Smt. M.M.P. Shah Women's College of Arts & Commerce

(Autonomous)

Smt. Parameshwari Devi Gordhandas Garodia Educational Complex,

338, R.A. Kidwai Road, Matunga, Mumbai – 400019

NAAC Reaccredited B++ (CGPA 2.88/4, Cycle III)
Recipient of UGC-CPE Grant (2016-2021)
Adjudged 'Best College' (2017-2018), SNDT Women's University
Website: www.mmpshahcollege.in



N.S.S. Regular Activities

2023 - 2024

Duinain

Principal

Dr. Archana Patki

Programme Officers:

Smt. Renuka Prajapati

Dr. Bhavana Prem Chand

Dr. Rekha Shelar

About our college

Smt. Maniben M. P. Shah Women's College of Arts and Commerce was established in year 1957 with 7 students and it is the first college affiliated with SNDT Women's University. It is managed by the Seva Mandal Education Society (SMES). The motto of our institution is empowering women through quality education and laying the foundation for a progressive and prosperous future for female students by making them self-reliant and responsible homemakers. To fulfill the objectives, we provide various academic programs to almost 6000 students through our junior college (affiliated to HSC Board Maharashtra State), Degree College, and Post Graduate Departments (affiliated to SNDT Women's University). College has received a 'B ++' grade from the National Assessment and Accreditation Council (NAAC). Our institution stands for women's education, and we celebrate 60 years of our commitment to making education available to women from all strata of society. The college has been awarded with UGC Status: College with Potential for Excellence (CPE) in 2016. The college has also received the SNDT WU Best College Award for 2017-2018.

Today we are recognized as an institution with a reputation for creating capable and responsible citizens for our country through quality education.

Vision

Empowerment of Women through Quality Education to make them Competent, Self-reliant, and Responsible Homemakers, Professionals, and Citizens.

Mission

Education for a living and for making a better living.

Objectives

- All round personality development of students
- Training students to be responsible citizens with awareness-raising programs and activities
- To make higher education more relevant, need-based and skill-based
- To lay the foundation for a progressive and prosperous future for the students

Brief History of our N.S.S. Unit

Our NSS Unit was established in 1970 with 5 NSS volunteers under the leadership of our Management, Principal Dr. Dhairayabala Vora, and NSS Programme Officer Mrudulaben Shah. The junior college NSS Unit started in 1996. Today our NSS Unit has 300-degree college volunteers and 100 junior college volunteers. There are 3 Programme Officers (POs) from the degree college and 2 POs from the junior college.

The College is situated in the centre of Mumbai and close to Asia's largest slum community at Dharavi. Other slum pockets like the Antophill area, Guru Tej Bahadur Nagar, and Wadala Gate no. 4. Our college offers services through social work in these neighbourhoods. Our students residing in these areas also benefit from the outreach programs carried out by the NSS Unit in these areas. Our Management, Principal, and teachers actively take part in collaborating with various NGOs to conduct extension activities. NSS's motto is Not Me But You and our NSS Unit is proud of the fact that along with regular NSS volunteers, several alumni are still associated and contribute to all NSS regular activities and special camps. Regular NSS activities include voter awareness, tree plantation, medical check-up camps, awareness rallies for gender sensitization, anti-smoking, anti-alcoholism, anti-drugs, AIDS awareness, and so on, blood donation camps, freeship, and notebook distribution. A few significant activities include the adoption of a slum community at Wadala Gate no. 4 in the college neighbourhood, King's Circle Railway Station, and Mamnoli village in Thane district. These adoptions have been approved by SNDT Women's University under Munijjan Yojana of the Government of India, station Master King's Circle station, and the Gram Panchayat of Mamnoli village respectively. In all three adopted areas, NSS works towards enabling the community through awareness activities and skill-building activities for socioeconomic empowerment. Through these activities our students have benefited in many ways - all-round personality development, leadership quality, value education, team building and teamwork, caring, sharing, understanding other views and respecting them, confidence building, and identifying with the cultural and traditional diversity of the country and creating the consciousness towards nation building.

<u>Special Project – Mutthi Anaaj Daan</u>

The simple and highly fruitful concept MAKE A DIFFERENCE through MUTTHI ANAAJ DAAN (M.A.D) is a thought that first came to a group of an enthusiastic young group of friends who wanted to Make a Difference for the underprivileged. With basic maths and other related technicalities, they chalked up as an effective plan of action. For M.A.D., all one has to do is put a fistful of grain in a plastic jar over a month at home while cooking and hand it over to the team. That respective contribution is checked, packed, and distributed to the people in need. However, careful monitoring is implemented to make sure that the correct MAD process is being practiced. Colleges that take up the responsibility of distributing the collected grains are thoroughly screened along with their accounting books, and records of the donors and the recipients. M.A.D. being tied in with education, only those continuing with their education are eligible to benefit with 5 kg rice and 2 kg tur daal every month.

M.A.D got the proverbial boost in May 2014 with a huge contribution by the Lions Club of Sion to the NSS unit of Smt. M.M.P. Shah Women's College of Arts and Commerce, Matunga towards 125 girls who came from impoverished areas like Dharavi, Sion, Matunga, Kurla, and Wadala gate number 4, etc. The number of beneficiaries increased since June 2016 from 125 to 250 and from September 2017 five more students were included. This year also 300 needy students were benefited from this noble project.

To continue the services during vacation the N.S.S unit plans to give them grains before Diwali and summer vacation in advance. So that there is no discontinuation of services.

<u>May</u> <u>Summer Camp</u>

Summer camp offers children the chance to foster independence, build confidence, socialize, make friends, and learn new things.

Objectives

"The best way to find yourself is to lose yourself in the service of others." ~ Mahatma Gandhi

The objectives of the camp were:

- 1. To expose the NSS volunteers to rurality (RURAL-REALITY), and its challenges
- 2. To understand the rural issues and engage them with Swachchta and other activities.
- 3. To facilitate the personal growth and social skills of NSS volunteers
- 4. Identify the needs and problems of the community and involve them in the problem-solving process.
- 5. Develop among themselves a sense of social and civic responsibility.
- 6. Utilize their knowledge in finding practical solutions to individual and community problems.

NCC and NSS Unit collaborated with Mumbai Smile to organize a summer camp from May 2nd to May 8th, 2023 in Vanicha Pada, Aarey Colony at Goregaon East.

Day 1 - 2nd May 2023

The summer camp was inaugurated by Principal Dr. Archana Patki, NSS zonal coordinator Renuka Prajapati, Lt. Suvarna Joshi, and Mumbai Smile organization members. 59 children participated in jogging, running, slow walking, and stretching exercises. The "Mumbai Smiles" organization gave a lecture on "Human Trafficking". The Psychology Department divided children into age groups and played educational games. The session ended with singing songs, including 'Hum Honge Kamyaab Ek Din'.

Day $2 - 3^{rd}$ May 2023

Lt. Suvarna Joshi led a warm-up session for 38 children, dividing them into two groups for games. The younger children participated in a running race and a Maharashtrian game called "Mama ch Patra Haravla." They introduced themselves in English, with some needing help. The older children played wrestling and backflips, becoming more confident after learning techniques. The NSS Unit delivered a lecture on setting goals, career options, and having a strong plan. The children learned "Itni Shakti Hame Dena Data" and shared Sachin Tendulkar's inspiring life story.

Day 3 – 4th May 2023

The session focused on children's artistic skills in drawing and painting. Renuka ma'am introduced Pada and its development, while Lt. Suvarna Joshi led a warm-up session. The children played games, with younger ones playing 'Sunday-Monday' and 'Passing the Handkerchief', and older ones playing 'Dog and Bone'. After lunch, they were given freedom to draw various images, including houses, landscapes, flowerpots, mountains, and seas. Some

struggling children were assisted by their peers. Art supplies were provided, and the children sang a song taught by the NSS Volunteers, "Itni Shakti Hame Dena Data."

Day $4 - 5^{th}$ May 2023

The children participated in various physical activities led by Lt. Suvarna Joshi, including warm-up exercises, games like "Hold the Pole" and "Khamb-Khamb-Khambodi," and a distance running race. They learned Kho-Kho and Lezim dance, a prominent art form in Maharashtra. The children were divided into two groups: younger children played 'Passing the Ball', while older children played 'Kho-Kho'. After lunch, Lt. Suvarna Joshi taught the elder children how to play lezim. Later, they played Kabaddi and sang a song taught by the **NSS** Volunteers. Hanuman Chalisa taught child. was also to each

Mrs. Renuka Prajapti, NSS Zonal Cordinator, Dr. Rekha Shelar, and Ms. Soni Singh visited the Vanicha Pada to interact with the women. They expressed issues related to health, employment, and education, and how the children of the pada are unable to continue their studies due to inadequate education resources and their low-income status.

Day $5 - 6^{th}$ May 2023

The activities focused on balance, quilling, waste management, and Lezim, a popular art in Maharashtra. Lt. Suvarna Joshi led a warm-up session for 38 children, who then received a CRAFT lesson from the Sociology Department. They learned how to create simple flowers using Quill Paper. After lunch, the children continued playing Lezim, then learned how to make a pen stand using a plastic bottle. They also sang a song from the NSS Department and learned the 'Hanuman Chalisa'. The session ended with lunch and interaction with the cadets before returning home.

Day 6 – 7th May 2023

Tribal women and girls were educated about personal hygiene during their menstrual cycle through activities led by ANO Lt. Suvarna Joshi and the DAF Foundation. They learned about maintaining cleanliness and the consequences of neglecting their care. The DAF Foundation and NSS volunteers taught children about brushing teeth, dental hygiene, and games like 'Three-Legged Race'. After lunch, the DAF Foundation gave a lecture on menstrual health awareness, emphasizing the importance of personal hygiene for both young girls and married women. They also cleared up myths about menstrual health. A Q&A round was conducted, and Stayfree sanitary napkins were distributed to promote menstrual hygiene. The children also learned how to use sanitary napkins and why. The session concluded with children singing two songs from the NSS Unit

Day 7 – 8^{th} May 2023

The NSS Unit conducted activities to educate young people about the importance of education and good & bad touch. They held a drawing competition, hurdle race, and street play to discuss the concept. The activities highlighted the negative impact of inappropriate touch on women and girls, as well as the harmful effects of alcohol, tobacco, and smoking on young people's health. Cadets cleared doubts about good and bad touch, and children performed Lezim. They also taught children a song called "Itni Shakti Hame Dena Data" and shared lunch with them before returning home. The activities aimed to raise awareness about the harmful effects of these habits on future generations.

During the valedictory function on the final day, children were presented with gifts based on their interests and hobbies. During the event, the NSS PO emphasized the significance of social work and encouraged everyone to contribute to a good cause in their lives. Additionally, she extended a formal vote of thanks to all the participants.

Outcome:

- NSS Volunteers developed unity, team spirit, discipline, and patience through participation in various camp activities.
- The session brought up a new side of the volunteers, in which their imaginative and creative abilities shone brighter
- Eradicated social taboos and myths regarding menstruation
- The proper way to use and dispose of sanitary napkins.
- This helped women and girls adapt to the modern outlook and change their lives regarding menstrual hygiene by realizing its importance.





































JUNE

MARINE ECOSYSTEM AND POLLUTION

5th June 2023, on the Occasion of World Environment Day NSS Unit of Smt. Maniben M. P Shah Women's College has organized an awareness session by an expert on "Marine Ecosystem and Pollution". Environment Day is celebrated to raise awareness and encourage global action for the protection of our environment. The Eminent Resource was Mr. Swanand Gawde. The session started with a welcome address by Principal Dr. Archana Patki. After That Guest speaker explained the Marine Ecosystem and Coastal Diversity of Mumbai, he also explained the sources of marine diversity, and effects of Plastic Pollution on Marine life, and what precautions to take to avoid pollution. He showed the small video clip to Awareness of environmental issues. He promotes the conservation of marine ecology and reducing plastic waste in our oceans, before the session, sir sends a Pre-test and after the session, he sends Post post-test also. The session was attended by 35 NSS Volunteers, 3 NSS PO along with, and 3 teachers attend the session.









INTERNATIONAL YOGA DAY

International Yoga Day is observed every year on June 21st to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice that plays an important role in relaxing the mind and body and boosting people's immune systems.

Objectives:

- To raise awareness among the students regarding the amazing and natural benefits of yoga to have good health.
- To connect students to nature by practicing yoga.
- To help students in their bad situations by getting relief from stress through yoga.
- Encourage students to practice regular yoga to remain fit and improve concentration
- To protect unhealthy practices and promote the mental and physical health of students through yoga practice.
- To integrate moral values and attain a higher level of consciousness.

Today, on 21st June 2023, Smt. Maniben M. P. Shah Women's College of Arts and Commerce, NSS unit in collaboration with NCC and the sports department had organized various activities to celebrate the 9th International Day of Yoga under the theme, 'Yoga for Vasudhaiva Kutumbakam' or 'Yoga for the Welfare of All as One World-One Family', which was attended by teachers and students with great enthusiasm.

In charge, Principal Dr. Archana Patki, Vice Principal Dr. Avneesh Bhatt, and Junior College Vice Principal Ms. Sangita Singh also participated in the celebration. The function began by welcoming all and a brief introduction of Yoga and Yoga Day by NCC CDT Hrishita Kadlag

Dr. Archana Patki welcomed & thanked the resource person Ms. Sujata Dalvi, Certified Yoga trainer with Swami Vivekanand Kendra, Dadar for accepting the invitation & guiding the students.

The function began with a yoga prayer by Ms. Vandana Saha, sports instructor.

Welcome speech was delivered by the In-charge Principal Dr. Archana Patki where she put the accent on the importance of yoga on the body & mind.





Vice-Principal Dr. Avneesh Bhatt also spoke about how breathing & stretching exercises help us to remain active & energized throughout the day.

A brief introduction of the guest, Ms. Sujata Dalvi, was given by Ms. Sushma Bhoir, the NSS member.

Ms. Sujata Dalvi was felicitated by the Vice-Principal Dr. Avneesh Bhatt by presenting a Tulsi sapling.

Ms. Sujata Dalvi commences the session by explaining the importance of Yoga in the life of youngsters. She explained that regular practice of Yoga will help the students achieve better mental and physical health.



Ms. Dalvi started Yoga demonstrations with a game. After this, a few warm-ups and simple Asanas were performed by the students and the teachers enthusiastically and the importance of these Asanas was explained simultaneously by Ms. Dalvi



Along with various aasanas, some interesting games related to yoga were also enjoyed by the students which helped them to release tension & stress. Finally, the session ended with Shavaasana for full body & mind relaxation and also taking Yoga pledge by Ms. Vandana and was repeated by the students.



The function ended with a vote of thanks by Lt. Suvarna Joshi. After thanking all, the National Anthem was sung by everyone. A total of 195 students along with all NSS PO., teachers & non-teaching staff attended the workshop.

