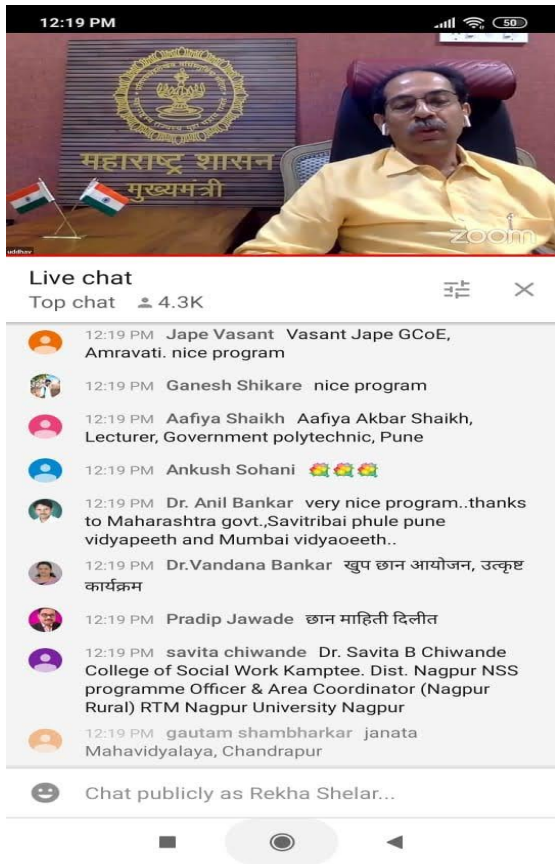
for being a part of the webinar - **Community Health Challenges of Hepatitis B and C** by United Way Mumbai for World Hepatitis Day on 28th July, 2020



AGUST

WEBINAR

On 1st August 2020, 50 NSS Volunteers and 2 NSS PO has attended the “ LokmanyaTilak 100 years & Birth Anniversary on Annabhau Saathe” organised by Maharashtra Shasan Education Department, Pune. Link :<https://www.youtube.com/watch?v=EpQ2y3-Swfs>



12:19 PM

महाराष्ट्र शासन
मुख्यमंत्री

Zoom

Live chat
Top chat 4.3K

- 12:19 PM Jape Vasant Vasant Jape GCoE, Amravati. nice program
- 12:19 PM Ganesh Shikare nice program
- 12:19 PM Aafiya Shaikh Aafiya Akbar Shaikh, Lecturer, Government polytechnic, Pune
- 12:19 PM Ankush Sohani 🌸🌸🌸
- 12:19 PM Dr. Anil Bankar very nice program..thanks to Maharashtra govt.,Savitribai phule pune vidyapeeth and Mumbai vidyaoeeth..
- 12:19 PM Dr.Vandana Bankar खुप छान आयोजन, उत्कृष्ट कार्यक्रम
- 12:19 PM Pradip Jawade छान माहिती दिलीत
- 12:19 PM savita chiwande Dr. Savita B Chiwande College of Social Work Kamptee. Dist. Nagpur NSS programme Officer & Area Coordinator (Nagpur Rural) RTM Nagpur University Nagpur
- 12:19 PM gautam shambharkar janata Mahavidyalaya, Chandrapur

Chat publicly as Rekha Shelar...



12:14 PM

Zoom

Live chat
Top chat 4.3K

- 11:30 AM Deepak Singh goodmorning prof deepak singh from scmirt pune
- 11:30 AM Naveen Agrawal 🙏नवीन अग्रवाल🙏 रजिस्ट्रार: सिंधु महाविद्यालय, नागपुर. अतिथि व्याख्याता (आरटीआई): यशदा, पुणे. सूचना अधिकार प्रशिक्षक: ISTM, DOPT, भारत सरकार द्वारा प्रमाणित . 9273301557 smv.registrar@gmail.com
- 11:30 AM amrita pandit Amtita pandit , Sybsc, G.N khalasha college
- 11:30 AM Shradha Chavan Shradha Chavan. From Smt.M.M.P Shah Women's College Of Arts and Commerce Matunga
- 11:30 AM डॉ हणमंत पवार किल्लारी डॉ हणमंत पवार
- 11:30 AM Neepa Sheth Neel Sheth, TCET NSS UNIT
- 11:30 AM Paul Fernandes Good Morning! It is Paul

Chat publicly as Shradha Chavan...

VIRTUAL MEETING

On 4th August 2020, 2 NSS PO & 4 NSS Volunteers has attended the virtual meeting to discuss the queries and road map for the project implementation for – Self Immunity Check to combat COVID 19”. Link: <https://bit.ly/33aoSgc>



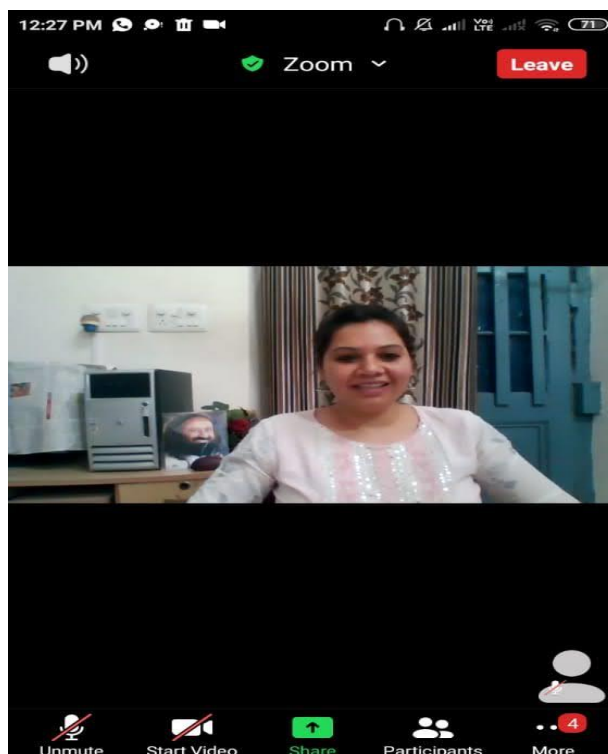
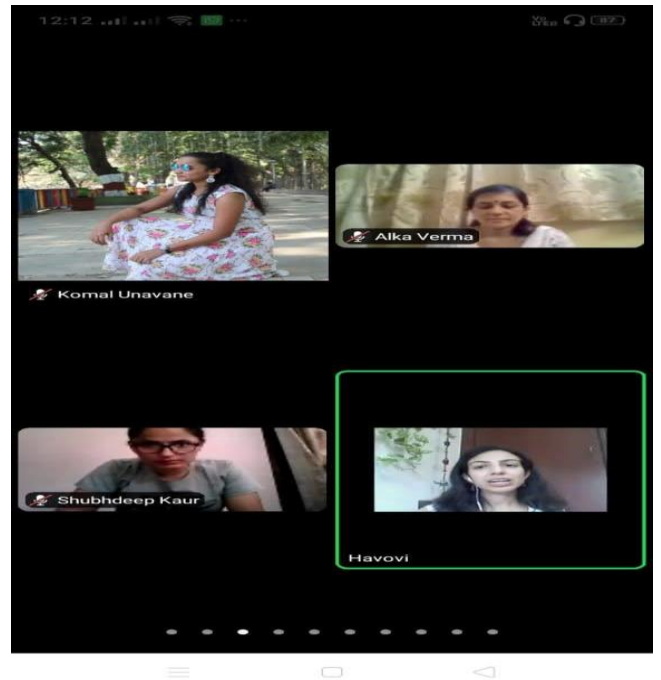
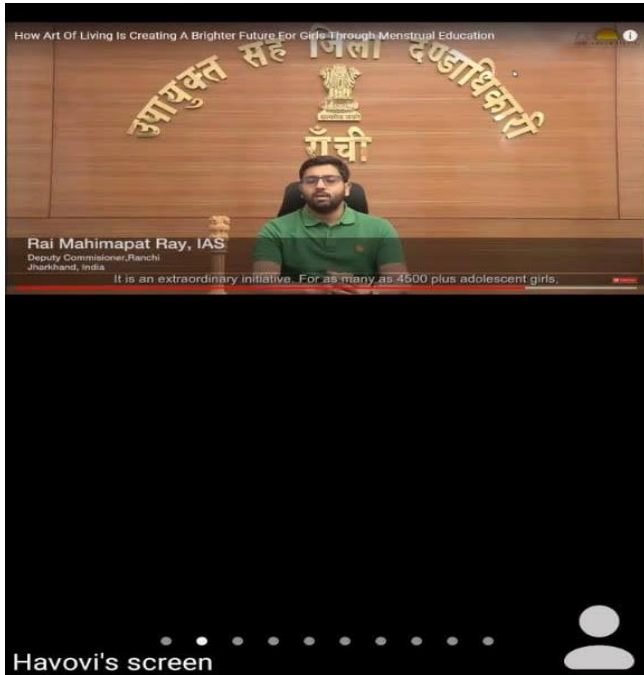
DISTRIBUTION OF OLD CLOTHS & CHOCOLATES

On 6th August 2020, NSS Unit in collaboration with Lions Club of Sion has distributed old cloths to men & women. 200 packets of Biscuits and Chocolates to children in three villages Mammoli, Khadak & Kona Padas.



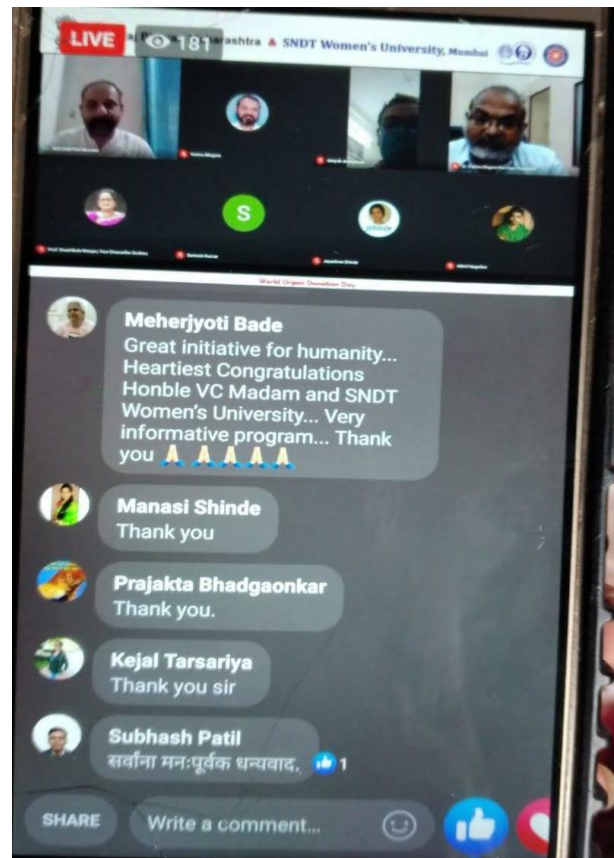
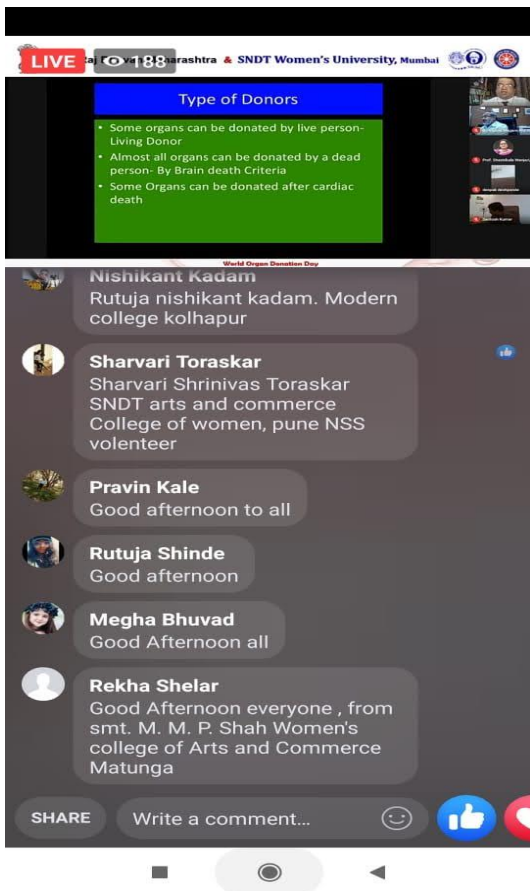
MENSTRUAL HEALTH & HYGIENE AWARENESS WORKSHOP

From 7th – 9th August 2020, 20 NSS Volunteers has participated in the Menstrual Health & Hygeine Awareness Workshop. In this workshop volunteers were learned Yoga asanas for painless periods, Pranayamas for mood swings, mudras for uplifting energy, Menstrual Hygiene to prevent from diseases and balance diet for over all growth .



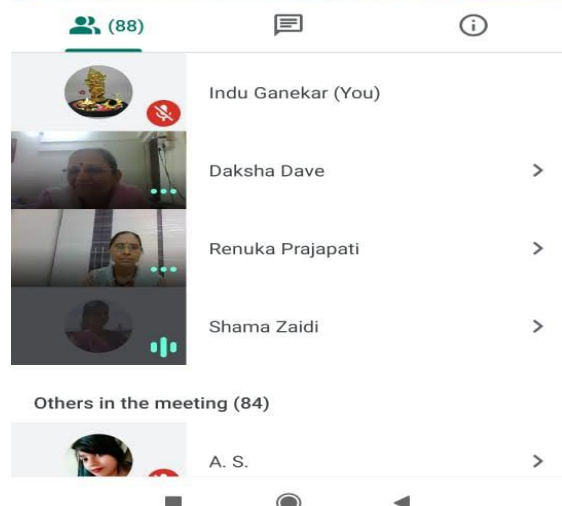
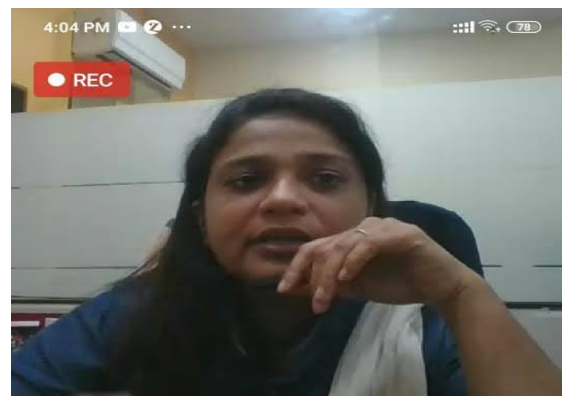
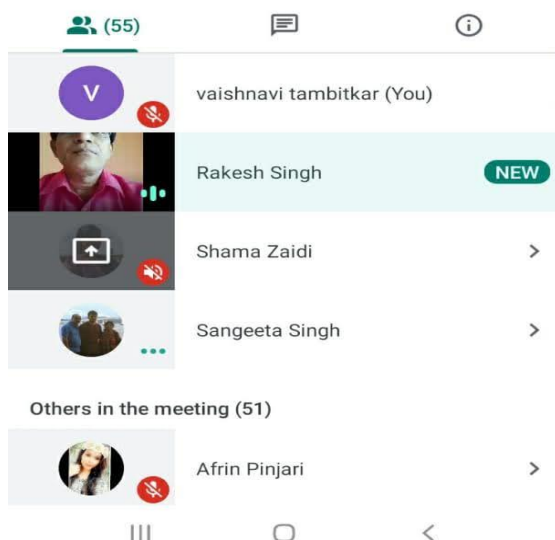
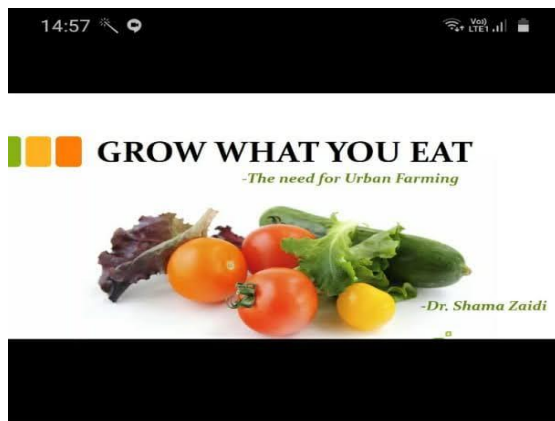
WEBINAR ON ORGAN DONATION

On 13th August 2020, 4 NSS POs and 20 NSS Volunteers has participated in the webinar on “Organ Donation” on the account of World Organ Donation day organised by SNDTWU, NSS Cell. Link: <https://www.facebook.com/sndtwuniversity/live/>



WEBINAR ON “ URBAN FARMING FOR KITCHEN GROW WHAT YOU EAT “

On 13th August 2020, NSS Unit in jointly collaboration with Economics Department organised Webinar on “ Urban Farming for Kitchen Grow What You Eat”. The keynote speaker was Dr. Shama Zaidi, Head Research & Development, Aries Agro Ltd. The aim of this webinar is to give an opportunities to the urban farming in the small area like your Balcony, Grill, Mini Terrace, Backspace and garden. She also focuses on the entrepreneurship opportunities in the urban farming. She explained how the urban farming is the necessity of the hour. By using PPT Presentation she showed the different types of urban farming which we can do in our homes.Total 90 beneficiary.