Besides these posters making & slogan competition was organized to focus on the benefits of yoga, The best 3 posters were selected by the guests & certificates were awarded to the winners.



Poster making competition







Videos by teachers & students

Videos regarding "Yoga Awareness" were prepared by our teachers & students which were forwarded to various students, teachers & friends in WhatsApp groups to spread awareness about yoga.

An e-quiz related to yoga awareness was prepared & circulated among all the students & staff members. Participants were awarded e-certificates.

	Quiz on Yoga Day
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Greetin	gs from Smt. M. M. P. Shah Women's of Arts & Commerce (Autonomous).
College	of Arts & Commerce (Autonomous).
We are	glad to inform you that N.S.S. Unit in
We are	oration with NCC and sports unit is
We are collabo	
We are collabo	oration with NCC and spor <mark>ts unit is</mark> sing an Online Quiz Programme on the

On this occasion, NSS Program officer Dr. Rekha Shelar and NSS team members Ms. Soni Singh, Ms. Sushma Bhoir, Ms. Shweta Jagad, Ms. Rashmi Tupe, Lt. Suvarna Joshi & Sports Committee – Ms. Vandana Saha, sports instructor along with all the faculty and office staff put in a lot of effort to make the function a success.

Outcome:

Students understand

The various means of overcoming stress naturally without resorting to any artificial medicine.

Eliminate all types of negativities from their lives and gain control over their emotions as well as health ailments

To practice mental hygiene.

To possess emotional stability and to integrate moral values.

To get rid of stress that accumulates daily in both the body and the mind.

Children got the chance to know how yoga embodies the harmony of mind and body

SESSION ON E-WASTE MANAGEMENT

On 23rd June 2023, Criteria VII and N.S.S Unit of Smt. Maniben. M. P. Shah Women's College of Arts and Commerce Collaboration with Sanskar India Foundation organized a Session on E. Waste Management and Collection Drive by Ms. Shruti Vasisth, along with Ms. Aruna Chavan and Ms. Chitra Kare ". More than 155 students along with one PO attended the session.

Objective:

- Reduce, reuse & recycle.
- Creating awareness about the hazardous effects of e-waste among the youth
- Control pollution caused by e-waste





CITIZEN'S PARTICIPATION SURVEY

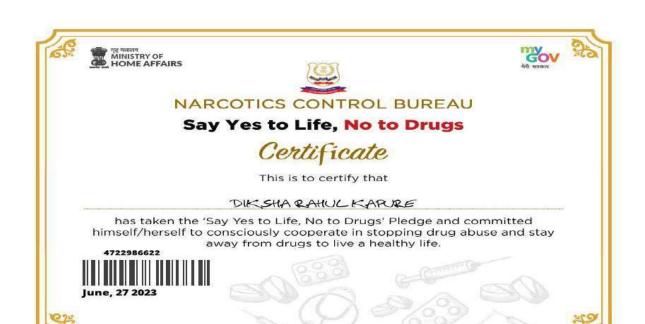
On 27th June 2023, the NSS unit in collaboration with Mumbai Citizens Forum and TISS organised a training session about the Citizens participation survey. The session was taken by Dr. Kedar Diwan. A total of 91 NSS Volunteers and 3 POs attend the session.

The purposes of citizen participation include communicating information, developing relationships, developing the capacity to act, and preserving or changing conditions.

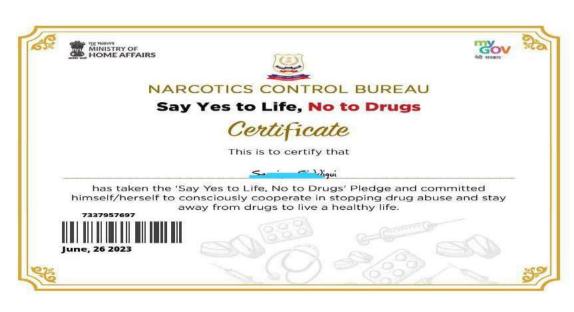


E-PLEDGE ON THE FIGHT AGAINST DRUG ABUSE & ILLICIT TRAFFICKING

On 27th June 2023, the NSS Unit of Smt Maniben M. P. Shah Women's College of Arts and Commerce (Autonomous) Matunga and Narcotics Control Bureau, Mumbai Zone collectively taking E-pledge on the fight against drug abuse & illicit trafficking. A total of more than 150 students participated and received an E. Certificate.







SESSION ON PREMENSTRUAL SYNDROME

On 30th June 2023, NSS Unit, Criteria VII in collaboration with Lions Club of Sion conducted the session on Premenstrual syndrome by Dr. Saujata Dalvi. A total no. 145 students attended this session. In this session, she explained What is PMS, Who gets PMS, Does PMS changes with age, what are the symptoms of PMS, what causes PMS, how is PMS diagnosed, how PMS affects other health problems and what can we do at home to get relives from PMS symptoms, etc. The main objective of this session was to provide participants with a range of effective coping strategies and management techniques to help them better manage and alleviate PMS symptoms, thereby improving their quality of life and overall well-being.









JULY

TREE PLANTATION DRIVE

On 4th July 2023, NSS Unit in collaboration with the Lions Club of Sion was conducted a tress plantation drive on the college campus. Total 10 plants were planted in the sourrounding area of the campus. Around 15 NSS volunteers were participated.



SESSION ON MANGROVES

On 5th July 2023, the NSS Unit in Collaboration with United Way Organised an Awareness session On Mangroves. By Mr. Tushar Warang. Total 82 students attend.He describe & explain the features and importance of mangroves, Ways to protect the mangroves and Conservation of Mangroves





MUTTHI ANAAJ DAAN

On 8th July 2023A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit in collaboration with Lions Club of Sion the students were distributed rice and dal as a part of the program. 250 students were fortunate to get 5 kg of Rice and 2 kg of dal. Chief Guest was Lion Jagannathroa Hedge, DG 2023-24, Guest of Honour – Lion Surekha Hegde, Lion Sanjay Chury, and Lion Wardha Chury.

On the same day,125 dozen Notebooks and 50 Hindi Reliable is also given to the needy students.









WORLD POPULATION DAY

11th July 2023 On the occasion of World Population Day, the NSS Unit organized an Elocution and Poster and slogan-making competition, A total of 15 students participated in this event. The purpose of this is to raise awareness among the public about the effects of overpopulation on humans and the environment, to educate teenagers and young adults and to increase people's awareness of various population issues such as the importance of family planning, gender equality, poverty, maternal health, and human rights.





GUEST LECTURE

On 14th July 2023. Leo Club of MMP Shah College and NSS Unit jointly organized the Guest lecture on "I Create My Destiny - steps towards My Dream Future". The guest Speaker was Ms. Shamshunnisa K. Jailor. A total of 19 Leos and 11 NSS volunteers were 2 NSS POs present for the same.

The purpose is to inspire and empower individuals to take ownership of their lives, pursue their passions with determination, and create a fulfilling and meaningful future aligned with their dreams and aspirations. The importance of goal setting and future planning.









VISITED AT ADOPTED AREA MAMNOLI

On 17th July 2023Students of Zilla Parishad School Mamnoli celebrated Deep Amawasya with the lighting of the diya on this occasion through the NSS unit of MMP Shah College, Lions Club of Sion donated 10 chairs, 2 fans, and science models, which cost Rs 12000/ and Falguni mam sponsored biscuits packets to 125 students.

On the same day, another project at Dahivali Aadiwasi school through our NSS unit Lions Club of Sion donated 20 benches, which cost Rs. 50000/ and Falguni mam donated biscuits packets to 120 students.





VISIT TO VANICHA PADA

On 18th July 2023, the NSS Unit conducted door-to-door awareness on Population control and distributed the fruits to Aadivasi Women and children at Vanicha Pada Arrey Colony Goregoan. After the survey volunteers has performed the Stik ok 'Population Explosion'. The purpose of this was to Raise awareness about the importance of population control for sustainable development, Educate individuals about the environmental, social, and economic impacts of overpopulation & Encourage responsible family planning practices to ensure a balanced and prosperous future for all.









SELF-DÉFENSE TRAINING WORKSHOP

20th July 2023"Rajmata Jijabai Girls Self Défense Training Workshop" was organized in association with SNDT Women's University Mumbai, Student Welfare, Indian Women Empowerment and Department of Women and Child Development, Government of Maharashtra.

In this Training, Smt. Ragini Chandratre delivered a lecture on "Violence against Women and Girls - Concept and Current Status". Student Welfare Ms. Nidhi Gala also guided the students. More than 30 NSS Volunteers participated in the Workshop in Patkar Hall building SNDT Women's University Churchgate.





TWO DAYS INTERCOLLEGIATE CAMP

On 23rd July 2023, 6 NSS volunteers along with 1 teacher attended this camp. Gram Swaraj Samiti organized a two-day Intercollegiate Camp from 22 July to 23 July for different colleges and conducted various activities in the camp. The main motive of the camp is to conduct Rice Paddy Plantation and Old age home visits. Our Volunteers did field work like plucking unwanted grass and rice plantations also they visited Old Age homes and had a conversation with them. The camp had great success and Volunteers learned new skills with the same.





WORKSHOP ON "BEST OUT OF WASTE"

On 25th July 2023, Leo Club of MMP Shah College twinning with the NSS unit organised a workshop on "Best Out of Waste". Resource person: Miss. Ramani Mani, a Total of 72 students were present.









E-WASTE MANAGEMENT

On 26th July 2023 the NSS Unit in collaboration with Criteria VII organised the E Waste Management we collected 163.9 kg e waste and submitted it to Sanskaar India. The college will get a certificate to this effect.





ELOCUTION COMPETITION ON "YUVA SAMVAD - INDIA@2047"

On 31st July 2023, the NSS unit organized a college-level elocution Competition On "Yuva Samvad - India@2047" A Total of 38, students expressed their views on different Panch Pran. 3judges and 2 NSS POs attended.









REPORT OF "YUVA SAMVAD - INDIA @ 2047"



India is celebrating and commemorating Azadi Ka Amrit Mahotsav- the 75th year of Independence and the glorious history of her people, culture, and achievements. Hon'ble PM Shri Narendra Modiji has gifted the mantra of Panch Pran; a vision of India@2047 in the age of Amrit Kaal.

These Prans shall play a vital role in ensuring the vision of Bharat as Vishwaguru in 2047. Hence the youth need to understand and adopt the Panch Pran in the age of Amrit Kaal.

As a part of this program our NSS unit of Smt. Maniben M. P. Shah Women's College of Arts and Commerce, (Autonomous) - Mumbai, in collaboration with NSS Cell of SNDT Women's University (Mumbai) had organized a zonal Elocution Competition under "Yuva Samvad - India @ 2047" based on the theme "India's Panch Pran- A Youth Dialogue" on 4th August 2023.

The topics for the elocution were as per the government guidelines based on Panch Pran which were as follows:

- 1. Goal of Developed India.
- 2. Removing any Trace of the Colonial Mindset.
- 3. Taking Pride in our Legacy.
- 4. Unity and Solidarity.
- 5. Sense of duty among citizens.

The program was headed by NSS PO, Dr. Rekha Shelar along with other NSS POs, NSS members & volunteers under the expert guidance and support of the NSS zonal coordinator (Mumbai A & B zone) Mrs. Renuka Prajapti.

In charge, Principal Dr. Archana Patki, Vice Principal Dr. Avneesh Bhatt graced the program along with NSS Zonal coordinator Mrs. Renuka Prajapati, NSS PO's Dr. Bhavana Premchand, Dr. Rekha Shelar and other NSS members and volunteers.

The function began with a prayer by Ms. Madhavi, an NSS volunteer, and lighting of the lamp by the chief guest Prof. Ram Punjyani along with Principal, Vice principal, subject expert Major Dr. Jyoti Khambata, moderator Mr. Dnyaneshwar and the three judges Mrs. Priti Patil, Mr. Bajrang Sonavne & Dr. C. P. Singh.

The Welcome speech was delivered by the Principal Dr. Archana Patki where she welcomed & thanked all the invitees for accepting the invitation. She also wished all the participants in the competition.

NSS zonal coordinator Mrs. Renuka Prajapati described the theme "Aazadi ka Amrit Mahotsav to Amrit Kaal" in detail

A brief introduction of the chief guest, Prof. Ram Punyani was given by Dr. Bhavana Premchand NSS PO. Dr. Rekha Shelar NSS PO introduced the subject expert & moderator and Dr. Swati Mohite introduced the judges.

All the dignitaries were felicitated by the Principal Dr. Archana Patki & Vice-Principal Dr. Avneesh Bhatt

Chief guest Prof. Ram Punjyani addressed all the participants & students. He explained to them the power of youth and how they can make a difference to the nation by providing their services in nation-building.

Mr. Bajrang Sonavne sang and taught a song "Jai Jagat, ...Jai Jagat...." related to global unity and yuva shakti. Mr. Dyneshwar presented a song from his film Aadivasi.

A total of 337 students attended the program, total participants who registered for the competition were 42 from 10 colleges affiliated to SNDT University of Mumbai. A total of 37 students actively participated in the Yuva Samvad competition.

10 winners were announced by subject expert Dr. Jyoti Khambata who were selected for the University Level final competition as follows:

Rank	Code	Participants Name	Contact No.	Pran Selected	Medium Language	College
I	26	Komal Mahadev Rampure	7700073057	Unity and solidarity		Smt. Maniben M. P Shah Women's College Arts and Commerce, Matunga
II	14	Shraddha Sandeep Phajage	9987016804	Goal of Developed India		Smt. Maniben M. P Shah Women's College Arts and Commerce, Matunga
III	34	Sejal Shukla	7039965108	Sense of duty among citizens		B. M. Ruia Girls College
IV	42	Khan Iqra Sartaj	8097984771	Remove any Trace of Slavery in the Colonial Mindset		Smt. Maniben M. P Shah Women's College Arts and Commerce, Matunga
V	24	Shreya Nakarja	9137308837	Goal of Developed India		Smt. P. N. Doshi Women's College. Ghatkopar
VI	25	Purva Jitendra Patil	9021308087	Take Pride in our heritage and legacy		Usha Mittal Institute of Technology
VII	08	Sanskruti Sandeep Patil	8788792571	Unity and solidarity		Smt. P. N. Doshi Women's College. Ghatkopar
VIII	10	Yukta Amit Mehta	9867375764	Unity and solidarity		Smt. Maniben M. P Shah Women's College Arts and Commerce, Matunga
IX	39	Shivanshi Sureshkumar Gupta	8080685785	Take Pride in our heritage and legacy		Usha Mittal Institute of Technology
X	17	Komal Pathak	8693813543	Take Pride in our heritage and legacy		Smt. P. N. Doshi Women's College. Ghatkopar

The program ended with a vote of thanks by Dr. Rashmi Tupe followed by National Anthem. Program anchored by Sushma Bhoir.