ONLINE DISCUSSION ON “ORGAN DONATION – FACTS AND MYTHS”

On 17th August 2020, 2 NSS POs and 30 volunteers has attended the Online Discussion on “Organ Donation – Facts and Myths” organised by Student Welfare Department, M AVV ,Nashik. Youtube link: <https://youtu.be/mB2RsA48oGI>

WEBINAR ON “ SUPPORT BREAST FEEDING FOR A HEALTHIER PLANET”

On 17th August 2020, Student – led Conference celebrates Breastfeeding Week 2020 Webinar on “ Support Breastfeeding for a Healthier Planet” organised by NSS Cell of SNDTWU. Our 10 NSS Volunteers has attended .Link : <https://us02web.zoom.us/j/4366790783?pwd=TVNibVRLN2N5UFIWGtyM2MxFlJQQT09>

WEBINAR ON “ WOMEN IN INDIAN ARMED FORCES”

On 20th August 2020, 25 NSS Volunteers as participated in the webinar on “ Women in Indian Armed Forces” organised by Rotaract Club , NSS & NCC Department of Smt. PN Doshi Women’s College, Ghatkopar. Facebook link :<https://www.facebook.com/Rotary-District-3141-Vision-Armed-Forces-107283964393164>

SURVEY - SELF IMMUNITY CHECK

On 30th August 2020, 3 NSS PO’s has filled the survey form for challenges faced during the enrolling the students for the volunteer program of “Self Immunity Check” organised by NSS Cell SNDTWU .

SEPTEMBER

FREE MENSTRUAL HEALTH AND HYGIENE WORKSHOP

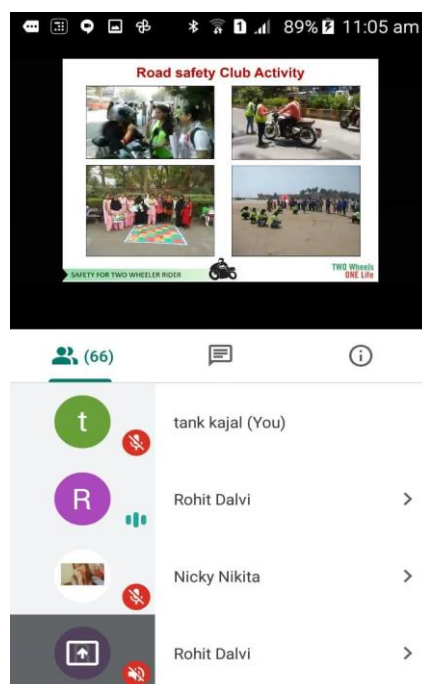
From 2nd to 4th September 2020, 05 NSS Volunteers participated in the Free Menstrual Health and Hygiene Workshop organised by The Art of Living. In this workshop volunteers were learned Yoga asanas for painless periods, Pranayamas for mood swings, mudras for uplifting energy, Menstrual Hygiene to prevent from diseases and balance diet for over all growth.

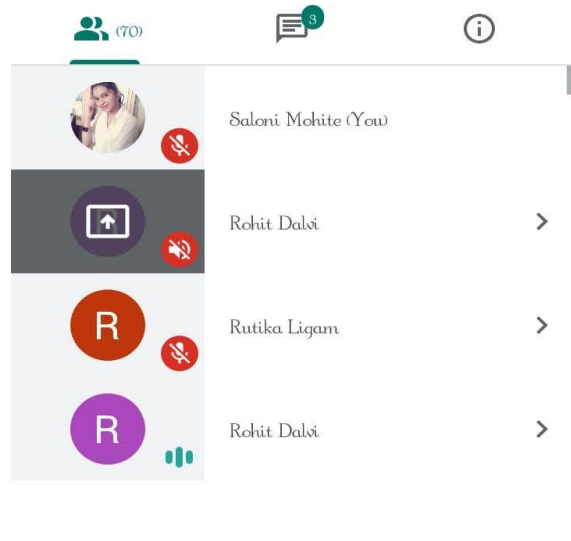
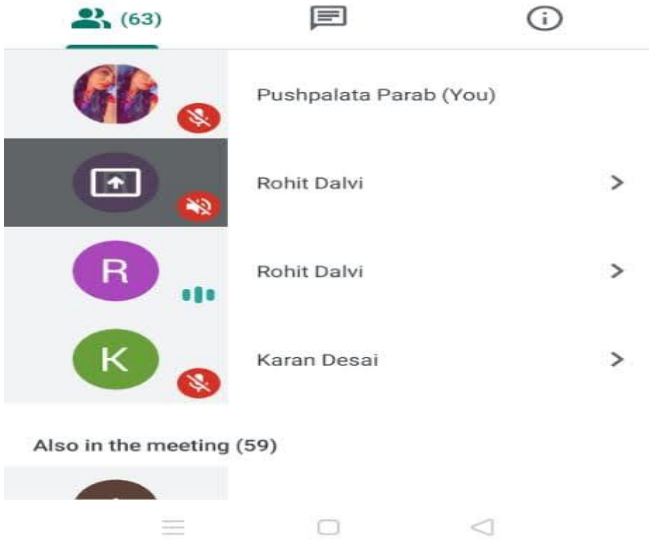
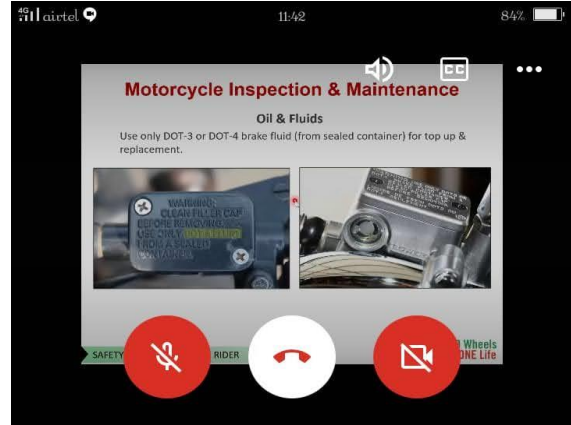


WORKSHOP ON ROAD SAFETY

Every year NSS organize workshop on Road safety. This year too NSS along with Economics department organized Road Safety Workshop on 3rd September 2020. Due to Pandemic and lockdown situation this time it was organized online through Google Meet. Road safety training workshop was conducted by United Way, Mumbai, a registered non-profit organization working actively in the area of civic awareness, health, safety and environment in Mumbai.

The online training session was of three hours. It started at 11 a.m. and completed at 2 p.m. 62 students attended the workshop, out of them 40 were NSS volunteers. NSS coordinator, Ms. Renuka Prajapati along with two POs were present during the session. The session started with registration of students. Then a pre-test concerned with road safety knowledge was conducted. Mr. Rohit Dalvi, Executive and Mr. Karan Desai, Project Coordinator handled full session effectively. They demonstrated various incidents and accidents occur due to lack of knowledge and negligence by riders. They shared valuable information related to rules and regulations of safe driving. They explained the technical terms related to two wheelers to students. After lecture and demonstration, a test conducted again to check the learning and understanding of students. The session ended with filling feedback form and vote of thanks. All the participants were awarded with certificate generated by United Way Mumbai and National Safety council, Maharashtra.





**TWO Wheels
ONE Life**



CERTIFICATE OF PARTICIPATION

Presented to

sejal Dattatray matte

For participating in the Webinar on Two Wheeler Road Safety held by United Way Mumbai in the month of September, 2020

Under the aegis of



Knowledge partner



MEMBER OF THE



In collaboration with



Supported by

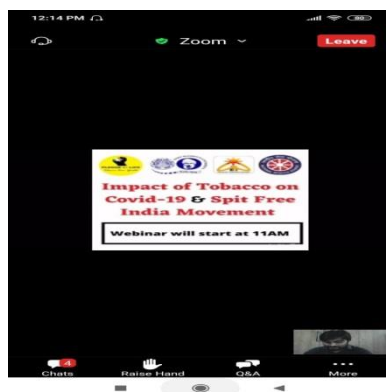


Jayanti Shukla

Jayanti Shukla,
CEO, United Way Mumbai

WEBINAR ON “IMPACT OF TOBACCO ON COVID – 19”

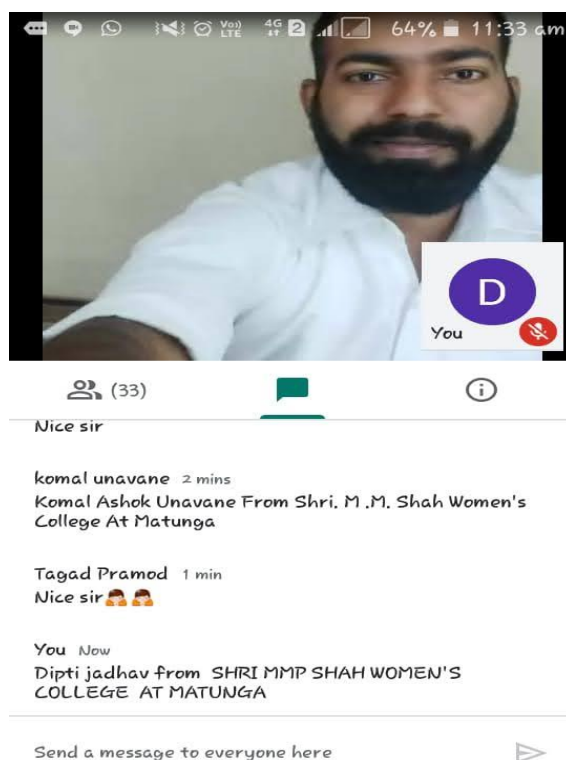
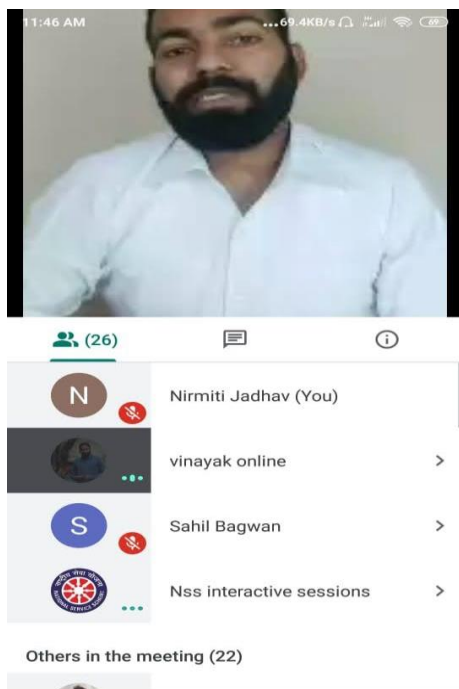
On 11th September 2020, 30 NSS Volunteers and 4 NSS PO's has participated in the webinar on “Impact of Tobacco on COVID – 19”organised by Tobacco Control Sambandh Health Foundation and NSS Cell SNDTWU.



INTERACTIVE SESSION ON NSS VYAKTIMATV VIKAS

On 24th September 2020, 15 NSS volunteers has participated in the interactive session on NSS Vyaktimatv Vikas organised by Rashtriya Seva Yojana ,Vinayak Bhaskar Rajguru has taken initiative.

Link :<https://meet.google.com/gkw-nssa-gka>



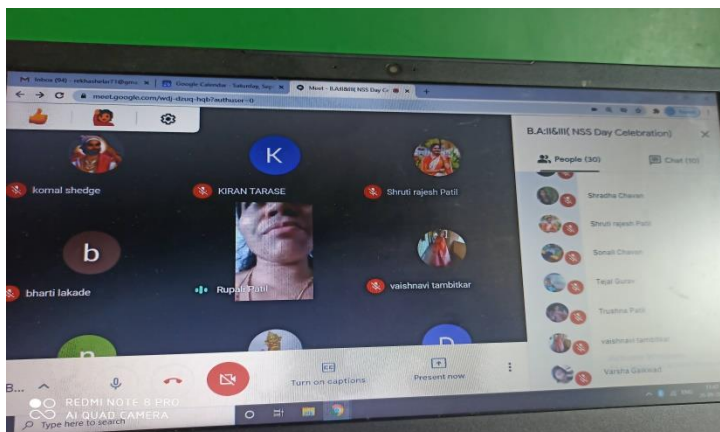
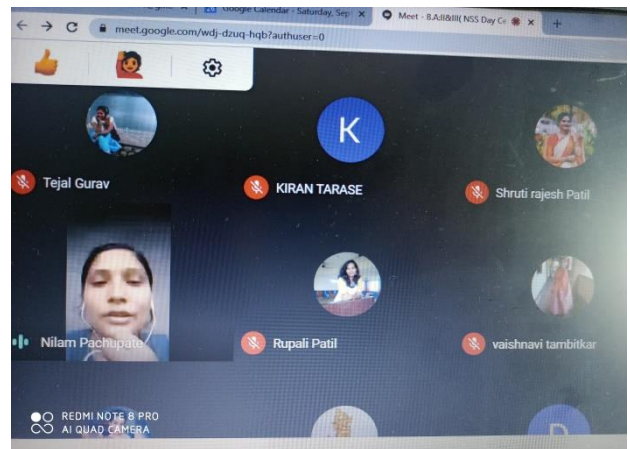
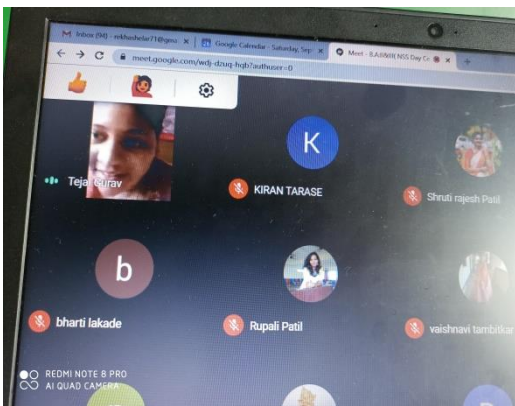
ESSAY COMPETITION ON ROLE OF NSS IN OUR PERSONALITY DEVELOPMENT

On 24th September 2020, NSS unit organised essay competition on Role of NSS in our Personality Development on the account of NSS day celebration. In this event 20 NSS volunteers has presented their essay through online platform . Total 40 volunteers attended this program.

ELOCUTION

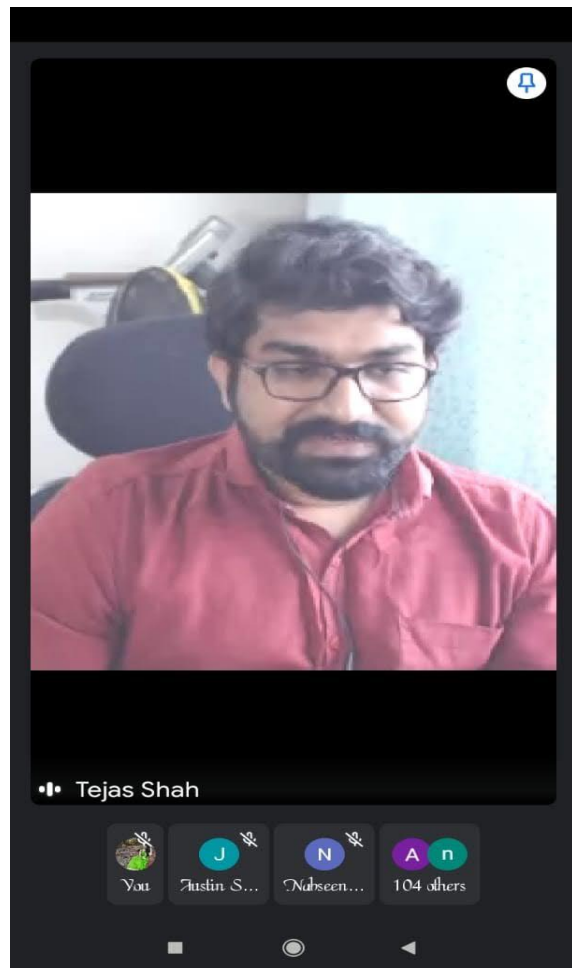
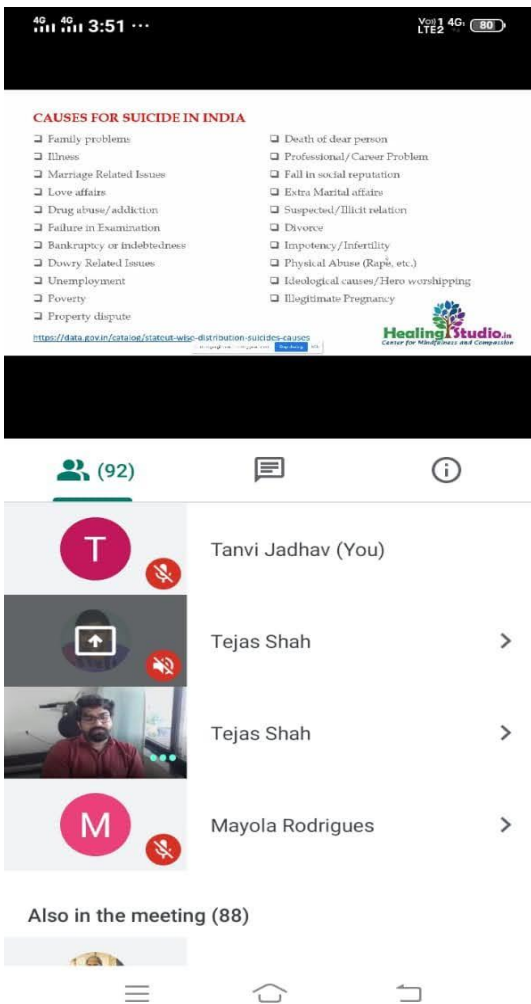
On 26th September 2020, NSS Unit organised elocution online for celebration of NSS Day. 25 NSS Volunteers expressed their views how NSS developed their personality. 50 volunteers and 2 NSS POs has attended this program .

Link: <https://meet.google.com/wdj-dzuq-hqb>



AWARENESS TALK FOR SUICIDE PREVENTION AWARENESS MONTH

On 25th September 2020, 30 NSS volunteers has participated in awareness talk for Suicide Prevention Awareness Month organised by Psychology Department of Smt. MMP Shah Women's College in collaboration with Clinical Psychologist, RCI of Healing Studio. In this speaker Mr. Tejas Shah has focuses with current media attention to suicide , very important to talk and fight stigma and myths being propagated in social media . Link: <https://meet.google.com/smv-zpqh-nou>



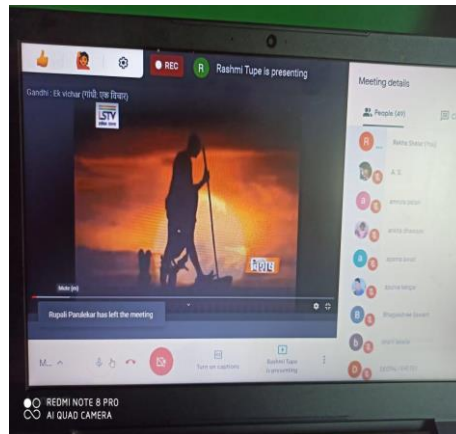
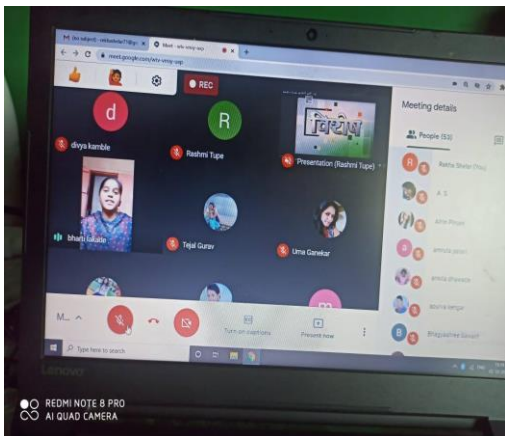
ESSAY COMPETITION

On 29th September 2020, 1 NSS volunteers has participated in essay competition organised by NSS department of Jeevandeep Shaikshnik Sanstha Poi's Arts , Commerce & Science College , Goveli.

OCTOBER

GANDHI JAYANTI CELEBRATION

On 2nd October 2020, NSS Unit showed documentary online on Gandhiji and Lal Bhadhur Shastri on the occasion of Gandhi Jayanti . NSS PO, Teacher and 15 volunteers has expressed their views and thoughts on the same. Total 55 NSS Volunteers , 1 POs and 1 Teacher has attended this program. Link: <https://meet.google.com/wtv-vmiy-uxp>



PARTICIPATED IN VYAKHAN

On 4th October 2020, on occasion of Gandhi Jayanti our 25 NSS volunteers has participated in Vyakhan by Dr. Lahane . B.T. organised by Marathvada Shikshan Prasarak Mandal Sanclit, Bhanudasrao Chavhan Mahavidyalay, Lohar .Link :<http://meet.google.com/hmw-qbwz-rxp>

MUTTHI ANAAJ DAAN

On 7th October 2020, a program on Mutthi Anaaj Daan was organised by NSS Unit where students were distributed 5 kg rice and 2 kg Turdaal as a part of the program. But in this month, more than 220 students were fortunate to get the following item by taking into consideration current situation of lockdown .

1. 5 kg Rice
2. 1 kg ChanaDaal
3. 1 kg Mug Daal

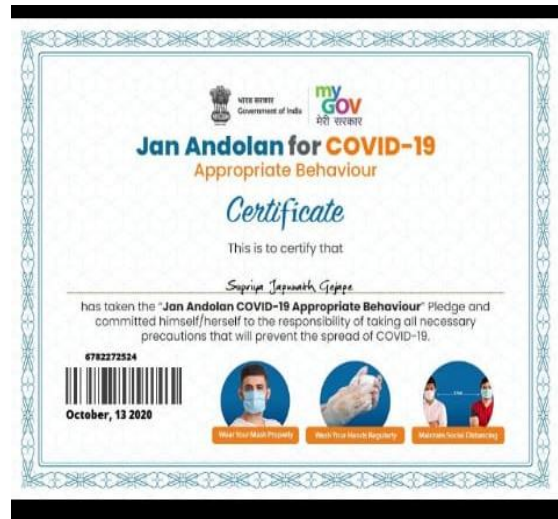
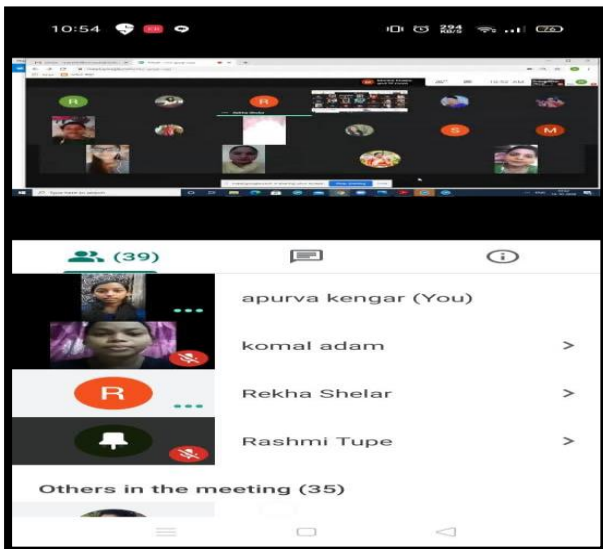
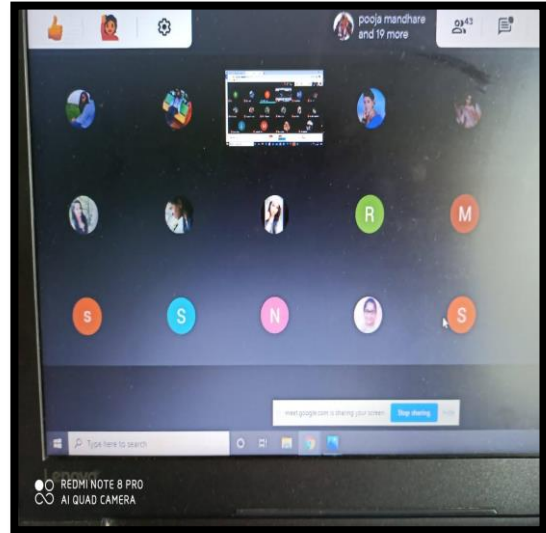
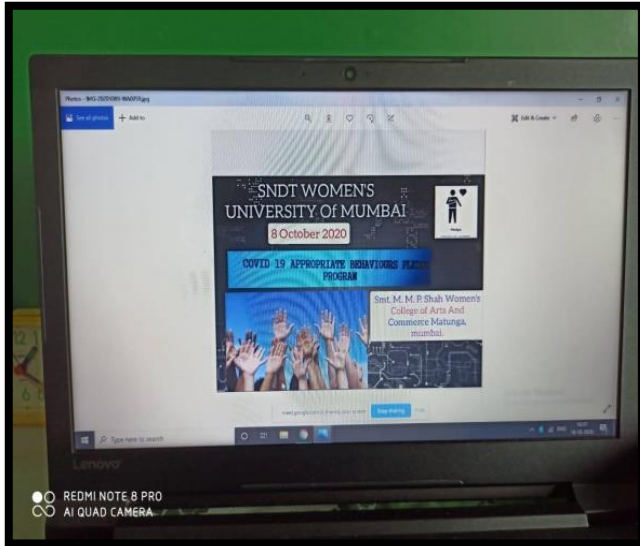
Our Chief Guest Lion Armaity Cooper, Past District Governor and Guest of Honour LionVarshaVora, President Lions Club of Chunabhatti, District Leo Advisor, Chairperson for Lions Quest, Past Cabinet Secretary, Shri Bharat Pathak , Hon. Secretary of SMES, Dr. Leena Raje , Principal, Dr. Bhavana Prem Chand , President, Lions Club of Sion , all NSS PO's and our well wisher were present for the Program.

On same day Lions Club of Sion give the freeship cheque for the needy students of the college .



ONLINE COVID -19 APPROPRIATE BEHAVIOURS PLEDGE PROGRAM

On 8th October 2020, NSS Unit conducted Online COVID -19 Appropriate Behaviours Pledge Program organised by SNDTWU. 50 NSS volunteers and NSS PO & teachers has participated in this event .



PARTICIPATED IN THE OATH

On 13th October 2020, Our all NSS Volunteers and NSS POs has participated the oath and got the certificate for the same organised by Government of India.
Link :<https://pledge.mygov.in/janandolan-covid/>

QUIZ

On 18th October 2020, NSS volunteers has participated in Quiz the theme was Global Handwashing Day 2020 organised by UNICEF, CYDA, Rotary Club of Bombay West, RCNM and WIFA. Result is Pending .



PARTICIPATED IN TALENT HUNT

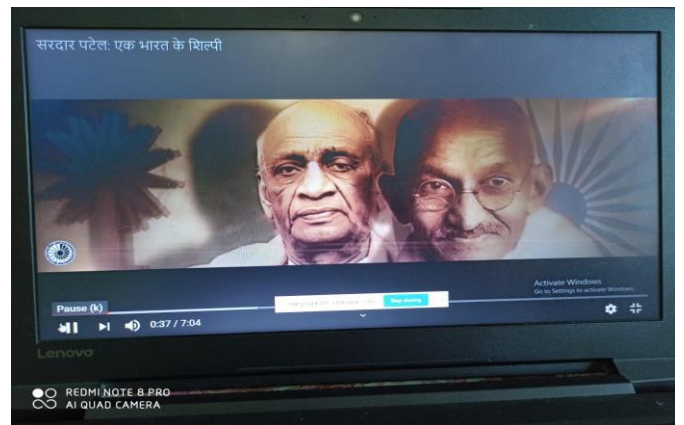
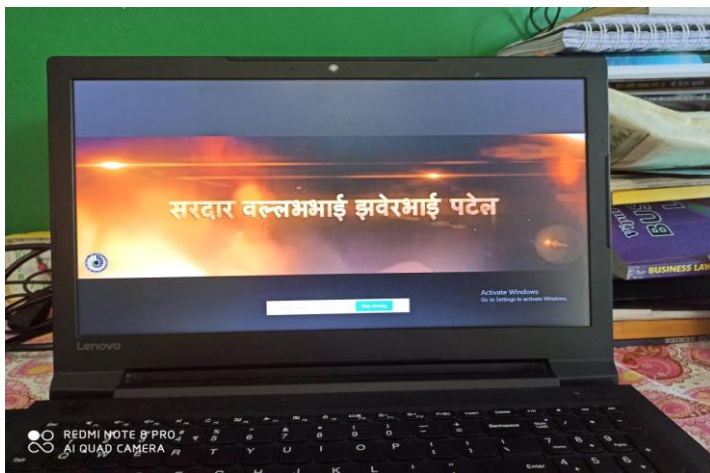
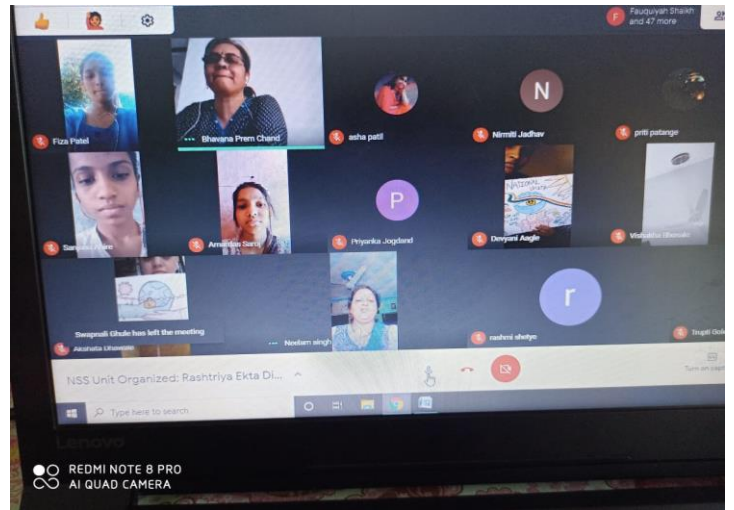
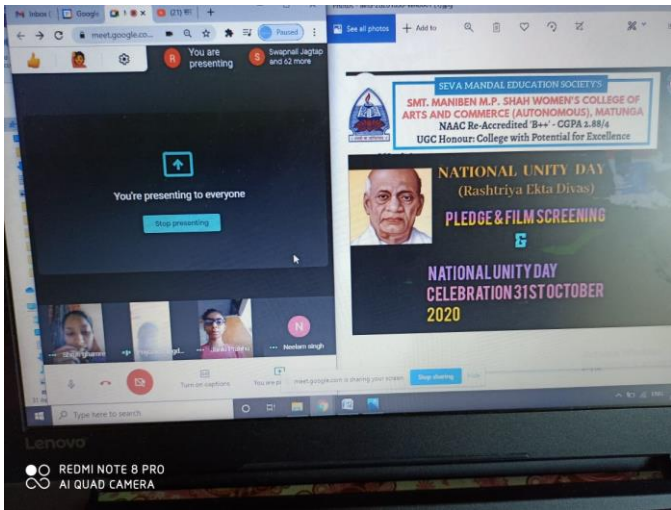
On 20th October 2020, NSS volunteers participated in Talent Hunt the theme was Global Handwashing Day 2020 organised by UNICEF, CYDA, Rotary Club of Bombay West, RCNM and WIFA. Volunteers has prepared and send the video of Hand wash.Result is Pending .

RASHTRIYA EKTA DIWAS (NATIONAL UNITY DAY)

As per the circular of the Directive of Ministry of Youth Affairs & Sports, Govt. of India, On the occasion of Rashtriya Ekta Diwas, the NSS Unit organised the 145 Birth Anniversary of Sardar Vallabhbhai Patel as a “Rashtriya Ekta Diwas”.