All the participants were presented participation E-Certificate & the winners were awarded participation and winner E-Certificates

Outcome:

- This event provided an opportunity for the participating youth to express their views on various issues of National and International importance.
- Provided a platform for the youth to connect, participate in building a collective vision for the country's future, and share their views.
- Motivated & sensitized the youth to join the work of volunteering their services for nation-building.

Organising Committee:

- Dr. Archana Patki I/C Principal
- Mrs. Renuka Prajapati NSS Zonal coordinator University
- Dr. Bhavana Premchand NSS PO.
- Dr. Rekha Shelar NSS PO.
- Ms. Soni Singh NSS PO.
- Mr. Mandar Gawde NSS PO.
- Mr. Rakesh Singh Project Officer.
- Dr. Daksha Dave Member
- Dr. Swati Mohite Member.
- Dr. Rashmi Tupe Member.
- Ms. Sushm Bhoir Member.
- Ms. Nikhila Parab Member.
- Dr. Prashant Deshpande Member.
- Mrs. Neelam Singh Member.
- Ms. Ramani Naidu Member.
- Mr. Yasin Technical Support

Inauguration

Photo Gallery











Yuva Samvad India @2047 Invitation Notice



Registration



Dignitaries on the dais



Contestants & audience



Chief Guest motivating the students



Contestant expresses her views & thoughts



Judging in process



Contestants

MUTTHI ANAAJ DAAN

On 5th August 2023, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit in collaboration with the Lions Club of Sion the students were distributed rice and dal as a part of the program. 250 students were fortunate to get 5 kg of Rice and 2 kg of dal. Donor Inner Wheel Club of Bombay Airport Tiara president – Alpa Apoorva Thru Geo Roti Ghar (Rajesh Rasiklal Shah & Mitesh Shah)









HIROSHIMA SILENT PEACE RALLY

On 5th August 2023, 45 volunteers participated in the Hiroshima Day rally organized by Sarvodaya Mandal Mumbai from Azad Maidan to Hutatma Chowk to mark the 74th anniversary of the atomic bomb attack on the Japanese cities of Hiroshima and Nagasaki by the USA during World War II. Volunteers held banners and poster displaying their agitation against disharmony in the world and expressed a need for tranquillity. Large banners bearing slogans like 'No More Hiroshima', 'We want to grow up, not blow up', and 'No: Bomb Yes: Peace' was abundantly visible. The participants took a pledge to work for peace and a nuclear-free world.

On same day Rally from college to Maheshwari udhyan was conducted by the NSS Unit of college for Silent Peace Rally. Total 20 volunteers has participated for same









RAKHI SELLING

7 th August 2023 to 25 th August 2023, NSS volunteers helped Divyang children of & Dr. A.V. Mehta"s V.D.Indian Society for Mentally Challenged Vocational Training Centre, Malad. NSS Volunteers Selled Rakhi, to the college students by visiting all the classrooms with view to give a forum to the differentlyable students to display their skills and talents. It also provided valuable revenue for the rehabilitation center. Total 25 NSS volunteers had taken part.





BEACH CLEAN-UP DRIVE

On 8th August 2023 NSS unit of Smt. Maniben M. P. Shah Women's College in collaboration with United Way Mumbai organised a Beach Clean Drive at Chimbai Beach, Bandra. A total of 20 NSS volunteers took part in the same.













TRAINING WORKSHOP ON RRC

On 8th August 2023, 5 NSS volunteers attended a one-day Peer Educator Training workshop on RRC at Mumbai Districts AIDS Control Society, Acworth Complex.









WORLD TRIBAL DAY - 2023

The World Tribal Day is observed on 9 August each year to raise awareness and protect the rights of the world's tribal population.

Objective:

- To highlight the role of tribal people.
- To spread awareness of the difficulties and problems that the tribal populations face.
- To promote and protect the rights, communities, and knowledge of the tribal population.

Today, on 9th August 2023, the NSS unit of Smt. Maniben M. P. Shah Women's College of Arts and Commerce, observed the World Tribal Day -2023 by screening a documentary on the tribal people of India.

135 NSS volunteers were present on this occasion.

Teachers & students expressed their views and thoughts about the tribal people. They also shared how we can make a difference in their life.

Under the theme "India's Panch Pran – A Youth Dialogue" the Panch Pran Pledge was taken by students in different classes. Around 350 students took a pledge on this occasion.

Outcome:

- This event will help the students to acknowledge the important contributions and achievements of the tribal communities.
- They will be aware of their distinctive cultures, languages, customs, and social contributions.





REPORT OF "MERI MAATI MERA DESH"

From 9th August to 15th August 2023, the 76th Independence Day of the country was celebrated with a special campaign named 'Meri Maati Mera Desh.'

The 'Meri Maati Mera Desh' campaign is an idea to celebrate India's soil and valour. And to enhance interaction & promote mutual understanding between people of different states/union territories.

Objective:

- To honour and appreciate the martyred brave hearts
- To pay tribute to the freedom fighters and to make the young generation aware of the sacrifices they have made for our country's freedom.
- Inspire the youth population of the country during Amrit Kaal to direct their youth power in the direction of 'India@2047' as a Global Leader.



Under the initiative of "Meri Maati Mera Desh" NSS unit of Smt. Maniben M.P. Shah Women's College organized a series of activities and programs as follows Our NSS volunteers received E-certificates for participating in the 'Meri Maati Mera Desh oath'









DOCUMENTARY FILM SCREENING

On 11th August 2023, a short documentary film screening was organized on "Veeron Ka Vandan- Honouring Freedom Fighters". To pay tribute to the freedom fighters and to make the young generation aware of the sacrifices they have made for our country's freedom. A total of 70 NSS volunteers were present for the screening.

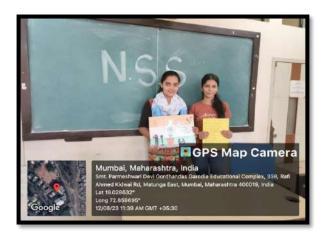


12th August 2023, an essay writing, poster making and slogan writing competition was organized. 38 students participated in the essay writing competition and 33 students participated in the slogan writing and poster making competition. The main aim of conducting this activity is to extend our gratitude to unsung heroes of the freedom struggle and pay homage to our courageous defenders. And also, to help students to take care of our planet and respect our braves.









CELEBRATION OF MERI MAATI MERA DESH

A Rally was organized on 14th August 2023 from college to Maheshwari Udyan to mark the celebration of Aazadi ka Amrit Mahotsav.

Principal Dr. Archana Patki inaugurated the rally by waving the flag. A total of 70 NSS volunteers, 6 NSS POs, and 4 NSS members participated in the rally. Volunteers shouted slogans by holding banners & posters having social messages and slogans. On this account, SMES Hon. Secretaries Dr. Bharat Pathak, Shri Vasant Khetani & Lion Vinod Dawda & Lion Usha Sampat graced the occasion with their presence.









To promote the theme 'Meri Maati Mera Desh' students, teaching & non-teaching staff were motivated to plant more trees, in the NSS unit by presenting a sapling as a token of love to the students, NSS POs, teaching and non-teaching staff. A total of 30 saplings were distributed on this occasion.













On the same day, 8 saplings were planted in the college premises by Principal Madam, Vice Principal Dr. Avaneesh Bhatt & other NSS members.

















On 15th August 2023, the NSS Unit & NCC Department celebrated the 76th Independence Day on the college premises. During the celebration flag was hoisted by Dr. Dilip Trivedi, the President of SMES. After this Oath ceremony, silent drill, rifle drill, and chair yoga were demonstrated by the NCC cadets. In this event, NSS POs, NCC Members, teachers, and students were present for the same.















 $\mathop{\hbox{NSS}}\nolimits$ PO & students took a selfie by hoisting the flag in their house under Har Ghar Tiranga Abhiyan













Outcome:

The student became aware and sensitized about:-

- Their duty to pay tribute and show respect to our great freedom fighters and soldiers whose constant hard work and sacrifice brought us freedom.
- To protect, nurture, and preserve the land that has given us so much and also care for our land as a part of our national family.
- To adopt sustainable practices, reduce waste, and protect our natural resources for the sake of the land and the generations yet to come.
- Duty to care for, protect, and celebrate the land that we call home.

To unite, conserve, and uphold the values that make our nation truly great.

ORGAN DONATION

On 14th August 2023, NSS Unit has organised Poster & Slogan Competition on "Body Organ Donation". The competition aimed to raise awareness about Organ Donation among students and teachers, encouraging them to express their thoughts through art and imagination. It encouraged students to express themselves through paintings and drawings, promoting the spirit of giving. Total 30 volunteers has participated.







SESSION ON MINDSET OF HIGH ACHIEVERS

On, 16th August 2023, the NSS unit and Leo club of Smt. MMP Shah College organized a session on the Mindset of High Achievers. The guest Speaker was Lion Santosh Kumar Chauhan. A total of 15 Leo members, 27 NSS Volunteers, and 02 NSS POs attended the session. The aim of this session was to encourage individuals to adopt a mindset focused on continuous learning, resilience, and embracing challenges as opportunities for growth.



TREE PLANTATION

On 17th August 2023, Under the theme of "Meri Maati Mera Desh" 2 saplings were planted in the college premises . Total 5 NSS Volunteers involved in Tree Plantation Drive





LEADERSHIP CAMP

NSS volunteers Sakshi Mahangare and Arya Chib attended a three-day leadership camp at Kushtharog Nivaran Samiti Shantiwan Panvel from August 24th to 26th, 2023. The camp aimed to provide leadership training, preparing youth to manage time, work in teams, set goals, start conversations, facilitate meetings, and make effective presentations, which will be beneficial in adulthood. The volunteers also visited the leprosy rehabitation center and surrounding areas.









YOUTH CHAT SHOW

On August 23rd and 28th, 2023, Shraddha Sandeep Phajage represented our college and SNDT Women's University at the Youth Chat Show organized by Prasar Bharati, Akashvani Mumbai, in collaboration with SNDT Women's University Mumbai. She presented an edited version on the topic of 'Mazya Swapnatil 2047 Madhil Bharat' and received an appreciation certificate and trophy from Akashvani Mumbai and also our Programme office Dr. Rekha Shelar received certificate for the coordinator.











RAKSHA BANDHAN CELEBRATION

On 29th August 2023, the NSS unit and Leo club of Smt. MMP Shah College celebrated Raksha Bandhan with our police officers. Students visited the Sion police station, Matunga police station, and King Circle Railway station to tie the Rakhi. They also tied rakhi to the College Watchman, college security guard, College campus guards, Canteen staff, and Peons. Total 8 NSS Volunteer













GUEST LECTURE

On 31st August 2023 NSS unit and Leo club of Smt. MMP Shah College organised a session on "Current Affairs" Guest Speaker was Mrs. Darshana Buch. Asst. Professor, MMP Shah Women's College. A total of 3 Leos 86 NSS Volunteers 2 NSS POs attended the session. The purpose for this lecture was to make students aware of the current .The purpose of staying informed about current affairs is to empower individuals to be active participants in society, make informed decisions, and navigate an increasingly complex and interconnected world.









MUTTHI ANAAJ DAAN

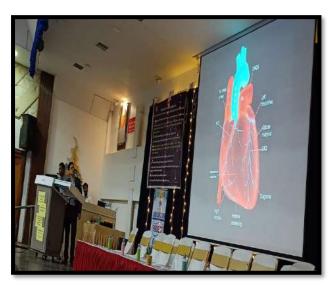
On 2nd September 2023, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit in collaboration with the Lions Club of Sion the students were distributed rice and dal as a part of the program. 300 students were fortunate to get 5 kg of Rice and 2 kg of dal—sponsor - Champaben Prabhudas Ramji Gokani Charitable Trust - Lion Bhartiben Pathak.

On the same day Seva Mandal Education Society, Lions Club of Sion, and Rotary Club of Queen Necklace, Mumbai organized a lecture on "Empowered Hearts: Unveiling the Secrets to Women's Cardiovascular Well-being".









ELOCUTION COMPETITION

On 2nd September 2023, Under the initiative of Swachhta Hi Seva Abhiyan NSS Unit in collaboration with the Marathi Department organized Elocution Competition On "Swachhata Hi Seva "A total of 13 Students expressed their views and thoughts about the Swachhata Hi Seva

SESSION ON "YOUTH AND SOCIAL RESPONSIBILITY"

On 12th September, 2023 NSS Unit Organised a Guest Lecture On, "Youth and Social Responsibility". Our Guest Speaker was Dr. Daxa Mavadiya. A total of 83 Volunteers attended the session. The session mainly sensitized on taking responsibility for one's actions. Students learned that to have promise towards society for making the balance and sustaining the society while working for the social, cultural, and ecological causes.







SESSION ON MOBILE DETOXIFICATION

On 12th September, the NSS unit and Leo Club of MMP Shah College organized a talk on Mobile Detoxification. The guest Speaker was Alpa Apoorva, Charter President – Inner wheel Club of Bombay Airport Tiara. A total of 110 students attended this session. To empower participants to take control of their relationship with technology, enabling them to use mobile devices more intentionally and mindfully, rather than being controlled by them.









HISTORICAL HERITAGE VISIT

On the 14th of September, 2023 NSS unit of MMP Shah College Matunga and the sports department organized a Historical Heritage Visit for students. Total 34 students participated. We visited 'The UNESCO Heritage CSMT Railway Station, the B. M. C. Building, the General Post Office (GPO), old buildings of fort areas, the Reserve Bank of India Coin Museum, the Dockyard of the Indian Naval area, 'Asiatic Society' State Central Library, Gateway of India and Museum. The aim of visiting historical heritage sites is to engage with the past, appreciate its significance, and derive meaning and value from the cultural and historical legacies that these sites represent.









COLLEGE LEVEL PRE REPUBLIC DAY SELECTION CAMP 2023-24

14th September, 2023, NSS Unit organised Pre Republic Day Selection Camp in college premises. Total 6 NSS Volunteers Participated in the camp. Our NSS Zonal Co-ordinator Renuka Prajapati, NSS PO Dr. Rekha Shelar and NCC Lt. Suvarna Joshi observed the students on the basis of variours parameters throughout the day like Height, Weight, Parade, Drill, Cultural, Sports and Personal Interview 4 NSS volunteers were selected for University Level Pre Republic Day Selection Camp 2023-24.