Rashtriya Ekta Diwas (National Unity Day) was introduced by the Government of India and inaugurated by Indian Prime Minister Narendra Modi in 2014. The intent is to pay tribute to Vallabhbhai Patel, who was instrumental in keeping India united. It is to be celebrated on 31 October every year as annual commemoration of the birthday of the Iron Man of India Sardar Vallabhbhai Patel.

On the occasion of Rashtriya Ekta Diwas (National Unity Day) NSS unit shown the short documentary on Sardar Vallabhbhai Patel. NSS Volunteers prepared poster on National Unity and also display online during the program. The aim of this program was to sensitize students about national integrity which helps in defeating the actual threats for unity, integrity and security of the nation. 78 NSS Volunteers, 3 NSS Programme Officers and 2 teachers has participated. Volunteers and Programme Officers express their views & ideas related to the topic. The programme was ended by taking Pledge on unity and National Anthem . The whole program was conducted online on Google meet platform.



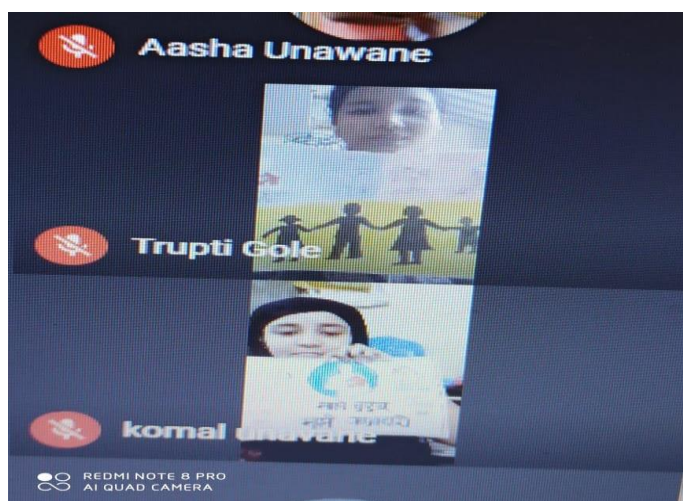
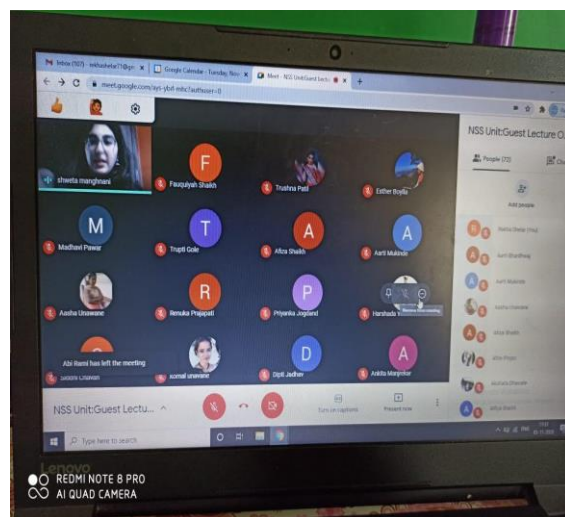
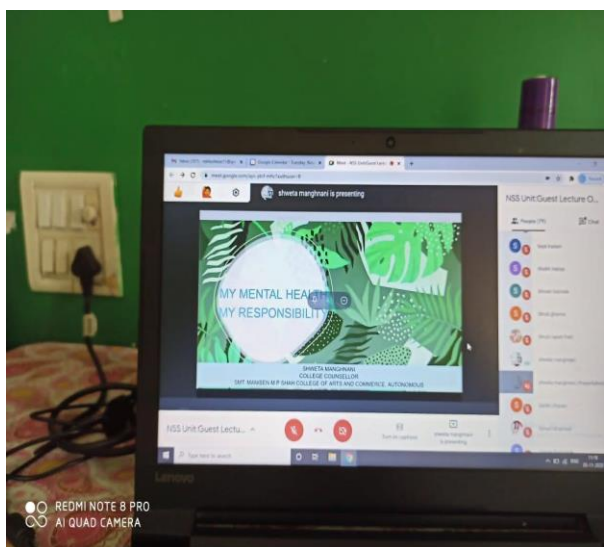
CULTURE COMPETITION

On 31st October 2020, NSS UNIT of Santacruz has celebrate the Rashtriya Ekta Diwas , our 1 NSS Volunteers has participated in Unity Culture Gala. Ms. Tejal Gurav took a part in Dance Competition and won the prize.

NOVEMBER

GUEST LECTURE ON MY MENTAL HEALTH , MY RESPONSIBILITY

On 3rd November 2020, under the campaign of My Family My Responsibility, the NSS unit organised Guest Lecture on My Mental Health , My Responsibility . The guest speaker was Ms. Shweta Manghnani, College Councillor. She spoke on the importance and concept of Mental health and family through the engaging activities. The talk also involved some self care tips for students and their family. Volunteers also prepared poster on the same. 72 volunteers , 4 NSS POs and 2 teacher has attended this lecture.



WEBINAR IN “ FOR DIRECTOR OF NSS, CHILD RIGHTS WEEK 2020 ON CLIMATE CHANGE “

On 11th November 2020, 2 NSS POs and 20 NSS volunteers attended a webinar in “ For Director of NSS, Child Rights Week 2020 on Climate Change “ organised by Government of Maharashtra.

ADVISORY COMMITTEE MEETING

On 7th November 2020, 7 NSS POs , Mr. Rahim Shaikh social worker from adopted area Wadala Gate no.4 and Mr. Vankatesh Yapuram BMC Officer has attended the college level NSS meeting cum Advisory Committee Meeting

BLOOD DONATION CAMP

Blood donation camp was held in college on 22nd November 2020 in association with Humanitarian welfare and research foundation, Lions Club of Sion and Matunga Police station.

Total 100 students , staff and people from neighbouring areas registered, 49 bottles blood collected and 51 people were rejected due to less Himoglobin, uneight , Hypertension, Diabetes and Skin treatment etc.





HUMANITARIAN WELFARE AND RESEARCH FOUNDATION
#271652010 mumbai • Website : www.hwrf.in (NGO)

HWARF BLOOD DONATION CAMP 2020

Dear WARRIORS,
We all know about the on going pandemic Covid-19. It is not the only cause of death, there are people who are losing lives and their loved ones due to the shortage of BLOOD in the Blood Banks. Our NGO, HUMANITARIAN WELFARE & RESEARCH FOUNDATION is holding a BLOOD DONATION CAMP in joint support from Sir J J Hospital Blood Bank, Lions Club of International (Byculla), Seva Mandal Education Society, Matunga & Sion Police Station MCCA and Awaraz National News.

Date : Sunday 22nd NOVEMBER 2020. **Time :** Between 9am to 4pm.
Venue: Seva Mandal Education Society's (SMEDT) 338, Rafi Ahmed Kidwai Rd, Matunga, Mumbai, Maharashtra 400019.

Precautionary measures will be taken in view of #Covid-19 at the Blood Donation Camp.

Guidelines for the BLOOD DONATION CAMP.
Following conditions will NOT be eligible to Donate Blood:-

1. Symptomatic Patients (Cold, Cough, Fever, etc.)
2. Individuals who are on medication to control their medical condition/diseases (Diabetes, BP, etc.)
3. Person who has consumed alcohol previous day or within 24 hours before blood donation.
4. Pregnant Women.
5. Below 18 Years of age.

Please Note

1. Keep yourself well hydrated.
2. Eat well.
3. Do not forget to carry an ID proof. (Aadhaar card, Driving license, etc.)

Join us and support our cause by DONATING BLOOD, because you don't know how many lives you will be saving with every drop of your blood.

To Donate Blood Register now on <https://www.hwrf.in/blood-donation-camp/>

"The best acts of Kindness are done Unknowingly"
- Rajesh Swaminathan.

For any queries or questions related to the registration form or the blood donation camp please feel free to contact on this number: 9833367771 (from 10:00AM to 6:00PM) or email at venic@hwrf@gmail.com.

Save Lives | Donate Blood!









CONSTITUTION DAY

During this Pandemic period, NSS Unit has planned to celebrate this Constitution Day via Digital Media.

Constitution Day or Samvidhan Diwas is celebrated annually in India on 26 November. The day is also known as National Law Day. The day commemorates the adoption of the Constitution in India.

On this day in 1949, the Constituent Assembly of India formally adopted the Constitution of India that came into force on 26 January 1950.

The aim of celebrating this day to sensitize volunteers about the significance of the Indian Constitution.

On the occasion of the Constitution Day , NSS Unit has celebrate this for two day:

1st Day Film Show and Discussion Session :

On 26th November 2020, the program was started by NSS PO Dr. RekhaShelar, she shared the importance and need of the celebrating National Constitution Day as well as the importance of Constitution Preamble. During the program NSS Unit showed the Documentary film on the Indian Constitution and Dr. BabasahebAmbedkar. Dr. RekhaShelar has read out the preamble which was repeated by NSS volunteers and NSS POs the preamble was read in English as well as in Hindi. At the end of this day some volunteers, POs and 2 Teachers has expressed their views on the same. Total 60 volunteers, 2 POs and 2 Teachers has attended this event. Link :<https://meet.google.com/mwn-cxxy-ziu>

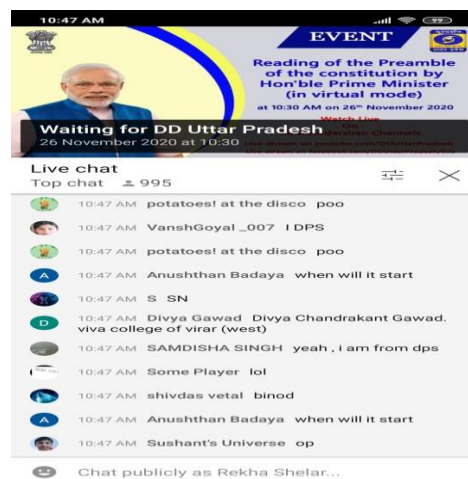
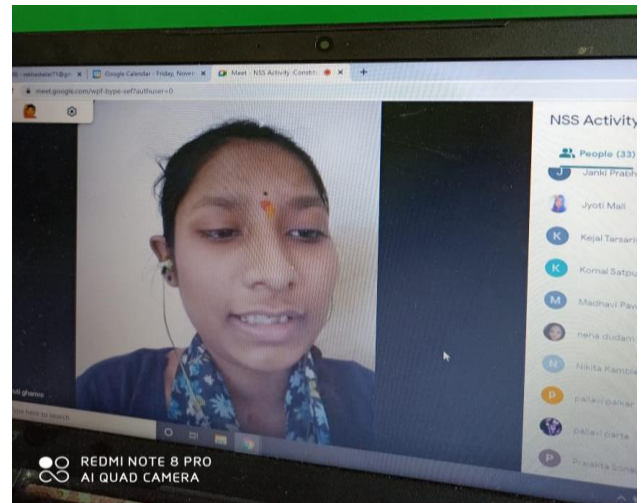
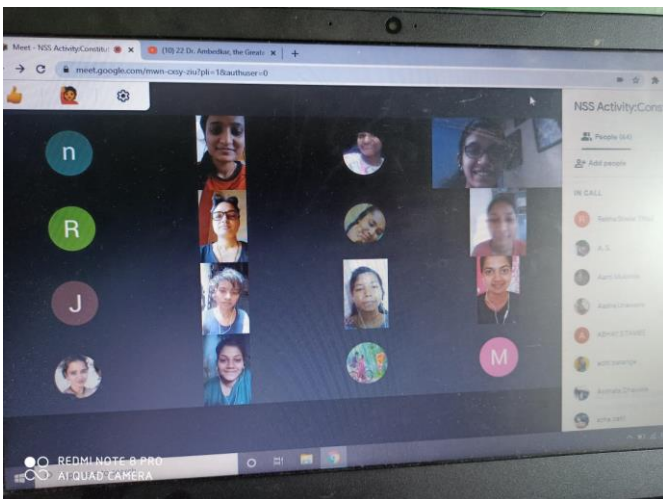
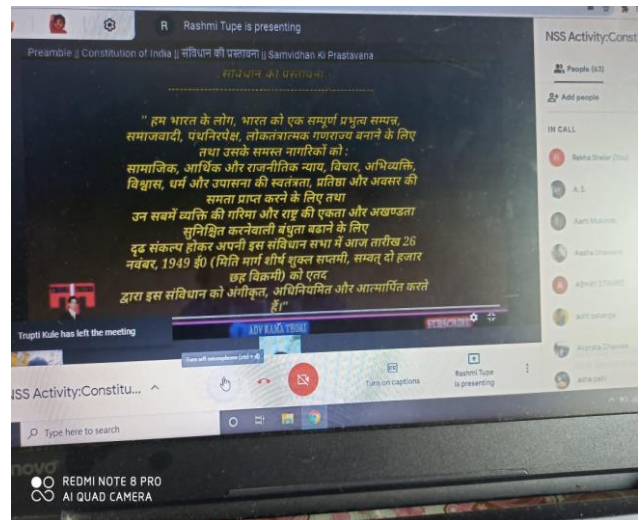
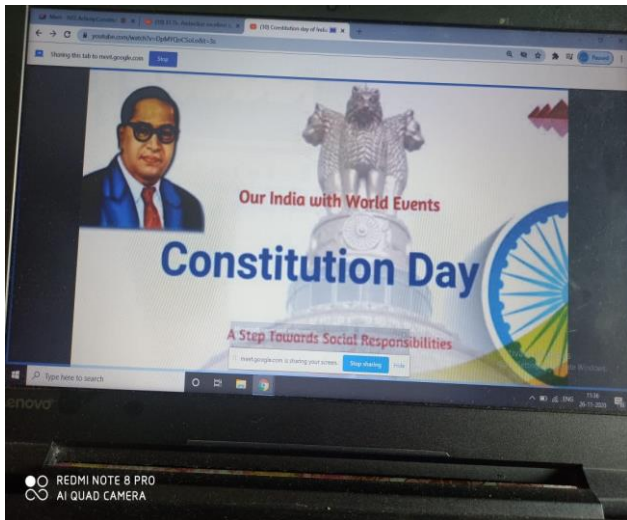
On same day, 41 students and 1 teacher from Economics department read preamble with ModiJi online and also in class room. Youtube video screened online about "what is constitution and why" which was followed by students view about celebration of constitution day ,and open discussion .Link :<https://youtu.be/d3BPnc8Pf0>

Link for reading preamble :<https://pledge.mygov.in/constitution-india/>

2nd Day Elocution Competition session :

On 27th November 2020, the session was started by playing constitution song. After this the event was further proceed for the Elocution Competition. In this 10 volunteers has spoke

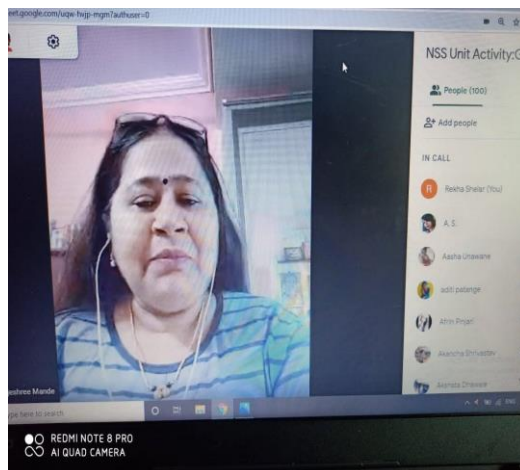
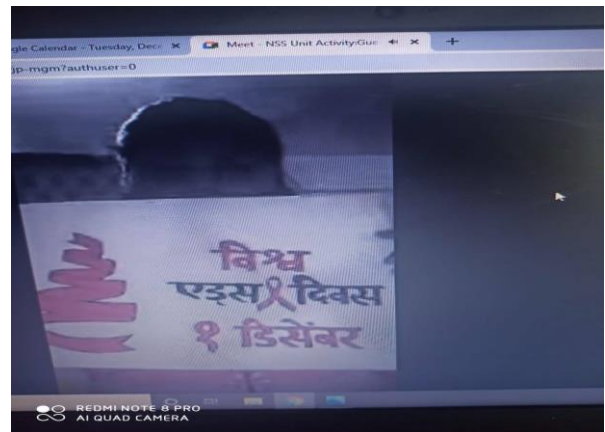
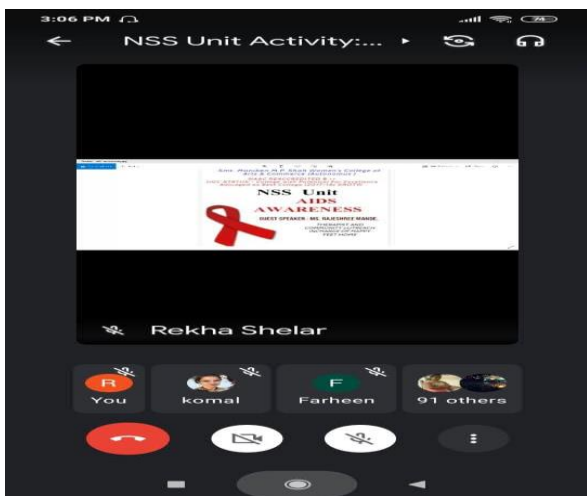
about the History , Importance ,what is the constitution of India, how our constitution has came, how our constitution has started and how our constitute assembly member has completed the constitution . After the elocution NSS PO Dr. Rekha Shelar has gave small talk on the Indian Constitution and also appreciated the volunteer for participate. The event was end by the National Anthem. Total 40 volunteers, 2 POs and 2 teachers has attended this event . Link :<https://meet.google.com/wpf-bype-sef>



DECEMBER

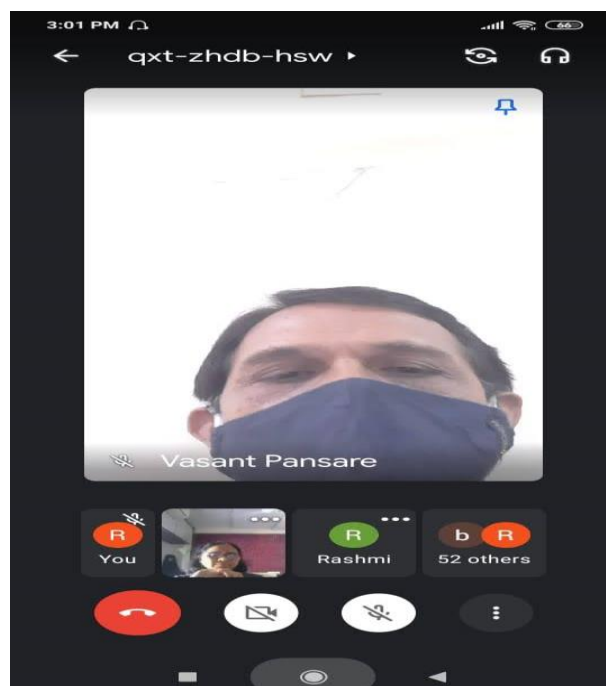
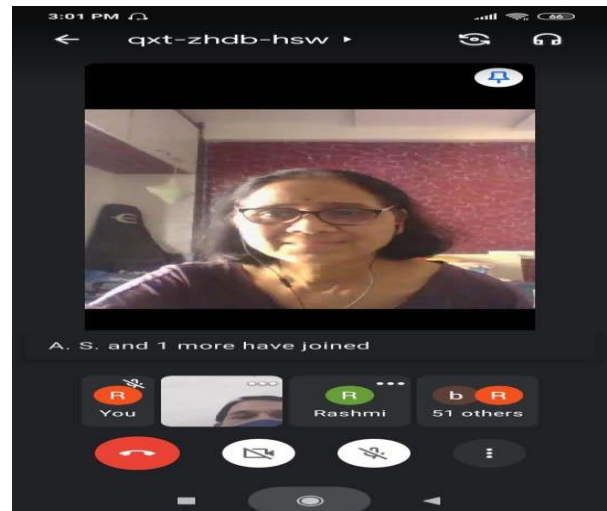
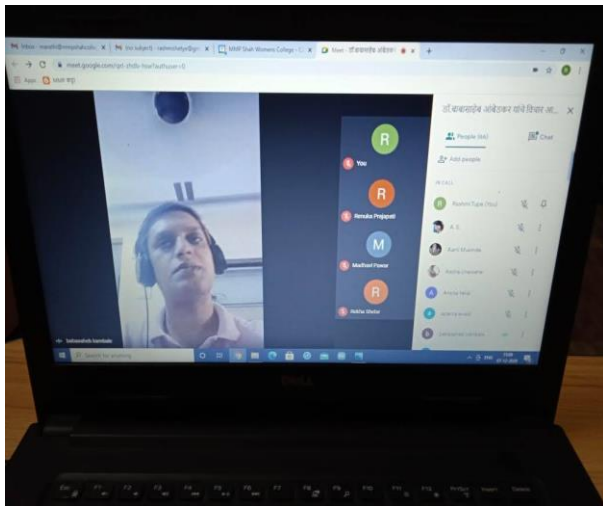
WORLD AIDS AWARENESS DAY

1st December 2020, on the occasion of “World AIDS Awareness Day” the NSS Unit of Smt MMP Shah Women’s College of Arts & Commerce, organized Guest Lecture on ‘AIDS Awareness’ by Ms. Rajeshree Mande, Happy Feet Home Art Based Therapist and Community Outreach Incharge. She elaborated the topic AIDS and also she discussed about some cases and her experience. Total 94 students, 6 teachers along with NSS PO attended programme, same day students prepared slogan and poster and shown online after the lecture. Total 20 students prepared poster and slogan. Link :<https://meet.google.com/uqw-hvjp-mgm>



CELEBRATION OF DR. BABASAHEB AMBEDKAR PUNYATITHI DAY

6th December 2020, on the occasion of “Dr. Babasaheb Ambedkar Punyatithi Day” the NSS Unit in Collaboration with Marathi department , organized Guest Lecture on ‘ Dr. Babasaheb Ambedkar thought and Youth’ by Mr. Babasaheb Kamble . He mainly focuses on the Dr. Babasaheb Childhood and early life, his political career and he also tell the inspirational stories about him. These small stories not only teach us, that failure is first step towards success but it also gives volunteers ways and tips to overcome different problems from our daily lives. Total 65 students , 6 teachers along with NSS PO has attended programme.
Link :<https://meet.google.com/qxt-zhdb-hsw>



NSS ORIENTATION

N.S.S Unit organized an orientation program for NSS volunteers. Mrs. Renuka Prajapati and Dr. Rekha Shelar ,NSS programme officer oriented the student about NSS Motto, Objectives, importance about NSS badge . After that they explained various activities under taken by the NSS unit like – Mutthi Anaaj Daan, Freeship programme, Special Camp, various camps etc. The theme and the projects undertaken by the NSS unit were spoken about in detail to the students to motivate them to be a part of the NSS unit. This programme was undertaken on the following dates :

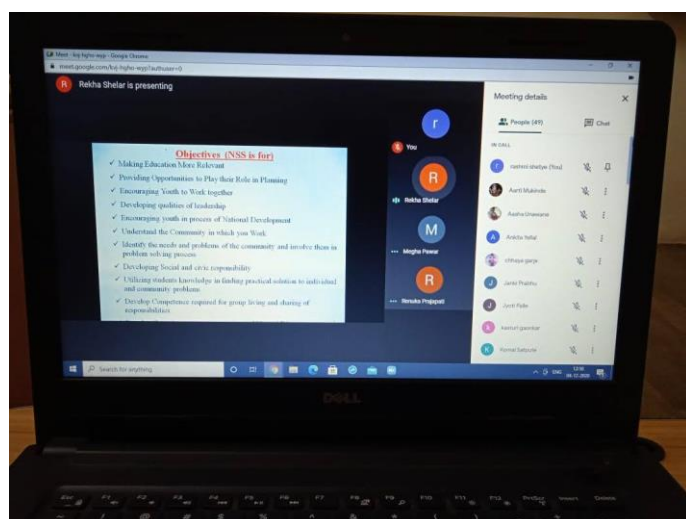
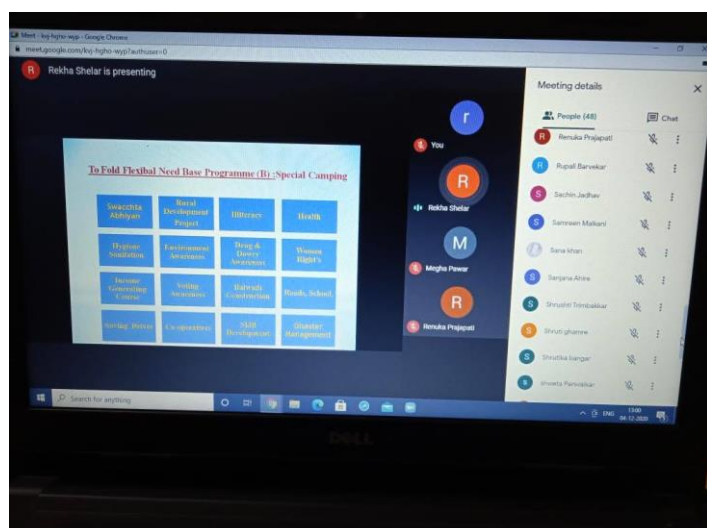
4th December 2020, Dr. Rekha Shelar has oriented the students of FYBA Marathi medium & BAMB. Total 55 students , 2 POs and 1 Teacher has attended .

4th December 2020, Mrs. Renuka Prajapati, has oriented the students of FYBA English medium . **70 students**

5th December 2020, Dr. Rekha Shelar has oriented the students of one division B.com , 71 volunteers, 1 PO & 1 teacher attended the program.

8th December 2020, Mrs. Renuka Prajapati, has oriented the students of 90FYBcom & BMS.

Mr. Dattatray Gawade has oriented the students of BAFI. Total 70 volunteers attended.

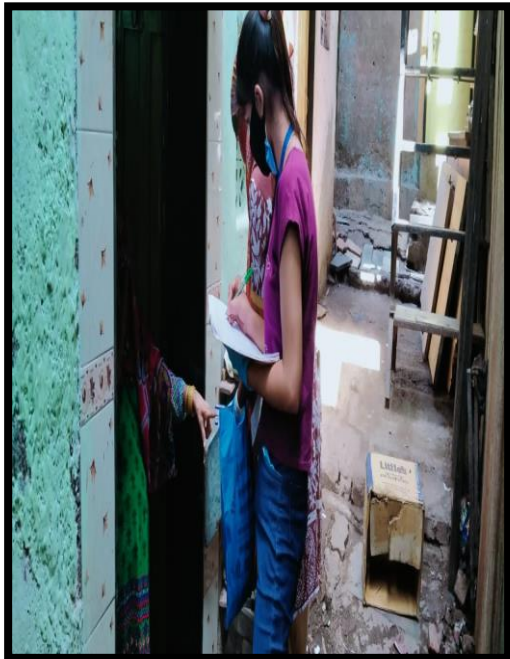


NSS MEETING FOR 'A ZONE MUMBAI' COLLEGES ON "STRENGTHEN IMMUNITY TO SCORE BETTER IN STUDIES AND SAFEGUARD YOURSELF FROM COVID - 19 AND OTHER DISEASES

On 16th December 2020, Mrs. RenukaPrajapati ,Zonal Co-ordinator has conducted the University level NSS Meeting for 'A Zone Mumbai' colleges on "Strengthen Immunity to Score better in studies and safeguard yourself from COVID - 19 and other diseases. 2 NSS POs along with Mrs. RenukaPrajapati. Total 5 College attended this meeting.

SPECIAL ACHIEVEMENT

NSS Volunteer Ms. Nikita Chaubey was worked in joint collaboration with BMC Ward L in various activities. Such as collecting data of senior citizens, Covid Positive patient in nearby locations, Collecting various sample for Ascertaining Oxygen level in Blood, arranging medical camp in surrounding areas.



JANUARY

WEBINAR ON VAT SWACHH AROGYA CHI

On 3 rd January 2021, NSS Unit in collaboration with Marathi Department organised the Webinar on “ Vat Swachh Aarogya Chi” on account of Savitribai Phule Jayanti. The guest speaker was Ms. Pratibha Shrikrasagar Kadam. Women play a major role in household activities. They are the primary caregivers in their families as they prepare food, take care of children, and ensure cleanliness in their homes. Due to their responsibilities, women who pay less attention to their hygiene can spread a lot of germs. Food poisoning, gastroenteritis, pneumonia, trachoma, skin infections and infection during periods are some of the diseases caused by poor personal hygiene practices. This is why it is essential for women to maintain great personal hygiene.

She has elucidate what is the good health & hygiene. She mainly focuses on the Women Disease, Facts on Constipation in Adults which was cause by not going to stool on time and also the problem during periods hygiene. The aims of this webinar were to grooming the women body externally and maintained cleanliness through various daily activities and hygienic decisions. Total 65 volunteers and 7 teachers were participated in this event.



**श्रीमती.एम.एम.पी शाह महिला
स्वायत्त महाविद्यालय, मादुंगा**
मराठी विभाग आणि
राष्ट्रीय सेवा योजना (NSS)
आयोजित

**मराठी भाषा संवर्धन पंधरवडा
सावित्रीबाई फुले जयंती दिन विशेष
"वाट स्वच्छ आरोग्याची"**



प्रमुख व्याख्याते : **प्रतिभा क्षीरसागर-कदम**
शिक्षिका व निवेदिका

दिनांक : ०३ जानेवारी २०२१
वेळ : दुपारी ३ वाजता
meet.google.com/ixp-tmgy-xwa

प्रा.रेणुका प्रजापती
राष्ट्रीय सेवा योजना अधिकारी

डॉ. लीना राजे
प्राचार्या

प्रा.वसंत पानसरे
मराठी विभाग

MUTTHI ANAAJ DAAN

On 9 th January 2021, a program on ‘Mutthi Anaaj Daan’ was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 300 students were fortunate to get 5 kg of Rice and 2 kg of dal. Chief Guest was Rotarian Sneha Pathak, President , Rotary Club of Queens Neckless.

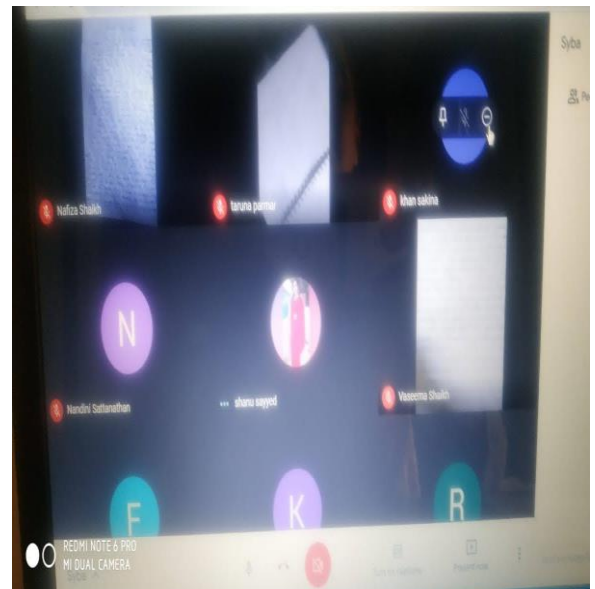
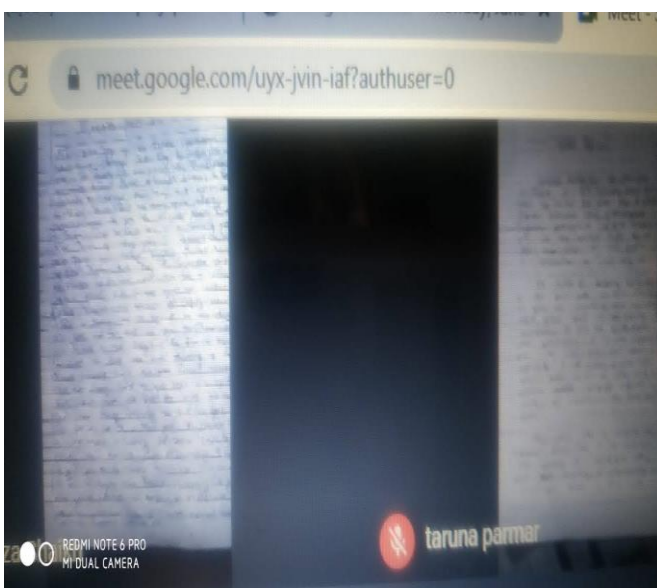
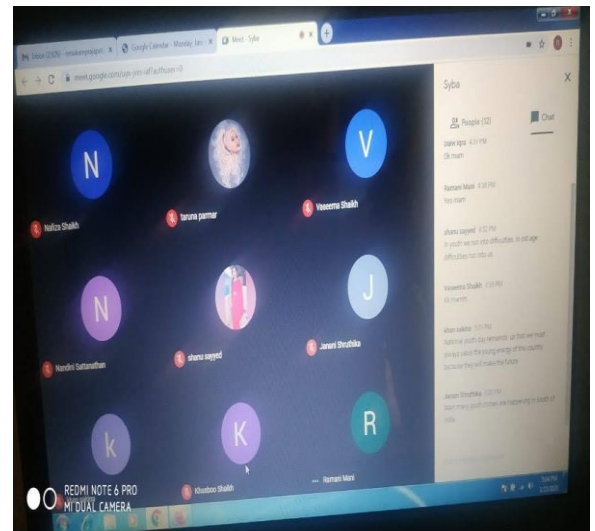
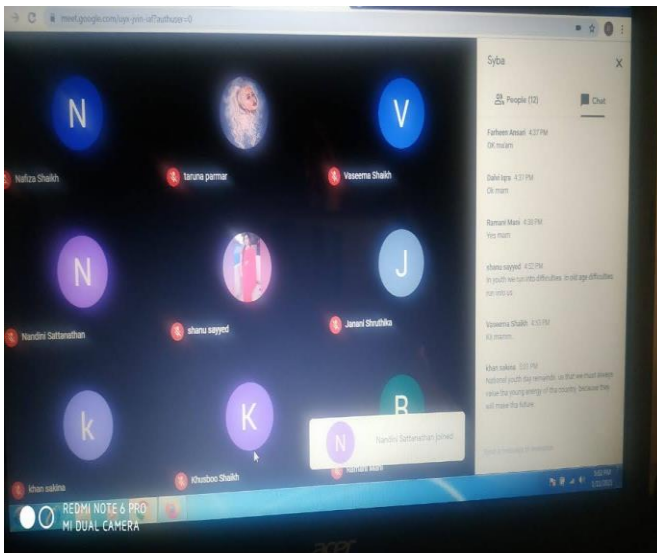
On same day also distributed Masks & face shields to Nursing students.