SESSION ON YOUTH LEADERSHIP DEVELOPMENT

15th September 2023, NSS Unit in Collaboration with Vivekananda Kendra organized "Youth Leadership Development Program and orientation" for students by Ms. Prutha Gokhale-Rajivadekar and team. She spoke to the students about leadership, its importance and what they have to do to be a good & ideal leader. Total 68 students & 2 NSS PO attended this program





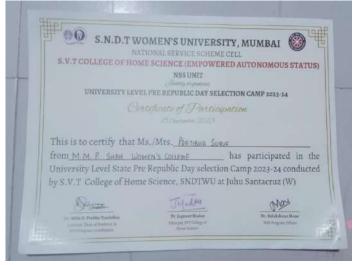


UNIVERSITY LEVEL PRE REPUBLIC DAY SELECTION CAMP 2023-24

15th September 2023, NSS Cell of S.N.D.T Women's University, Mumbai collaboration with S.V.T College of Homescience, NSS unit jointly organise University Level Pre Republic day Selection Camp 2023-24 Out of 4, 2 NSS Volunteers selected in the State level Pre RD Camp. Organise by S.V.T College of Homescience, SNDTWU at Juhu Santacruz.







SESSION ON MOBILE AND BRAIN

On 16th September, 2023 NSS unit & Leo club of MMP of MMP Shah College organised a lecture on Mobile and Brain. The guest speaker was Alpa Apoorva. Total 76 students attended. The purpose of this session was to inform participants about the potential effects of mobile phone usage on the brain, including cognitive functions, attention span, and mental well-being.









CELEBRATION OF 'MERI MAATI MERA DESH' SOIL COLLECTION

On 16th September 2023 NSS Unit of Smt. Maniben M.P. Shah Women's College celebrated 'Meri Maati Mera Desh' Soil was collected in the Amrit Kalash. Our esteemed Management members, Principal Dr Archana Patki, Teaching and non-teaching staff, students, and NSS Volunteers participated in this event. The selfie was clicked and uploaded on the link.









NSS DAY CELEBRATION

On 25th September 2023, on the occasion of National Service Scheme Day NSS unit organized Elocution. 10 students presented the importance of the National Service Scheme and they expressed a glance at various activities, and how their personalities developed. Besides this, those volunteers participated in various university-level events they also shared their experiences total of 46 students and 2 NSS Po attended the event.









RALLY ON SWACHHTA HI SEVA ABHIYAN

On 26th September 2023, Under the initiative of Swachhta Hi Seva Abhiyan, NSS Unit of Smt. M. M. P Shah Women's College Arts and Commerce (Autonomous) organized a Cleanliness and No Use Plastic Awareness Rally from College to Maheshwari Uddyan, The Rally was inaugurated by Principal Dr. Archana Patki and Vice Principal Dr. Avaneesh Bhatt. A total of 45 NSS Volunteers along with 2 NSS POs participated in this campaign.









OATH TAKING FOR SWACHHTA HI SEVA ABHIYAN

On 27th September 2023, Under the initiative of Swachhta Hi Seva Abhiyan, the NSS Unit of Smt. M. M. P. Shah Women's College Arts and Commerce (Autonomous) organized a visit to the classroom. 15 NSS volunteers along with 2 NSS PO went to different classrooms to educate students on the importance of cleanliness. They also held banners and slogans related to cleanliness and took an oath for Swachhta Shapath.









PRE RD-CAMP

From 25th to 29th September 2023, our 2 NSS volunteers Ms. Soni Samuel Dureswami, and Ms. Durga Shivdas Jogdand along with Team manager Smt. Renuka Prajapati, NSS Zonal Cordinator has activity participated in three days of National Pre-Republic Day Parade State Level Selection Camp, Organized by the NSS Regional Centre Pune, Ministry of Youth Affairs and Sports, Government of India and Department of Higher & Technical Education, Govt, of Maharashtra, Mumbai in Collaboration with NSS Cell, Punyashlok Ahilyadevi Holkar Solapur University Solapur.







BEACH CLEAN-UP DRIVE

On 30th September 2023, Juhu beach cleaning drive by the NSS unit, Leo club of MMP Shah College in collaboration with Lions Club of Sion and Debabrata Auro foundation. 27 NSS students and 1 teacher participated. The purpose is to spreading awareness about cleanliness in youth.









RALLY ON VYASANMUKTI

On 30th September 2023, on the occasion of Mahatma Gandhi and Lal Bahadur Shastri Jayanti Nashabandi Mandal, Maharashtra State in collaboration with the Department of Social Justice and Social Welfare, Government of Maharashtra Social Welfare Department Mumbai City University of Mumbai and SNDT Women's University NSS Cell, NCC and global human organization, organized Rally on Vyasan Mukti name 'Aami Chalattho Vyasan Mukti Sathi" at Azad Maidan to Gate Way of India our 35 NSS Volunteers attended the rally









KISHORI VIKAS UPAKRAM. PRASHIKSHAK PRASHIKSHANE (ADOLESCENT DEVELOPMENT. TRAIN THE TRAINER.)

From 29th September to 2nd October 2023, 4 NSS Volunteers Participated in State Level Residential Camp on Kishori Vikas Upakram, Prashikshak Prashikshane this camp is a Holistic Development of Adolescent Girls Full of Various Activities at Vivekananda Kendre Vayam, Pranav Nagri, Twin Solapur, Solapur.





SWACHHTA HI SEVA ABHIYAN PROJECT.

On 1st October 2023, on NSS Unit held a cleaning campaign as part of the Swachhta Hi Seva Abhiyan project. One NSS unit of 30 volunteers and two POs went to CST for the Swach Bharat Abhiyan Rally in collaboration with Brihanmumbai Municipal Corporation A Ward near CST.





Second Activities conducted same day on the 1st of October, 2023 the NSS Unit of Smt. M. M. P. Shah Women's College Arts and Commerce (Autonomous) held a cleaning campaign as part of the Swachhta Hi Seva Abhiyan project. 30 NSS volunteers with 2 PO assembled in college and cleaned the campus from 8:30 a.m. to,10: 00 a.m. They have cleaned different areas of the college under the cleanliness initiative.





Third Activities done on the same day 1st of October, 2023 the NSS Unit of Smt. M. M. P. Shah Women's College Arts and Commerce (Autonomous) held a cleaning campaign as part of the Swachhta Hi Seva Abhiyan project. ,10 Volunteers and 1 PO went to Wadala Road to clean the surrounding Area till our college Kidwai Road this activity was done in collaboration with BMC, Wadala with guidance from Mr. Ubale Sir and his team. At, 10:00 am to 11:20 am. They have provided Caps to the students and t-shirts and caps given to the PO. After the event, they served all the members with delicious snacks and Tea.





Fourth activities of NSS Unit of Smt. M. M. P. Shah Women's College Arts and Commerce (Autonomous) held a cleaning campaign as part of the Swachhta Hi Seva Abhiyan project. 15 students and 1 PO went to Reay Road Station to clean the station Awareness regarding cleaning the station with a slogan and post this activities collaboration with Reay Road Station Manager Shri. N.K. Sinha Sir.





GANDHI JAYANTI RALLY

On 2nd October 2023, on the Occasion of Gandhi Jayanti NSS unit in collaboration with the Lions Club of Sion organised a rally from the college to Tarachand Bapa Hospital and Sion area and MP Bhuta School Jain society. Approx. 170 students participated in this rally and Two NSS POs attended the Rally.





YUVA MAHOTSAV

On 5th & 6th October 2023, 10 NSS volunteers did voluntary work in University Yuva Mahotsav at Patakar Hall.







SESSION ON VALUES FOR CO-EXISTENCE & MUTTHI ANAAJ DAAN

On 7th October 2023, on the Occasion of Gandhi Jayanti NSS unit in collaboration with the Lions Club of Sion and Gandhian Studies Centre organised a session on Values for Co-Existence. The resource person was Dr. Ashwin Zala total of approx. 300 students attended the session.

On the same day A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the program. 300 students were fortunate to get 5 kg of Rice and 2 kg of dal. Chief Guest Second VDG - Lion Feroze Katrak, Guest of Honour Zone Chairperson - Lion Krishna Sampat and Sponsor - Lion Jaimini Thanawala, Amrut-Malti Medical Foundation



MENTAL HEALTH WEEK CELEBRATION

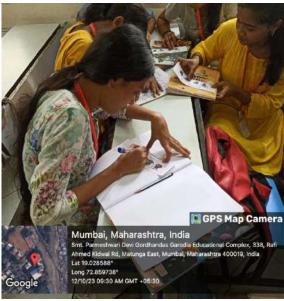
On 10th October 2023, on the Occasion of "Mental Health Week" our 20 NSS Volunteer attended the inaugural program on "Mental Health Week" Organized by SNDT Women's University, Department of Psychology & Department of Students Development at SNDT Women's University Patkar Hall Churchgate Campus.



WORKSHOP ON WORLD MENTAL DAY

On 12th October 2023, Department of Psyschology in collaboration with NSS Unit has organised the the workshop on World Mental Day by Ms. Hetvee Gala, Ms. Gia Kabadi, Ms. Ria Kolvekar ,Ms. Radhika Ramdhave. The main objective was to increase awareness and understanding of mental health issues, reducing stigma and fostering an open dialogue around mental well-being.









MENTAL HEALTH WEEK

On 13th October, 2023 NSS unit organized a session on "Improving Body Image" by Ms. Vedashree Bhagwat (College Counselor). This session was organized on the occasion of Mental Health Week. A total of 89 students along with two NSS PO attended this nourishing session. This session aims to enhance body image by promoting self-acceptance, challenging unrealistic beauty standards, and promoting a holistic approach to health and wellness. It emphasizes inner qualities over external appearance, empowering individuals to embrace their bodies confidently.



"MERI MAATI MERA DESH" KALASH YATRA

On 21st October 2023, Under the Initiative of "Meri Maati Mera Desh", the NSS Unit organized a Tree plantation drive at the adopted Area Vanicha Pada (Goregaon). A total of 50 trees were planted. Along with this drive, NSS volunteers conducted Kalash Yatra with posters and slogans to spread awareness about the importance of soil and respect towards the nation. A total of 35 NSS volunteers and 25 NCC cadets attended this program along with 3 NSS POs, the Project manager, and Lt. Suvarna Joshi.









KHADI UTSAV

On 28th October 2023, The NSS Unit organized a Khadi Mahotsav event, including a film screening and oath taking ceremony. The program involved taking oaths for Khadi product use, with volunteers receiving certificates. The film, "Khadi Ek Vichardhara," aimed to educate students about the historical, cultural, and contemporary relevance of Khadi. SMES Law College put a Khadi selfee point on their premises and sold Khadi products. The program aimed to sensitize youth towards Khadi, promote its benefits to the economy, ecology, and women's empowerment, and encourage the public to buy Khadi and other local products, instilling pride in local products. Total 80 students has participated.













AMRIT MAHOTSAV AND AMRIT KALASH YATRA

On 30th & 31st October 2023, NSS Volunteers Harshala Tukaram Jadhav, Durga Shivdas Jogdand, Soni Samuel Dureswami, Farheen Shamim Shah and Sanjana Singal Attended Grand Closing Ceremony of Amrit Mahotsav and Amrit Kalash Yatra to honor our Veer and Veerangana and Launch of 'Mera Yuva Bharat 'Organized by Ministry of Youth Affairs and Sports, Government of India. at Kartavyapath, India Gate, New Delhi.





नवभारत

छात्राएं अमृत कलश लेकर दिल्ली रवाना

■ माटुंगा, नवभारत न्यूज नेटवर्क, सेवा मंडल एजुंकरान सोसाइटी द्वारा संचालित मणिबेन एम पी शाह कॉलेज माटुंगा की छात्राओं ने 'मेरी माटी मेरा देश' के तहत अमृत कलाश यात्रा निकाली और मिट्टी एकत्र की. 9 अगस्त से एन एस एस खूनिट के तहत स्वतंत्रता संनानियों और बीरों को नमन करने के लिए कार्यक्रम आर्थाजित किए गए, गोरेगांव के विनच पाड़ा में 50 वृक्ष लगाये गये, हर घर स्वच्छता का आयोजन किया गया, 'मेरी माटी मेरा देश' की सेल्फी म आयोजित किया गया, अंदी सेता देश तहत, मुंबई शहर में गोरेगांव के विनचा पाड़ा में अमृत कल्लश यात्रा 'क्रांव में सेता अंत में मेरी माटी मेरा देश तहत, मुंबई शहर में गोरेगांव के विनचा पाड़ा में अमृत कल्लश यात्रा 'निकाली और बहत की मिट्ठी एकत्रित की गई.



विश्वविद्यालय के स्वयं २३ अक्टूबर को छत्रपति शिवाजी महारूज टर्मिनस स्टेशन से खबना हुई है इस एकति मिश्री का पूजन वा अक्टूबर को नेम्द्र मीटी द्वारा किया गया करना? से मिश्री एकित मिश्री का पूजन वा अक्टूबर को नोम्द्र मीटी द्वारा किया गया करना? से मिश्री एकित असुत वाटिका तैयार की गई. कॉलेज के प्रिसिपन की अमेंबा पतकी ने कहा, "यह हमारे कॉलेज, राष्ट्रीय सेवा योजना और छात्राओं का सम्मान है. इस विभिन्न गतिविधियों के लिए राष्ट्रीय सेवा योजना की कीश्रीय प्रमुख प्रोर्ट गुरु अपवादी, डा. अनवा ग्रंस वंद, डा. रेखा शेलार, सोनी सिंह और सभी राष्ट्रीय योजना अधिकारियों ने सहयोग किया.

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LIVE TELECAST OF MERI MATI MERA DESH FROM DELHI

31st October 2023, As per the university circular our NSS Unit organised the Live telecast of Meri Maati Mera Desh National event at Kartavya Path, New Delhi in our college for Students, Teaching and Non Teaching Staff. Total 50 participants has attended the same.









RASHTRIYA EKTA DIVAS

On 31st October 2023, the NSS unit celebrated the Rashtriya Ekta Divas. We have celebrated by showing a movie screening on the story of the Indian Iron Man Sardar Patel. Students have also taken Ekta Shapath. A total of 68 NSS volunteers were part of this celebration. This activitie serves as a reminder of the importance of unity in building a strong and prosperous nation. It encourages citizens to transcend differences of caste, creed, religion, and language, and to work together towards the collective growth and development of India.



BLOOD GROUP CHECK-UP CAMP

On 2nd & 3rd November 2023, NSS unit with the Collaboration of Lions Club of Sion organized a Blood Group Check-up Camp for the students of Smt. MMP Shah Women's College with the support of Lion Tarachand Bapa Hospital & Research Centre. A total of 300 Students had done blood group check-ups.





MUTTHI ANAAJ DAAN

On 3rd November 2023, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the program. 300 students were fortunate to get 5 kg of Rice and 2 kg of dal—sponsor – Lion Chetna Yogesh Pathak





GUEST LECTURE

On 4th November 2023 NSS unit in collaboration with the Leo Club of MMP Shah College organised a Guest Lecture on the topic "How to Speak English with Confidence" The Guest Speaker was Ms. Sundari Rajesh – in Association with Indo-American Society. A total of 50 Students attended the same. This session aims to help participants speak English confidently by focusing on strategies to overcome language barriers, enhance pronunciation, expand vocabulary, improve grammar, manage anxiety, and express themselves effectively in various settings, fostering a positive mindset and growth opportunities.