CELEBRATION OF NATIONAL YOUTH DAY

On 11th January 2021, NSS Unit in collaboration with Economic Department celebrated the National Youth Day . Volunteers were wrote the essay, presented their views about national youth day also screened the youtube video in class . Total 22 volunteers attended the program.

On 11th January 2021, as a part of our community outreach programme our POs were distributed Banana & Biscuit distribution at Tata Hospital for 300 cancer patients and their relatives.



WEBINAR ON STRENGTH IS LIFE ,WEAKNESS IS DEATH

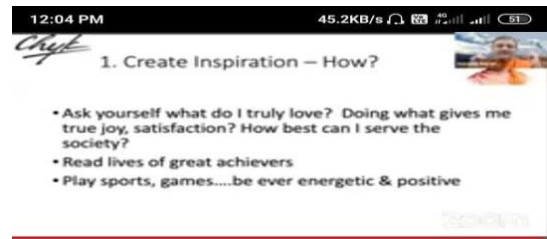
On 12 th January 2021, 10 NSS volunteers has attended the webinar on Strength is Life . Weakness is death said Swami Vivekanandaji on the account of 159th Jayanti of Swami Vivekanandaji celebration. It was live on Chinmaya Yuva Kendra Channel and on Chyk Mumbai page on FB.



Strength is Life | National Youth Day 2021
24 watching now
19 likes, 1 dislike, Live chat, Share, Report, Down

ChinmayaYuvaKendra SUBSCRIBE
6,07K subscribers

- Up next Autoplay
- National Youth Day Celebration - 12th January 2021**
RAMAKRISHNA MATH ,BAS...
239 watching
 - 37th National Youth Day Celebration**
Saradapitha Ramakrishna M...
189 watching



Strength is Life | National Youth Day 2021
28 watching now
19 likes, 1 dislike, Live chat, Share, Report, Down

ChinmayaYuvaKendra SUBSCRIBE
6,07K subscribers

Started streaming 58 minutes ago
Powered by Restream <https://restream.io/>
Strength is Life. Weakness is death.
Expansion is Life. Contraction is death.
Love is Life. Hatred is death.
These are the words of Swami Vivekanandaji.
We are celebrating the 158th Jayanti of Swami

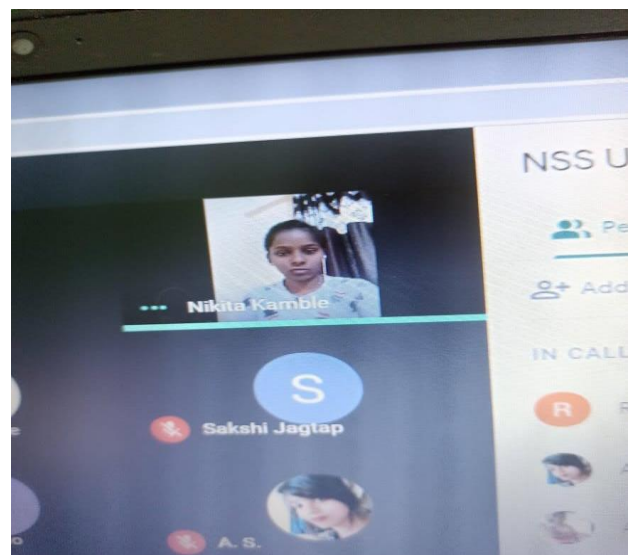
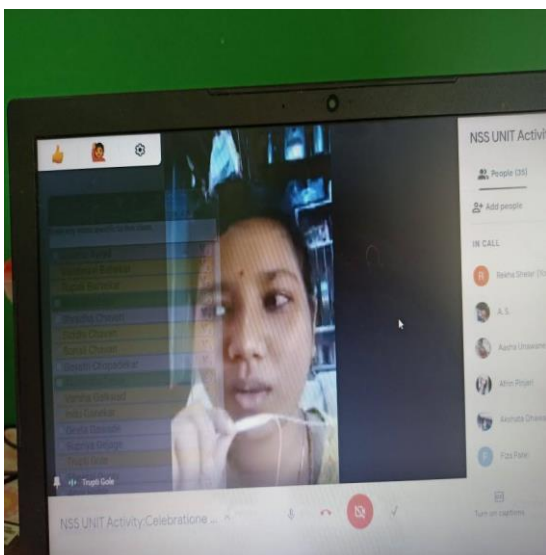
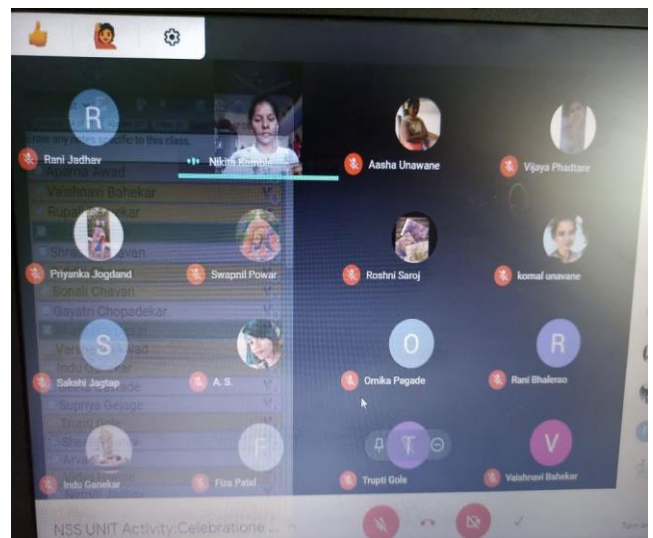


ONLINE QUIZ

On 12 th January 2021, NSS volunteers were attempt the online Quiz on the occasion of National Youth Day organised by Maharshi Karve Stree Shikshan Samstha's College of Computer Application for Women, Satara.

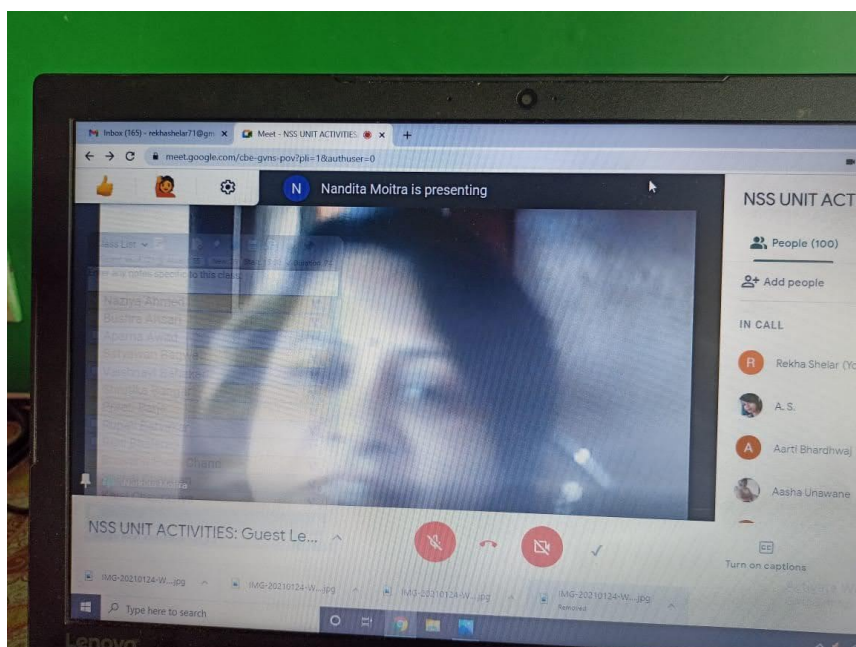
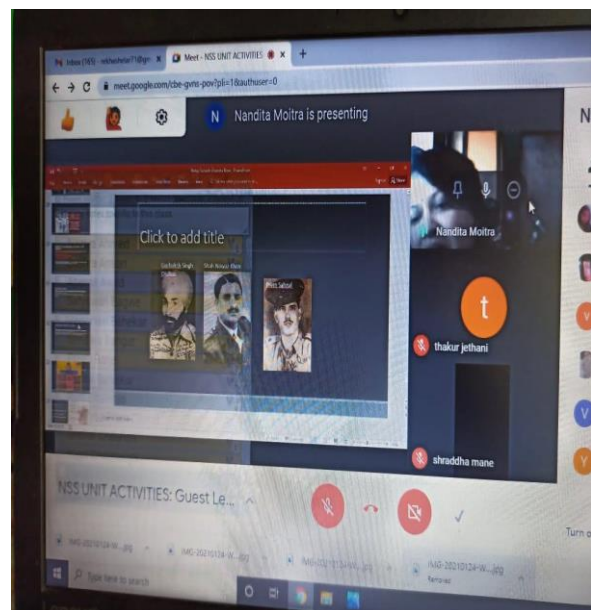
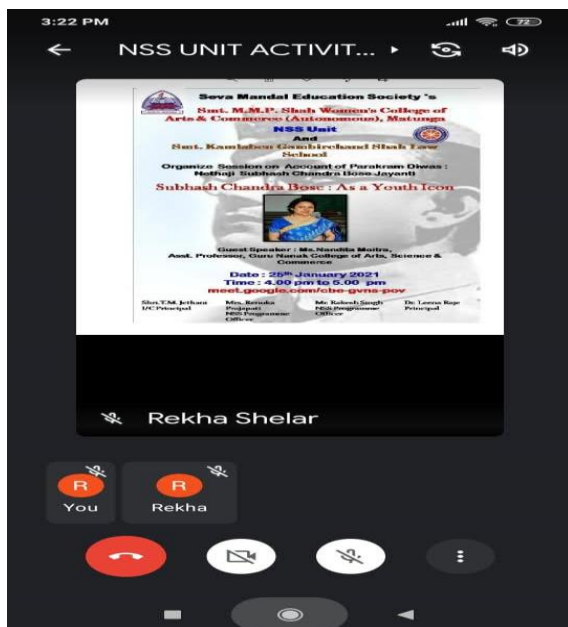
DOCUMENTARY SCREENING

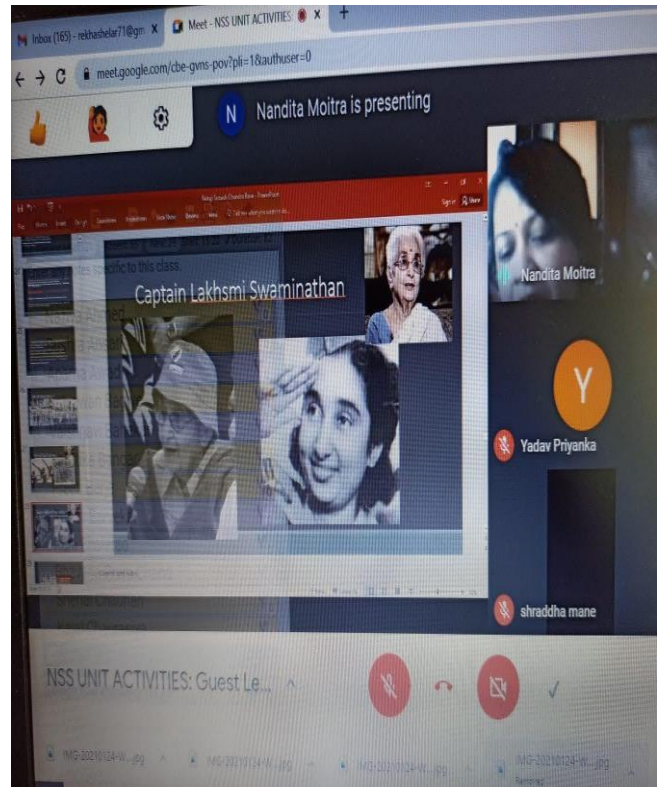
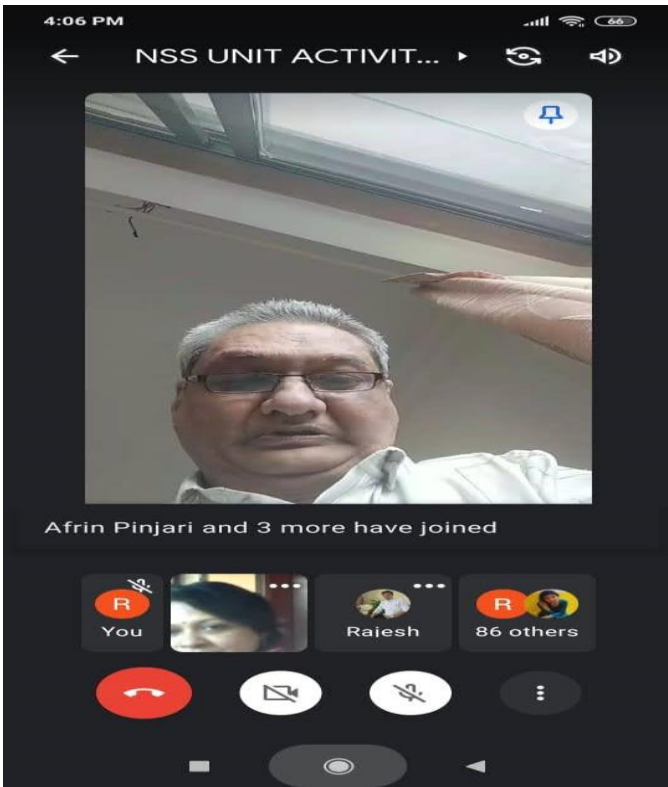
23 rd January 2021, on the occasion of Nethaji Subhash Chandra Bose Jayanti as Parakram Diwas NSS Unit has shown the documentary “ Nethaji Subhash Chandra Bose : Life of a Warrior” and also did Elocution . 9 volunteers has express their view on the topic. Total 45 NSS Volunteers and 3 teachers were attended this event. The purpose behind showing this documentary was to enlighten the life of the Nethaji an d also inspired the volunteers.