NSS ORIENTATION

On 8th November 2023, the NSS Unit Organized NSS Orientation for All FY Stream in Hybrid mode by Renuka Prajapati, NSS Zonal Cordinator. A total of 186 students attended offline and 40 students Joined Online and NSS PO Attended. She explained the program's principles, objectives, and activities. It educates volunteers on community service, social responsibility, and civic engagement, fostering leadership skills and sustainable development. Through interactive discussions and team-building activities, participants are empowered to make meaningful contributions to their communities.



CONSTITUTION DAY

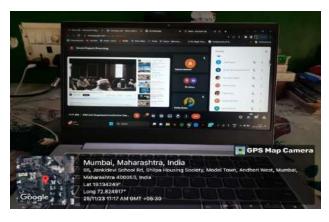
On 24th & 25th November 2023, NSS unit celebrated the Constitution Day. An online short documentary Film on the constitution of India was shown to the students. Students also read the preamble of the Constitution. Apart from that student also appeared for the online quiz competition on the constitution of India on 24th November. Regarding the same, they have received the certificates. On 25th November students also read Preamble to the Constitution individually. The main objective of this activity was to bring awareness about the Constitution and pay tribute on the constitution day.













YOTER ID REGISTRATION DRIVE

From 28th November to 9th December 2023, As the election is near, the NSS unit has organized a voter ID registration drive for students above age 18 and 18 years above. Matdaan Kendra Adhikari and Mr. Ganesh Golap from 180 Wadala Vidhan Sabha Matdaar Sangh were present in college from 28th November to 9th December 2023 to guide students in applying for voter ID.





WORLD AIDS AWARENESS DAY

1st December 2023, On the Occasion of World AIDS Awareness Day NSS Unit Organized the Documentary Film "Zara Si Galti" Followed by a poster and slogan-making competition. Total 55 Volunteers Participated. The aim behind showing this film was to empower viewers to become advocates for HIV/AIDS awareness and prevention, promoting activism, policy change, and resource allocation for combating the disease at local, national, and global levels.



AIDS AWARENESS POSTER, SLOGAN DISPLAY AND OATH TAKING

From 1st to 6th December 2023, AIDS Awareness Posters and Slogans were displayed in the Foyer from 1st to 6th December 2023, for spreading awareness amongst the other students of the institution. The unit has also organized an oath-taking ceremony for AIDS awareness in classrooms and foyer on 6th December 2023.





INTERNATIONAL LEO DAY CELEBRATION

On 5th December 2023. On the occasion of Leo International Day Leo club of MMP Shah College collaboration with the NSS unit organised a gaming activity "Youth Elite Performances" A Total of 42 Students were present for the same.









PERSONALITY DEVELOPMENT AND MENSTRUAL HYGIENE

On 7th December 2023 NSS Unit in collaboration with Whisper India organised a seminar for all the SY and TY students on Personality development and Menstrual hygiene by Ms. Saniya for students followed by the distribution of free sanitary pads/ Napkins. A total of 196 students have attended the session. The main aim of this activity is to bring knowledge about personal hygiene to students. Students can develop their personalities and don't lose confidence during their menstruation days. Students have also received free samples from Whisper India.









VOTING AWARENESS DRIVE

On 8th December 2023, under the Initiative of voting awareness, the NSS unit organized an awareness drive. Election dept. BMC Officers team,Ms. Shweta Bauskar, Mr. Sadanand Mayekar, and Mr. Jeetendra Padelkar took a session in different classes to create awareness about voter ID registration for eligible students. They have explained the significance of voting and told students to spread awareness to their family and friends as well about their voting rights.

Our NSS volunteers have also participated in this awareness drive by carrying slogans and posters.





SAVE THE GIRL CHILD POSTER CONTEST

On 11th December 2023, the Lions Club of Sion in the collaboration with NSS unit organised a poster contest only for Seva Mandal Education Society Students' topic on "Save the Girl Child" A Total of 102 Students participated in the contest. This competition aims to end practices like female foeticide, infanticide, and discrimination against girls, promoting their rights and well-being. It encourages action and advocacy for gender equality and girls' empowerment through education, community outreach, and policy advocacy, fostering a supportive environment for girls.



THALASSEMIA CHECK-UP CAMP

On 11th December 2023, the Lions Club of Sion in the collaboration with NSS unit organizes Thalassemia Check—up Camp. Chief Guest: Lion Dr. Naresh Aggarwal. A total of 118 Students has gave their blood samples for testing of Thalassemia.





MUTTHI ANAAJ DAAN

On 11th December 2023, A program on 'Mutthi Anaaj Daan' was organized by the Lions Club of Sion N.S.S unit, where students were distributed rice and dal as a part of the program. 300 students were fortunate to get 5 kg of Rice and 2 kg of dal. Chief Guest: Lion Dr. Naresh Sponsor – Mr. Viraf Anil Bajaria. Mutthi Anaaj Daan followed by the Awareness session on Thalassemia Check-up by Mr. Pankaj Thanna he explained what is Thalassemia, its symptoms, causes, and why this check-up is necessary. A total of 300 students attended the same.



REGISTRATION ON THE YUVA PORTAL

From 11th to 17th December 2023, approx. 250 NSS Volunteers have registered on the Yuva portal for the development of leadership qualities through various activities, and it acts as a one-stop shop for young people and government ministers.

BEACH CLEAN-UP DRIVE

On 14th December 2023, NSS Unit collaboration with DAF NGO and United Way Mumbai organized a Beach Clean-Up Drive at Dadar Beach, near Kirti College. A total of 25 NSS volunteers participated. The purpose is to spreading awareness about cleanliness in youth.





23RD TO 29TH DECEMBER 2023 NSS 7 DAY'S RESIDENTIAL CAMP

INAUGURAL FUNCTION OF NSS 7 DAYS RESIDENTIAL CAMP.

On 23rd December 2023, the Chief Guest for the inauguration was Rtn. Radhika Mehta, Past President, Rotary Club of Queen's Necklace, Guests of Honour: Shri. Lalit Mehta, Rtn Nikunj Jhaveri, Management Members Dr. Bharat Pathak, Shri Vansant Khetani, Shri Atul Sanghavi, Principals Dr. Archana Patki, Lion's Member, NSS POs, Teachers, Co-Ordinators along with 230 NSS volunteers attended this program.

On 24th December 2023, 2ND DAY NSS RESIDENTIAL CAMP ACTIVITY & SESSION

- Session on Self Defence techniques for Women by Mrs. Pooja Jimmy Bhavsar (Misale) Asst. Campus Manager
- Awareness Session at Vanicha Padha for Women: Health and Hygiene etc. our Alumni Kirti Pandey along with 25 NSS volunteers Visited.
- Clean Up Drive and Awareness rally at Reay Road Station with 25 volunteers
- Reproductive Health by Dr. Sarita Kasaralkar HOD, Home Economics- Child Development.
- Female Adolescent age group health-related issues by Dr. Shweta Khade Prof. LTMGH, Sion
- Health is Wealth: Street Play Training by Mr. Jagdish Sansare HOD -Marathi Dept. St. Joseph College Virar.

On 25th December 2023 3RD DAY NSS RESIDENTIAL CAMP ACTIVITY & SESSION

- Session on Health-Related Activity at Vanicha Padha our Alumni Kirti Pandey along with 25 NSS volunteers Visited.
- Clean Up Drive and Street Play at King Circle Station with 25 volunteers
- Session on Cyber Crime by Shri. Pankaj Bafna Advocate High Court
- Management Games by Dr. Rahul Shah

On 26th December 2023, 4TH DAY NSS RESIDENTIAL CAMP ACTIVITY & SESSION

- Swachhta Abhiyan at King Circle and Reay Road Station.
- Women Empowerment: Opportunities and Challenges by Mrs. Kamleshwari Hambarde (K.G.S. Law School)
- Mental Health by Dr. Archana Patki Principal, Smt. M.M.P Shah College
- First Aid Training by Ms. Sukanya Jangade Post: Clinical Instructor.

On 27th December 2023, 5TH DAY NSS RESIDENTIAL CAMP ACTIVITY & SESSION

• Mumbai Darshan

On 28th December 2023, 6TH DAY NSS RESIDENTIAL CAMP ACTIVITY & SESSION

- Shram Daan at College Campus
- Personality Contest & Dance Competition.
- Skit Competition

On 29th December 2023, 7TH DAY NSS RESIDENTIAL CAMP ACTIVITY & SESSION

- Patriotic Solo & Group Song Competition
- Valedictory Function.















TREE PLANTATION DRIVE

On 5th January 2024, N.S.S. Unit Collaboration with Debabrata – Auro Foundation organized a Tree Plantation drive at Vanicha Pada. The main aim is to enhance the green cover, promote environmental sustainability, and engage the local community in contributing to a healthier ecosystem. Total 28 plant were planted by the 30 Volunteers.

Particulars	Quantity
Tualsi (Medicinal)	6
Cheri (Barbandos Cherry)	5
Kokam (Tree)	2
Awla (Fruit Tree)	5
Peru (Fruit Tree)	5
Shitafal (Fruit)	5
Total	28 Plants









THALASSEMIA CHECK-UP CAMP

On 10th January 2023, N.S.S. Unit Collaboration with the Lions Club of Sion organizes Thalassemia Check—up Camp ans also Mr. Pankaj Taana has took the session on same. He explained that Thalassemia is a genetic blood disorder causing abnormal hemoglobin production, leading to anemia. Also he has focuses on the caused, Symptoms, how to Diagnosis it and what treatment should be done to prevent this cell. Total 103 Students has gave their blood samples for testing of Thalassemia.









NATIONAL ROAD SAFETY WEEK 2024

Department of Youth Affairs in collaboration with the Traffic Police Department Organized National Road Safety Week 2024 with the participation of a large number of My Bharat Youth Volunteers in large cities, towns, and other districts. Our 25 NSS volunteers Attended the training. The resource persons were Rajani Madam (Senior police inspector) and Mr Khairnar (assistant police inspector). This initiative was focused on public education and awareness, strengthened enforcement of traffic regulations, and adherence to traffic rules by common people are crucial to reversing this alarming trend. our 25 NSS volunteers attended training at traffic police headquarters in Byculla.









PERSONALITY DEVELOPMENT, MENSTRUAL HYGIENE, MENTAL HEALTH

On 11th January 2024, NSS Unit organied a session on Personality Development, Menstrual Hygiene, Mental Health. The guest speaker was Ms. Pooja Sejpal. She has explained how Personality development was focus on self-awareness, communication skills, and emotional intelligence for personal growth and professional success. Also she spoken about the Menstrual hygiene, which educate women on proper care and destignatization, while on mental health awareness campaigns she told how to reduce stigma and promote self-care practices. After the session she gave the free gift humper to all the students. Total 250 students has attended this session.









SESSION ON JAGRUT MUMBAIKAR: CITIZENS AWARENESS

12th January 2024 ,on the occasion of Youth Day NSS unit has organised a session on 'Jakrut Mumbaikar: Citizens Awareness'. The guest speaker was PI Prabha Raoul, PSI Mukund Kadam, HC Vishnu Mahale and HC Padmavati Mathias. As per the appeal by the commissioner of police security in Mumbai, to make the public aware and alert about certain aspects of safety and security for which they have launched a program called Jagrut Mumbaikar - Citizens Awareness. The speakesr made the audience aware of the fact that females have two weapons: their voice and sixth sense, which have to be used potentially in dire situations. It made the audience aware of how hard police works for the betterment of the city. Total 280 NSS volunteers attended the session.







SHARE YOUR IDEAS FOR VIKSIT BHARAT

27th January 2024 onwards ,Under the initiative of Viksit Bharat, students were asked to share their ideas for Viksit Bharat under the Theme :

- 1: Empowered Indian
- 2: Thriving and Sustainable Economy
- 3: Innovation, Science and Technology
- 4: Good Governance and Security
- 5: India in the World

Our more than 280 NSS Volunteers participated enthusiastically. In which they had send their ideas or views related to the theme in the form of audio recording and after submitting the audio they received certificate from the Government for the same .

innovateindia.mygov.in

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MUTTHI ANAAJ DAAN

On 14th January 2024, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit in collaboration with the Lions Club of Sion the students were distributed rice and dal as a part of the program. 300 students were fortunate to get 5 kg of Rice and 2 kg of dal. Sponsor - Shri. C.M. Gandhi Parivar, Special Invitees PDG Lion Dr. Bharat Parmar & PDG Lion Pradip Parekh.





DISTRIBUTION OF ANAAJ

16th & 17th January 2024 Anaaj was Distributed to 300 students. NSS volunteers did Voluntary work. A total 8 Volunteers did voluntary work

AWARENESS RALLY ON ROAD SAFETY

On 18th January 2024, the NSS Unit of Smt. M.M.P. Shah College of Arts and Commerce (Autonomous) organized an Awareness Rally on the theme of "Road Safety" from the college campus to Maheshwari Udyan in commemoration of Road Safety Week. The rally was flagged off by Principal Dr. Archana Patki, Vice-Principal Dr. Avaneesh Bhatt, CEO Dr. Darshana Buch, Programme Co-Ordinator Mr. Rakesh Singh, and Teachers. The Programme Officer, NSS Unit emphasized the importance of road safety and safe driving and riding habits and appealed to the students to sensitize the public and also to follow them to prevent road mishaps. A total of 60 NSS Volunteers and 2 N.S.S. Programme officers participated in the rally. Students displayed posters, placards, and shouted slogans on road safety (हेलमेट लगाओ जीवन बचाओ, Stay Alert, Stay Safe, मत करो इतनी मस्ती जीवन नहीं सस्ती and To Avoid Death, Use Seat Belt) safe driving and riding habits.











GUEST LECTURE ON "SWAMI VIVEKANANDA ROLE MODEL FOR YOUTH"

20th January 2024, NSS Unit in collaboration with Vivekananda Kendra Kanyakumari, Dadar Organises a Guest Lecture on "Swami Vivekananda Role Model for Youth. Resource Person was Sujata Dalvi. She was explained the inspring story of Vivekanand to encourage the youth for the dedication towards the nation. She also thought the different types of meditation and education games to the stuudents to overcome from the different types of stress . 120 volunteers and 3 NSS PO were present for the same.









BLOOD DONATION CAMP

20th January 2024, NSS Unit in Collaboration with the Lions Club of Sion and Finmech Business Services held a Blood Donation Camp, to celebrate Republic Day. The objective was to sensitize the need to donate blood to the needy in time ,to instil the feeling of helping others to breathe life with their precious donation,to develop a pool of youngsters which can be available at the time of medical emergency & to help blood banks and anyone, in case of any requirement for blood.

Mr. Aakash Mahalkari, the Head of HR, requested that the principal provide NSS volunteers to monitor the camp, make necessary arrangements for the donors, guide them, provide refreshments and certificates, and perform other related tasks.

16 NSS students worked as volunteers. They performed duties such as registering donors, managing the queue, distributing certificates and refreshments, and other related tasks.

All the NSS volunteers who served in the camp were awarded certificates. A total of 280 bottles of blood were collected on that day.

Outcome:

- 1. Students learned that donating blood does not weaken the donor, and recovery is rapid.
- 2. Inculcated the value of helping others through involving self in the life-saving contribution of blood donation.









OATH TAKING ON NATIONAL YOTER DAY

On the Occasion of National Voter Day NSS Unit Organises an oath-taking ceremony. On 25th Jan 2024 in every classroom. As an Indian citizens take an oath to uphold democratic values and act responsibly as voters. The oath emphasizes integrity, fairness, and civic responsibility, recognizing voting as a fundamental right and a powerful tool for shaping the country's future. It pledges to exercise their franchise wisely without bias, contributing to democracy strengthening.













CHHATRAPATI SHIVAJI MAHARAJ PARAMPARIK KRIDA MAHA KUMBA

26th January 2024, Inauguration Ceremony by Shri. Eknath Shinde. NSS Volunteers participated in the Inaugural Function and did Voluntary work—a total of 10 NSS Volunteers and 1 NSS PO present for the same.





FIELD VISIT AT KALA GHODA ART FESTIVAL

27th January 2024, NSS Unit Organized a Field Visit to the Kala Ghoda Art Festival. A total of 37 NSS volunteers along with 2 POs and 2 Teachers have visited. This visit aims to sanitize the volunteers about the Art, heritage, and culture.









BKC JIO CONVENTION "THE GIVE CONCLAVE"

27th & 28 January 2024, the International Lion Club organized a "The Give Conclave" Workshop where more than 100 Stalls were set up at the BKC Jio Convention. Our NSS Volunteers did Voluntary work, attended the seminar, and visited the stall. A total of 10 volunteers and 2 NSS POs were present for the same.









N.S.S ANNUAL DAY & PRIZE DISTRIBUTION

29th January 2024, the NSS Unit celebrated the NSS Annual Day and Prize Distribution function. Around 150 volunteers attended this function. Around 25 Best NSS Volunteers Trophies with the worthy hands of Chief Guest Mr. Vimal Roy, Special Guest - Lion Pradip Parekh, Management Members, In-Charge Principal Dr. Archana Patki, and NSS Project Co-Ordinator Mr. Rakesh Kumar Singh all NSS PO were present for the function. The objective was to students get a platform to show their hidden talent, they learn different and unique things, it enhances the skills of the students, It helps them to get rid of stage fear & they learn teamwork.





ELOCUTION COMPETITION ON VOTING AWARENESS

30th January 2024, the NSS unit has also organized an Elocution competition on Voting Awareness. 15 students expressed their views. A total of more than 50 students attended the program. The purpose of this competition was to make the youth aware about the strengthen democracy by fostering an informed, engaged, and active citizenry that actively participates in the electoral process, thereby shaping the future direction of the nation.













ESSAY COMPETITION ON YOTING AWARENESS

On 1st February 2024, the NSS unit has also organised an Elocution competition on Voting Awareness. A total of 60 students participated in the competition. The objective for conducting this competition was to fostering a deeper understanding of democracy, promoting civic engagement, and empowering individuals to become active participants in the democratic process.

RANGOLI COMPETITION ON "BETI BACHAO, BETI PADHAO"

Under the initiative of "Beti Bachao Beti Padhao" a nationwide movement for the upliftment of girl children NSS Unit of Smt. Maniben M. P. Shah Women's College of Arts and Commerce had organized Rangoli Competition based on the theme "Beti Bachao Beti Padhao "on 2nd Feb 2024. A total of 30 students from various streams participated in the competition. Ms. Aanchal Manik from T.Y. BAMM won the first and Ms. Diksha Kapure from T.Y. BA Socio – Mar. won the second prize.













MULTIPLE SCLEROSIS AWARENESS WALK

On 4th February 2024, the NSS Unit in Collaboration with the MSSI Multiple Scierosis Society of India Mumbai Chapter Organized the Multiple Scierosis Awareness Walk. Our 40 NSS Volunteers Participated in this walk, at Shree Samarth Vyayam Mandir, Shivaji Park Dadar (W) .



INTERACTIVE SESSION

9th February 2024, on the occasion of Valentine's Week celebration, NSS Unit organised the Interactive session on Love and Relationships with Gen Z by Ms. Vedashree Bhagwat, College Counselor. She explained they value genuine connections and prioritize emotional intelligence over superficiality. Gen Z tends to be more open-minded and inclusive in their approach to relationships, embracing diverse forms of love and identity. However, they also face unique challenges, such as navigating the complexities of online dating and managing the pressures of constant connectivity. Despite these challenges, Gen Z brings a refreshing perspective to love and relationships, emphasizing communication, empathy, and mutual respect as the foundations of meaningful connections.









BLOOD DONATION

On 16th February 2024, NSS unit of Smt. MMP Shah Women's College, in Collaboration with Lions Club of Sion & HBT Medical College and Dr. N. Cooper Municipal General Hospital organized Blood donation drive. More than 125 students including staff participated but only 50 donar were accepted as rest were rejected due to low hemoglobin level as well as low weight. The aim of this camp is to make aware our volunteers that Blood donation is one of the most significant contributions that a person can make towards the society.





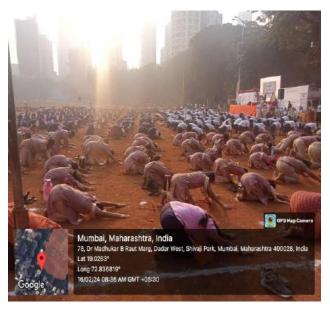




SURYA NAMASKAR MAHAYAGYA EVENT

On 16th February 2024, Surya Namaskar is a highly beneficial yoga practice that can improve overall health and well-being. It involves a sequence of 12 yoga postures performed in a particular order, each with unique benefits. Total 45 NSS volunteers from Smt. Maniben M. P. Shah Women's College of Arts and Commerce, participated in the Surya Namaskar Mahayagya event held at Shivaji Park, Dadar. The event was organized by Vivekanand Kendra Kanyakumari in collaboration with Shree Samartha Vyam Mandir – Dadar, to celebrate Rath Saptami. During the event, the volunteers showed great enthusiasm while performing Surya Namaskar and other yoga postures to pay their respect to the Sun God.









Mutthi Anaaj Daan

On 17th February 2024, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 200 students were fortunate to get 5 kg of Rice and 2 kg of dal. Chief Guest was Lion Rita Atul Sanghavi.









Voting Awareness Session & Rally

NSS Unit in Collaboration With 180 Ward Wadala matadar sangh Organised Voting Awareness. The event was inaugural by Tahisldar Ms. Priynanka Dhole . Firstly the session was start by Mr. Surendra Sawant to ensure that people understand their right as voters and exercise that right with full knowledge and responsibility. To educate the voter about the importance of vote in democratic country like India by voting for a suitable and right candidate. He also explain What is the electoral literacy Awareness Program, What are Sveep activities, What is the importance of ELC, What are the activities of electoral literacy Club, What do you mean by vote bank, What is voters list class 9, What are the functions of EVM

What are two merits of electoral competition and What does epic stand for etc. The session was followed by demonstration of EVM machine, in this demonstration Mr. Surendra Sawant and his team has explained how to use EVM Machine and how to observe our Vote after completing the whole process of voting. Total 400 volunteers has attended the same.

On same day NSS Unit in Collaboration With 180 Ward Wadala matadar sangh Organised Rally From College to Maheshwari Uddyan. Total 50 NSS volunteers has participated along with Wadala matadar sangh by holding posters shouting Slogans and Two NSS PO and two teachers from Smt. M. M. P. Shah College.









MUTTHI ANAAJ DAAN

On 2^{nd} March 2024, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 200 students were fortunate to get 5 kg of Rice and 2 kg of dal.

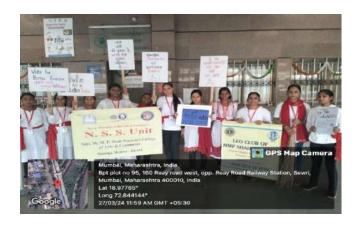






SKIT PLAY ON "VOTING AWARENESS" AT REAY ROAD RAILWAY STATION

On 27th March 2024, our 12 NSS volunteers has performed the skit play on "Voting Awareness" at Reay Road Railway station. And also did cleanliness Drive at the station along with Station master Mr. N.K. Sinha & team. The skit aims to educate and inspire individuals about voting awareness through creative storytelling and dialogue. It encourages voter registration, highlights voting's impact on communities, and empowers audiences to become informed citizens, fostering a culture of civic engagement and responsibility.





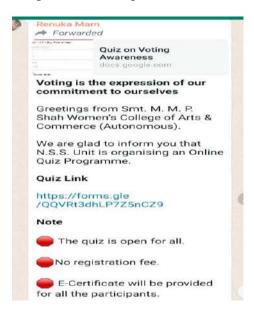






QUIZ COMPETITION

Quiz competition was organized by NSS Unit for teaching staff, non-teaching staff, students, Friends and relatives and we have given them E-Certificate those who all attended the Quiz competition. The quiz on voting awareness aims to improve participants' understanding of the electoral process, voting rights, and civic engagement in democratic societies. It educates participants on voter registration procedures, voting's impact on policy decisions, and historical struggles for voting rights. The quiz empowers individuals to make informed decisions and actively participate in the electoral process, promoting democracy and civic responsibility. Approx. 300 participanted in this quiz.



VOTING AWARENESS RALLY

6th April 2024, NSS Unit Organised Voting Awareness Rally From College to nearby area by holding poster and spoken slogan on the same . Total 20 volunteers were participant. The voting awareness rally aims to energize communities to participate in the democratic process by exercising their right to vote. It raises awareness about civic engagement, voter registration, and informed decision-making. The rally brings diverse voices, community leaders, and activists, inspiring individuals to become informed citizens







SKIT PLAY

6th April 2024, NSS Unit Organised skit play in the college foyer. In this volunteer has created the awareness about the My Vote My right. The aim of this skit was to aware youth about the right for vote. The skit aims to educate and inspire individuals about voting awareness through creative storytelling and dialogue. It encourages voter registration, highlights voting's impact on communities, and empowers audiences to become informed citizens, fostering a culture of civic engagement and responsibility





SESSION ON ROAD SAFETY

On 8th April 2024, RTO Mumbai (East) in joint collaboration with NSS Unit organises a session on 'SADAK SURAKSHA JIVAN RAKSHA'. The guest speakers was AIMV Sonal Deshmukh and AIMV Hanmant Dound from RTO Mumbai (East). They discussed the statistics of various types of road accidents and explained the reasons that lead to these accidents. They further gave examples of various types of traffic violations and the penalties associated with them. The RTO Mumbai East team highlighted the purpose of road safety. Traffic rules and road safety measures such as wearing a seatbelt, not using mobile phones while driving, maintaining speed limit, etc. were discussed with the students. Precautions while riding a bicycle were also elucidated such as putting reflective mirrors, not riding very fast, wearing a helmet and looking for traffic signs carefully. The objective of the session was to reduce road traffic accidents, minimise fatalities and injuries resulting from road accidents, and enhance road infrastructure to make it safer and more efficient. Overall, it was an interactive and informative session that helped in inculcating a sense of road safety among the young citizens of our country.









GUEST LECTURE

On 13th April 2024 NSS unit in collaboration with the Leo Club of MMP Shah College organised a Guest Lecture on the topic "How to Improve Your English Speaking Skills". The Guest Speaker was Ms. Sundari Rajesh – in Association with Indo-American Society. A total of 25 Students attended the same. The session aims to enhance participants' proficiency in spoken English through interactive activities, discussions, and exercises. It addresses fluency, pronunciation, vocabulary acquisition, and confidence building, providing guidance on effective communication strategies and constructive feedback.









VOTING AWARENESS RALLY

29th April 2024,NSS Unit Organised Voting Awareness Rally From College to Kidwai Road by holding poster and spoken slogan on the same. In this rally volunteers has aware the communitors to register themselves and the motivate people to vote. Total 20 volunteers were participant.







VOTING AWARENESS VIDEO MAKING

From 8th to 30th April 2024, Our NSS Volunteers from all faculty, Teaching, and nonteaching Staff made the video on appeal for Voting and also create awareness. The aim is to inform, motivate, and empower society to participate actively in the electoral process.

SURVEY REGARDING VOTING AWARENESS AMONGST THE YOUTH.

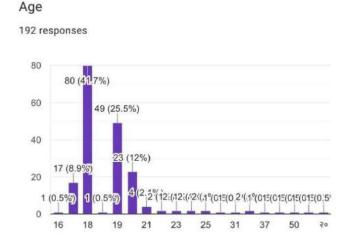
To create awareness among the general public on voting, the students of BMS department under NSS unit of MMP Shah College made posters and did rallies in their respective locality from 28th April to 10th May 2024. In order to sensitize the masses about the importance of participating in the electoral process in a democratic nation and help them cast an 'enlightened vote' by electing the right candidate, knowing various parameters. It is vital that citizens make use of the power and right to vote to choose a leader who will represent them and their ideas; and contribute their part in shaping the government.

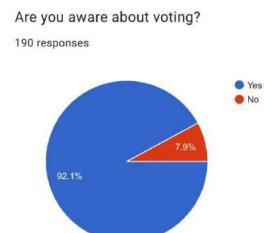
The students made the people understand how even 1 vote can change the future of our country. While there are some who genuinely cast their vote, many people sit back and relax on voting day. The importance of voting is lost amongst the hustle and bustle of the city life.

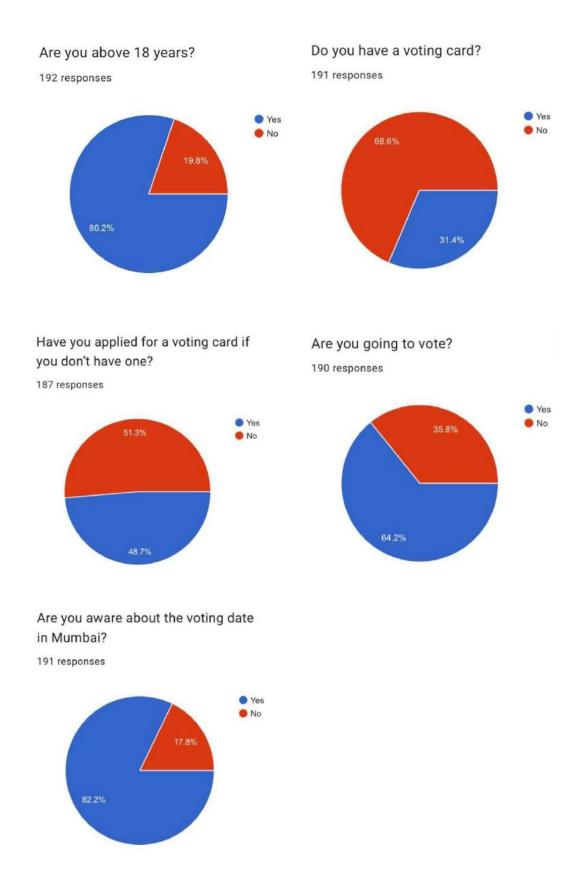




The department also conducted a survey through Google forms about voting awareness in students. The results are as follows.