GUEST LECTURE ON SUBHASH CHANDRA BOSE : AS A YOUTH ICON

25th January 2021, NSS Unit of Smt. M M P Shah Women's College and Smt. Kamlaben Gambirchand Shah Law School organised the Guest Lecture on Subhash Chandra Bose : As a Youth Icon on account of Parakram Diwas: Nethaji Subhash Chandra Bose Jayanti. The Guest speaker was Ms. Nandita Moitra, Asst. Professor, Guru Nanak College of Arts, Science and Commerce. She focuses on the inspirational story of the Nethaji through Power point Presentation. She also explained how boseji has become the model of diversity by region, ethnicity, religion, and gender. She elaborated the topic so volunteers can understand more about the boseji which too became the role model for our volunteers. Total 100 volunteers, NSS PO's and teachers has participated in this event.





‘यदि सुभाष हमला करेंगे तो मैं उनके विरुद्ध युद्ध करूंगा’

देश जब नेताजी सुभाषचंद्र बोस को याद कर रहा है, तो यह जानना जरूरी है कि उन्होंने किन संघर्षों के बीच भारत की आजादी के लिए अंग्रेजों से लड़ाई लड़ी। उनके सामने सबसे बड़ा संघर्ष तो 'अपनी' यानी भारतीय नेताओं से ही निपटने का था। ये लोग सुभाषचंद्र बोस का मुखर विरोध करते थे। इन्हीं विरोधियों में जवाहरलाल नेहरू भी थे, जो बाद में स्वतंत्र भारत के पहले प्रधानमंत्री बने।

आचार्य श्रीकृष्ण सरल ने नेताजी सुभाषचंद्र बोस की बहुचर्चित जीवनी 'कालजयी सुभाष' के पृष्ठ नंबर 507 पर स्पष्ट लिखा है- 'अंग्रेजों के

मिथ्या प्रचार के फलस्वरूप कांग्रेस के कुछ क्षेत्रों में नेताजी के कार्यों को संदेह की दृष्टि से देखा जाने लगा था। पता नहीं यह अंग्रेजों के प्रभाव का प्रचार था या व्यक्तिगत ईर्ष्या का प्रदर्शन कि जवाहरलाल नेहरू ने ऐसे भाव व्यक्त किए थे - यदि सुभाषचंद्र बोस जापान को साथ लेकर भारत पर चढ़कर आते हैं तो मैं पहला व्यक्ति हूँ जो उनके विरुद्ध युद्ध करूंगा।'

यह बात तब कही गई थी, जब भारत को आजाद करने के लिए नेताजी द्वारा बनाई गई आजाद हिंद फौज को पूरे भारत में जनसमर्थन मिल रहा था। लोग चाहते थे कि नेताजी जापान, सिंगापुर, जर्मनी या अन्य देशों के समर्थन से भारत की आजादी के प्रयत्न करें। जन सामान्य तो तब इतना उत्साहित था कि यदि नेताजी की सेना अंग्रेजों पर आक्रमण करेगी, तो लोग उन्हें देश में रहकर हर तरह से समर्थन देगे।



23 January, 1897.
*A hero was born
 with a dream of free India.*
**Salute to our true Hero
 Netaji Subhas Bose.**

**Jai
Hind!**

UNITY... FAITH... SACRIFICE
 Give me the **FOUR MODALITIES** of India: **unity** and **faith** in the **God**, and **loyalty** and **self-sacrifice** for the **motherland**.
AZAD HIND
 ENGLISH EDITION
 Tencho Setsu Special

SATURDAY, APRIL 23, 2016, SYDNEY 10

ALL E. ASIA FETES TENCHO SETSU

ELABORATE ARRANGEMENTS FOR GREAT TENCHO SETSU DAY CELEBRATIONS HERE

Prayer Meetings, Mass Rally And General Festivities Mark Big Day

THIS DAY WE CELEBRATE...

ALL E. ASIA today unite in the celebration of Tencho Setsu, the Birthday Anniversary of His Imperial Majesty the Emperor of Nippon. And Indians throughout East Asia are happy to associate themselves with their Nippon brethren and other Asiatic peoples in the Tencho Setsu observances.

COMMUNITY LEADERS HERE RENEW PLEDGE OF LOYALTY TO IMPERIAL NIPPON GOVT.

Unswerving Support For Successful Prosecution Of Greater E. Asia War

The **Four Modalities** of the tenacious forces of justice and righteousness that inspire Nippon and all Asia today, His Imperial Majesty represents the embodiment of all noblest and noblest ideals as well as the spirit of 'Hakko Ichiu'. And it is the proud privilege of all Asia, in fact of every citizen of the world who follows in the higher and nobler ideals of life - national as well as international - to join the people of Nippon in the observance of Tencho Setsu.

Indians are particularly delighted to associate ourselves with the Tencho Setsu celebrations today, as the mighty forces of Nippon, vielding the sword of righteousness and inspired by the sublime ideals espoused by His Imperial Majesty, have joined hands with the army of India's liberation and are actively combating the evil forces of Anglo-American imperialism. It was agreed that the **Four Modalities** of the tenacious forces of justice and righteousness that inspire Nippon and all Asia today, His Imperial Majesty represents the embodiment of all noblest and noblest ideals as well as the spirit of 'Hakko Ichiu'. And it is the proud privilege of all Asia, in fact of every citizen of the world who follows in the higher and nobler ideals of life - national as well as international - to join the people of Nippon in the observance of Tencho Setsu.

AWARENESS QUIZ

29 th January 2021, on the occasion of National Road Safety Month 2021 our 50 NSS Volunteers has participated in the National Level Road Safety Awareness Quiz organised by NSS Unit of JES College of Commerce, Science and Information Technology, Mumbai.

FEBRUARY

SESSION ON DISASTER MANAGEMENT

On 5 th February 2021, Sociology Department in collaboration with NSS Unit organizes session on Disaster Management. The Guest Speaker was Mr. Rajendra R. Lokhande , Shift Incharge (Training), Disaster Management Department, Municipal Corporation of Greater Mumbai. In this Session he has explain the various techniques for safeguard of our self and also others when disaster came. **100 participated.**



Seva Mandal Education Society 's

Smt. M.M.P. Shah Women's College of Arts & Commerce (Autonomous)
NAAC RE-ACCREDITED B++
UGC STATUS - College with Potential For Excellence
Adjudged as Best College (2017-18) SNDTWU

Sociology Department
in collaboration with
NSS Unit
Organizes Session on
Disaster Management



Guest Speaker : Mr. Rajendra R. Lokhande
Shift Incharge (Training), Disaster Management Dept.,
Municipal Corporation of Greater Mumbai

Date : 5th February 2021, Friday
Time : 3.30 pm to 5.00 pm
meet.google.com/czi-iifc-mzy

Dr. Bhavana Prem Chand
HOD,
Sociology Dept.

Mrs. Renuka Prajapati
Mr. Rakesh Singh
NSS Programme Officers

Dr. Leena Raje
Principal

AWARENESS ABOUT ROAD SAFETY

On 9 th February 2021, NSS Unit in Collaboration with BMS Department has create Awareness on Road Safety through Poster and Slogan. Total 15 volunteers has prepared poster & slogan and displayed online.

On 11 th February 2021, NSS Unit in Collaboration with BMS Department has create Awareness on Road Safety through video making regarding crossing the road and bike ridding etc.

On 19 th February 2021, volunteers has participated in the in the online Quiz organised by Chatrapati Shivaji Maharaj Janam Din Maharashtra Dnyan Mahamandal Marayadit .

ONLINE TRAINING OF COVID – 19 VACCINATION

On 8 th February 2021, Our NSS PO's Mrs. Renuka Prajapati, Dr. Bhavana Prem Chand and Dr. Rekha Shelar has attended the online Training of COVID – 19 Vaccination organised by UNICEF and NSS CELL , SNTWU. The training will help the participants to acquire updated knowledge on COVID – 19 and COVID -19 vaccination. The participants will be able to understand and apprehend their importance in the role of pre – vaccination, vaccination phase and post vaccination process. The training will get insights to field level challenges and evidence based plans required to overcome those.

GUEST LECTURE ON "GANDH MARATHICHA"

On 27th February 2021, Marathi Language Day (Marathi Din, Marathi Diwas) is celebrated on February 27 every year across the Indian states of Maharashtra and Goa. This day is regulated by the State Government. It is celebrated on Birthday of eminent Marathi Poet Kusumagraj. This year Marathi Department collaboration with NSS unit organized Guest Lecture on "Gandh Marathicha" By Mohana Sanjay Karkhanis.

The session was started with the introductory words of Dr. Rashmi Tupe, followed by the singing of Guru Vandana by Pallavi NSS Volunteers, welcome speech was given by Dr. Leena Raje Principal, Programme was start by Mrs. Renuka Prajapati, , Sr. College Incharge , NSS Zonal Coordinator, Jr. College Programme Officer Mr. K. Kapurkar has explained it's thought and share wonderful poem in marathi.

Mohana Sanjay Karkhanis explain Marathi should not be just a dialect. She should insist as a medium of education. If Marathi wants to get the glory of the language of knowledge, then Marathi speakers must be global citizens, but they should not forget their roots, their local identity. They should bring the wealth of their knowledge, nouns and concepts in Marathi. Instead of attacking foreigners, government policies should be made so that they have to learn Marathi and arrangements should be made to make them want to learn Marathi.

At the end NSS volunteer had delivered a vote of thanks. Total 80 volunteers, NSS PO's and teachers has attended the session.

श्रीमती.एम.एम.पी शाह महिला स्वायत्त महाविद्यालय, मादुंगा
मराठी विभाग
आणि
राष्ट्रीय सेवा योजना (NSS)
आयोजित
मराठी भाषा गौरव दिन
विषय : गंध मराठीचा



**मोहना संजय कारखानीस**
साहित्यिक आपल्या भेटिला थेट सिंगापूर येथून

दिनांक २७ फेब्रुवारी २०२१, वेळ : संध्याकाळी ५ ते ६
[MEET.GOOGLE.COM/NAX-JRBX-JFK](https://meet.google.com/NAX-JRBX-JFK)

प्रा. रेणुका प्रजापती
राष्ट्रीय सेवा योजना अधिकारी

डॉ. लीना राजे
प्राचार्या

MARCH

INTERNATIONAL WOMEN'S DAY CELEBRATION

On 8th March 2021, International Women's Day Highlights: March 8 is observed as International Women's Day to celebrate the spirit of women. The aim is to celebrate their achievements and acknowledge their increasing visibility in every sphere of life. The idea behind celebrating the day is also to highlight the extraordinary roles played by women in almost every walk of life and salute their courage and determination. The theme of this year's Women's Day is — Women in leadership: Achieving an equal future in a Covid.

On the occasion of International Women's Day, the Department of Economics, Sociology and NSS Unit has celebrated this event in two sessions:

In the morning Department of Sociology in collaboration with NSS Unit has organised the online session on Role play presentation. Volunteers have performed various roles of those women who have contributed special efforts in our society, such as Kiran Bedi, Kalpana Chawala, tribal women etc.. Total 30 volunteers have participated.

The second session started with the introductory words of Dr. Rekha Shelar followed by the singing of Ganesh Vandana by Mrs. Renuka Prajapati, Sr. College Incharge, NSS Zonal Coordinator. Dr. Bhavana Prem Chand has given the welcome speech, Mr. Bharat Pathak, Hon. Secretary, SEMS, has given the blessings for the event, Dr. Daksha Dave gave a brief introduction of a Guest speaker Ms. Mansi Thakkar, Leadership Coach.

Ms. Mansi Thakkar began the session by underlining the basics of Leadership. She specified the 4 types of entrepreneurship. She explained how anyone interested in starting and running their own business should consider which entrepreneurial model they prefer: small business, scalable startup, large company, or social entrepreneurship. She described What is the startup advantage?, She also specifies the 3 C's and 3 M's for Start Up Business. What startup companies mean? What are the major types of entrepreneurs? What are the 7 characteristics and steps of entrepreneurs?. She mainly focuses on how to develop a startup strategy. She emphasizes on What are growth strategies? How can one promote the startup business?, What is the difference between a startup and a small business? How do you know if a company is a startup? How many years is a business considered a startup?.

She had delivered the session in Hindi and English so all students would understand. The session was very informative and interactive that students became very pleased and were asking questions. The question Answer session was conducted by Dr. Daksha Dave.

After this session Mr. Rakesh Singh, Vice Principal, Jr. College and NSS Programme Officer has expressed his views on the Women's by giving the examples of popular Hindi Poets who narrate the Women in their Poetry.

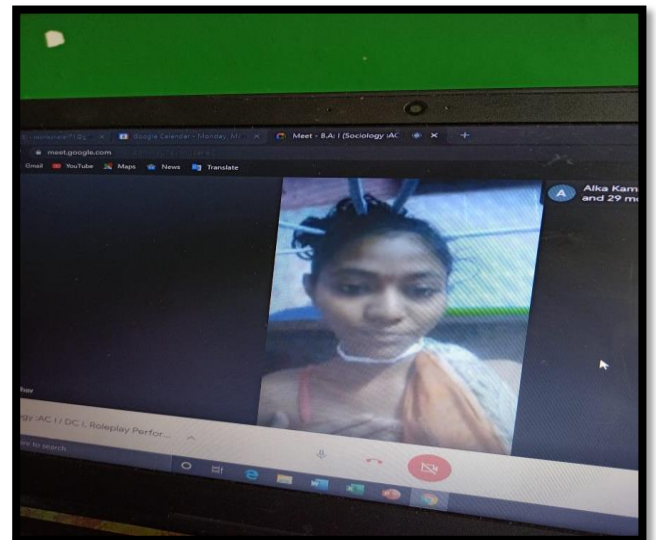
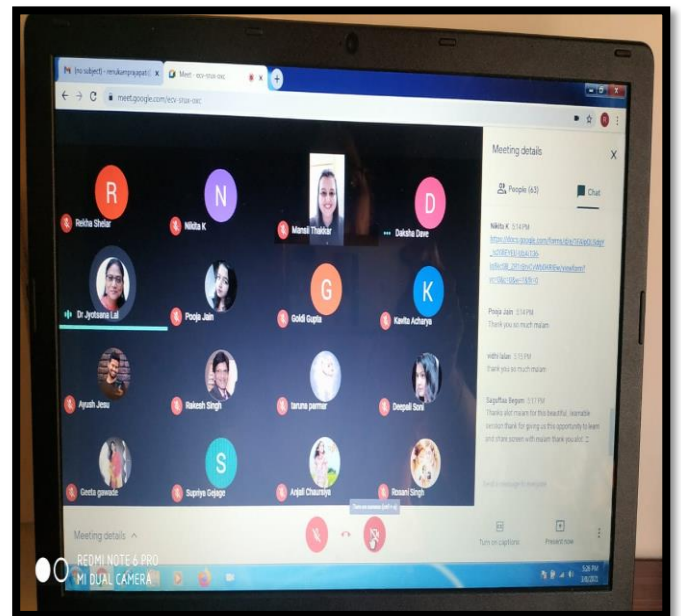
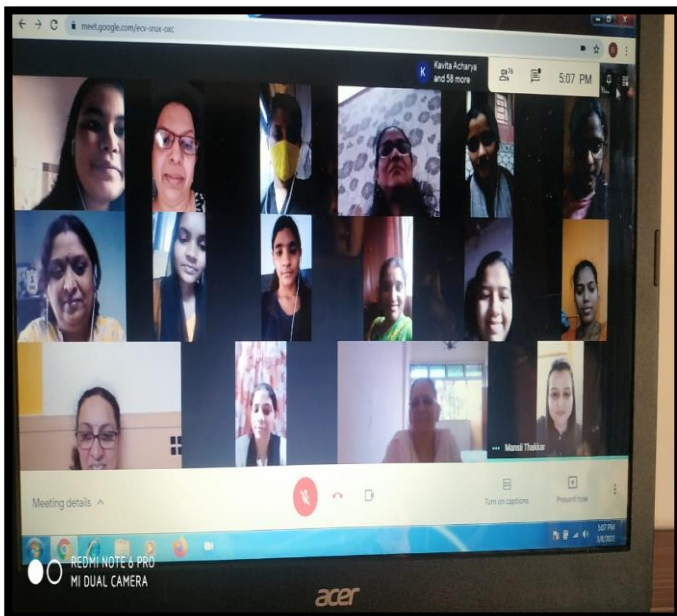
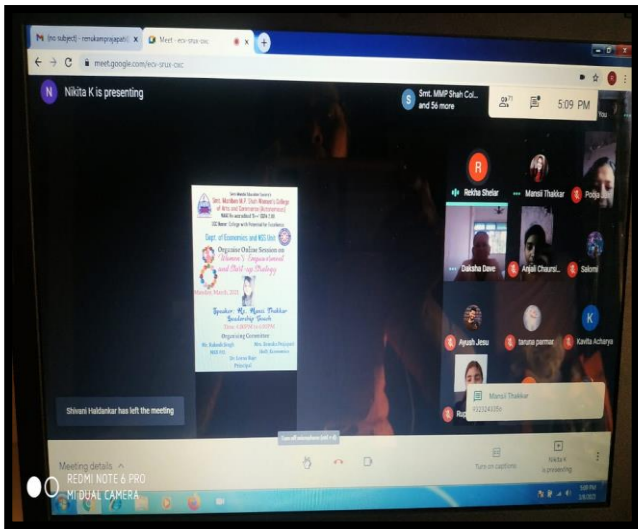
At the end Dr. Jyotsana Lal had delivered a vote of thanks.