The main objectives of this awareness programme were to increase voter's registration and voting to make the democracy more powerful.

AWARENESS VIDEOS ON VOTING

From 1st may till 20th May 2024 Our 30 NSS volunteers has prepared the Awareness Videos on Voting. In this video they make an applied to vote for the batter tomorrow and not waste your vote. The aim is to inform, motivate, and empower society to participate actively in the electoral process.

VOLUNTARY WORK

20th May 2024, Our 75 NSS Volunteers has did voluntary work at 9 zone in the voting booth in collaboration with 180 Wadala Matdar Sangh.

PLEDGE - NO TOBACCO DAY

On 31st May 2024, NSS Volunteers and PO's took online pledge taken by volunteers and they received certificate for the same.



मेघाश्रे की संस्थापक और जानी-मानी परोपकारी सीमा सिंह ने अपने बेटे और बच्चों के साथ अंतरराष्ट्रीय योग दिवस मनाया. शारीरिक और मानसिक कल्याण के प्रति योग के समग्र दृष्टिकोण को हाईलाइट करने के लिए मेघाश्रे किड् स के लिए बुनियादी योग तकनीकों पर जागरूकता और इंटरैक्टिव प्रशिक्षण सत्र आयोजित किया.



पालघर जिले के विक्रमगढ़ तालुका स्थित औद्योगिक प्रशिक्षण संस्थान में विशेष कार्यक्रम का आयोजन किया गया. इस अवसर पर केंद्रीय संचार ब्यूरो, नासिक के क्षेत्रीय प्रचार अधिकारी सदाशिव मलखेडकर ने छात्रों को स्वस्थ जीवन जीने के लिए अपने जीवन में योग का क्या महत्व है बताया. योग प्रशिक्षक बालासाहेब मोकल ने आईटीआई के छात्रों को योग के बारे में बताया और से ॐ कार साधना के माध्यम से ॐ कार के महत्व को समझाया.



एम एम पी शाह संचालित एस एन डी टी महिला कॉलेज माटुंगा में अंतरराष्ट्रीय योग दिवस मनाया गया. इस अवसर में डॉक्टर रेखा शेलार, संगीता सिंह, सोनी सिंह, वंदना शाह और सुवर्णा जोशी मौजूद थी, सुजाता दलवी ने छात्राओं को योग का प्रशिक्षण दिया.



दिंडोशी में श्याम बापू हॉल मालाड (पूर्व) में योग शिविर का आयोजन किया गया. विधायक राजहंस सिंह सिंहत उनके समस्त कार्यकर्ताओं ने प्राणायाम एवं योग कर योग दिवस मनाया. इस अवसर पर विधायक राजहंस सिंह सिंहत भाजपा मुम्बई के सिंव ज्ञानमूर्ति शर्मा, मंडल अध्यक्ष राजन सिंह, पूर्व पार्षद संगीता शर्मा, जेपी सिंह, आनंद सिंह सिंहत वार्ड अध्यक्ष दिंडोशी तालुका के पदाधिकारी व कार्यकर्ता उपस्थित थे.

QUICK NEWS

जागरूकता अभियान

माटुंगा. एम एम पी शाह महिला कॉलेज की छात्राओं द्वारा मुंबई के अलग अलग इलाकों में स्वच्छता अभियान के तहत स्वच्छता जागरूकता अभियान चलाया और सफाई की. कालेज की. प्रिंसिपल डॉ अर्चना पतकी और ऑफिस स्टॉफ के सहयोग से कॉलेज कैम्पस, सी एस टी एरिया रिजर्व बैंक के पास, वडाला पश्चिम एवम रे रोड स्टेशन पर लगभग 75 छात्राओं ने साफ सफाई किया. डॉ. रेखा शेलार, सोनी सिंह, रिश्म तूपे, मंदार गावड़े, लियो रमनी मनी ने श्रमदान कर के सफल बनाया.

गांधी जयंती पर एसएनडीटी कॉलेज के ४०० छात्रों ने निकाली रैली

हिंदमाता संवाददाता @ मुंबई

राष्ट्र पिता महात्मा गांधी और राष्ट्रपुरुष लाल बहादुर शास्त्री की जयंती के अवसर पर एसएनडीटी, एमएमपी शाह महिला कॉलेज व गौरीदत मित्तल



स्कूल और एमपी भूटा स्कूल के 400 से अधिक छात्र छात्राओं ने संयुक्त रूप से रैली निकली। इस रैली का मार्गदर्शन लायंस क्लब सायन द्वारा किया गया। रैली शुरू होने से पहले छात्राओं ने स्वच्छता अभियान चलाया और इसका पालन करने की शपथ ली। रैली को लायंस के डिस्ट्रिक्ट गवर्नर डॉ जगन्नाथराव हेगड़े, लायन विराफ मिस्त्री, लायन प्रसाद पनवलकर और प्रेसिडेंट लायन डॉ. भरत पाठक ने हरी झंडी दिखा कर विदा किया। इस अवसर पर दोनों ही महा पुरुषों के उल्लेखनीय कार्यों को याद किया गया। इस अवसर पर ट्रस्टी लायन अतुल संघवी, लायन वसंत खेतानी, लायन संतोष चौहान, दिव्येश शाह उपस्थित थे।

नवभारत

युवाओं ने निकाली जन जागृति रैली



■ सायन, नवभारत न्यूज नेटवर्क. लायंस क्लब सायन द्वारा गांधी जयंती के उपलक्ष्य में रैली का आयोजन किया गया. इस रैली में एम एम पी शाह महिला कॉलेज, गौरीदत्त मित्तल स्कूल, एम पी भूटा स्कूल के 400 से अधिक छात्र छात्राओं ने भाग लिया. रैली का उदघाटन लायंस के डिस्ट्रिक्ट गवर्नर डॉ जगन्नाथराव हेगड़े, लायन विराफ मिस्त्री, लायन प्रसाद पनवलकर और प्रेसिडेंट लायन डॉ भरत पाठक ने किया. इस अवसर पर ट्रस्टी लायन अतुल संघवी, लायन वसंत खेतानी, लायन संतोष चौहान, दिव्येश शाह उपस्थित थे.

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गांधी जयंती पर एसएनडीटी कॉलेज के 400 छात्रों ने निकाली रैली



हिन्द सागर, मुंबई।

राष्ट्र पिता महात्मा गांधी और राष्ट्रपुरुष लाल बहादुर शास्त्री की जयंती के अवसर पर एसएनडीटी, एम एम पी शाह महिला कॉलेज व गौरीदत्त मित्तल स्कूल और एम पी भूटा स्कूल के 400 से अधिक छात्र छात्राओं ने संयुक्त रूप से रैली निकली। इस रैली का मार्गदर्शन की शपथ ली। रैली को लायंस के डिस्ट्रिक्ट गवर्नर डॉ जगन्नाथराव हेगड़े, लायन विराफ मिस्त्री, लायन प्रसाद पनवलकर और प्रेसिडेंट लायन डॉ. भरत पाठक ने हरी झंडी दिखा कर विदा किया। इस अवसर पर दोनों ही महा पुरुषों के उल्लेखनीय कार्यों को याद किया गया। गैरातलब है कि आहिंसा परमों

,राष्ट्रपुरुष लाल बहादुर शास्त्री की 119 वीं जयंती छात्रों सहित क्लब के सदस्य और शिक्षकों ने मनाया। इस अवसर पर ट्रस्टी लायन अतुल संघवी, लायन वसंत खेतानी, लायन संतोष चौहान, दिव्येश शाह उपस्थित थे। रैली ताराचंद बाप्पा हॉस्पिटल से शुरू होकर सायन हॉस्पिटल, सायन सर्किल, पोस्ट ऑफिस, गुरुकृपा होते हुए एम पी भूटा स्कूल पहुंची। रैली मे बच्चे गांधीजी के सन्देश, स्वच्छता अभियान, जनसंख्या नियंत्रण, पर्यावरण संरक्षण, वोटिंग का अधिकार, स्वास्थ्य का रखें ध्यान, गुटखा ना खाएं आदि विषयों पर पोस्टर लेकर नारे लगाते हुए चल रहे थे। रैली में बड़ी संख्या में लायन युवाओं ने गांधी जयंती पर निकाली रैली



मुंबई- सायन स्थित लायंस क्लब सायन द्वारा गांधी जयंती के उपलक्ष्य में रैली का आयोजन किया गया। रैली शुरू होने से पहले छात्राओं ने स्वच्छता का पालन करने की शपथ ली। इस रैली में एम एम पी शाह महिला कॉलेज, गौरीदत्त मित्तल स्कूल, एम पी भूटा स्कूल के 400 से अधिक छात्र छात्राओं ने भाग लिया। रैली का उदघाटन लायंस के डिस्ट्रिक्ट गवर्नर डॉ जगन्नाथराव हेगड़े, लायन विराफ मिस्त्री, लायन प्रसाद पनवलकर और प्रेसिडेंट लायन डॉ भरत पाठक ने किया। इस अवसर पर ट्रस्टी लायन अतुल संघवी, लायन वसंत खेतानी, लायन संतोष चौहान, दिव्येश शाह उपस्थित थे। रैली ताराचंद बाप्पा हॉस्पिटल से शुरू होकर सायन हॉस्पिटल, सायन सर्विल, पोस्ट ऑफिस, गुरुकृपा होते हुए एम पी भूटा स्कूल पहुंची। रैली में बच्चे गांधीजी के सन्देश, स्वच्छता अभियान, जनसंख्या नियंत्रण, पर्यावरण संरक्षण, वोटिंग का अधिकार, स्वास्थ्य का रखें ध्यान, गुटखा ना खाएं आदि विषयों पर पोस्टर लेकर नारे लगाते हुए चल रहे थे। रैली में बड़ी संख्या में लायन मेंबर्स, शिक्षक और सायन एरिया के लोगों ने भाग लिया।

नवभारत

छात्राएं अमृत कलश लेकर दिल्ली रवाना

■ माटुंगा, नवशारत न्यूज नेटवर्क. सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित मणिवेन एम पी शाह किलेज माटुंगा की छात्राओं ने 'मेरी माटी मेरा देश' के तहत अमृत कलश यात्रा निकाली और मिट्टी एकत्र की. 9 अगस्त से एन एस एस यूनिट के तहत स्वतंत्रता सेनानियों और वींग्रे को ममन करने के लिए कार्यक्रम आयोजित किए गए. गोरेगांव के वनिचा पाड़ा में 50 वृक्ष लगाये गये. हर घर स्वच्छता का आयोजन किया गया, 'मेरी माटी मेरा देश' की सेल्फी ली गई और अपलोड की गई. खादी उत्सव कार्यक्रम आयोजित किया गया. और अंत में मेरी माटी मेरा देश तहत, मुंबई शहर में गोरेगांव के विनचा पाड़ा में अमृत कल्शा यात्रा निकाली और वहां की मिट्टी एकत्रित की गई.



अब ये लड़कियां हर्षदा जादाव, दुर्गा जोगदंड, सांब दूरेस्वामी, फरहीन शाह 3 संजना सिंगल 31 अक्टूब को दिल्ली में होने वाले कार्यक्रम में भाग लेने के लिए एसएमडीटी

स्वयंसेवक के साथ 29 अक्टूबर को छत्रपति शिवाजी महाराज टर्मिनस स्टेशन से स्वाना हुई है इस एकत्रित मिट्टी का पूजन 31 अक्टूबर को नरेन्द्र मोदी द्वारा किया जया कलश से मिट्टी एकत्रित कर अमृत वाटिका तैयार की गई, कॉलेज के प्रिसियल डॉ अर्चना पतकी ने कहा, "यह हमारे कॉलेज, सोट्टी करा योजना और छात्राओं का मम्मान है. इस विभिन्न गतिविधियों के लिए साष्ट्रीय सेवा योजना की क्षेत्रीय प्रमुख प्रो, रेणूका प्रजापति, डा. भावना प्रेम चंद्र, डा. रेखा शेलार, सोनी सिंह और सभी साष्ट्रीय योजना अधिकारियों ने सहयोग किया.

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। रंपेत उच्या असलेल्या लोकांना ७ आल्लाप्येती काहींनी सांगितले. तर काहींन काहींग्रियमचे कलकार करत आहेत. पंडित नरेंद्र मिश्रा यांच्या मते, त्यांच्यासाठी शी राम , अधिकोक्तरपदिन चैकेत पैसे का जान केले. यांचाव्यत काहींना माहित नराते. आणि त्यांचे भारत आणि माहा सीता है केवळ रूपच नाहीं तर प्रत्यास देव आणि देवी आहेत.