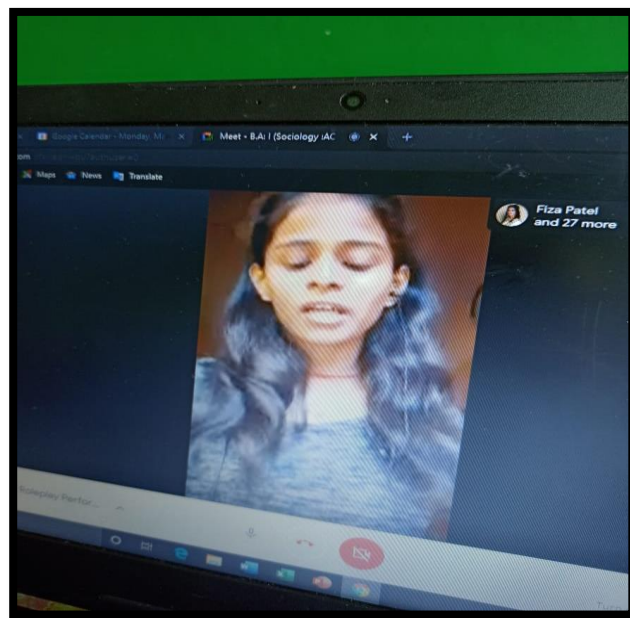
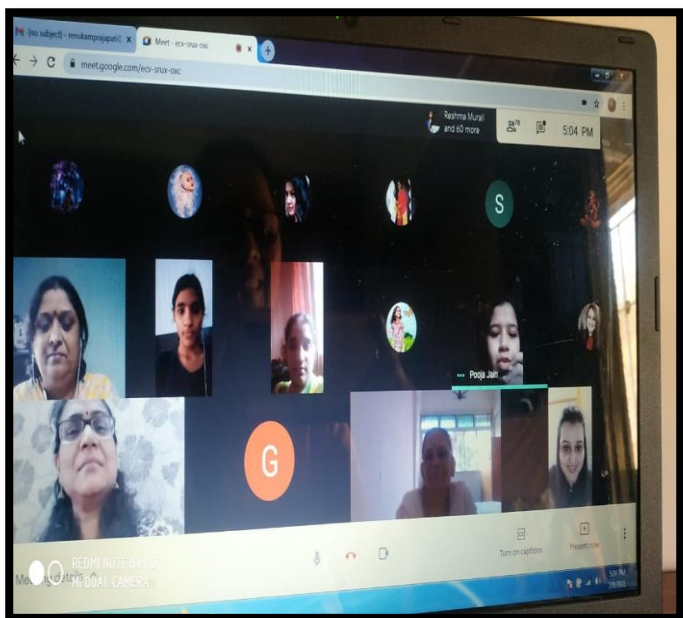
Last but not the least Departments will be thankful to our Principal Dr. Leena Raje madam to motivate us and always support us for such activities.

Total 182 Volunteers, NSS PO's and Teachers have attended the session.

This session was Online on Google meet as well as also on Youtube .

You tube Link : <https://youtu.be/RH4qUETv6Q>





WEBINAR ON AWARENESS OF TUBERCULOSIS

On 24th March 2021, on account of World Tuberculosis Day the NSS unit of KPB Hinduja College of Commerce has organised a Webinar Awareness on Tuberculosis. The Guest Speaker was Dr. Kalpita Shringarpure , MD (PSM)(Gold Medal). 2 NSS PO's and 25 volunteers was participated in this event. She explained that Tuberculosis is a disease that is transmitted only from humans to human, so there are no sources from water, no sources from animals. Tuberculosis is spread by the tiny droplets that become airborne when a person with active TB coughs. She also focuses on steps for Preventing from Tuberculosis Infection.

FREE MENSTRUAL HEALTH AND HYGIENE WORKSHOP

From 24th to 26th March 2021, 15 NSS Volunteers participated in the Free Menstrual Health and Hygiene Workshop organised by The Art of Living. In this workshop volunteers were learned Yoga asanas for painless periods, Pranayamas to improve emotional balance, Wholesome Nutrition to improve resistance power, Yoga to strengthen the body physically, mudras for immense relaxation, Burst Myths regarding Menstruation, Menstrual Hygiene to prevent from diseases and balance diet for over all growth.

WORKSHOP ON MASK MAKING & MASK DESIGNING

On 27th March 2021, 1 NSS PO and 30 volunteers has attended the one day live workshop on Mask Making & Mask Designing by Radha Sharma, organized by the Commerce Dept. of Smt. MMP Shah Women's College of Arts & Commerce (SNDT University) Under an MOU with Maharshi Dayanand College of Arts, Science and Commerce (Mumbai University) and Shri M.D. Shah Mahila College of Arts and Commerce (SNDT University) in association with UNEP, as a part of Environment Awareness Week. Theme was Water Conservation.

Youtube Link: <https://youtu.be/Akvj9yeAC5g>

GUEST LECTURE ON “WASTE PLASTIC MANAGEMENT PROJECT”

On 30th March 2021, NSS unit in collaboration with Sociology and Economics department had organized a guest lecture on “Waste Plastic management project”. Guest Speaker: Mr. Ajay Rajput, Global Green Resonance Foundation.

Dr. Rekha Shelar NSS programme officer has started the session

Ms. Renuka Prajapati, NSS Zonal Programme officer & Head of the Dept. of Economics, had introduce the guest for the day Mr. Ajay Rajput.

He had start his Lecture with explaining the risk of plastic and the importance of segregating plastic from main garbage.

He mainly focused on Plastic and reuse of plastic. How plastic has been getting separated from garbage.

He guided participants how they could segregate different types of plastic with simple demonstration. How they could collect plastic bags and plastic bottles. He really inspired all the participants to collect plastic and bring it to one place to send it to recycle. Mr. Ajay Rajput had concluded the session to motivate attendees to stop mixing plastic with garbage and going to garbage ground.

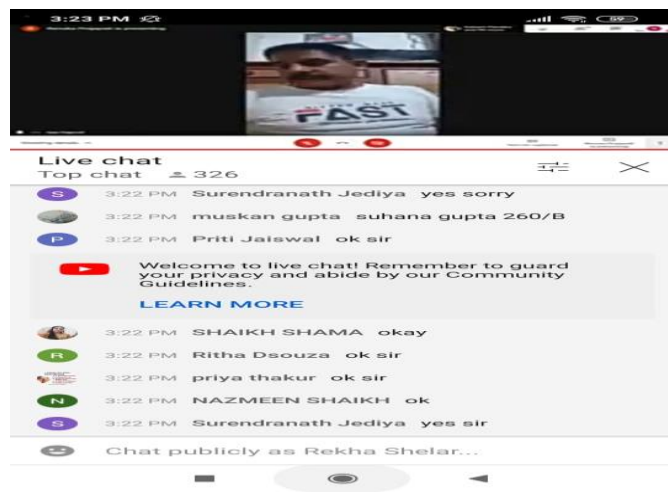
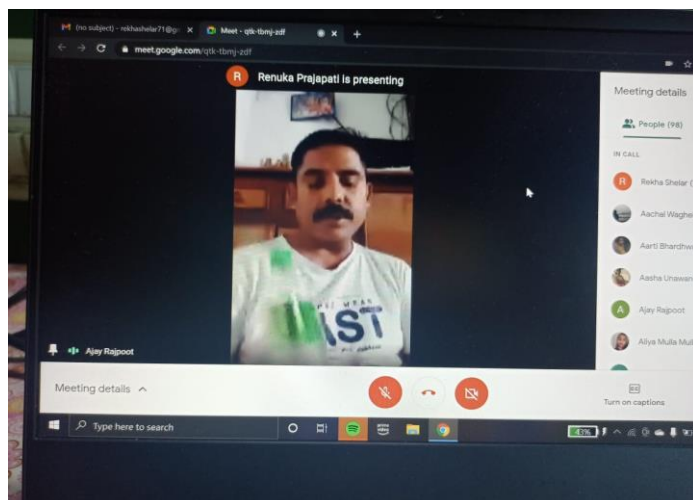
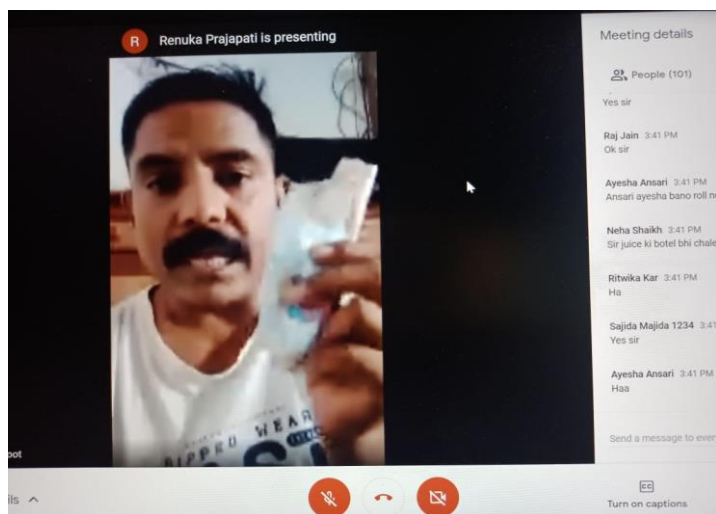
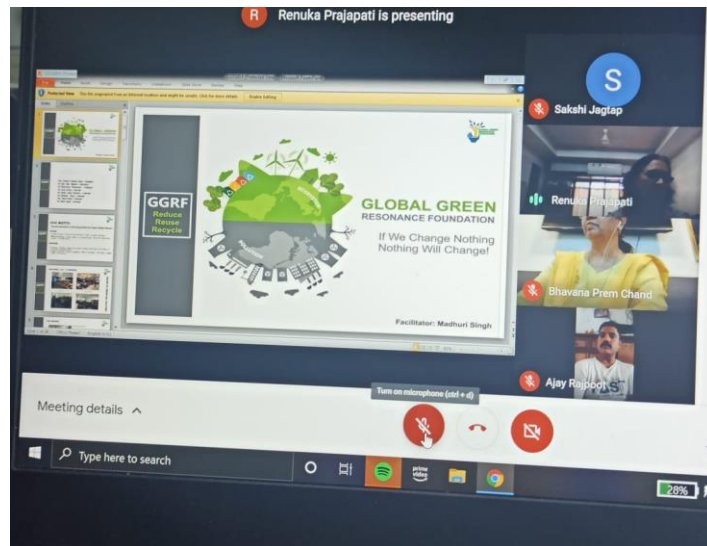
Sir has delivered the session in Hindi hence all attendees would able to understand the session nicely. The session was very informative and interactive that students became very pleased and were asking questions. The question Answer session was conducted by Dr. Rekha Shelar.

At the end Dr. Bhavana Prem Chand Head of the department Sociology had delivered a vote of thanks.

All the students have joined the plastic collection drive for one month which has started from 1st April to 30th April 2021.

Total 426 Volunteers, 6 NSS PO's and Teachers has attended the session.
This session was Online on Google meet as well as also on Youtube .

YouTube Link : <https://www.youtube.com/watch?v=cg3MayyORyA>



WEBINAR ON “FIRE SAFETY AND CHILDREN”

On 8th April 2021, 2 NSS POs and 25 NSS volunteers has participated in the webinar on “Fire Safety and Children” jointly organised by Child Centric Disaster Risk Reduction (CCDRR) National Institute of Disaster Management (NIDM) Ministry of Home Affairs, Govt. of India & GSB’s Smt Surajba College of Education conducted by ICBE. Guidance by Prof. Santosh Kumar Project Director, CCDRR NIDM. Speaker was Mr. Kaka Ram Verma District Training Supervisor Retd from Indian Red Cross and Mr. Gorav Kalia Safety Manager Federal Mogul Goteze Pvt. Ltd.

ONLINE QUIZ

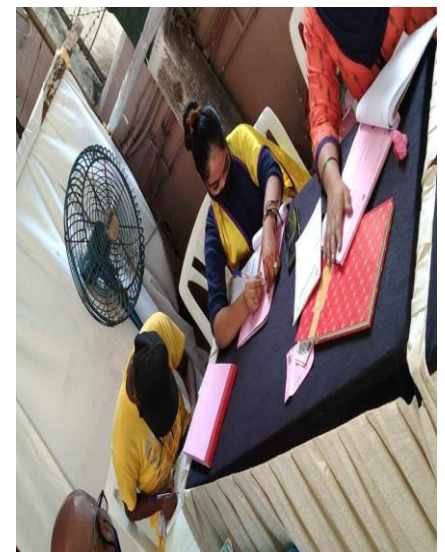
On 14th April 2021, around 30 volunteers were participated in Online Quiz on the Life of Dr. B.R. Ambedkar is organized by Pal Rajendra B.Ed. College, Mumbai. Participant has received E- certificate.

WEBINAR ON “ PREVENTION OF SEXUAL HARASSMENT AND GENDER EQUALITY”

On 19th April 2021, 1 NSS PO and 15 NSS Volunteers has participated in one day State level webinar on “ Prevention of Sexual Harassment and Gender Equality” organised by University of Mumbai NSS Unit of Ramanand Arya DAV College.

SPECIAL ACHIEVEMENT

From 5th to 19th March 2021, Our 3 teachers Ms. Falguni Gogri, Ms, Soni Singh and Ms. Kejal Tarsariya are rendering their services and serving the Humanity as frontline corona warriors at Lion Tarachand Bapa Hospital Vaccination Center . They perform the duty to manage the required information, verification, payment, Registration etc. and from 5 the to 31st March 2021 also our 6 NSS Volunteers have served this duty for 5460 citizens.






Lion Tarachand Bapa Hospit. & Research Center
 Lion Tarachand Bapa Hospital Marg, Jain Society,
 Sion (W), Mumbai - 400 022,
 Phone : 2409 2464
 WE SERVE




Name : **Guddi Jaiswal**
 Emp. Code :
 Designation : **Vaccination**
 Contract No. : **centre staff.**
7304245915


 CEO




Lion Tarachand Bapa Hospital & Research Center
 Lion Tarachand Bapa Hospital Marg, Jain Society,
 Sion (W), Mumbai - 400 022,
 Phone : 2409 2464
 WE SERVE






Name : **Shraddha Patil**
 Emp. Code :
 Designation : **Vaccination**
 Contract No. : **Centre staff**
9326697417



 CEO

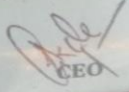

Lion Tarachand Bapa Hospital & Research Center
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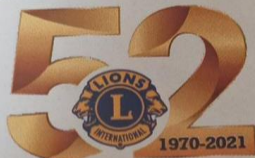
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 Emp. Code :
 Designation : **Vaccination**
 Contract No. : **Centre staff.**
7304660762

 CEO


Lion Tarachand Bapa Hospital & Research Center
 Lion Tarachand Bapa Hospital Marg, Jain Society,
 Sion (W), Mumbai - 400 022,
 Phone : 2409 2464
 WE SERVE

Name : **Namita Chaubey**
 Emp. Code :
 Designation : **Vaccination**
 Contract No. : **centre staff.**
8454912306

 CEO

LION TARACHAND BAPA HOSPITAL & RESEARCH CENTRE
 (A Charitable Hospital)
Vaccination Centre



LION TARACHAND BAPA HOSPITAL & RESEARCH CENTRE
AFFORDABLE HEALTHCARE