अमृत कलश यात्रा • पंतप्रधान नरेंद्र मोदी यांच्या हस्ते मुंबईतील मातीचे पूजन

शाह कॉलेजच्या विद्यार्थिनींची दिल्लीवारी

भूंबई, नवाष्ट्र युज नेटबर्क, सेवा मंडळ एज्वेन्द्रान सासवटी संगठित महुत्ता वेथीळ क्षीमती मणिवेन एम. पी. ज्ञाह मार्लियालयच्या विचारीनी अमृत स्रुव्य यात्रा बरहुन 'मिरी यात्री मेरा देश' संगठ मात्री राज्य करेले. हा मति लांनी १९ ऑक्टोबरल फेंडल दिल्लील तिभाव्या होत्या, मंचळवारी चंतामान नेंद्र मोरी यांच्या इसरे या मारीचे पुला करण्यात वांच्या इसरे या मारीचे पुला करण्यात

९ ऑगस्टपस्यून प्रनास्सार्स युनिट अंतर्गत स्वातंत्र्यसैनिक आणि नीरोना आदर्शनसी प्राटण्यसाती कार्यक्रम आयोजित करण्यक आले. गौरंगावन्य बनीचा पादा सेथे ५० झाडे लावण्यात आली. प्रत्येक घरात स्वच्छता आयोजित करण्यात आली. मेरी अमन्य महाविद्यात्म्याताञ्जे, राष्ट्रीय रोवा योजना अलि विद्याविनीताग्री हा शत्यान अहे. या विविध उपवडमांशाठी राष्ट्रीय सेवा योजनिया शेलीय प्रमुख पा रेपाइम प्रजापती, इ.स. श्रामा प्रेमचंद ..च. रेखा शेलार, स्वेजी शिन व वर्षा राष्ट्रीय निवाधनम् अधिकारांश्रीय प्रमुख सेवे

अधिवश्रन्थांनी सहकार्य केले. - **डॉ. अर्थना पत्त्वी**, प्राचर्य, श्रीमती महीदिर एम. पी. शहर महाविद्यालय

साती नंतर देश 'चा संत्यकी घेण्यात आका आणि अस्तर्भेड़ केले. यहारी उत्तरूव कार्यक्रमाणे आयोजन करण्यात आर्क होते आणि शेक्सी 'मेरी माती मेरा देश' अंतर्गात मुंबर शास्त्रकीक गेरेंगावच्या वनीचा पाइत्यावस अमृत करुश सात्रा काबून विश्वन मात्री गोळा करण्यात आकी,



त्रवंदा जायब, दुर्ज जोगंदंड, शीर्ज दूरस्वज्ञी, चग्रहोज शह आणि संजात सिंगल या ३७ अंतरीबर रहेजी दिल्लीण गोणप्य दार्वकारण स्वस्त्रीजी त्रांचारको प्रस्ताविक प्राप्त विकासीय प्राप्त कर्मा क्रिक्ट प्रस्ताविक प्राप्त कर्मा क्रिक्ट प्रस्ताविक प्रस्ताविक प्रस्ताविक प्रस्ताविक स्वाप्त क्रिक्ट स्वाप्त क्रिक्ट क्रिक क्रिक्ट क्रिक्ट क्रिक क्रिक क्रिक्ट क्रिक्ट क्रिक्ट क्रिक्ट क्रिक्ट क्रिक्ट क्रिक्ट क्रिक्ट

🦍 इंदिरा गांधी, सरदार परं

श्रीमती. एम.एम.पी. शाह महाविद्यालयाच्या कन्या अमृत कलश घेऊन दिल्लीला रवाना



कार्द : 'दिनां व १ ध्रीकट्यासून स्ट इस्तेन्य 'पड़ी बर्त बड़ा देत' हा इक्ट्रम अंतर्रत अकृत करता वाच कारून बाती संबक्तित करून अमृत बता पेउन तेव बंद्ध एक्ट्रेशन स्टेसक्टी संपर्धतत डोमले समिकेत एक भी काह नहीना स्थापत मद्रक्षिपालकारीत पार क्रम्ब दिश्लीम स्वल प्रान्त आहे व अस्प्व सर्वास्थानका उद्योग सेन बोडनेच आफे विवादिनीच सूमन आहे.' असे उद्दार म्हार्वश्यक्रमध्यम प्रकार्य हो। प्रचल करों। संगी काराने महाविद्यानगरीन राष्ट्रीय तेय योजने अतंत्र दिनांच ९ जीतस्थान्त स्थातंत्र सैनिक, कृतंना चंदर साम्बन्धा स्वयंक्रतांचे व्ययोजन, मीनेशक केवील करीचा पादा केवे ५० अनुत बारिया लाजपात आन्या हर पर स्थलका स जनसम्ब आयोजन मेरी करों की देश केची बाहरे व त्या प्रचरेत करणात अन्य, ग्राडी महोत्सवचे जायेजन आणि तेस्टी 'माझी गार्गी माझे देश' हा उपक्रम अंडॉन बुंब्र्ड शहरातीत

क्षेत्र स्टेशन केरिक करिए परण देने अपूर्व करता साथ फाइन तेन्द्रीत बाती संकतिस करून, आता हा बन्धा सर्वेद्य जाध्यम, दुर्ग जोनदंड, सेर्न होगावमे, पर्यान वाणि मेंडना लिएन दिल्ली केवे ३१ व्यक्तिकाम शोषान्य कार्यक्रमात (नेपक) gwell स्टबर्च जिल्लाहो बदारा ३ वर्षिका स्थानकारन १५ अधिकोच्य योजी विशोध देखें मोरायत आर्थ त्यत प्रम इस री ते विकासिक्षणेत स्वयंत्रेतसम्बद्धन शहना इरान्या अक्षेत्र, इहा संबर्धनत मातीचे ३१ ऑक्टोक रोडी पंताबान मनरीय की बीट मोटी यांच्या हतते अपूर करमार्थ पूजन केले जाईन व रेशमञ्जून आलेख मारीचे संबतन करान असूत चारिका लगार करण्यात वेहेन सा केन्क्रेप्टब उपस्थातील गरीय गेंब योजन केमीय प्रमुख प्रतिपुक्त प्रकारती, तो सकत प्रम चंद, प्रकार अधिकारी प्रा. रावेज सिंग, दों, रेप्डा शंसन आणि सर्व सर्ह्य योजना अधिकारी पानी अधन परिष्य धेकरे

नवभारत महिला कॉलेज में मना समारोह

 मंबई, नवभारत न्यूज नेटवर्क.माटंगा स्थित श्रीमती मणीबेन एमपी शाह महिला कॉलेज में राष्ट्रीय सेवा योजना विभाग द्वारा वार्षिक पुरस्कार वितरण समारोह का आयोजन किया गया. इसका उद्घाटन मुख्य अतिथि पायलट विमल रॉय, विशेष अतिथि पूर्व डिस्ट्रिक्ट गवर्नर लायन प्रदीप पारेख, वसंत खेतानी, अतुल संघवी और डॉ.अर्चना पतकी ने दीप प्रज्वलित करके किया. डॉ. रेखा शेलार ने पूरे वर्ष की संक्षिप्त रिपोर्ट प्रस्तत किया, मैनेजमेंट के सेक्रेटरी वसंत खेतानी ने सभी मेहमानों का स्वागत किया. प्रिंसिपल डॉ. अर्चना पतकी ने कॉलेज के बारे में जानकारी दी. इस अवसर पर पूरे वर्ष विशेष योगदान करने वाली 25 छात्राओं को स्मृति चिन्ह देकर सम्मानित किया गया. तत्पश्चात प्रदीप पारेख और विमल रॉय ने छात्राओं को संबोधित किया. डॉ. रश्मि तुपे ने आभार प्रदर्शित किया.



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भाग का वार्षिक समारोह सम्पन्न



मुंबई- माटंगा स्थित श्रीमती मणीबेन एम पी शाह महिला कॉलेज में राष्ट्रीय सेवा योजना विभाग द्वारा वार्षिक एवम परस्कार वितरण समारोह का आयोजन किया गया। इसका उद्घाटन मुख्य अतिथि पायलट श्री विमल रॉय, विशेष अतिथि पास्ट डिस्ट्रिक्ट गवर्नर लायन प्रदीप पारेख, वसंत खेतानी, अतुल संघवी और डॉ.अर्चना पतकी ने दीप प्रव्वलित कर के किया। डॉ. रेखा शेलार ने पूरे वर्ष की संक्षिप्त रिपोर्ट प्रस्तृत किया। मैनेजमेंट के सेक्रेटरी वसंत खेतानी ने सभी मेहमानों का स्वागत किया। प्रिंसिपल डॉ. अर्चना पतकी ने कॉलेज के बारे में जानकारी दी और बच्चों को शुभकामना दी। इस अवसर पर पूरे वर्ष अच्छा काम करने वाली 25 छात्राओं को अतिथि गण के कर कमलों द्वारा स्मृति चिन्ह देकर सम्मानित किया गया। तत्पश्चात प्रदीप पारेख और विमल रॉय ने छात्राओं को संबोधित किया। रमनी मनी नायडू ने मेहमानों का परिचय दिया। माधवी पवार ने सरस्वती वंदना प्रस्तुत किया।कार्यक्रम का संचालन सुषमा भोईर ने किया और डॉ. रश्मि तुपे ने आभार प्रदर्शित किया।

मुंबई चौफेर

श्रीमती मणिबेन शाह महिला स्वायत्त महाविद्यालयात राष्ट्रीय सेवा योजना सोहळ्याचे आयोजन

महिला स्वायत्त महाविद्यालयात करण्यात आले. राष्ट्रीय सेवा योजना समितीचा

अवनीश भट्ट आणि उपस्थित राष्ट्रीय गावातील उपक्रम, स्वच्छता मोहीम, यांनी केले.

सोसायटी संचालित श्रीमती मणिबेन यांच्या उपस्थितीत दीपप्रज्वलन विचार करता त्यांच्यासाठी उपयुक्त एम. पी. शाह कला आणि वाणिज्य करून कार्यक्रमाचे उद्घाटन खतचाचण्या, वेगवेगळ्या जनजागृती

वार्षिक समारंभ सोहळा नुकताच खेतानी यांनी प्रमुख पाहुण्यांचे केलेली जागृती आणि शेवटी विशेष आयोजित करण्यात आला होता. आणि कार्यक्रमास उपस्थितांचे शिबीर या संपूर्ण उपक्रमांचा अहवाल या सोहळ्यास प्रमुख पाहुणे पायलट महाविद्यालय आणि राष्ट्रीय सेवा मांडण्यात आला. विमल रॉय आणि विशेष अतिथीच्या योजना समितीतर्फे स्वागत केले. रूपात माजी जिल्हा गव्ह नंर लायन महाविद्यालयाच्या प्राचार्य डॉ. अर्चना कामिगरी करणाऱ्या २५ स्वयंसेवकांना पत्की यांनी महाविद्यालयातील पाहण्यांच्या हस्ते स्मृतिचिन्ह देऊन कार्यक्रमाची सुरुवात विद्यार्थिनीच्या प्रगतीचा चढता गौरविण्यात आले. ॲतिमतः विशेष माधवी पवार हिच्या ईशस्तवनाने आलेख मांडला आणि कार्यक्रमास अतिथी लायन प्रदीप पारेख आणि झाली. प्रमुख पाहुणे विमल रॉय, शुभेच्छा दिल्या. राष्ट्रीय सेवा योजना प्रमुख पाहुणे विमल रॉय यांनी विशेष अतिथी लायन प्रदीप पारेख, अधिकारी डॉ. रेखा शेलार यांनी विद्यार्थिनीना शुभेच्छा देऊन आपले महाविद्यालयातील मान्यवर विश्वस्त संपूर्ण वर्षभराचा संक्षिप्त अहवाल विचार विद्यार्थिनीसमोर व्यक्त केले. मंडळ वसंत खेतानी, अतुल मांडला. अमृत कलशपासून ते संपूर्ण कार्यक्रमाचे सूत्रसंचालन संघवी, महाविद्यालयाच्या प्राचार्य 'माझा देश माझी माती' पर्यंत प्रा. सुषमा भोईर वांनी केले, तर डॉ. अर्चना पत्की, उपप्राचार्य डॉ. केलेले वेगवेगळे उपक्रम, दत्तक आभार प्रदर्शन डॉ. रश्मी शेटवे-तुपे

मुंबई - सेवा मंडळ एज्युकेशन सेवा योजना समितीचे अधिकारी रक्तदान शिबीर, मुलींच्या आरोग्याचा यात्रा (रॅली), संपूर्ण महाविद्यालयात संस्थेचे विश्वस्त वसंत मतदानाचे महत्त्व सांगण्यासाठी

उत्कृष्ट स्वयंसेवक म्हणून

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राष्ट्रीय सेवा योजना समितीचा वार्षिक समारंभ सोहळा

श्रीमती. मणिबेन एम.पी.शाह महिला स्वायत्त महाविद्यालयात संपन्न...



वसई (प्रतिनिधी) : सेवा मंद्रक रुपुकान सोसायटी संचातित थ्रीमती मणिवेन एम पी शाह कला आणि वाणिज्य महिला स्वायत्त महाविद्यालवात राष्ट्रीय सेवा योजना र्यावतीचा वार्धिक समारंभ सोहळा आदी घाटमाटात पार पड़ता. ह्या तोहळ्यास प्रमुख पाहुणे पायतट श्री. विमत रॉय आणि विशेष अतिथीच्या ल्यात माजी जिल्हा गव्हर्नर लायन प्रदीप पारेख उपस्थित होते. कार्यक्रम ाची सुरूवात कु. माधवी पवार हिच्या ईशस्तवनाने झाती. प्रमुख पाहणे श्री. विमत रॉय विशेष अतिधी लायन प्रदीप पारेव महाविद्यालयातील मान्यवर विश्वस्त मंडळ श्री. वसंत खेतानी, श्री. अतुल संघवी, म हाविद्यालयाच्या प्राचार्व डॉ. अर्चना फकी, उपप्राचार्य डॉ. अवनीश

भटट आणि उपस्थित राष्ट्रीव सेवा योजना समितीचे अधिकारी यांच्या हस्ते दीपप्रज्यतन करून कार्यक्रमाचे उद्घाटन करण्यात आले. मान्यवर विश्वस्त श्री, वसंत खेतानी यांनी प्रमुख पाहुण्यांचे आणि कार्यक्रमास उपस्थितांचे महविचातय आणि राष्ट्रीय सेवा योजना समितीतर्फे स्वागत केले. महाविद्यालयाच्या प्राचार्य डॉ. अर्चना पत्की यांनी महाविद्यालवातील विद्यार्थिनींच्या प्रगतीचा चटता अलेख मांडला आणि कार्यक्रमास गुभेच्छा दिल्या. राष्ट्रीय सेवा योजना अधिकारी डॉ. रेखा शेलार ह्यांनी संदर्ण वर्षभराचा संक्षिप अहबान मांडल, अमृत कलश पासून ते माझा देश माझी माती पर्यंत केलेल्या वेगवेगळे उपक्रम, दत्तक गावातील उपक्रम, स्वच्छता मोहिम,

स्तदान शिवीर, मुनीच्वा आरोग्याचा विचार करता त्यांच्यासाठी उपयस यात्रा (रॅती), संपूर्ण महाविद्यालयात मतदानाचे महत्त्व सांगण्यासाठी केलेती जागृती आणि शेवटी विशेष शिबीर ह्या संपूर्ण उपक्रमांचा अहवाल मांडण्यात आला. वर्षभर २५ उत्कृष्ट स्वयंसेवकांच्या कामगिरीचा उल्लेख करून त्यांना पाइण्यांच्या हस्ते स्मृतिचिन्ह देऊन गौरविष्यात आले अंतिमतः विशेष अतिथी लायन ग्रदीप पारेख आणि प्रमुख पाहुणे श्री, विमल रॉब यांनी विद्यार्थिनीना शुभेच्छा देऊन आपले विचार विद्यार्थिनीसमोर व्यक्त केले. संपूर्ण कार्यक्रमाचे सूत्रसंचातन प्रा. सुषमा भोईर यांनी केले त आभार प्रदर्शन डॉ.रश्मी शेटये-तुपे